



**10th INTERNATIONAL "LOULÉ CUP" COMPETITION  
INDIVIDUAL TRAMPOLINE, DOUBLE MINI  
TRAMPOLINE and TUMBLING  
(Individual ant Teams)  
JUNIOR and SENIOR  
29th to 31th October 2015**



**DIRECTIVES  
TRAMPOLINE, DOUBLE MINI-TRAMPOLINE AND TUMBLING**

**Event ID: 13469**

**Updated info in yellow 24/06/2015**

Dear FIG Affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the **Portuguese Gymnastics Federation** has the pleasure to invite your Federation to participate in the aforementioned official FIG International event.

Please find herein below the Invitation letter and the directives:

<b>DISCIPLINE</b>	Trampoline Gymnastics Tumbling
<b>HOST FEDERATION</b>	Federação de Ginástica de Portugal Estrada da Luz nº30A 1600-159 Lisboa / Portugal Tel: +351 21 814 1145 Fax:+351 21 814 2950 e-mail: <a href="mailto:gympor@gympor.com">gympor@gympor.com</a> website: <a href="http://www.gympor.com">www.gympor.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	APAGL - Loulé Cup Apartº 264 8100 – 999 Loulé Portugal Name: Mónica Mexia Mobile: +351 917731207, +351 967957337 / +351 965625455 Fax.: +351 289 412422 E-mail: <a href="mailto:apaginasticaloule@gmail.com">apaginasticaloule@gmail.com</a> Website: <a href="http://www.apagl.pt">www.apagl.pt</a>
<b>LOCATION</b>	City of Loulé – Algarve – Portugal in the Loulé Municipal Sport Centre.
<b>DATE</b>	29 <sup>th</sup> and 31 <sup>th</sup> October 2015
<b>VENUE</b>	Loulé Municipal Sports Hall Ap 264 8100 Loulé / Portugal Tel: +351 289 412 422 Fax: +351 289 412 422 e-mail: <a href="mailto:apaginasticaloule@gmail.com">apaginasticaloule@gmail.com</a> website: <a href="http://www.apagl.pt">www.apagl.pt</a>
<b>APPARATUS SUPPLIED</b>	Competition: Trampoline - Ultimate 4x4 (Eurotramp 03150, Fig certified) - Safety tables and safety mats (Eurotramp 27300 + 28000, Fig certified) Tumbling - Acrosport Tumbling Track AS 612  ToF/Synchro device: Acrosport TMD (Time Measurement Device) AS-1

<b>PROVISIONAL SCHEDULE</b>	<p><u>Wednesday, 28th October</u> All Day – Arrival of Delegations. Free training – time to be defined</p> <p><u>Thursday, 29th October</u> Free Training Handing of competition cards Head of Delegation Meeting TR, DMT and TU Judges Meeting Qualifying Rounds – TRI/DMT/TU</p> <p><u>Friday, 30th October</u> Qualifying Rounds – TRI/DMT/TU Finals Teams - DMT</p> <p><u>Saturday 31th October</u> Finals – TRI/DMT/TU Closing Ceremony 21h30 – Banquet and Final Party</p> <p><u>Sunday, 1st November</u> All day – Departure of Delegations</p>
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, with the exceptions foreseen in the present regulation.</p> <ul style="list-style-type: none"> <li>◆ Statutes</li> <li>◆ Technical Regulations</li> <li>◆ Code of Points and relevant Newsletters</li> <li>◆ General Judges' Rules</li> <li>◆ Specific Judges' Rules</li> <li>◆ Doping Control Rules</li> <li>◆ Licence Rules</li> <li>◆ Media Rules</li> <li>◆ Apparatus Norms</li> <li>◆ FIG Rules for Sanctioning (approval) of International Events</li> <li>◆ Advertising and Publicity Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>
<b>FEDERATIONS INVITED</b>	<p>The “Loulé Cup” is a International event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.</p>
<b>AGE LIMITS</b>	<p>Individual Trampoline * Double Mini Trampoline * Tumbling</p> <p>Junior - 1998 – 2002 Senior: born in 1998 and before.</p> <p><b>With valid FIG licence</b></p>
<b>ENTRY FEES</b>	<p>The cost for the entry fee is € 20 (twenty euros) per gymnast per class.</p> <p><b>Entries will be considered on a first come first served basis.</b></p> <p><b>Entry (Use ON-Line entry or Forms on <a href="http://www.apagl.pt">www.apagl.pt</a>)</b></p>
<b>EVENT FORMAT</b>	<b>PARTICIPANTS</b>

