



2nd World Open For Life
Challenge
26 - 30 July 2017
Vestfold - Norway



PROGRAMME

KING HARALD'S WORLD GYM
FOR LIFE CHALLENGE

26-30 JULY 2017

VESTFOLD - NORWAY



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DEAR GYMNASTS!

As Minister of Sport it is my great pleasure to be able to greet you as you arrive in Norway and Vestfold and the 2017 World Gym for Life Challenge.

I wish you great success in your gymnastic endeavours. And even more importantly, I hope you make unforgettable experiences, new friends and sweet memories which will last you a life time.

Have fun!



Linda Hofstad Helleland
Minister of Culture





WELCOME TO NORWAY

On behalf of the Norwegian Gymnastics Federation it's a pleasure to welcome the Gymnastic world to Norway! Five years of intense preparations are over. Finally you are all here and the show can start!

The core of World Gym for Life Challenge fits very well with the values of the federation; Gymnastics for everybody regardless of gender, age, race, religion, culture, ability or social standing.

It is really an honour for the federation that the FIG Executive Committee will be present during the week!

I wish all the gymnasts and trainers, leaders and guests good luck and I really hope that you will succeed in the contest and show performances. Thank you very much to all the volunteers. You make it possible to complete the event.

We also hope that you will feel good living in the "Gymnastic Village" at Oslofjord Convention Center, and that our vision for the event will be fulfilled:

To create a unique and exciting event for the participants and audience!

The Norwegian Gymnastics Federation has long traditions in Gymnastics for All. Norway has always had big delegations participating in World Gymnaestradas as well as in the World Gym for Life Challenge.

Now we really feel that it is our turn to give something back to the Gymnastics world! To host such a big event as the World Gym for Life Challenge also gives the federation valuable experience and knowledge. Oslofjord Convention Center, in the county of Vestfold, is a unique place to host such an event and the entire venue will change into a small Gymnastics village during the summer days in July.

We are also proud of the fact that the 3rd World Gym for Life Challenge becomes a royal Challenge. The official name of the event is now King Harald's World Gym for Life Challenge. As the name indicates, the small county of Vestfold is located west of Oslofjord. Its coastline may not be long, but it has an extensive cultural history. The three main towns in Vestfold, Larvik, Sandefjord and Tønsberg are all pretty close to each other and offer a varied selection of shopping, activities, attractions and coastal experiences. The historical period 793 - 1066 is known as the Viking Age in Norway and the role the Vikings played in Norwegian history can still be seen in many parts of the country. Vestfold is full of history from the Viking Age and now you can experience it when you join us for the World Gym for Life Challenge 2017!

On behalf of the Organising Committee I would like to extend a warm welcome to all delegations and wish everyone an excellent stay in Vestfold!



Norwegian Gymnastics Federation

Mrs. Kristin Gilbert
President



Local Organising Committee

Stig Nilssen
President



President
Stig Nilssen



Vice president
Kristin Gilbert



Honorary Chairman
Lise Mandal



Secretary General
Øistein Leren

LOCAL ORGANISING COMMITTEE

KING HARALD'S WORLD GYM FOR LIFE CHALLENGE 2017



Marketing
Veronika Reinhaug



Torkell Seppola
Technical Manager

RHYTHM OF THE WAVES



Ida Sandholtbråten
Volunteers



Birgit Iversen
Technical Manager



Britt Mellegaard
Service



Minna Børstad
LOC-office



Eirik Hagen
Logistics

WELCOME MESSAGE FROM THE FIG PRESIDENT MORINARI WATANABE

Dear all,

We like saying Gymnastics is the sport for everyone, whatever one's culture, abilities and age. Passing from Capetown on the coast of South Africa four years ago to the Norwegian shores of the Oslofjord with the attendance of King Harald V this year, the World Gym for Life Challenge offers an illustration of the cultural wealth of this sport and its multitudinous expressions.

At the World Gym for Life Challenge, groups coming from all continents dazzle us with their creativity.

They impress us with their own ways of mixing elements or using apparatus from many Gymnastics disciplines.

Competition and prizes are part of the event but the biggest awards are the enthusiasm of the public and the excitement it sparks.

The World Gym for Life Challenge is an inspirational showcase of Gymnastics's diversity.

The Norwegian Gymnastics Federation invites us to enjoy this third edition to "the rhythm of the waves".

So let us be transported by the show to "the rhythm of the waves"!



A handwritten signature in blue ink, which appears to be 'Morinari Watanabe'. The signature is stylized, with the first name 'Morinari' written in a cursive-like script and the last name 'Watanabe' in a more upright, blocky style.

Morinari Watanabe
FIG President



Alexandre Cola - Sports Events Manager FIG, Gymnastics for All Committee: Ruedi Steuri - member, Tatsuo Araki - member, Margaret Sikkens Ahlquist - President, Monika Siskova - Vice President, Flemming Knudsen - member, Marco Bortoleto - member and Rogério Valerio - Vice President

WELCOME ALL GYMNASTS

Welcome to Norway, a beautiful country way up in the North with long and light summer nights and a unique venue for the third edition of the World Gym for Life Challenge.

After many years of planning, the Norwegian Gymnastics Federation is ready to meet us at Oslofjord Convention Centre. The World Gym for Life Challenge is the international place for Gymnastics groups wanting to participate in a contest, have their programme evaluated and receive feedback. There are no limits for participation. It is "Gymnastics for All," regardless of gender, age group, ability or cultural background.

