

TRAINING SCHEDULE

Monday, 06 November 2017

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 1		
09.15	10.00	Group 2	Group 1	Group 6
10.00	10.45	Group 3	Group 2	Group 7
10.45	11.30	Group 4	Group 3	Group 8
11.30	12.15	Group 5	Group 4	Group 9
12.15	13.00	Group 6	Group 5	Group 10
13.00	13.45	Group 7	Group 6	Group 11
13.45	14.30	Group 8	Group 7	Group 12
14.30	15.15	Group 9	Group 8	Group 13
15.15	16.00	Group 10	Group 9	Group 14
16.00	16.45	Group 11	Group 10	Group 15
16.45	17.30	Group 12	Group 11	Group 1
17.30	18.15	Group 13	Group 12	Group 2
18.15	19.00	Group 14	Group 13	Group 3
19.00	19.45	Group 15	Group 14	Group 4
19.45	20.30		Group 15	Group 5

TUM Tumbling				
Time		Warm up area	Competition Hall	
10.00	10.45	Group 1		
10.45	11.30	Group 2	Group 1	
11.30	12.15	Group 3	Group 2	
12.15	13.00	Group 4	Group 3	
13.00	13.45	Group 5	Group 4	
13.45	14.30	Group 6	Group 5	
14.30	15.15	Group 7	Group 6	
15.15	16.00	Group 8	Group 7	
16.00	16.45	Group 9	Group 8	
16.45	17.30	Group 10	Group 9	
17.30	18.15		Group 10	

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 1		Open Training
11.30	12.15	Group 2	Group 1	
12.15	13.00	Group 3	Group 2	
13.00	13.45	Group 4	Group 3	
13.45	14.30	Group 5	Group 4	
14.30	15.15	Group 6	Group 5	
15.15	16.00	Group 7	Group 6	
16.00	16.45	Group 8	Group 7	
16.45	17.30	Group 9	Group 8	
17.30	18.15		Group 9	

Appendix 6b

TRAINING SCHEDULE

Tuesday, 07 November 2017

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 6		Group 12
09.15	10.00	Group 7	Group 6	Group 13
10.00	10.45	Group 8	Group 7	Group 14
10.45	11.30	Group 9	Group 8	Group 15
11.30	12.15	Group 10	Group 9	Group 1
12.15	13.00	Group 11	Group 10	Group 2
13.00	13.45	Group 12	Group 11	Group 3
13.45	14.30	Group 13	Group 12	Group 4
14.30	15.15	Group 14	Group 13	Group 5
15.15	16.00	Group 15	Group 14	Group 6
16.00	16.45	Group 1	Group 15	Group 7
16.45	17.30	Group 2	Group 1	Group 8
17.30	18.15	Group 3	Group 2	Group 9
18.15	19.00	Group 4	Group 3	Group 10
19.00	19.45	Group 5	Group 4	Group 11
19.45	20.30		Group 5	

TUM Tumbling			
Time		Warm up area	Competition Hall
09.00	10.00	Group 4	
10.00	11.00	Group 5	Group 4
11.00	12.00	Group 6	Group 5
12.00	13.00	Group 7	Group 6
13.00	14.00	Group 8	Group 7
14.00	15.00	Group 9	Group 8
15.00	16.00	Group 10	Group 9
16.00	17.00	Group 1	Group 10
17.00	18.00	Group 2	Group 1
18.00	19.00	Group 3	Group 2
19.00	20.00		Group 3

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 4		Open Training
11.30	12.15	Group 5	Group 4	
12.15	13.00	Group 6	Group 5	
13.00	13.45	Group 7	Group 6	
13.45	14.30	Group 8	Group 7	
14.30	15.15	Group 9	Group 8	
15.15	16.00	Group 1	Group 9	
16.00	16.45	Group 2	Group 1	
16.45	17.30	Group 3	Group 2	
17.30	18.15		Group 3	

Appendix 6b

TRAINING SCHEDULE

Wednesday, 08 November 2017

TRA Trampoline				
Time		Warm up area	Competition Hall	Training Hall
08.30	09.15	Group 12		Group 1
09.15	10.00	Group 13	Group 12	Group 2
10.00	10.45	Group 14	Group 13	Group 3
10.45	11.30	Group 15	Group 14	Group 4
11.30	12.15	Group 1	Group 15	Group 5
12.15	13.00	Group 2	Group 1	Group 6
13.00	13.45	Group 3	Group 2	Group 7
13.45	14.30	Group 4	Group 3	Group 8
14.30	15.15	Group 5	Group 4	Group 9
15.15	16.00	Group 6	Group 5	Group 10
16.00	16.45	Group 7	Group 6	Group 11
16.45	17.30	Group 8	Group 7	Group 12
17.30	18.15	Group 9	Group 8	Group 13
18.15	19.00	Group 10	Group 9	Group 14
19.00	19.45	Group 11	Group 10	Group 15
19.45	20.30		Group 10	

TUM Tumbling				
Time		Warm up area	Competition Hall	
10.00	10.45	Group 7		
10.45	11.30	Group 8	Group 7	
11.30	12.15	Group 9	Group 8	
12.15	13.00	Group 10	Group 9	
13.00	13.45	Group 1	Group 10	
13.45	14.30	Group 2	Group 1	
14.30	15.15	Group 3	Group 2	
15.15	16.00	Group 4	Group 3	
16.00	16.45	Group 5	Group 4	
16.45	17.30	Group 6	Group 5	
17.30	18.15		Group 6	

DMT Double Mini-Trampoline				
Time		Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 7		Open Training
11.30	12.15	Group 8	Group 7	
12.15	13.00	Group 9	Group 8	
13.00	13.45	Group 1	Group 9	
13.45	14.30	Group 2	Group 1	
14.30	15.15	Group 3	Group 2	
15.15	16.00	Group 4	Group 3	
16.00	16.45	Group 5	Group 4	
16.45	17.30	Group 6	Group 5	
17.30	18.15		Group 6	

Appendix 6b

TRAINING SCHEDULE

Thursday, 09 November 2017

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMPETITION	Training as per competition schedule

TUM Tumbling			
Time	Warm up area	Competition Hall	
	Warm-up as per competition schedule	COMPETITION	

DMT Double Mini-Trampoline				
Time	Warm up area	Competition Hall	Training Hall	
09.15	10.00			Group 1
10.00	10.45	Group 1		Group 2
10.45	11.30	Group 2		Group 3
11.30	12.15	Group 3		Group 4
12.15	13.00	Group 4		Group 5
13.00	13.45	Group 5		Group 6
13.45	14.30	Group 6		Group 7
14.30	15.15	Group 7		Group 8
15.15	16.00	Group 8		Group 9
16.00	16.45	Group 9		

Appendix 6b