

Arosa



WORK PLAN

Junior Competition
FIG Event ID: 15733



TRAMPOLINE JUNIOR COMPETITION
AROSA - SWITZERLAND - 6th & 7th July 2018

Updated: 2nd July 2018

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1. GENERAL INFORMATION

The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviations mentioned in these directives or in the FIG World Cup Rules for Trampoline Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Trampoline and Tumbling
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies

and subsequent decisions of the FIG Executive Committee

2. COMPETITION VENUE

Sports and Conference Center Arosa

7050 Arosa

SWITZERLAND

3. COMPETITION DATES

6th & 7th July 2018

4. RESPONSIBLE PERSONS

4.1 ORGANIZING COMMITTEE

President:	Pascal Jenny
President Deputy:	Roland Schuler
Competition Director:	Daniel Meier
Administration/Accreditation:	Marco Mazenauer
Accommodation:	Marco Mazenauer
Media:	Marion Schmitz
Finances:	Sandra Kamber
Infrastructure:	Roland Schuler
Food & Beverage:	Jan Masson
Ceremonies:	Bianca Müller
Speaker:	Andreas Vogt / Noldi Heiz
Recorder's Office:	Manuela Pargätzi

4.2 FIG TRA-TC & REPRESENTATIVE

FIG Representative: Tatiana Shuyska

5. ORGANIZING COMMITTEE ADDRESS

OK NISSEN CUP 2018

Arosa Tourism

Sports and Conference Center

7050 Arosa

SWITZERLAND

Phone:

+41 81 378 70 23

Fax:

+41 81 378 70 21

E-mail:

mazenauer@arosa.ch

nissencup@swiss-trampoline.org (for technical issues)

Facebook

<https://www.facebook.com/NissenCup/>

Web

<http://www.arosa.ch>

6. INSURANCE

- The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.
- The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).
- Delegation members with insufficient coverage must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations' own charge as follows: CHF 170.- per person..
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7. WELCOME – OFFICIAL LANGUAGE

- The delegations will be welcomed on behalf of the Organizing Committee upon arrival in Arosa at the accreditation desk at the Sports and Conference Center, Poststrasse, 7050 Arosa.
- The official language of this world cup is English. Interpretation from and into any other language must be organized by the delegations. Announcements will be made in German and English only. The Work Plan and all other documents are available in English only.

8. TRANSPORTATION

- All delegations must arrange their own transportation to Zurich Airport - Arosa.
- The organizing committee will take care of the transportation of the delegations from Zurich Airport to Arosa, provided that transportation was ordered and paid in due time and notification of flight or train details have been given.
- Car rental is available at Zurich Airport.

9. ACCREDITATION

- The accreditation system identifies individuals participating in the event and indicates that these individuals are permitted access. Heads of Delegation are required to verify the names of their entire delegation and the accommodation requirements. They have to pay any outstanding amounts due to the OC and / or the FIG and hand in national anthem and national flag at the moment of accreditation.

10. HOTELS

- 30th Mai 2016 was the last date for definitive booking to the OC and deadline for the payment.
- Most of the hotels are within walking distance of the competition venue. For all delegations which have booked the accommodation through the LOC, public transport is free of charge. The buses run on a regular schedule which will be handed out at the accreditation. A list of the hotels will be handed out to the head of delegation at the moment of accreditation.
- Please note that the latest check-out time is 11.00h at the day of departure.

11. CANCELLATION

- The accommodation is only refundable, provided cancellations are made at least prior to 1st June 2016.

12. MISCELLANEOUS

- Please note that the Organizing Committee is not liable for any damages in the hotel rooms, costs for mini-bars, pay-TV or the like. This is the responsibility of each delegation.

13. MEALS - INFORMATION

- Breakfast and dinner will be served in the respective hotels; lunch (if ordered) will be served at the competition Venue when vouchers are handed in. Unused vouchers will not be refunded.
- Lunch will be served 11.00h-14.00h at the competition venue in the Congress + Conference Room.
- Dinner: please check with your hotel for Dinner times.