The FIG Gymnastics for All Committee is impressed by everything the Norwegian Gymnastics Federation has prepared to make this a success and together we are looking forward to welcoming gymnasts, coaches, and other representatives from FIG member federations.

The slogan for the event is "Rhythm of the waves" and that, together with the royal touch with the King of Norway attending, makes it very special. We are both happy and proud and we thank the Norwegian Gymnastics Federation for making this come true.



Gymnastics for All Committee

Margaret Sikkens Ahlquist
President



THIS IS KING HARALD'S WORLD GYM FOR LIFE CHALLENGE!

The World Gym for Life Challenge is an International Contest for Gymnastics Groups. It is a Gymnastics for All event held every four years.

Participation is for everybody, regardless of gender, age, race, religion, culture, ability or social standing.

12

small groups
on or with
apparatus

58

groups will take
part in

Show performances
in **Sandefjord**
and
Tønsberg



2017

2nd World Gym for Life
Challenge
28 - 30 July 2017
Vestfold - Norway

19

large
groups
gymnastics
and dance

46

small groups
gymnastics
and dance

11

large groups on
or with large
apparatus

170

VOLUNTEERS

Vision: To create a unique and exciting
event for the participants and audience!
Slogan: **Rhythm of the waves!**

2000
participants
from
22
countries

**His Majesty
King Harald V**
will attend the
opening



**Viking
Workshop**
1100
participants





PARTICIPANTS



AUSTRALIA

AUS

41

30

ITA

ITALY



AUSTRIA

AUT

78

16

JPN

JAPAN



AZERBAIJAN

AZE

15

52

MAS

MALAYSIA



CANADA

CAN

2

240

NOR

NORWAY



CHINA

CHN

29

178

POR

PORTUGAL



DENMARK

DEN

190

6

RSA

SOUTH AFRICA



FINLAND

FIN

150

13

RUS

RUSSIA



GREAT BRITAIN

GBR

107

317

SUI

SWITZERLAND



GERMANY

GER

360

17

SVK

SLOVAKIA



GREECE

GRE

77

3

TTO

TRINIDAD & TOBAGO



HUNGARY

HUN

34

34

USA

UNITED STATES



IRELAND

IRL

63

20

ZIM

ZIMBABWE



PROGRAMME

King Harald`s World Gym for Life Challenge 2017

Monday, 24th July

Optional arrival day for delegates

Tuesday, 25th July - Official arrival day for delegates

15:00 - 22:00
Open training - will take place in training halls in Stokke and Tønsberg

Wednesday, 26th July - Contest day 1

11:10 - Official rehearsal for large groups gymnastics and dance
15:30 - Opening ceremony - **doors will close at 15:10**
16:00 - Contest large groups gymnastics and dance
20:00 - Norwegian Welcome Evening

Thursday, 27th July - Contest day 2

08:00 - Official rehearsal small groups on or with large apparatus
11:30 - Official rehearsal large groups on or with large apparatus
12:00 - Show performances in Sandefjord and Tønsberg
16:00 - Contest small groups on or with large apparatus
19:00 - Contest large groups on or with large apparatus

Friday, 28th July - Contest day 3

08:00 - Official rehearsal small groups gymnastics and dance
12:00 - Show performances in Sandefjord
16:00 - Contest small groups gymnastics and dance

Saturday, 29th July

10:00 - Workshop Viking Village
14:00 - Rehearsal World Gym for Life Gala
18:00 - World Gym for Life Gala
20:30 - Closing ceremony and party for participants

Sunday 30th July

Departure of all delegates

INFORMATION

Infodesk

You will find us just inside the main entrance of the Venue, come and say hi if you have any kind of question regarding WGFLC2017. The reception will be open between 07:00-23:00

WIFI

Free WiFi available inside Oslofjord Convention Center. WiFi: Oslofjord Free Password: Oslofjord2017 Follow the instructions on your phone/PC.

Accommodation

Oslo Conference Center will assist you at their reception regarding your accommodation. The reception is located at the main entrance of the Venue and with 24 hours service.

Tickets

Buy tickets at www.ticketmaster.no or at the Norwegian Gymnastics Federation stand.

Important Contact Numbers

In case of emergency please use the following numbers:

Fire: 110

Police: 112

Ambulance: 113

Oslofjord Convention Center: +47 33 002 000

Stay updated!

We encourage all our participants to interact with us by using the following sites.

Official website: www.gymforlife2017.com

Facebook: <https://www.facebook.com/gymforlife2017>

Instagram: @gymforlife2017 (#gfl2017)

website: www.fig-gymnastics.com

Facebook: <https://www.facebook.com/fig.gym/>

Twitter: <https://twitter.com/gymnastics>

Instagram: <https://www.instagram.com/figgymnastic>

App: FIGGymnastics

Event app: WGFLC2017

During the World Gym for Life Challenge 2017 week, the app WGFLC2017 will be the official communication channel for all participants and spectators. LOC will post the latest updates and information on this app.

Security/Safety

Security guards will be available at all times in the village and at the Venue, clearly marked. The delegation will have the full responsibility for participants at Melsomvik beach and in the water. No life guard will be present.