The "Loulé Cup" is a International event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.

Each gymnast can only participate in one group in each of the classes.

### **FINALS – Individual**

The competitors with 8 (eight) best totals of the two executed routines in the qualifying rounds in the different classes, will participate in the final. In the case of less than 8 competitors, all of them will go to the finals. No competitor will go through to the final with a total score from the qualifications of zero. **The points obtained in the qualifying round will be added to the points of the final routine.** The tie-break rules do not apply.

### **FINALS - Team**

#### **Trampoline**

Winner: The top 3 result from all Categories (Junior and Senior) in Individual Competition from the Qualifying round will be added together to get a total score. **There are no team final.** tie-break rules do not apply.

#### **Double Mini-Trampoline**

**The selected competitors for each team should be indicated at the nominative registration or until the 28th of October. Everyone that does not have a team and would like to participate can register their name and category for a draw or to be contacted by another team. A database online will be created.**

During the course of the individual DMT competition (Junior and Senior) the following will be considered, for selection for the team finals, the three best individual scores (F1+F2), from each team will be added and the 5 (five) teams with the highest scores will qualify for the finals.

Each team is obliged to present four gymnasts to participate in the final competition. Each gymnast will execute one optional series. In the finals all teams will start with 0 (zero) points. The final classification for the team competition will be the sum of the three best scores. Tie-breaking rules as per FIG in valid Code of Points... Tie-breaking rules as per FIG in valid Code of Points

#### **Difficulty limits**

##### **Individual Trampoline**

Junior (Male/Female) – in accordance with FIG B – as per FIG in valid Code of Points  
"Open" (Male / Female) – in accordance with FIG A – as per FIG in valid Code of Points

##### **Double Mini Trampoline**

Junior and Senior - One skill must have at least 360° of somersault rotation

##### **Tumbling**

Junior - No twisting or salt pass. The last element of all the routines must end with a 360° somersault with or without twist

### **INSURANCE**

The Host Federation, the Local Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations (Section 1, Article 12.10) foresee that all participating

