



L'International Gymnix 2016
Montreal, Canada
March 4 – March 6, 2016



DIRECTIVES

Event ID: 14413

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **CANADA** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Women's Artistic
HOST FEDERATION	Gymnastics Canada Peter Nicol – President & CEO 1900 promenade City Park Drive Suite 120 Ottawa, ON, K1J 1A3, CAN Phone number: 613-748-5637 ext 231 Fax number: E-mail: pnicol@gymcan.org Website: www.gymcan.org
ORGANIZING COMMITTEE	CEO of the LOC: Anne-Maud Jan Viau 1000 Emile-Journault, Montreal, H2M 2E7 Phone Number: (514) 872-1536 (ext. 227) Cellphone: (514) 652-5559 Fax number: (514) 872-1590 E-mail: am.janviau@gymnix.ca Website: www.internationalgymnix.ca
LOCATION	Montreal, Quebec, Canada
DATES	From March 3 to March 6, 2016
VENUE	Centre Sportif Claude-Robillard Inside track & field room (Omnisports) 1000 Émile-Journault, Montreal, H2M 2E7 Phone: (514) 872-1536 (ext. 227) Fax: (514) 872-1590 E-mail : international@gymnix.ca www.internationalgymnix.ca The Competition Arena will serve as the Warmup Hall. There will be a



	Training Hall near the competition arena.														
PROMOTIONAL VIDEO	<u>International Gymnix 2016 – Promo Video</u>														
APPARATUS SUPPLIER	<p>GYMNOVA</p> <p>Vault: GYMNOVA (GVA). Ref # : 3405 Bars: GYMNOVA (GVA). Ref # : 3210 Beam: GYMNOVA (GVA). Ref # : 3610 Floor: GYMNOVA (GVA). Ref # : 6570 gymnastics floor 14 x 14 Spring Board - Hard: GYMNOVA (GVA). Ref # 2186 Spring Board - Soft: GYMNOVA (GVA). Ref # 2187</p>														
PROVISIONAL SCHEDULE	<p>Tuesday, March 1, 2016 to Wednesday, March 2, 2016 Delegation Arrivals</p> <p>Tuesday, March 1, 2016 to Wednesday, March 2, 2016 Trainings</p> <p>Wednesday, March 2, 2016 Technical Meeting</p> <p>Thursday, March 3, 2016 Podium Training</p> <p>Friday, March 4, 2016 Junior International Cup – Training Senior International Cup – Competition Day 1</p> <p>Saturday, March 5, 2016 Junior International Cup – Competition Day 1 Senior International Cup – Training</p> <p>Sunday, March 6, 2016 Apparatus Finals – Competition Day 2</p> <p>Monday, March 7, 2016 Delegations Departure</p>														
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles:</p> <p>JUNIOR INTERNATIONAL CUP National team members of the top 16 countries at the 2015 Team World Championships.</p> <p>SENIOR INTERNATIONAL CUP National team members of the top 16 countries at the 2015 Team World Championships.</p>														
PARTICIPATION AND FIG LICENSE	<p>Only junior and senior gymnasts in good standing with the correct age and holding a valid FIG License may participate. The LOC will be responsible for checking the validity of the gymnast' Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.</p> <p>JUNIOR INTERNATIONAL CUP The maximum size of the invited delegation is as follows:</p> <table border="1"> <thead> <tr> <th colspan="2">Delegation Members</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td></td> </tr> <tr> <td>Coaches</td> <td>2</td> </tr> <tr> <td>Gymnasts</td> <td>4</td> </tr> <tr> <td>Doctor</td> <td></td> </tr> <tr> <td>Physiotherapist</td> <td></td> </tr> <tr> <td>Judge</td> <td>1</td> </tr> </tbody> </table>	Delegation Members		Head of Delegation		Coaches	2	Gymnasts	4	Doctor		Physiotherapist		Judge	1
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Judge	1														

SENIOR INTERNATIONAL CUP

The maximum size of the invited delegation is as follows:

Delegation Members	
Head of Delegation	
Coaches	2
Gymnasts	4
Doctor	
Physiotherapist	
Judge	1

AGE LIMITS

Junior: 13-15 (born between 2001 and 2003)
Senior: 16+ (born in 2000 or before)