It has to be quiet outside 23:00 sharp, both in respect of next days contests, and Norwegian outdoor regulations.

Lunch / Dinner

Breakfast is delivered to all participants in the cabin/room between 06:00-06:30

Lunch available for those who have booked in advance and have vouchers

Tuesday: 12:00 - 14:00

Wednesday: 12:00-13:30

Rest of the week: 12:00-14:00

Dinner is available for those who have booked in advance and have vouchers

Tuesday: 17:00-19:00

Wednesday: 17:00-20:00

Thursday: 17:00-20:00

Friday: 17:00-20:00

Saturday: 16:00-18:00

CONTEST VENUE



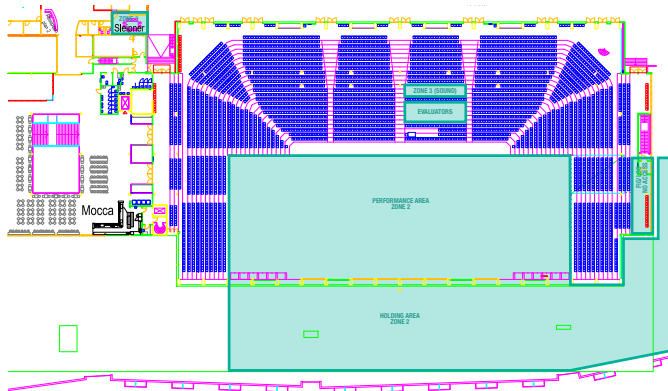
Oslofjord Convention Center is the largest and most modern convention center in Northern Europe. Oslofjord's location by the fjord and its on-site accommodation make this venue a unique arena for the World Gym for Life Challenge 2017.

The center-apartments are located within the center complex, beneath the main hall, with elevators to all levels. This is perfect for guests with physical disabilities. The wall of windows overlooking the Oslofjord Garden Village gives the entire apartment a light and spacious atmosphere. The living room access an individual balcony with beautiful views over the The Gymnastics Village and the fjord, Vestfjorden.

Below the Convention Center where the apartments are located, Oslofjord has its own garden village with the 500 lovely cabins. The village also consist of a private beach, and plenty of place for sporting and socialization

Oslofjord Convention Centers accommodations are providing up to 6000 beds in guest cabins and apartments. Apartments and cabins are for groups of 4-6 persons and come with comfortable beds and private bathrooms.

The WGFLC2017 app will have full overview of Oslofjord Convention Center.



SHUTTLE BUS GYM FOR LIFE

Thursday and Friday	First bus	Last bus
OCC - Sandefjord	10:10	19:50
Sandefjord OCC	10:30	20:10
	First bus	Last bus
OCC - Tønsberg	10:00	19:40
Tønsberg - OCC	10:20	20:00
Saturday	First bus	Last bus
OCC - Sandefjord	12:10	16:50
Sandefjord OCC	12:30	17:10
	First bus	Last bus
OCC - Tønsberg	12:00	16:40
Tønsberg - OCC	12:20	17:00

The LOC will organize a shuttle bus going from the Venue to the cities of Tønsberg and Sandefjord. This is included in the Participant card, and will enable everyone to take a trip to the city in their spare time, or to watch the show performances. The LOC will also have dedicated buses for the groups which are performing at the Show Performances. These buses are also included in the Participant card.

Accompanying persons will be allowed to use the shuttle buses. They have to buy tickets at the stand of the Norwegian Gymnastics Federation.
Price per day: 150 NOK

Departure every 20 minutes

WORKSHOP FIND THE VIKING IN YOU



Strength and agility was essential for warriors during the Viking era. The children had to start exercises at early age to make sure their skills surpass their enemies in battles, but also to do everyday tasks back in year 793-1066.

Everything that could build muscle and coordination were priority and important. The physical basis was crucial to the outcome of the battles they took part in – yes, it could be the difference between life and death.

Fortunately, this is not the most important in our era, but performance still depends whether you are well enough prepared physically. During the workshops, you will become familiar with how the Vikings prepared and trained to cope with the rigors that they encountered in connection with the conflict. We hope that you will experience workshops as an inspiration and love to retrieve specific ideas and exercises to your fitness activity!

Saturday 29.July 10:00 - 14:00

Location: The beach





SIDE EVENTS AT WGFL2017

Start your day with yoga!

What better way to clear your mind and prepare your body for contest and performances? Join us for yoga down at the beach!

Thursday 27.July: 10:00 - 11:00

Friday July 28: 10:00 - 11:00

Free for all participants at WGFL2017

Explore our Capital

Full day excursion to Oslo! Guided city tour of Oslos highlights, and two hours on your own in Oslo before returning to OCC.

Price per person: 325 NOK Book at: tur.vestfold@unibuss.no

Try Stand Up Paddle

The course will give you good balance on the board and proper padding technique provides an effective body and core workout. The course lasts for approx. 55 minutes and includes rental of all the equipment you need.

Wednesday 26.July: 11:00, 12:00 and 13:00

Thursday 27.July: 11:00, 12:00 and 13:00

Price per person: 200 NOK Book at: <http://www.gymforlife2017.com/sideevents>

Visit Vestfold

Vestfold offers attractions ranging from ancient Viking burial mounds to the very best of Norwegian and international contemporary art.