	<p>Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the Members of their Delegation.</p> <p>The Local Organizing Committee will verify the insurance upon arrival of the Delegation Members (e.g. cover note or photocopy of the valid policy). Delegation Members with insufficient insurance cover must inform the Local Organizing Committee in advance.</p>												
<p><b>ACCREDITATION</b></p>	<p>Delegation accreditation will take place upon arrival. For accreditation, Heads of the Delegations are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>• Passports of all members of the delegation;</li> <li>• Proof of total payments;</li> <li>• Proof of medical insurances;</li> </ul> <p>All financial obligations must be fulfilled before arrival or during the accreditation. Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the tournament.</p> <p><b>NOTE:</b> <i>The Organizing Committee will be responsible for checking the validity of the gymnast' Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.</i></p>												
<p><b>JUDGES AND JURIES</b></p>	<p>It is compulsory that the participating Delegations bring one (one) judge with <b>FIG judges brevet</b> for every 8 competitors (2-8 = 1 Judge, 9-16 = 2 Judges, 17-24 = 3 Judges, 25 or more = 4 Judges. The Clubs, Associations or Federations that don't oblige by the established rules relating to the disposability of judges will be penalized with the payment of 300 Euros (Three Hundred Euros) for each missing judge. The non-payment of the penalization will implicate the non-participation in the event of the respective competitors. All the judges indicated by the respective Clubs, Associations and Federations to the organization, will have to be present at the respective judges meetings.</p> <p><b>Note:</b> Transport, accommodation and meals of the judges of each delegation are of the respective delegations responsibility.</p> <p><b>All judges must have a current valid FIG brevet at the time of the event.</b></p>												
<p><b>PRIZE MONEY</b></p>	<p>The Organisers established monetary prizes for the first three qualified in the Individual Senior (male and female) competition in TRI and DMT, in the total of de 2.400,00 €.</p> <p>The Organisers established monetary prizes for the first three qualified in the Team event Senior (male and female) competition in DMT, in the total of de 1.800,00 €.</p> <p>The 1st, 2nd and 3rd classified in each individual class and Team event will receive a medal. All the competitors will receive a Participation Certificate.</p> <p>In the <b>Senior class</b> (male and female) <u>Individual Trampoline</u> and <u>Double Mini Trampoline</u> the 1st, 2nd and 3rd classified will receive the following monetary prizes:</p> <table border="1" data-bbox="691 1675 1509 1850"> <thead> <tr> <th>INDIVIDUAL</th> <th>TRI</th> <th>DMT</th> </tr> </thead> <tbody> <tr> <td>1st Classified</td> <td>€ 350</td> <td>€ 350</td> </tr> <tr> <td>2nd Classified</td> <td>€ 150</td> <td>€ 150</td> </tr> <tr> <td>3rd Classified</td> <td>€ 100</td> <td>€ 100</td> </tr> </tbody> </table> <p>The monetary prize will only be attributed to each class/category if there are at least 4 effective participants in the competition.</p> <p>In the <b>Team event Senior</b> (male and female) in <u>Double Mini Trampoline</u> the 1st, 2nd</p>	INDIVIDUAL	TRI	DMT	1st Classified	€ 350	€ 350	2nd Classified	€ 150	€ 150	3rd Classified	€ 100	€ 100
INDIVIDUAL	TRI	DMT											
1st Classified	€ 350	€ 350											
2nd Classified	€ 150	€ 150											
3rd Classified	€ 100	€ 100											

and 3rd team classified will receive the following monetary prizes:

TEAM	DMT
1st Classified	€ 450
2nd Classified	€ 300
3rd Classified	€ 150

The monetary prize will only be attributed to each class/category if there are at least 4 team effective participants in the competition.

#### BANK ACCOUNT INFORMATION

All payments must be made in euros, through bank transfer to the following account:

Account Name: APAGL  
 Bank: Caixa Geral de Depósitos  
 Agency: Loulé  
 IBAN: PT50003503990006694573010  
 Swift code: CGDIPTPL  
 Reference: Loulé Cup 2015

#### Important Notes:

1. All fees relating to the bank transfers are of the responsibility of the participating delegations.
2. Until payment is made entries will be considered as provisional, including accommodation and meals
3. Proof of payment must be sent with the respective identification to:  
[apaginasticaloule@gmail.com](mailto:apaginasticaloule@gmail.com)

#### DEADLINES

Provisional Registration (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> ) All Delegations that send their Provisional Registration (Declarations of Interest) until the defined date will get a 10% discount on the entries.	28 <sup>TH</sup> of May of 2015
Definitive Registration (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> )	1 <sup>st</sup> of August of 2015
Nominative Registration (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> )	8 <sup>th</sup> of September of 2015
Accommodation Form (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> )	1 <sup>st</sup> of August of 2015
Travel Schedule Form (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> )	8 <sup>th</sup> of September of 2015
Meals Form (On-line, <a href="http://www.apagl.pt">www.apagl.pt</a> )	9 <sup>th</sup> of September of 2015
Payment of the Entry Fee	1 <sup>st</sup> of August of 2015
Payment of the Accommodation Costs	Definitive entries will only be accepted with payment of: 100% of the amount of the entries (amount not refund); Penalty for not having a Judge if that is the case (amount refunded until the 8th

