



14th African Championships
Cairo, EGY
26 – 28 April, 2018
Rhythmic – Trampoline
(Junior – Senior)




DIRECTIVES

Event ID: 15589

Dear FIG affiliated Member Federation,
 The Gymnastics Federation of Egypt has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event

This event also serves as qualification event for 2018 Youth Olympic Games (YOG).

DISCIPLINE	Rhythmic Gymnastics - Group Rhythmic Gymnastics Trampoline Gymnastics – Tumbling – Double-Mini Trampoline
HOST FEDERATION	Egyptian Gymnastics Federation Elestad Elbahary St. Olympic Feds Buildings, Nasr city , Cairo , Egypt 002 02 240 250 24 002 02 240250 27 egypt@egyptgymnastics.com www.egyptgymnastics.com
LOCATION	Cairo , Egypt
DATE	From 26 – 28 April 2018
VENUE	Cairo Stadium Elestade Elbahary st. Nasr city ,Cairo , Egypt Tel: 002 02 22607863 Web site: http://www.cairo-stadium.org.eg 
APPARATUS SUPPLIER	Rhythmic floor : Taishan RG Floor Ref. TQ1009 FIG Approval Trampoline : Taishan Trampoline Ref. TQ1013 4*4 FIG Approval Trampoline Timing System: TMD AS3 Tumbling Track : Taishan Tumbling Track Ref. TQ1012 FIG Approval Spring Board: hard spring board Gymnova 2186 Soft spring board Gymnova 2187 DMT: Eurotramp 23200 FIG approval
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules

	<ul style="list-style-type: none"> • Specific Judges' Rules • Doping Control Rules • License rules (except for non-competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p style="text-align: center;"><i>and subsequent decisions of the FIG Executive Committee</i></p>																																																																																																																		
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: UAG affiliated federation																																																																																																																		
PARTICIPATIONS AND AGE LIMITS	<table border="1"> <thead> <tr> <th>Discipline</th> <th>Junior</th> <th>Senior</th> <th>Coach</th> <th>Judge</th> <th>Hod</th> <th>Team Manager</th> <th>medical</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>FEDERATION</td> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>1</td> <td>1</td> <td>03</td> </tr> <tr> <td>RHYTHMIC</td> <td>*4</td> <td>4</td> <td>4</td> <td>3</td> <td></td> <td></td> <td></td> <td>15</td> </tr> <tr> <td>RHYTHMIC GROUP</td> <td>5+1</td> <td>5+1</td> <td>2</td> <td>3</td> <td></td> <td></td> <td></td> <td>17</td> </tr> <tr> <td>TRAMP MALE</td> <td>4</td> <td>4</td> <td rowspan="2">1</td> <td rowspan="2">2</td> <td></td> <td></td> <td></td> <td>11</td> </tr> <tr> <td>TRAMP FEMALE</td> <td>4</td> <td>4</td> <td></td> <td></td> <td></td> <td></td> <td>08</td> </tr> <tr> <td>SYNCHRO MALE</td> <td>2</td> <td>2</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>04</td> </tr> <tr> <td>SYNCHRO FEMALE</td> <td>2</td> <td>2</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>04</td> </tr> <tr> <td>TUMBLING MALE</td> <td>4</td> <td>4</td> <td>1</td> <td rowspan="3">2</td> <td></td> <td></td> <td></td> <td>11</td> </tr> <tr> <td>TUMBLING FEMALE</td> <td>4</td> <td>4</td> <td></td> <td></td> <td></td> <td></td> <td>08</td> </tr> <tr> <td>DMT MALE</td> <td>4</td> <td>4</td> <td>1</td> <td></td> <td></td> <td></td> <td>09</td> </tr> <tr> <td>DMT FEMALE</td> <td>4</td> <td>4</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>08</td> </tr> <tr> <td>TOTAL</td> <td>34</td> <td>34</td> <td>9</td> <td>10</td> <td>1</td> <td>1</td> <td>1</td> <td>90</td> </tr> </tbody> </table> <p>Team size : 3 – 5 gymnast (RG) RG: Junior: 13-15, Senior: 16 and above TRA : Junior M&F 13-17 , Senior M&F 17 and over Only gymnasts born between 1 January 2001 and 31 December 2002 can qualify to the Youth Olympic Games for Trampoline. Only gymnasts born between 1 January 2003 and 31 December 2003 can qualify to Youth Olympic Games for Rhythmic ALL GYMNASTICS MUST HAVE A VALID FIG LICENCE UNTIL THE END OF THE EVENT.</p>	Discipline	Junior	Senior	Coach	Judge	Hod	Team Manager	medical	Total	FEDERATION					1	1	1	03	RHYTHMIC	*4	4	4	3				15	RHYTHMIC GROUP	5+1	5+1	2	3				17	TRAMP MALE	4	4	1	2				11	TRAMP FEMALE	4	4					08	SYNCHRO MALE	2	2						04	SYNCHRO FEMALE	2	2						04	TUMBLING MALE	4	4	1	2				11	TUMBLING FEMALE	4	4					08	DMT MALE	4	4	1				09	DMT FEMALE	4	4						08	TOTAL	34	34	9	10	1	1	1	90
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JUDGES AND JURIES	Each federation may bring minimum up to 3 judges. All judges must have a current valid FIG brevet at the time of the event for the respective discipline TRA, RGI and/or RGG.																																																																																																																		
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ACCREDITATION	Regarding the accreditation procedures for all participating delegation members , electronic ID photographs must be sent via email to LOC within the deadline set for nominative registration Note: the LOC will be checking the validity of the gymnast's licences.																																																																																																																		