For more information: www.visitvestfold.com

Join The World Team

Come and take part – learn the Choreography with the World Gymnaestrada Team!

In 2015 the LOC Helsinki introduced the World-Team for the first time and set a new mile-stone for the World Gymnaestrada. The World-Team is an international largegroup performance in which gymnasts from all over the world can take part. What is special is that it is not connected with any group but all those who participate in the World Gymnaestrada can take part, even individuals.

Thursday 27th and Friday 28th of July from 11:00 - 12:00 at the beach (or in the main hall if the weather is bad)

Abilities of Gymnast with Disabilities

Presented by Cindy Bickman

When you focus on the ABILITIES of all gymnasts, you learn that disabilities don't really exist. You find diffabilities – different abilities.

- Hear from parents and gymnasts how "disabilities" have excluded them from participation
- Explore opportunities that you can make available for your special gymnasts
- Make a plan for you to start on the amazing journey of working with gymnasts who have disabilities!

Thursday 27.July 14:00 -15:00

Meeting room: Eidsvoll

Open discussion with participants from 15:00-15:30

WORLD GYM FOR LIFE

OUTFIT



Tanktop coral 155 NOK



Tanktop mint 155 NOK



Tshirt coral 155 NOK



Tshirt mint 155 NOK



Shorts coral 200 NOK



Short mint 200 NOK



Shorts navy 200 NOK



The wather changes in a split second, and each season brings new challenges. Every day we confront the changing weather with design so that our clothes can be used 24/7.

EVALUATORS AND FEEDBACKERS OF KING HARALD`S WORLD GYM FOR LIFE CHALLENGE

Evaluation

Each performance in the World Gym for Life Challenge is evaluated on Entertainment value: Innovation, originality and variety; Technique, quality and safety; and Overall impression. Each criterion has an equal value of 5 points. The evaluation is carried out by a panel of 4 experts; each of whom has experience of different gymnastics disciplines, artistry, choreography, performance and technique. This panel is selected by the FIG-GfA Committee. After each performance the evaluators give their 4 scores (maximum 5 points/criteria) which add up to their total score (maximum of 20 points). All scores are given independently and are counted. In each category a ranking list is created using the total score. The ranking list is used to determine the Gold, Silver and Bronze medals. All groups awarded Gold will participate in the World Gym for Life Gala.

EVALUATORS



Yoon Soo HAN
(KOR)



Patrick BONNER
(GBR)



Cédric BOVEY
(SUI)



Kasper FREDRIKSEN
(DEN)



Caron HENRY
(RSA)



Emiliana POLINI
(ITA)



Ximena RODRIGUEZ
(CHI)



Hlíf THORGEIRSDÓTTIR
(ISL)

Feedback:

During the contest, a group of 3-4 persons, each with recognised expertise in different gymnastics disciplines, artistry, choreography, performance and technique, will observe all groups. After each category of performances! This group will meet with the Evaluators to discuss the results and prepare the feedback that will be given to the groups. This feedback is optional and will be given to the groups after the award ceremony. The groups must indicate if they will attend the feedback.

FEEDBACKERS



Liisa
AHLQVIST-LEHKOSUO
(FIN)



Petrina
HUTCHINSON
(AUS)



João RODRIGUES
(POR)



Gerold OPPOLD
(GER)



WEDNESDAY-26.JULY

SCHEDULE REHEARSAL AND CONTEST

LARGE DANCE GROUPS

Name		Warm up starts	Rehearsal starts	Rehearsal ends		Warm up registration	Warm up starts	Group to holding	Group starts performance
DEN 02 - Talent Team Greve	1	10:20	11:00	11:10		15:15	15:20	15:55	16:00
USA 01 - Chattooga	2	10:30	11:10	11:20		15:22	15:27	16:02	16:07
GBR 04 - Astro Eden	3	10:40	11:20	11:30		15:29	15:34	16:09	16:14
NOR 11 - Alta Turnforening	4	10:50	11:30	11:40		15:36	15:41	16:16	16:21
GBR 03 - GR8 Gymnastics and Penketh Gymnastics	5	11:00	11:40	11:50		15:43	15:48	16:23	16:28
MAS 01 - Sabah Gymnastics	6	11:10	11:50	12:00		15:50	15:55	16:30	16:35
NOR 13 - Fredrikstad Turnforening	7	11:20	12:00	12:10		15:57	16:02	16:37	16:42
GER 04 - In Motion	8	11:30	12:10	12:20		16:04	16:09	16:44	16:49
HUN 01 - Tiszagy Tiszaújváros	9	11:40	12:20	12:30		16:11	16:16	16:51	16:56
SUI 04 - Gymnastik Vilters	10	11:50	12:30	12:40		16:18	16:23	16:58	17:03
									Break 15 min
GER 07 - Destination	11	12:00	12:40	12:50		16:40	16:45	17:20	17:25
SUI 01 - Meisti 66	12	12:10	12:50	13:00		16:47	16:52	17:27	17:32
FIN 04 - Olarin Voimistelijat (OVO Finland)	13	12:20	13:00	13:10		16:54	16:59	17:34	17:39
NOR 10 - Loddefjord IL Turn	14	12:30	13:10	13:20		17:01	17:06	17:41	17:46
GER 05 - Die Roten Hosen	15	12:40	13:20	13:30		17:08	17:13	17:48	17:53
POR 02 - GCP / Especial Raparigas	16	12:50	13:30	13:40		17:15	17:20	17:55	18:00
SUI 02 - Uni-2-Tre & Gym Center Emme	17	13:00	13:40	13:50		17:22	17:27	18:02	18:07
GBR 02 - Leeds Gymnastics Club	18	13:10	13:50	14:00		17:29	17:34	18:09	18:14
POR 05 - Gimnofrielas / Top Acro Gym	19	13:20	14:00	14:10		17:36	17:41	18:16	18:21