JUDGES AND JURIES

1 FIG judge with current valid brevet per team. The judge is part of the delegation.

Head judge: Helen Laliberté

COMPETITION FORMAT

<i>COMPETITION</i>	JUNIOR INTERNATIONAL CUP
<i>CATEGORY</i>	WAG - Junior (born between 2001-2003)
<i>INVITATION</i>	National team members of the top 16 countries at the 2015 World Championships
<i># ATHLETES</i>	Approx. 32 athletes (8 teams of 4 athletes)
<i>COMPETITION FORMAT</i>	DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
<i>FIG CODE</i>	Team and AA: FIG I Junior rules Apparatus finals: FIG III Junior rules
<i>PARTICIPATION IN APPARATUS FINALS</i>	8 athletes Top 8 athletes, max 2 per country (TBC by February 15th) Replacement according to FIG rules
<i>TEAM AWARDS</i>	Top 3 teams
<i>INDIVIDUAL AWARDS</i>	Top 3 All-Around Top 3 per apparatus No maximum per country for awards
<i>COMPETITION</i>	SENIOR INTERNATIONAL CUP
<i>CATEGORY</i>	WAG - Senior (born 2000 and older)
<i>INVITATION</i>	National team members of the top 16 countries at the 2015 World Championships
<i># ATHLETES</i>	Approx. 32 athletes (8 teams of 4 athletes)
<i>COMPETITION FORMAT</i>	DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
<i>FIG CODE</i>	Team and AA: FIG I Apparatus finals: FIG III
<i>PARTICIPATION IN APPARATUS FINALS</i>	8 athletes Top 8 athletes, max 2 per country (TBC by February 15th) Replacement according to FIG rules
<i>TEAM AWARDS</i>	Top 3 teams
<i>INDIVIDUAL AWARDS</i>	Top 3 All-Around Top 3 per apparatus No maximum per country for awards

REGISTRATION DEADLINES

Definitive registration:	December 1, 2015 3 months prior to the competition
Nominative registration	February 1, 2016 One month prior to the competition

ENTRY FEES	No Entry Fee will be applied for this event.
ACCOMMODATION	<p>Lord Berri Hotel 1199 Berri Street Montreal (QC), H2L 4C6 Tel: 1-888-363-0363 www.lordberri.com</p> <p>The costs per person /night in this hotel are as follows: 120,00\$ / person (single room) 60,00\$ / person (double room) 40,00\$ / person (triple room) 30,00\$ / person (quadruple room)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by February 1st, 2016 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members unless stated differently in the country's nominal invitation.</p> <p>The costs for the accommodations must be paid to the LOC by February 15th, 2016. No refund for any circumstances after that date.</p> <p>Please contact the local LOC for procedure details.</p>
MEAL PLAN	<p>MEAL PLAN: 60\$ / PERSON / DAY</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members unless stated differently in the country's nominal invitation.</p> <p>The Meal Plan Form must be returned to the LOC by February 1st, 2016 at the very latest.</p> <p>The costs for the meal plan must be paid to the LOC by February 15th, 2016. No refund for any circumstances after that date.</p> <p>Please contact the LOC for procedure details.</p>
FINAL BANQUET	<p>CLOSING CELEBRATION PARTY</p> <p>The closing banquet will take place on Sunday evening, and will be free of charge to all delegation members.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members unless stated differently in the country's nominal invitation.</p> <p>The Travel Schedule Form must be returned to the LOC by February 1st, 2016.</p>
LOCAL TRANSPORTATION	<p>Local transportation facilities will be provided by the LOC. The LOC will pick up the delegations at the airport and a shuttle system will operate between the hotel and the sport hall.</p> <p>Local transportation will be provided to/from hotel to the competition and training halls for all delegation members. Airport transportation will also be provided for the gymnasts, their respective coaches and judges.</p> <p>In agreement with the above paragraph, no extra transportation reimbursement will be made for local transportation.</p>