EVENT FORMAT	<p>The African Championships will comprise of qualifications and Finals and will determine Individual winners in each category, including Apparatus, All Around/Final, and Team.</p> <ul style="list-style-type: none"> • RG Junior & senior - Individual - Team - Apparatus • RG Group (Junior & senior) 5 gymnasts • Trampoline <ul style="list-style-type: none"> - Individual Trampoline (Junior & senior M- F) - Team events Senior and Junior M & F - Syncho Trampoline Junior M (2) and F (2) - Senior M & F - no team event • Individual Tumbling (Junior & Senior M-F) <ul style="list-style-type: none"> - Team events Senior and Junior M & F • Individual Double mini trampoline (Junior & Senior M-F) <ul style="list-style-type: none"> - Team events Senior and Junior M & F
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PROVISIONAL SCHEDULE	<table border="1"> <thead> <tr> <th style="background-color: #e0e0e0;">DAY</th> <th style="background-color: #e0e0e0;">Date</th> <th style="background-color: #e0e0e0;">Activity</th> <th style="background-color: #e0e0e0;">Discipline</th> </tr> </thead> <tbody> <tr> <td>TUESDAY</td> <td>24 April 2018</td> <td>Arrival of delegations & Neutral judges and representative UAG-FIG Accreditation and free training</td> <td>RG TRA</td> </tr> <tr> <td>WEDNESDAY</td> <td>25 April 2018</td> <td>Podium training Orientation Meeting Technical Committee Meeting</td> <td>RG TRA</td> </tr> <tr> <td>THURSDAY</td> <td>26 April 2018</td> <td>Opening Ceremony Competition Qualification Junior Individual (YOG Qualifications) & senior individual Group Qualifications Junior Qualifications Trampoline & DMT (JN&SN)</td> <td>RGI Junior RGI Senior RGG TRA DMT</td> </tr> <tr> <td>FRIDAY</td> <td>27 April 2018</td> <td>Group Qualifications Senior Final 2 apparatus Senior Individual, Final 2 apparatus Junior Individual Final Junior Group Trampoline finals (JN&SN) Tumbling qualifications (JN&SN)</td> <td>RGI junior RGI senior RGG senior TRA TUM</td> </tr> <tr> <td>SATURDAY</td> <td>28 April 2018</td> <td>Final 2 apparatus Senior, Final 2 apparatus Junior Final Senior Group Tumbling finals (JN&SN) DMT Finals (JN&SN) Banquet</td> <td>RGI senior RGI junior RGG TUM DMT</td> </tr> <tr> <td>SUNDAY</td> <td>29 April 2018</td> <td>Departure of Delegations</td> <td></td> </tr> </tbody> </table>				DAY	Date	Activity	Discipline	TUESDAY	24 April 2018	Arrival of delegations & Neutral judges and representative UAG-FIG Accreditation and free training	RG TRA	WEDNESDAY	25 April 2018	Podium training Orientation Meeting Technical Committee Meeting	RG TRA	THURSDAY	26 April 2018	Opening Ceremony Competition Qualification Junior Individual (YOG Qualifications) & senior individual Group Qualifications Junior Qualifications Trampoline & DMT (JN&SN)	RGI Junior RGI Senior RGG TRA DMT	FRIDAY	27 April 2018	Group Qualifications Senior Final 2 apparatus Senior Individual, Final 2 apparatus Junior Individual Final Junior Group Trampoline finals (JN&SN) Tumbling qualifications (JN&SN)	RGI junior RGI senior RGG senior TRA TUM	SATURDAY	28 April 2018	Final 2 apparatus Senior, Final 2 apparatus Junior Final Senior Group Tumbling finals (JN&SN) DMT Finals (JN&SN) Banquet	RGI senior RGI junior RGG TUM DMT	SUNDAY	29 April 2018	Departure of Delegations	
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MEDICAL SERVICES	<p>A medical service will be available throughout the period of the championship</p> <p>During this championship an anti-doping control will be carried out in accordance with international standard.</p>				