Medal ceremony



THURSDAY-27.JULY

SCHEDULE REHEARSAL AND CONTEST

Name		Warm up starts	Rehearsal starts	Rehearsal ends	Warm up registration	Warm up starts	Group to holding	Group starts performance
NOR 52 - Stabekk Turnforening ATP	1	07:20	08:00	08:15	15:15	15:20	15:55	16:00
GER 54 - Showturngruppe	2	07:35	08:15	08:30	15:24	15:29	16:04	16:09
NOR 51 - Rygge IL Turn	3	07:50	08:30	08:45	15:33	15:38	16:13	16:18
GER 55 - Showteam Blues Brothers	4	08:05	08:45	09:00	15:42	15:47	16:22	16:27
GER 53 - Das Blaue Wunder	5	08:20	09:00	09:15	15:51	15:56	16:31	16:36
AUS 52 - Woden Valley - Groove and Move	6	08:35	09:15	09:30	16:00	16:05	16:40	16:45
								Break 10 min
DEN 56 - Grevinderne International team no 2	7	08:50	09:30	09:45	16:19	16:24	16:59	17:04
GER 52 - New Power Generation	8	09:05	09:45	10:00	16:28	16:33	17:08	17:13
POR 51 - Instituto dos Pupilos do Exército	9	09:20	10:00	10:15	16:37	16:42	17:17	17:22
GER 56 - Jellycles	10	09:35	10:15	10:30	16:46	16:51	17:26	17:31
POR 52 - Multidesportos Clube	11	09:50	10:30	10:45	16:55	17:00	17:35	17:40
AUS 51 - Gymnastics NSW Performance Team	12	10:05	10:45	11:00	17:04	17:09	17:44	17:49

Medal ceremony

SMALL APPARATUS GROUPS

Name		Warm up starts	Rehearsal starts	Rehearsal ends	Warm up registration	Warm up starts	Group to holding	Group starts performance
SUI 51 - Swissrings	1	10:50	11:30	11:45	18:15	18:20	18:55	19:00
DEN 55 - Grevinderne International Show Team	2	11:05	11:45	12:00	18:24	18:29	19:04	19:09
SUI 52 - Turnverein Opfikon-Kloten	3	11:20	12:00	12:15	18:33	18:38	19:13	19:18
DEN 54 - LG Gymnastics Tumbling & Acrobatics Team	4	11:35	12:15	12:30	18:42	18:47	19:22	19:27
SUI 54 - SFG Chiasso-Mendrisio-Lugano	5	11:50	12:30	12:45	18:51	18:56	19:31	19:36
								Break 10 min
SUI 55 - Monthey Gym	6	12:05	12:45	13:00	19:10	19:15	19:50	19:55
AUT 51 - TS Maeder Novus	7	12:20	13:00	13:15	19:19	19:24	19:59	20:04
GER 51 - Choice Acrobatic Be Witched	8	12:35	13:15	13:30	19:28	19:33	20:08	20:13
DEN 51 - Bellinge Gymnasterne Performance Team	9	12:50	13:30	13:45	19:37	19:42	20:17	20:22
GRE 51 - Olympiada Thrakomakedonon	10	13:05	13:45	14:00	19:46	19:51	20:26	20:31
SUI 53 - Welsch Master Team	11	13:20	14:00	14:15	19:55	20:00	20:35	20:40