14. ORIENTATION MEETING

- The Orientation Meeting will take place on Thursday July 5th 2018 at 19.00h in the Meeting Room at the competition venue
- The orientation meeting is **compulsory for all Heads of Delegation**.
- At this meeting all information concerning the detailed organization of the Nissen Cup Junior Competition will be given by the Organizing Committee. **The meeting will be held in English only.**

15. DRAWING OF LOTS

- The draw for the starting order for the Qualification Round was done beforehand.
- The final starting order will be established, printed and distributed to the delegations directly following the Orientation Meeting.

16. EQUIPMENT

- Trampolines as per FIG Norms will be used during competition.
- The manufacturers are:
Trampolines: EUROTRAMP ULTIMATE 4x4mm Art. 03100
ToF/Synchro/HD device: EUROTRAMP Trampoline Measurement System, Art. HDTS01

17. MUSIC

- The organizing committee would like to point out that **during the competition**, background music will be played at a low volume. Please let your gymnasts know this in advance. This has been approved by the FIG TD.

18. JUDGES INSTRUCTION AND MEETING

- The judges' instruction, which is **compulsory for all judges**, will take place on Thursday July 5th 2018 at 19.30h in the Meeting Room at the competition venue. Please note that the judges' instruction will be held in English only. Judges who don't participate in the judges' instruction may not be authorized to judge and their respective federations may face a penalty fee of up to CHF 450.

19. DRAWING OF LOTS FOR JUDGES

- The judges will be drawn at the judges' instruction Thursday July 5th 2018 from those that were put forward by the federations/clubs. Judges must be duly licensed (valid FIG license with the appropriate requested category).

20. COMPETITION CARDS

- Competition cards and athlete's profiles must be returned to the competition secretariat at the Orientation Meeting at the latest.

21. PUBLICATION OF THE SCORES

- A detailed list of results, including judges' marks, will be distributed to the Heads of Delegation after the finals. During the competition, all results will be published in the venue, placed in each delegation's information box and will also be published on the official web-site and sporttech.io.

22. CHANGING ROOMS

- There are changing rooms for athletes and coaches, situated in the main venue. They are equipped with showers, toilets and hangers. Do not leave any valuables in the changing rooms.

23. NO SMOKING POLICY

- Please note that it is strictly forbidden to smoke in the venue complex (including toilets and changing rooms).
- The government of the canton Graubünden put the partial revision of the health law on 1st March 2008 into effect. This means that in all publicly accessible, closed areas prohibition of smoking exists. Offences against the prohibition of smoking become in accordance with art. 49 paragraph 3 of the health law with penalty up to CHF 100.00, in the instance of repetition up to CHF 500.00 punished. We ask you for information and thank for the adherence to the prohibition of smoking.

24. MEDICAL SERVICES & ROOM

- The Organizing Committee will provide medical services. A special room with a massage table is marked with 'Medical + Massage Room'.

25. DOPING CONTROL

- Doping controls may be made during the Nissen Cup Junior Competition - as per the FIG, IOC and WADA regulations - by the organizing committee under supervision of the FIG. The doping controls can take place during training and / or competition.

26. MARCH IN

- The competitors are asked to assemble in the assembly area 10 minutes prior to each competition. The athletes have to wear the competition dress.
- The Judges are asked to be on their panel places and welcome the competitors during each march in.

27. WARM UP

- Immediately prior to the **Qualification round and the Finals** each competitor/pair will be allowed **30 seconds** of warm-up on the competition apparatus.

28. COMPETITION ATTIRE

- The competition dress is as per Code of Points

29. VIDEO RECORDING

- All routines and passes will be recorded on videotapes.

30. OPENING CEREMONY

- The short opening will take place Friday July 6th 2018 at 10.00h.

31. AWARD CEREMONIES

- The award ceremonies will take place immediately after the last final in the following order:
 - Trampoline Girls / Boys
 - Synchronised Girls / Boys
- Only the medal winners are invited to participate. They must appear in their **competition attire**.