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 31st of January 2018 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>				
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 50 EUR per person/day.</p>				
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members</p> <p>The Travel Schedule Form must be returned to the LOC by 24th of March 2018</p>				
LOCAL TRANSPORTATION	<p>The Organising committee will provide transportation from Cairo international airport for the delegation booked their accommodation through the LOC.</p>				
ACCOMMODATION	<p><u>TRIUMPH HOTEL</u> ADDRESS : ELKHALIFA ELMAAMOUN St. – HELIOPOLIS TELEFAX : (+202) 24017647 WEB : www.triumphhotel.com E-MAIL : olakamel@triumphhotel.com</p> <div style="display: flex; justify-content: space-around;">    </div> <p><u>ARMED HOUSE</u> ADDRESS : INTERSECTION OF ALESTAD ELBAHARY St. & SALAH SALEM St. – NASR CITY – CAIRO TEL : (+202) 24034811 FAX : (+202) 22618317</p> <div style="display: flex; justify-content: space-around;">    </div> <p>80 EURO The costs per person /night in Single room Full board 50 EURO The costs per person /night in Double room Full board</p>				
CANCELTION POLICY	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">After 28 February 2018</td> <td style="width: 50%; border: none;">50% of total amount due.</td> </tr> <tr> <td style="border: none;">After 24 March 2018</td> <td style="border: none;">100% of total amount due.</td> </tr> </table>	After 28 February 2018	50% of total amount due.	After 24 March 2018	100% of total amount due.
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FINAL BANQUET	Free of charge if booked through the LOC If the accommodation not booked through the LOC 50 EUR per ticket / person for the Final Banquet must be paid to the LOC by 18 March , 2018 at the very latest																							
BANK ACCOUNT INFORMATION	<table border="1"> <tr> <td>Bank accountHolder's</td> <td>EGYPTIAN GYMNASTICS FEDERATION</td> </tr> <tr> <td>Beneficiary's email address</td> <td>EGYPT @ EGYPTGYMNASTICS.COM</td> </tr> <tr> <td>Bank account Holder's full address</td> <td>EL-ESTAD EL- BAHARY ST, OLYMPIC FEDS BUILDING , NASR CITY</td> </tr> <tr> <td>Bank accountnumber</td> <td>11014090271</td> </tr> <tr> <td>Bank name</td> <td>National Bank of Egypt.</td> </tr> <tr> <td>Bank address</td> <td>Main Branch 24 sherif ST. Downtown Cairo</td> </tr> <tr> <td>BIC / SWIFT code</td> <td>NBEGEGCX001</td> </tr> <tr> <td>IBAN (fortransfers within Europe only)</td> <td>0010 0011 1101 4090 271</td> </tr> <tr> <td>Currency to use for the payment (EUR / USD / CHF)</td> <td>EUR</td> </tr> </table>		Bank accountHolder's	EGYPTIAN GYMNASTICS FEDERATION	Beneficiary's email address	EGYPT @ EGYPTGYMNASTICS.COM	Bank account Holder's full address	EL-ESTAD EL- BAHARY ST, OLYMPIC FEDS BUILDING , NASR CITY	Bank accountnumber	11014090271	Bank name	National Bank of Egypt.	Bank address	Main Branch 24 sherif ST. Downtown Cairo	BIC / SWIFT code	NBEGEGCX001	IBAN (fortransfers within Europe only)	0010 0011 1101 4090 271	Currency to use for the payment (EUR / USD / CHF)	EUR				
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Sincerely Yours

Cairo, 25 November 2017

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Date and place



Dr. Ehab ESAWY

President of EGF