



# GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

Invitation no. I

Warsaw, 9–JAN-2019

## Dear Friends of Rhythmic Gymnastics!

Thank you for your interest in the 3th International Tournament in rhythmic gymnastics “III Warsaw Kids Cup 2019” organised by GWKS Ajsedora from 8 March to 10 March 2019.

### **Where:**

Poland, Warsaw, ul. Umińskiego 11 – Sports Hall by Gimnazjum no. 312.

### **Programme:**

08-Mar-2019 (Friday) – arrival and carpet try-out

17.00-20.00 09-Mar-2019 (Saturday) – 1<sup>st</sup> day of the tournament 10.00-18.00

10-Mar-2019 (Sunday) – 2<sup>nd</sup> day of the tournament

10.00-17.00 11-Mar-2019 - departure

### **CATEGORIES:**

#### **GROUP A (FIG 2017-2020)**

2013 and younger (without apparatus)

2012 (without apparatus)

2011 (without apparatus and one apparatus by choice)

2010 (two apparatus by choice)

2009 (two apparatus by choice)

2008 (two apparatus by choice)

2007 (rope and one apparatus by choice)

#### **GROUP B (FIG 2017-2020)**

2013 and younger (without apparatus)

2012 (without apparatus)

2011 (without apparatus)

2010 (without apparatus and one apparatus by choice)

2009 (without apparatus and one apparatus by choice)

2008 (two apparatus by choice)

2007 (two apparatus by choice)

ul. S. Sempolowskiej 4

00-574 Warszawa

NIP 7010416935

REGON 147147858

Nr 287 – ewidencja klubów sportowych działających w formie stowarzyszenia, których statuty nie przewidują prowadzenia działalności gospodarczej prowadzona przez Urząd m. st. Warszawy

[www.gwksajsedora.pl](http://www.gwksajsedora.pl)



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### **GROUP C (FIG 2017-2020)**

2013 and younger (without apparatus)  
2012 (without apparatus)  
2011 (without apparatus)  
2010 (without apparatus)  
2009 (without apparatus)  
2008 (without apparatus)

Each delegation consists of unlimited number of gymnasts, 1 trainer and 1 coach.

#### **Start fee:**

Individual gymnasts- EUR 35 per gymnast

The fee is to be paid during the carpet training directly to the Treasurer, Oksana Jamin.

In the case there are more than one gymnast from a particular club in one category, the result of the other gymnasts will be calculated as outside the competition.

Please send your entries to [gwksajsedora@gmail.com](mailto:gwksajsedora@gmail.com)

Preliminary entry – till 15-Feb-2019.

Nominative entry – till 23-Feb-2019.

Each participant will receive a medal, a diploma and a souvenir.

The winners (place 1 to 3) will receive a cup, a medal, a diploma and a souvenir.

#### **Music:**

The Music files should be sent to: [gwksajsedora@gmail.com](mailto:gwksajsedora@gmail.com)  
till 27-Feb-2019 the latest. The requirements are as follows:

- MP3 files, quality 196kb/s the minimum,
- starting signal,
- constant level of volume,
- possibly without silence before and after music Other music formats will not be accepted.

The mp3 files should be named in Polish or English:

Surname\_Name\_YearOfBirth\_Group\_apparatus\_Club.mp3

e.g. Kowalska\_Anna\_2006\_groupA\_hoop\_GWKS Ajседora.mp3



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Kowalska\_Anna\_2006\_groupA\_WA\_GWKS Ajedora.mp3

In the case a file is named in a language different than Polish or English the organizer shall not bear responsibility for errors in playing music during the tournament. Due to organizational and technical reasons there will be no possibility to play music from a CD or to convert CDs to mp3 files by the organizer on the days of the tournament 8 March to 10 March 2019.

### **Possibility to buy lunch:**

For clubs that do not use the suggested accommodation there is a possibility to buy lunch at the sports hall at EUR 5 a day.

The meals for the judge and one trainer is ensured.

### **Gala show:**

Should you be interested, please send us your suggestion of a show at decoration of various groups. If interested, please let us know by e-mail at [gwksajedora@gmail.com](mailto:gwksajedora@gmail.com).

### **Miscellaneous**

If any of your gymnasts has her birthday on any day of the tournament, please also let us know so that we could surprise her.

On both days of the tournament there will be a possibility to buy RG equipment.

The detailed programme will be sent in the next message.

See you in Warsaw!

### **Contact details:**

+ 48 503 173 519 Liudmiła Valasiuk (Russian) GWKS AJSEDORA Chief Trainer  
[liudmilavalasiuk@wp.pl](mailto:liudmilavalasiuk@wp.pl)

+48 667 620 251 Oksana Jamin (Russian, English, Polish) GWKS AJSEDORA  
Treasurer

+48 729 395 000 Maryja Stratius - Moroz - Manager GWKS AJSEDORA  
[stratiusm@gmail.com](mailto:stratiusm@gmail.com)



## GIMNASTYCZNY WARSZAWSKI KLUB SPORTOWY AJSEDORA

Should you have any questions please contact us at [gwksajsedora@gmail.com](mailto:gwksajsedora@gmail.com)

This message is an official invitation to the tournament organized by GWKS Ajsedora.

Liudmila Valasiuk

Michał Bałaga

Chief Trainer  
GWKS Ajsedora

President  
GWKS Ajsedora