32. WELCOME RECEPTION

- A Welcome Reception for the head of delegation and the judges will take place on Thursday July 5th 2018 in the Foyer/VIP Lounge at the competition venue
- Admission by invitation only. All head of delegations, FIG members and judges are invited to the reception.

33. BANQUET

- The banquet will take place on Saturday July 7th 2018 at 19.30h at the competition venue in the Congress + Conference Room. Admission by invitation only. All delegations which booked the accommodation through the LOC or have booked and paid the banquet separately are invited.
- **Juniors are required to bring a valid Identity Card (ID) or Passport to the banquet.**

34. MORE INFORMATION

- If you require more information about public transport, taxi or other things, please do not hesitate to contact our information desk.

35. INFORMATION AND CORRESPONDANCE

- Every delegation will have a mail box located at the competition office in the competition hall.
- All information requests and correspondence should be addressed to the Organizing Committee.



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50th Nissen Cup 2018

Complete Schedule - World Cup & Juniors Competition

Wednesday

All day Arrival of delegations and officials, accreditation

09:00 - 15:50 Free Training
16:00 - 20:00 World Cup free training
19:00 Meeting OC & FIG

Thursday

All day Arrival of delegations and officials, accreditation

08:00 - 09:20 Junior free training
09:30 - 17:00 World Cup training per schedule
17:00 Meeting OC & FIG
17:00 - 21:00 Junior free training
18:00 World Cup orientation meeting
18:30 World Cup judges meeting and draw
19:00 Junior Orientation meeting
19:30 Junior judges meeting and draw
20:30 Welcome Reception (by invitation)

Friday

08:30 - 09:50 Junior synchro general warm up
10:00 - 10:50 Junior synchro - qualification round
11:00 - 13:00 World Cup general warm up
13:00 - 17:00 World Cup individual - qualification round
17:00 - 18:00 World Cup synchro general warm up
18:00 - 20:00 World Cup synchro - qualification round
20:00 - 21:00 Junior free training
20:00 Meeting OC & FIG

Saturday

08:00 - 08:55 Junior general warming up
09:00 - 12:30 Junior individual - qualification round
12:30 - 12:50 Junior training for finalists
13:00 - 14:30 Junior finals
Individual junior girls & junior boys
Synchro junior girls & junior boys
Junior award ceremony
15:00 - 16:00 World Cup training for finalists
16:00 - 18:00 World Cup finals
Individual women & men
Synchro women & men
World Cup award ceremony
19:30 Banquet

Sunday June

All day Departure of delegations and officials



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50th Nissen Cup 2018 Junior Competition - Training Plan

Version 29.06.18/15:15h

Wednesday 04.07.2018		
Time	Competition Hall	Training Hall
09:00	Free Training	
15:50	End of Training	

Thursday 05.07.2018		
Time	Competition Hall	Training Hall
08:00	Free Training	
09:20	End of Training	
17:00	Free Training	
21:00	End of Training	

Friday 06.07.2018		
Time	Competition Hall	Training Hall
20:00	Free Training	
21:00	End of Training	



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50th Nissen Cup 2018

Junior Competition Detail Plan

Friday/Saturday 06./07.07.2018

Version 29.06.18/15:45h

Competition Area			Warm Up Hall
Time	A	B	
Friday 06.07.2018			
08:30	General Warm Up		
09:50	End of Warm Up		
	Synchro Boys	Synchro Girls	
10:00	Warm Up Group 1		
10:05	Group 1		Synchro Girls
10:25		Warm Up Group 1	
10:30		Group 1	
10:50	End of Competition		
Saturday 07.07.2018			
08:00	General Warm Up		
08:20	General Warm Up		Boys Group1
08:55	End of Warm Up		
	Individual Boys	Individual Girls	
09:00	Warm Up Group 1		
09:05	Group 1		Boys Group 2
09:40	Warm Up Group 2		
09:45	Group 2		Girls Group 1
10:20		Warm Up Group 1	
10:25		Group 1	Girls Group 2
11:00		Warm Up Group 2	
11:05		Group 2	Girls Group 3
11:45		Warm Up Group 3	
11:50		Group 3	
12:30	End of Competition		