Medal ceremony

LARGE APPARATUS GROUPS



FRIDAY-28.JULY

SCHEDULE REHEARSAL AND CONTEST

SMALL DANCE GROUPS

Name		Warm up starts	Rehearsal starts	Rehearsal ends	Warm up registration	Warm up starts	Group to holding	Group starts performance
FIN 08 - Iisalmen Nv IINA	1	07:20	08:00	08:10	15:15	15:20	15:55	16:00
GER 03 - SCrebel Dance & Trix	2	07:30	08:10	08:20	15:22	15:27	16:02	16:07
FIN 01 - Kuopion Reippaan Voimistelijat ALIEN	3	07:40	08:20	08:30	15:29	15:34	16:09	16:14
GER 06 - Jumpinos	4	07:50	08:30	08:40	15:36	15:41	16:16	16:21
DEN 01 - LG Gymnastics Rhythmic Team	5	08:00	08:40	08:50	15:43	15:48	16:23	16:28
SUI 03 - DTV Seuzach Gym-Gruppen	6	08:10	08:50	09:00	15:50	15:55	16:30	16:35
CHN 01 - Anhui Ningguo city Kindergarten	7	08:20	09:00	09:10	15:57	16:02	16:37	16:42
JPN 01 - University of Tsukuba	8	08:30	09:10	09:20	16:04	16:09	16:44	16:49
FIN 03 - Mäntyharjun Virkistys	9	08:40	09:20	09:30	16:11	16:16	16:51	16:56
NOR 01 - Sotra Turn og IL	10	08:50	09:30	09:40	16:18	16:23	16:58	17:03
GER 08 - Burning Ropes	11	09:00	09:40	09:50	16:25	16:30	17:05	17:10
FIN 07 - Sodankylän Kisasiskot	12	09:10	09:50	10:00	16:32	16:37	17:12	17:17
								Break 15 min
GER 09 - Showteam Matrix	13	09:20	10:00	10:10	16:54	16:59	17:34	17:39
SVK 01 - Diamond Kosice	14	09:30	10:10	10:20	17:01	17:06	17:41	17:46
IRL 02 - Finesse Gymnastics Club	15	09:40	10:20	10:30	17:08	17:13	17:48	17:53
NOR 07 - Bardufoss Gym og Turn	16	09:50	10:30	10:40	17:15	17:20	17:55	18:00
IRL 01 - Clondalkin Gymnastics Club	17	10:00	10:40	10:50	17:22	17:27	18:02	18:07
FIN 05 - Riihimäen Voimistelu ja Liikunta	18	10:10	10:50	11:00	17:29	17:34	18:09	18:14
AUT 01 - TheFREAKS Acrobatics-Showteam	19	10:20	11:00	11:10	17:36	17:41	18:16	18:21
GER 01 - Goldie's	20	10:30	11:10	11:20	17:43	17:48	18:23	18:28
MAS 02 - Kinetic Dance Academy	21	10:40	11:20	11:30	17:50	17:55	18:30	18:35
GRE 01 - Titanas	22	10:50	11:30	11:40	17:57	18:02	18:37	18:42
NOR 06 - Kristiansunds Turnforening	23	11:00	11:40	11:50	18:04	18:09	18:44	18:49
GER 02 - Fliegende Homberger	24	11:10	11:50	12:00	18:11	18:16	18:51	18:56
								Break 15 min
POR 06 - Elastinas / SCP	25	11:20	12:00	12:10	18:33	18:38	19:13	19:18
AUS 01 - Woden Valley Performance Team	26	11:30	12:10	12:20	18:40	18:45	19:20	19:25
POR 04 - GCP / Mimanu	27	11:40	12:20	12:30	18:47	18:52	19:27	19:32
NOR 05 - Hasvik IL Turn	28	11:50	12:30	12:40	18:54	18:59	19:34	19:39
POR 01 - CAAB / BelémGym	29	12:00	12:40	12:50	19:01	19:06	19:41	19:46
FIN 06 - Sirkus Keikaus	30	12:10	12:50	13:00	19:08	19:13	19:48	19:53
CHN 02 - Shimen experimental elementary school	31	12:20	13:00	13:10	19:15	19:20	19:55	20:00
POR 03 - GCP / Mãe D'Água	32	12:30	13:10	13:20	19:22	19:27	20:02	20:07
RUS 01 - SKIF	33	12:40	13:20	13:30	19:29	19:34	20:09	20:14
POR 07 - SCP / ReDance	34	12:50	13:30	13:40	19:36	19:41	20:16	20:21
NOR 02 - Finnsnes IL Turn Ungdomstroppen	35	13:00	13:40	13:50	19:43	19:48	20:23	20:28
								Break 15 min
RSA 01 - Creation	36	13:10	13:50	14:00	20:05	20:10	20:45	20:50
NOR 08 - Ski IL Turn	37	13:20	14:00	14:10	20:12	20:17	20:52	20:57
GBR 01 - Trix Academy	38	13:30	14:10	14:20	20:19	20:24	20:59	21:04
NOR 14 - Sarpsborg Turnforening	39	13:40	14:20	14:30	20:26	20:31	21:06	21:11
AZB 01 - Azerbaijan	40	13:50	14:30	14:40	20:33	20:38	21:13	21:18
NOR 09 - Stabekk Turnforening Stars	41	14:00	14:40	14:50	20:40	20:45	21:20	21:25
ITA 01 - La Trottola	42	14:10	14:50	15:00	20:47	20:52	21:27	21:32
NOR 03 - Finnsnes IL Turn Damepatruljen	43	14:20	15:00	15:10	20:54	20:59	21:34	21:39
ZIM 01 - Zimgym	44	14:30	15:10	15:20	21:01	21:06	21:41	21:46
NOR 04 - Sem Turn Golden Ladies	45	14:40	15:20	15:30	21:08	21:13	21:48	21:53
ITA 02 - Kodokan Ginnastica	46	14:50	15:30	15:40	21:15	21:20	21:55	22:00

Medal ceremony



SCHEDULE SHOW PERFORMANCES

Tønsberg 27.July Thursday	Show performance time	Code	Name of the group	Title of the show
	12:00	FIN 01	Kuopion Reippaan Voimistelijat ALIEN	Crazy Choir
	12:07	NOR 01	Sotra Turn og IL	Dancing with dragons
	12:14	AUS 01	Woden Valley Performance Team	Remember When
	12:21	FIN 03	Mäntyharjun Virkistys	Destiny of Greed
	12:28	NOR 08	Ski IL Turn	flower power
	12:35	GER 08	Burning Ropes	Piano
	12:42	POR 03	GCP / Mãe D'Água	Torn
	12:49	FIN 07	Sodankylän Kisasiskot	Women on Stage
	12:56	POR 06	Elastinas / SCP	Burlesque
	13:03	SVK 01	Diamond Kosice	Viva Espana
	13:10	NOR 02	Finnsnes IL Turn Ungdomstroppen	Norwegian Indians
	13:24	GER 09	Olympiada Thrakomakedonon	The wolves and the moon

