



**Asker Cup
Asker (NOR)
August 29th to 30th, 2015**



DIRECTIVES

Event ID: 13389

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Norway has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Siv Kleiberg Norges Gymnastikk- og Turnforbund 0840 Oslo Norway +47 95 20 65 04 siv.kleiberg@nif.idrett.no http://www.gymogturn.no/
LOCAL ORGANIZING COMMITTEE	Bente Bjanes & Marie Moltubakk Asker Turnforening Postboks 18 1371 Asker Norway +47 92 02 63 64 / +47 90 83 72 27 askercup@gmail.com http://www.askerturn.no/
LOCATION	Asker, Norway
DATE	From August 29 th to August 30 th , 2015
VENUE	Competition and training hall: Askerhallen Brages vei 2 1387 Asker +47 66 79 19 66 adm@askerturn.no https://www.asker.kommune.no/ldrett/Askerhallen/
APPARATUS SUPPLIER	Gymnova, art. 6667
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules• Licence rules (except for non competitive events)• Media Rules• Apparatus Norms

	<ul style="list-style-type: none"> • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>				
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles:</p> <p>All FIG member federations in good standing.</p>				
AGE LIMITS	<p>RG: Junior:13-15 Senior: 16 With valid FIG licence</p>				
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event.</p> <p>If your delegation chooses to participate without a judge, a fee of 50 € must be paid cash upon arrival.</p>				
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Definitive registration:</td> <td>August 1st, 2015</td> </tr> <tr> <td>Nominative registration:</td> <td>August 15th, 2015</td> </tr> </table>	Definitive registration:	August 1 st , 2015	Nominative registration:	August 15 th , 2015
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ENTRY FEES	<p>The Entry fee for this event will be: 30€ per gymnast, to be paid cash upon arrival</p>				
ACCREDITATION	<p>Accreditation cards will not be needed.</p>				
EVENT FORMAT	<p>Senior individual competition:</p> <ul style="list-style-type: none"> • All around competition (hoop – ball – clubs – ribbon) <ul style="list-style-type: none"> ○ Seniors may compete with less than 4 routines, for the purpose of the individual team competition and finals per apparatus • Finals per apparatus <ul style="list-style-type: none"> ○ The top 6 gymnasts per apparatus from AA qualify ○ Maximum 1 gymnast per country ○ If the host country is not represented among the top 6, a 7th finalist will be added from the host country <p>Junior individual competition:</p> <ul style="list-style-type: none"> • Competition per apparatus (rope – hoop – ball – clubs) <ul style="list-style-type: none"> ○ Juniors may compete with 1 to 4 routines <p>Individual team competition:</p> <ul style="list-style-type: none"> • The scores of the best 4 senior AA routines and the best 4 junior routines (regardless of apparatus) per delegation count towards the individual team competition “Asker Cup”. <p>Each delegation may consist of 1-2 junior gymnasts and/or 1-2 senior gymnasts.</p>				
PROVISIONAL SCHEDULE	<p>August 28th:</p> <ul style="list-style-type: none"> • Arrival • Training possibilities from 15:00 • Orientation meeting at 20:00 <p>August 29th:</p> <ul style="list-style-type: none"> • Junior competition per apparatus • Senior all around competition • Banquet <p>August 30th:</p> <ul style="list-style-type: none"> • Senior finals per apparatus <p>Departure from Asker: Sunday from 13:00, or any time Monday.</p>				
MEDICAL SERVICES	<p>First aid staff will be available at the venue, and will assist with further needs.</p>				
VISA	<p>Please verify immediately with your travel agent or the Norwegian Embassy or Consulate in your country if a visa is required for your travel to Norway. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before August 1st to the LOC.</p>				

	<p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by August 15th 2015.</p>
LOCAL TRANSPORTATION	<p>Arrival at Oslo Airport Gardermoen:</p> <p>The airport express train takes you directly to Asker train station in 50 minutes. Cost per adult: 200 NOK (approximately 25 €). All children travel for free with adults.</p> <p>Low cost option, Sandefjord Airport Torp:</p> <p>The NSB train takes you directly to Asker train station in 80 minutes. Cost per adult: 207 NOK (approximately 26 €). One child travels for free per adult. Additional children 104 NOK.</p> <p>Representatives of the organizing committee will meet your delegation at Asker train station.</p> <p>The hotel is within walking distance from the venue. Additional transportation will be scheduled, free of charge.</p>
ACCOMMODATION	<p>Scandic Asker Askerveien 61 1384 Asker +47 23 15 54 00 asker@scandichotels.com www.scandichotels.no/Hotels/Norge/Oslo/Scandic-Asker/</p> <p>The costs per room/night in this first Hotel are as follows: 100 € (single room, including breakfast) 130 € (double room, including breakfast) 160 € (triple room, including breakfast) 200 € (quadruple room, including breakfast)</p> <p>Quality hotel Leangkollen Bleikeråsen 215 1387 Asker Norway +47 66 76 70 00 g.leangkollen@choice.no https://www.nordicchoicehotels.no/quality/quality-hotel-leangkollen/</p> <p>The costs per room/night in this second Hotel are as follows: 180 € (single room, including breakfast) 200 € (double room, including breakfast)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by August 15th at the very latest, the hotel rooms will be allocated on a “first come, first</p>

	<p>serve" basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by August 28th as follows: Cash upon arrival.</p>																
MEALS	Light meals during training and competition, as well as the banquet, are at the organizers' expense.																
CANCELTION POLICY	There will be no financial burdens for cancelation.																
FINAL BANQUET	A banquet will be organized after the competition on August 29 th . The banquet is free of charge to the delegations that book accommodation through the organization.																
PAYMENT INFORMATION	All costs are to be paid cash in Euro upon arrival.																
MARKETING	FIG advertising and publicity norms must be respected																
MEDIA	Televising of the event is not planned. For media enquiries, please contact askercup@gmail.com .																
SOCIAL MEDIA	Facebook: https://www.facebook.com/RgAskerTurnforening																
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Sincerely Yours,

Bslo, 02.12.2014..

Place and date:



Stamp

.....*Kristin Gilbert*.....
 Signature of the President or
 Secretary General of the FIG affiliated NF