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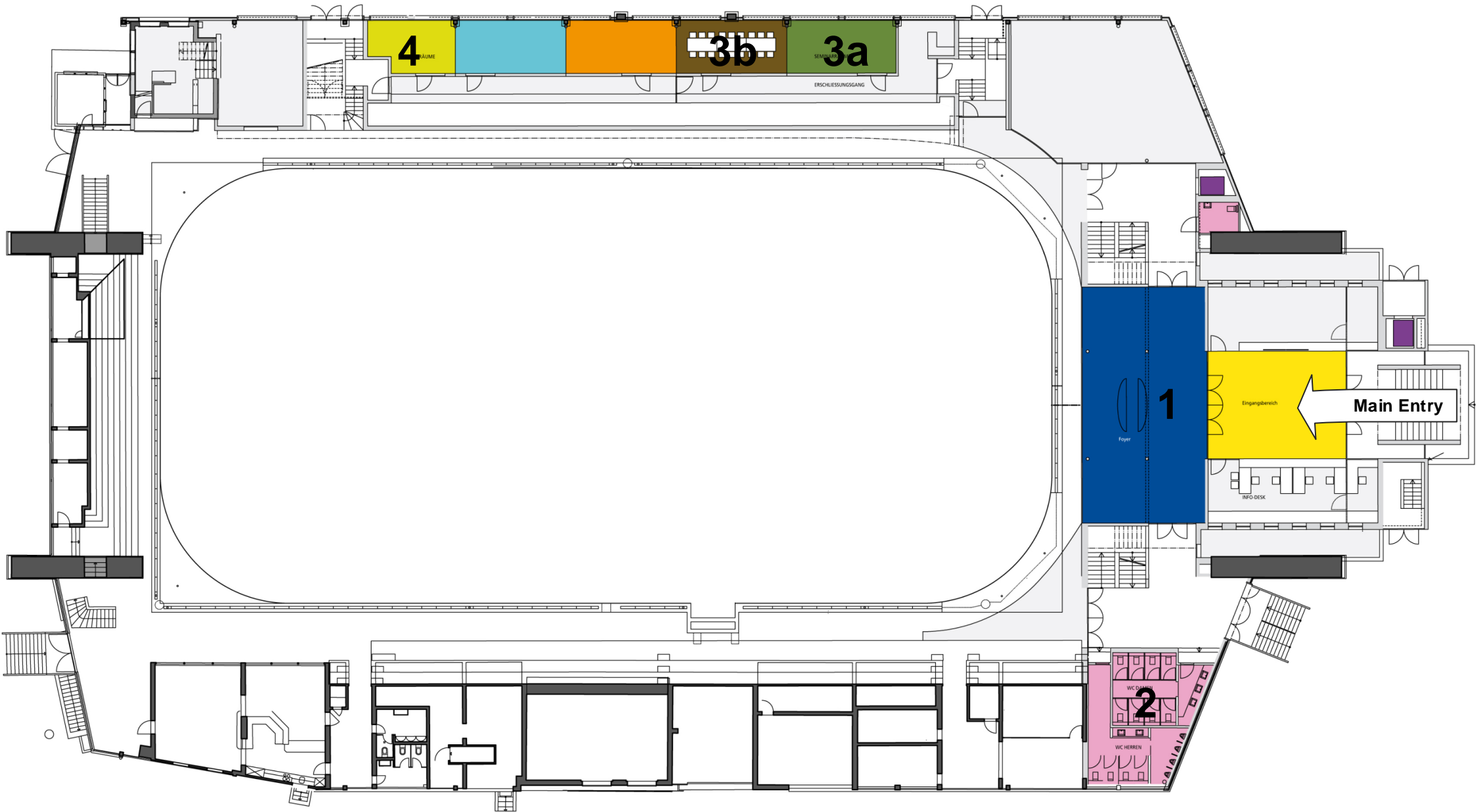
50th Nissen Cup 2018
Finals World Cup & Junior Competition
Saturday 07.07.2018