Sandefjord 27.July Thursday	Show performance time	Code	Name of the group	Title of the show
	12:00	GER 09	Showteam Matrix	Gravity
	12:07	GER 01	Goldie's	Obsession
	12:14	AUT 01	The freaks Acrobatics - Showteam	Collapsing World
	12:21	DEN 01	LG Gymnastics Rhythmic Team	Unstoppable
	12:28	FIN 06	Sirkus Keikaus	Mulan
	12:35	GBR 01	Trix Academy	Creepy Carnival
	12:42	GER 03	SCrebel Dance & Trix	Bonds
	12:49	IRL 02	Finesse Gymnastics Club	
	12:56	MAS 02	Kinetic Dance Academy	Guardians of the sea
	13:03	NOR 09	Stabekk Turnforening Stars	Rings in Harmony
	13:10	POR 04	GCP / Mimanu	ABBA
	13:17	POR 07	SCP / ReDance	Love Wave
	13:24	FIN 08	Iisalmen Nv IINA	Sparkle in the waves
	13:31	GER 02	Fliegende Hombberger	Aykashi
	13:38	GBR 04	Astro Eden	This Moment
	13:45	USA 01	Chattooga	Dance!
	13:52	GER 05	Die Roten Hosen	Escape! - Follow your dreams
	13:59	NOR 10	Loddefjord IL Turn	
	14:06	SUI 04	Gymnastik Vilters	Welcome to the circus
	14:13	GBR 02	Leeds Gymnastics Club	Cosmic Love
	14:20	HUN 01	Tiszagym Tiszaújváros	Pulse of Dance
	14:27	MAS 01	Sabah Gymnastics	Kaleidoscope of Borneo

Sandefjord 28.July Friday	Show performance time	Code	Name of the group	Title of the show
	12:00	AUS 51	Gymnastics NSW Performance Team	Dance with us
	12:09	DEN 56	Grevinderne international team no 2	A littel party from Denmark
	12:28	GER 53	Das blaue Wunder	Stixx
	12:37	AUS 52	Woden Valley - Groove and Move	When I Grow Up
	12:46	POR 51	Instituto dos Pupilos do Exército	We Love Gymnastics
	12:55	NOR 13	Fredrikstad Turnforening	Stop bulling
	13:02	GER 54	Showturngruppe	Feuerwehr / Firefighter
	13:11	GBR 03	GR8 Gymnastics and Penketh Gymnastics	Peter Pan
	13:18	AUT 51	TS Maeder Novus	Avatar
	13:27	DEN 02	Talent Team Greve	Rythm of Denmark
	13:34	GER 55	Showteam Blues Brothers	Quantum Crescendo
	13:43	POR 02	GCP / Especial Raparigas	Time for Gymnastics
	13:50	DEN 51	Bellinge Gymnasterne Performance Team	Where's Wally?
	13:59	GER 56	Jellycles	Under the Spell of Darkness
	14:08	FIN 04	OVO Finland	Olarin Voimistelijat
	14:15	SUI 02	Uni-2-Tre & Gym Center Emme	Conductor losing control
	14:22	DEN 54	LG Gymnastics Tumbling & Acrobatics Te	Cursed love
	14:31	POR 52	Multidesportos Clube	For Norway
	14:40	GER 04	Crashtest Dummies	In Motion
	14:47	DEN 55	Grevinderne International Show Team	Serenity
	15:06	GRE 51	Olympiada Thrakomakedonon	The wolves and the moon

SHOW PERFORMANCES VENUES

Tønsberg

Tønsberg is the oldest town in Norway. From the Vikings of old times to the tourists of today, people have always flocked to Tønsberg.



Show performance in Tønsberg*

THURSDAY
12:00-13:30

Tollboden
Adress: Nedre Langgate 38, Tønsberg

*the show performance will be moved to Sandefjord if rain. Information will come.

Sandefjord

Sandefjord is a bustling, growing community that is attracting more new visitors, residents and businesses every year.



Show performance in Sandefjord

THURSDAY
12:00-14:30

FRIDAY:
12:00-15:00

Badeparken Sandefjord
Adress: Jernbanealleen 11, Sandefjord

NORWEGIAN WELCOME EVENING

Rhythm of the Waves

Date: Wednesday 26.07 – 20:00

Venue: Oslofjord Convention Center

The Norwegian Welcome Evening is put together by creative director and choreographer Gry Fredriksen. In this show we will see a wide range of Norwegian gymnastics in a journey through Norway's four seasons.

We follow four main characters, sailing with a viking ship over the waves, looking for the rhythm. We'll get a glimpse of Norwegian nature and culture, while we'll have encounters with trolls, wintersport, folk dancers and even experience the national day celebration.

The gymnasts (200) are accompanied with animations by the award

winning animation artist Sverre Fredriksen. All artwork is made by hand and photographed frame by frame, known as the traditional stop-motion technique.

All music and sound is made by renowned music producer Petter Anthon Næss.