VISA	<p>Please verify immediately with your travel agent or the Canadian Embassy or Consulate in your country if a visa is required for your travel to Canada. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 10th, 2016 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>														
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>														
ACCREDITATION	<p>Accreditations will be provided to all members of the official delegations.</p> <p>All delegations will receive their accreditations upon arrival.</p> <p>The credential is personal, non-transferable and mandatory for access to training and competition venues.</p>														
BANK ACCOUNT INFORMATION	<table border="1" data-bbox="477 1061 1463 1675"> <thead> <tr> <th colspan="2" data-bbox="477 1061 1463 1115">Account information</th> </tr> </thead> <tbody> <tr> <td data-bbox="477 1115 874 1223">Beneficiary's Bank</td> <td data-bbox="874 1115 1463 1223">CAISSE CENTRALE DESJARDINS 1 Complexe Desjardins, Montréal, Québec H5B 1B3, Canada</td> </tr> <tr> <td data-bbox="477 1223 874 1276">SWIFT</td> <td data-bbox="874 1223 1463 1276">CCDQCAMM</td> </tr> <tr> <td data-bbox="477 1276 874 1361">Beneficiary's Branch ID</td> <td data-bbox="874 1276 1463 1361">CC081530403 Institution (3), Branch (5)</td> </tr> <tr> <td data-bbox="477 1361 874 1451">Beneficiary's Account Number</td> <td data-bbox="874 1361 1463 1451">0815304030835152 Institution (3), Branch (5), Account (7)</td> </tr> <tr> <td data-bbox="477 1451 874 1525">Beneficiary's Complete Name</td> <td data-bbox="874 1451 1463 1525">L'INTERNATIONAL GYMNIX</td> </tr> <tr> <td data-bbox="477 1525 874 1675">Beneficiary's Complete Address</td> <td data-bbox="874 1525 1463 1675">1000 AV EMILE-JOURNAULT MONTREAL QUEBEC CANADA H2M 2E7</td> </tr> </tbody> </table> <p data-bbox="477 1675 1463 1787">Thank you to complete the transfer before Thursday, February 15th, 2016.</p> <p data-bbox="477 1832 1463 1980">Each participating member Federation is kindly requested to integrate the payment's purpose as follows: L'INTERNATIONAL GYMNIX 2016 The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>	Account information		Beneficiary's Bank	CAISSE CENTRALE DESJARDINS 1 Complexe Desjardins, Montréal, Québec H5B 1B3, Canada	SWIFT	CCDQCAMM	Beneficiary's Branch ID	CC081530403 Institution (3), Branch (5)	Beneficiary's Account Number	0815304030835152 Institution (3), Branch (5), Account (7)	Beneficiary's Complete Name	L'INTERNATIONAL GYMNIX	Beneficiary's Complete Address	1000 AV EMILE-JOURNAULT MONTREAL QUEBEC CANADA H2M 2E7
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Beneficiary's Complete Address	1000 AV EMILE-JOURNAULT MONTREAL QUEBEC CANADA H2M 2E7														
PRIZE MONEY	The Prize Money, free of any deductible taxes, will be distributed in CAN														

currency as follows:

JUNIOR INTERNATIONAL CUP	
<i>Team Competition</i>	
<i>Ranking</i>	
1	600
2	400
3	300
<i>Individual all-around winner and apparatus winner</i>	
All Around	500
Vault	100
Bars	100
Beam	100
Floor	100

SENIOR INTERNATIONAL CUP	
<i>Team Competition</i>	
<i>Ranking</i>	
1	600
2	400
3	300
<i>Individual all-around winner and apparatus winner</i>	
All Around	500
Vault	100
Bars	100
Beam	100
Floor	100

EVENT MANAGER **Anne-Maud Jan Viau**
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SOCIAL MEDIA www.international.gymnix.ca
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[Instagram](#) : intlgyrnix
[Twitter](#) : @IntlGymnix
[YouTube](#) : L'International Gymnix
#gymnix2016
   

MEDICAL SERVICES Physiotherapy services will be provided in the warm-up gym and the

	competition floor; for injuries and emergency taping. Emergency and first responder service on site at all time, emergency vehicles on call. Waiting area within 5 minutes. Doctor on call during all the competitions.	
MARKETING	FIG advertising and publicity norms must be respected	
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • Licence rules (except for non competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>	
DEADLINES SUMMARY	Definitive Registration	December 1 st , 2015
	Nominative Registration	February 1 st , 2016
	Accommodation and Meal Plan Form	February 1 st , 2016
	Travel Schedule Form	February 1 st , 2016
	Visa Request Form	January 10 th , 2016
	Payment of the Accommodation Costs	February 15 th , 2016
	Payment of the Meals	February 15 th , 2016

Sincerely Yours,



Peter Nicol
President/CEO
Gymnastics Canada Gymnastique
September 15th, 2015