Version 30.06.18/23:00h

Finals Junior Competition			
Time	A	B	Warm Up Hall
12:30	Training Finalists Junior Competition		
12:50	End of Training		
13:00		Finals Girls	Finalists Ind. Boys
13:20	Finals Boys		Finalists Syn Juniors
13:40	Warm Up Synchro Finals		Finalists Syn Girls
13:50		Finals Synchro Girls	Finalists Syn Boys
14:05	Finals Synchro Boys		
14:20	Award Ceremony		

Finals World Cup			
Time	A	B	Warm Up Hall
15:00	Training Finalists		
16:00	End of Training		
16:10		Finals Woman	Men
16:30	Finals Men		Synchro Women
16:50	Warm Up Synchro Finals		Synchro Women
17:00		Finals Synchro Women	Synchro Men
17:20	Finals Synchro Men		
17:40	Award Ceremony		

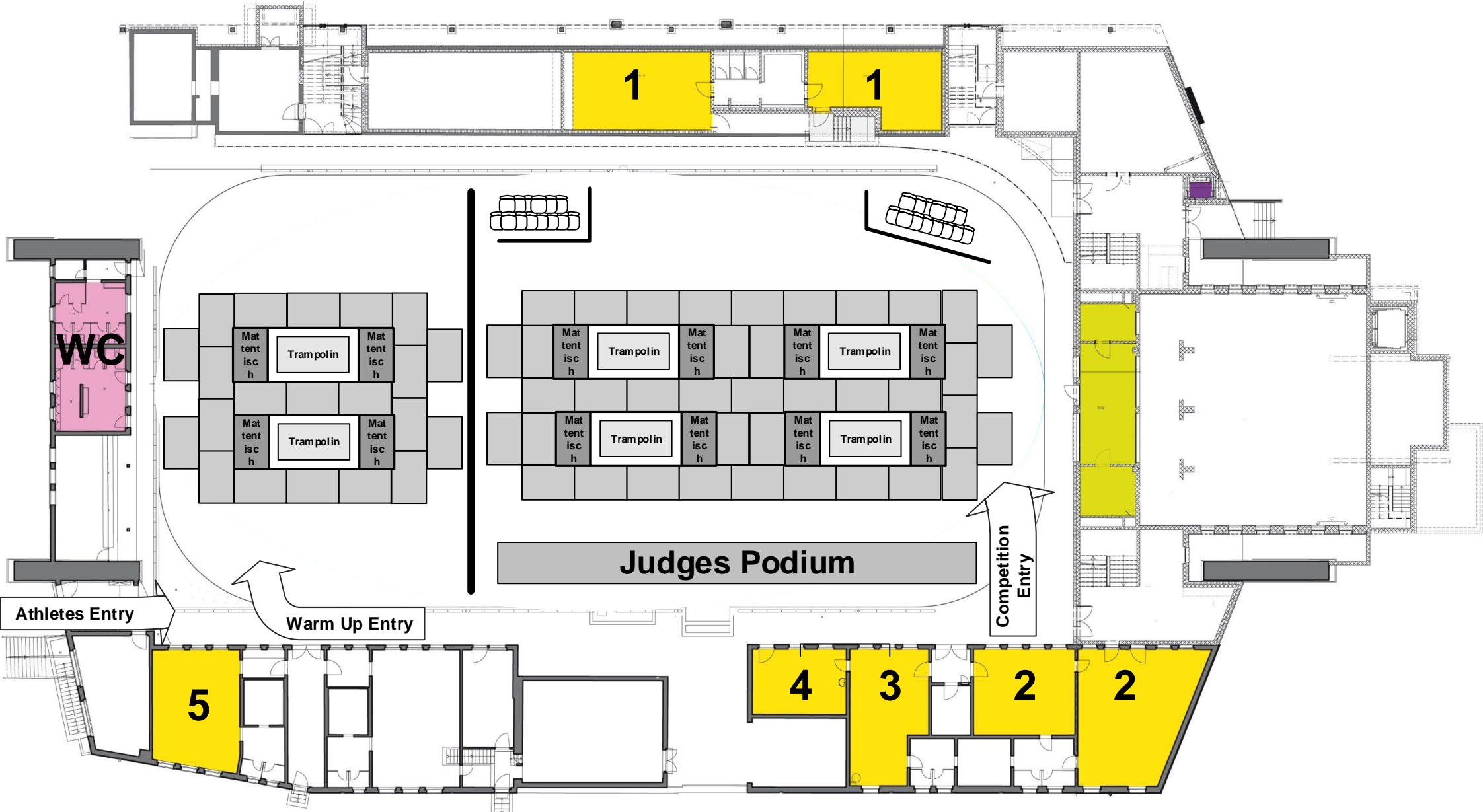
Nissen Cup Arosa 2018 Ground Level



1: Accreditation
2: Toilets
3a: Judges Room

3a+b: Judges Meeting Room
**4: LOC Competition Director
+ FIG TC Delegate**

Nissen Cup Arosa 2018 Intermediate Level



1: Ladies Changing Rooms
2: Mens Changing Rooms
3: Medical + Massage Room

4: Competition Office
5: Doctor + First Aid

50th Nissen Cup 2018 - Junior Competition

Individual Boys

Nbr	Licence	Name	Firstname	Federation/Club	Country
1	31393	Perzamanos	Zah	British Gymnastics	GBR
