



Rhythmic Gymnastics
International Tournament
TROPHY of ARAD

19 to 21 of October 2018



CSM Arad National Club of Romania has the pleasure to invite your Clubs and/or Federation to participate in the aforementioned International Event.

LOCAL ORGANIZING COMMITTEE

CSM Arad

Adress:	Street. Lucian Blaga, No. 20, CP 310023, Romania, Arad
Contact person:	Daniela Chiriac , Stefania Chiriac , Tatiana Novikova
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Location – Romania, Arad

Venue – Polyvalenta Hall of Arad

Adress – Alea Calimanesti, Arad, Romania

Venue Capacity – 1500 seats

The Competition, Trainig and Warm-up seats are at the same venue

APPARATUS SUPPLIER – Gymnova floor



RULES AND REGULATIONS

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Doping Control Rules

JUDGES AND JURIES

Each National Club must provide 1 judge with national or FIG Brevet.

REGISTRATION DEADLINES

Provisional Registration	19 of July 2018
Definitive Registration	19 of August 2018
Nominative Registration	19 of September 2018

ENTRY FEES

The non-reimbursable cost for the **Entry Fee**:

- **25 €** per Individual Gymnasts
- **10 €** per gymnast - Group/Trio

ACCREDITATION	<p>Accreditation will take place upon arrival or at the Technical Meeting. Heads of delegation should present the following documents:</p> <ul style="list-style-type: none"> - Passports of all members of the delegation. - Proof of medical insurance. - 2 CD with music per each routine.
COMPETITION LEADERSHIP	<p>COMPETITION DIRECTOR – Daniela CHIRIAC TECHNICAL DELEGATE – Stefania CHIRIAC</p>
PRELIMINARY SCHEDULE	<p>FRIDAY, 19 of October:</p> <ul style="list-style-type: none"> - Arrival of the delegation - Podium Training - Technical Meeting <p>SATURDAY, 20 of October:</p> <ul style="list-style-type: none"> - Competition <p>SUNDAY, 21 of October:</p> <ul style="list-style-type: none"> - Competition <p>MONDAY, 22 of October:</p> <ul style="list-style-type: none"> - Departure
SOCIAL MEDIA	<p>Facebook Official Event –</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the International travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 19 of September, 2018.</p>

ACCOMMODATION

HOTEL CRISANA ARAD***



The costs per person/night (including half board – breakfast and dinner) are as follows:

- double room – 60 € per night (30 € per person)
- triple room – 90 € per night (30 € per person)

The prices charged for the hotel rooms cannot exceed the usual hotel rates. Half board are included to the cost of accommodation. The invited participating clubs/federations must pay for the accommodation expenses of their delegation members. While the Accommodation Form must be returned to the **LOC by September 1st, 2018** as the latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

TECHNICAL PROGRAM – INDIVIDUAL EXERCISES

CATEGORY	Level A	Level B	Level B LIGHT
SENIORS	<p style="text-align: center;"><i>Year of Birth - 2002 and Older</i> 4 apparatus FIG program (2017-2020)</p>	<p style="text-align: center;"><i>Year of Birth - 2002 and Older</i> 2 apparatus</p>	<p style="text-align: center;"><i>Year of Birth - 2002 and Older</i> 1 apparatus by choice</p>
JUNIORS	<p style="text-align: center;"><i>Year of Birth - 2003, 2004, 2005</i> 4 apparatus FIG program (2017-2020)</p>	<p style="text-align: center;"><i>Year of Birth - 2003, 2004, 2005</i> 2 apparatus</p>	<p style="text-align: center;"><i>Year of Birth - 2003, 2004, 2005</i> 1 apparatus by choice</p>
PRE-JUNIORS	<p style="text-align: center;"><i>Year of Birth - 2006</i> 2 apparatus by choice</p> <p style="text-align: center;">BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p style="text-align: center;"><i>Year of Birth - 2006</i> 2 apparatus by choice</p> <p style="text-align: center;">BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p style="text-align: center;"><i>Year of Birth - 2006</i> 1 apparatus by choice</p>
	<p style="text-align: center;"><i>Year of Birth - 2007</i> 2 apparatus by choice</p>	<p style="text-align: center;"><i>Year of Birth - 2007</i> 2 apparatus by choice</p>	<p style="text-align: center;"><i>Year of Birth - 2007</i> 1 apparatus by choice</p>

	<p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	
HOPES	<p>Year of Birth – 2008 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2008 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2008 1 apparatus by choice (Or without apparatus)</p>
	<p>Year of Birth – 2009 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2009 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2009 1 apparatus by choice (Or without apparatus)</p>
CHILDREN	<p>Year of Birth – 2010 and younger Without apparatus and one apparatus by choice BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 AD – No min./ No max</p>	<p>Year of Birth – 2010 and younger Without apparatus</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2</p>	<p>Year of Birth – 2010 and younger Without apparatus</p>

TECHNICAL PROGRAM – GROUP EXERCISES

JUNIORS	One exercise – one type of apparatus FIG program (2017-2020)
HOPES	One exercise – Without apparatus – 5 or 6 gymnasts Max. 7 BD Min. 5 C Min. 2 S
CHILDREN	One exercise - Without apparatus – 6 or 8 gymnasts Max. 6 BD Min. 4 C Min. 2 S

RECREATIVE GROUPS

4 to 8 gymnasts in group – the length of the exercise must be from **1.30 to 2.30**

JUNIORS 2003-2004-2005	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
PRE-JUNIORS 2006-2007	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
HOPES 2008-2009	Without apparatus Min. 3 formations Min. 3 Collaborations Min. 1 Dance Steps Combination
CHILDREN 2010 and younger	Without apparatus Min. 2 formations Min. 2 Collaborations Min. 1 Dance Steps Combination

RECREATIVE TRIO

3 gymnasts – the length of the exercise must be from **1.15 to 1.30 min.**

JUNIORS 2003-2004-2005	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
PRE-JUNIORS 2006-2007	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
HOPES 2008-2009	Without apparatus Min. 3 formations Min. 3 Collaborations Min. 1 Dance Steps Combination
CHILDREN 2010 and younger	Without apparatus Min. 2 formations Min. 2 Collaborations Min. 1 Dance Steps Combination

DEADLINES SUMMARY

Provisional Registration	July 19 th , 2018
Definitive Registration	August 19 th , 2018
Nominative Registration	September 19 th , 2018
Accommodation Form	September 1 st , 2018
Travel Form	September 19 th , 2018