The choreographer has tailored this show with her creative crew and with the help of coaches and gymnasts of all ages from all over Norway with one wish: to give the participants and audience a nice experience and great welcome to Norway and the event King Harald's World Gym for Life Challenge 2017.

Let's join the journey on the waves and find the rhythm together!

Participants

Finnsnes Turn Ungdomstropp

Camilla Karolius

Sotra Turn

Marit Hagen Halvorsen

STAG

Lars Gunnar Risa

Stokke Turn, SEM Turn

Wenche Havnås

Fredrikstad

Turnforening

Vivi Ann Evensen

Bardufoss Gym og Turn

Lise Nytrøen

National Team

Artistic Gymnastic Pietro and Odin

Gabriel Negru

Holmestrand IF RG

Anita Rygh

Tunsberg Leikarring

Brit Lønmo

Kongsberg Turn Team Kangaroos

Morten Karlsen

Finnsnes Turn Damepatruljen

Heidi Dahl Gundersen and Siv Olsen



Opening Ceremony of King Harald`s World Gym for Life Challenge 2017

Date: 26.07.17

Venue: Oslofjord Convention Center

Time: 15.30 -16.00

Doors close at 15:10

Join us for the Opening Ceremony of King Harald`s World Gym for Life Challenge 2017, and contest day for large groups gymnastics and dance.

We are very honored that His Majesty King Harald V of Norway will attend the Opening Ceremony. Due to that it's very important that all participants are seated at 15:10. The doors will close, and nobody will be allowed to enter after this time.



KING HARALD`S WGFLC - GALA

Who will get the 3rd World Gym for Life Challenge trophy?

Date: 29.07.17

Venue: Oslofjord Convention Center

Time: 18.00

14 groups will be awarded Gold medals during the Contest. These groups together with 2 wild card groups will perform in the Gala Evening. The wild card groups will be informed by the LOC 28.07. after the medal ceremony of the last contest category.

These 16 groups will be required to attend the Gala rehearsal 29.07. from 14.00-17.00. The Gala choreographer will provide each group leader with the schedule of the performances. During the Gala all performances are evaluated and the winning group is awarded the

Bruno Grandi Trophy.

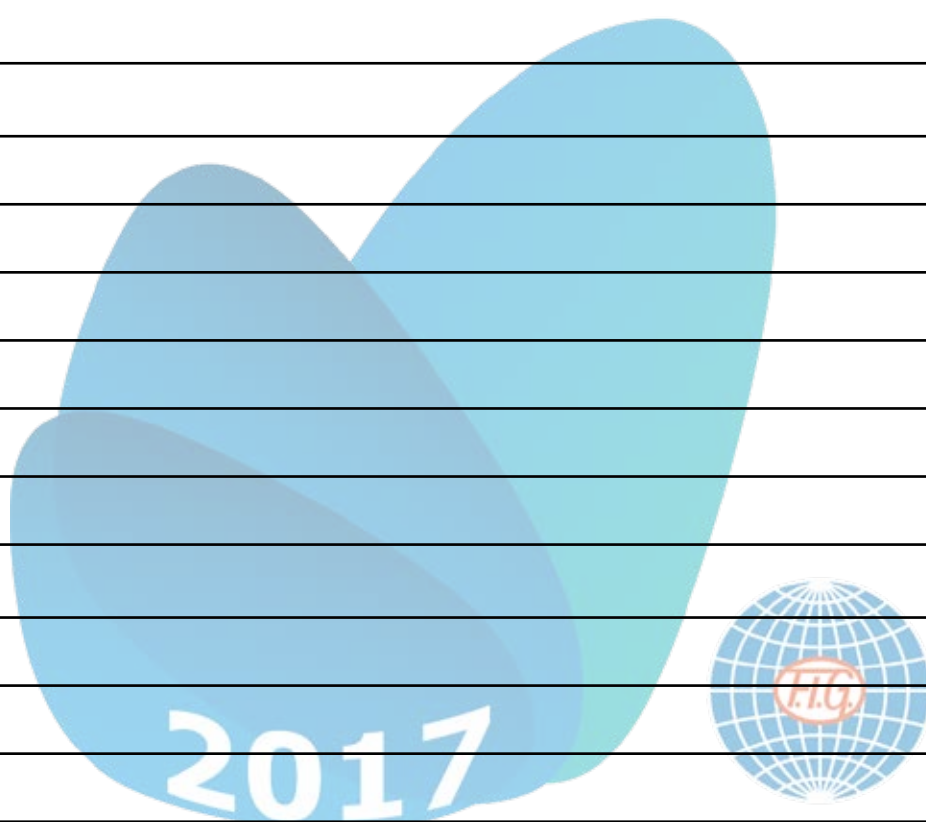
In 2009, the premiere edition of the World Gym for Life Challenge was held in Dornbirn (AUT). The event brought together 1541 participants, 78 clubs and 27 federations. GC Piruett of Tallinn (EST) was crowned the first ever World Champion Club.

In 2013, South Africa were host of 2nd World Gym for Life Challenge. 1429 participants, 71 clubs and 20 countries. TS Goetzis Zurcaroh from Austria (AUT) got the Bruno Grandi Trophy.

WGFL2017 PARTNERS



WORLD GYM FOR LIFE NOTES..



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3rd World Gym for Life
Challenge
26 - 30 July 2017
Vestfold - Norway