2	24460	Buravytskiy	Peter	British Gymnastics	GBR
3	24484	Walkes	Corey	British Gymnastics	GBR
4	24533	Stamp	Andrew	British Gymnastics	GBR
5	36116	Waldner	Luc	Swiss Gymnastics Federation	SUI
6	36593	Wyss	Noa	Swiss Gymnastics Federation	SUI
7	40700	Freund	Finnian	Swiss Gymnastics Federation	SUI
8	41791	Corthesy	Robin	Swiss Gymnastics Federation	SUI
9	31050	Bossuyt	Maxim	BEL Federation	BEL
10	34141	Kusdemir	Günay	BEL Federation	BEL
11	42927	Hagen	Luis	Deutscher Turner-Bund	GER
12	34271	Altindag	Elmas Ertug	Turkish Gymnastics Federation	TUR
13	34275	Duman	Muhammet Emin	Turkish Gymnastics Federation	TUR
14	36436	Yagmur	Emre	Turkish Gymnastics Federation	TUR
15	34269	Topcu	Baran	Turkish Gymnastics Federation	TUR
16	41077	Glushenko	Egor	Rostov Region	RUS
17	41083	Solodovnikov	Ilia	Rostov Region	RUS
18	36461	Kaefer	Max	NKL	SUI
19	36456	Mathys	Leandro	NKL	SUI
20	36455	Kurz	Siro	NKL	SUI
21	36285	Pilpach	David	CZE	CZE
22	31386	Vechet	Pavel	CZE	CZE
23	23721	Mitev	Mihael	Bulgarian Gymnastics Federation	BUL
24	32827	Barkov	Roman	Gymnastic Federation of Kazakhstan	KAZ
25	34100	Nurkhojayev	Akram	Gymnastic Federation of Kazakhstan	KAZ
26	36318	Galitskiy	Sergey	Gymnastic Federation of Kazakhstan	KAZ