		<p>September) and 50% of the amount of the accommodation/meals, when requested.</p> <p>The remaining 50% of the accommodation costs must be paid by 18th September or <i>to be paid upon Accreditation in Cash (euros)</i>.</p> <p>Cancellation of accommodation between 1st August and 18th September 2015, will be subject to a charge of 50€ per person.</p> <p>Cancellation of accommodation between 18th September 2015 and arrival are not refundable.</p>
<b>VISA</b>	<p>Should any delegation require a Special Declaration/Invitation in order to obtain Visas for entry in Portugal, send information by e-mail (<a href="mailto:apaginasticaloule@gmail.com">apaginasticaloule@gmail.com</a>) as soon as possible, the list with the complete names of all the elements of the delegation, dates of birth and respective numbers and validity of passports.</p>	
<b>WORK PLAN</b>	<p>Detailed information about the competition will be sent to participating delegations at the beginning of October.</p>	
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The members of the invited participating must pay for their international transportation.</p>	
<b>ACCOMMODATION, MEALS and LOCAL TRANSPORTATION</b>	<p>The Organisers will arrange at a determined fee, accommodation and meals from the 28th October to 21th October, see <b>On-line Entry</b>, <a href="http://www.apagl.pt">www.apagl.pt</a></p> <p><b>The costs is per person/night and includes (Package):</b></p> <ul style="list-style-type: none"> <li>- Room</li> <li>- Breakfast (Hotel) + lunch + dinner</li> <li>- Banquet</li> <li>- Transportation from either Faro Airport or Loulé Railway station to the competition venue or hotel and back</li> <li>- Transportation from the hotel to the competition venue and back.</li> </ul> <p><b>A - Hotel ****</b>  The costs in this hotel are as follows (the costs is per person/night):  €100 (single room)  €80 (double room)</p> <p><b>B - Hotel ***</b>  The costs in this hotel are as follows (the costs is per person/night):  €80 (single room)  €50 (double room)</p> <p><b>C - Low Cost Hotel</b>  The costs in this low cost hotel are as follows (the costs is per person/night):  €45 (single room)  €37,5 (double, Triple or Quadruple room)</p> <p>The hotel rooms will be allocated on a “first come, first serve” basis.  At the time of the <b>Definitive registration</b> (1, August 2015) 50% of the accommodation</p>	

	costs must be paid to the OC. The remaining 50% of the accommodation costs must be paid by 18th September or to be paid upon Accreditation in Cash (euros).
<b>ONLY MEALS</b> (from 4th September to 7th September)	Cost of each meal per person (Lunch and Dinner) – 10 euros Cost of each meal per person acquired on accreditation (Lunch and Dinner) – 12 euros Cost of banquet and final party per person – 20 euros Cost of banquet and final party acquired on accreditation - 35 euros
<b>CANCELLATION POLICY</b>	Definitive entries will only be accepted with payment of: 100% of the amount of the entries (amount not refund); Penalty for not having a Judge if that is the case (amount refunded until the 8th September) and 50% of the amount of the accommodation/meals, when requested; The remaining 50% of the accommodation costs must be paid by 18th September or <i>to be paid upon Accreditation in Cash (euros)</i> ; Cancellation of accommodation between 1st August and 18th September 2015, will be subject to a charge of 50€ per person. Cancellation of accommodation between 18th September 2015 and arrival are not refundable.
<b>MARKETING</b>	FIG advertising and publicity norms must be respected.
<b>SOCIAL MEDIA</b>	<b>Home-page</b> At our home page you will get updated information about the competition – <a href="http://www.apagl.pt">www.apagl.pt</a>
<b>MEDICAL SERVICES</b>	The Organizing Committee will provide a first aid medical service and emergency medical transportation in the competition / training area during the whole competition.
<b>SERVICES</b>	For additional services (special transfers, extra days accommodation etc) kindly do not hesitate to contact us.

Sincerely Yours,

Place and date:

Lisbon, 24<sup>th</sup> June 2015



Signature of the President or  
Secretary General of the FIG affiliated NF