50th Nissen Cup 2018 - Junior Competition

Individual Girls

Nbr	Licence	Name	Firstname	Federation/Club	Country
1	41181	Brown	Abigail	British Gymnastics	GBR
2	23871	Clarke	Jessica	British Gymnastics	GBR
3	45249	Gansner	Jasmine	STV Möriken-Wildegg	SUI
4	23795	Glasl	Fiona	Swiss Gymnastics Federation	SUI
5	33135	Bitterli	Lavinia	Swiss Gymnastics Federation	SUI
6	40785	Meier	Noelle	Swiss Gymnastics Federation	SUI
7	41365	Moret	Lucie	Swiss Gymnastics Federation	SUI
8	42924	Braaf	Luisa	Deutscher Turner-Bund	GER
9	42910	Pape	Nina	Deutscher Turner-Bund	GER
10	31323	Stöhr	Gabriela	Deutscher Turner-Bund	GER
11	34667	Zimmerhackel	Jana	Deutscher Turner-Bund	GER
12	42922	Imle	Vanessa	Deutscher Turner-Bund	GER
13	25170	Aydin	Sude	Turkish Gymnastics Federation	TUR
14	34278	Musluk	Sila	Turkish Gymnastics Federation	TUR
15	41990	Kagnici	Neval	Turkish Gymnastics Federation	TUR
16	41295	Colak	Elif	Turkish Gymnastics Federation	TUR
17	45306	Fangerow	Marie	TSV Rudow 1888	GER
18	45307	Müller	Marieluise	TSV Rudow 1888	GER
19	45299	Dährnich	Finja	TSV Rudow 1888	GER
20	32841	Larionova	Irina	Rostov Region	RUS
21	41078	Bezzubova	Arina	Rostov Region	RUS
22	35947	Katrushenko	Ekarterina	Rostov Region	RUS
23	41111	Sukhoverkhova	Anastasiia	Rostov Region	RUS
24	30806	Hunziker	Sarah	NKL	SUI
25	33136	Habegger	Sina	NKL	SUI
26	36459	Dalcher	Anouk	NKL	SUI
27	36460	Meury	Fiona	NKL	SUI
28	36462	Zbinden	Leonie	NKL	SUI
29	37878	Mahsudova	Seljan	Azerbaijan	AZB
30	36286	Rysava	Barbora	CZE	CZE
31	36734	Hrudova	Aneta	CZE	CZE
32	23723	Makulova	Anita	Bulgarian Gymnastics Federation	BUL

50th Nissen Cup 2018 - Junior Competition

Synchro Boys

Nbr	Licence	Name1	First1	Licence	Name2	First2	Federation/Club	Country
1	36593	Wyss	Noa	36593	Waldner	Luc	Swiss Gymnastics Federation	SUI
2	40700	Freund	Finnian	41791	Corthesy	Robin	Swiss Gymnastics Federation	SUI
3	34271	Altindag	Elmas Ertug	34275	Duman	Muhammet Emin	Turkish Gymnastics Federation	TUR
4	41077	Glushenko	Egor	41083	Solodovnikov	Ilia	Rostov region	SUI
5	36461	Kaefer	Max	36455	Kurz	Siro	NKL	SUI
6	32827	Barkov	Roman	36318	Galitskiy	Sergey	Gymnastic Federation of Kazakhstan	KAZ

50th Nissen Cup 2018 - Junior Competition

Synchro Girls

Nbr	Licence	Name1	First1	Licence	Name2	First2	Federation/Club	Country
1	40785	Meier	Noelle	23795	Glasl	Fiona	Swiss Gymnastics Federation	SUI
2	42910	Pape	Nina	34667	Zimmerhackel	Jana	Deutscher Turner-Bund	GER
3	31323	Stöhr	Gabriela	42922	Imle	Vanessa	Deutscher Turner-Bund	GER
4	34278	Musluk	Sila	41990	Kagnici	Neval	Turkish Gymnastics Federation	TUR
5	45307	Müller	Marieluise	45306	Fangerow	Marie	TSV Rudow 1888	GER
6	32841	Larionova	Irina	35947	Katrushenko	Ekarterina	Rostov region	RUS
7	41078	Bezzubova	Arina	41111	Sukhoverkhova	Anastasiia	Rostov region	RUS
8	30806	Hunziker	Sarah	36462	Zbinden	Leonie	NKL	SUI
9	36459	Dalcher	Anouk	36460	Meury	Fiona	NKL	SUI