

**Brussels cup 2019**  
**International Tournament in Rhythmic Gymnastics**  
**Brussels Belgium**  
**27/01/2019**

**Directives**

Dear friends, Brussels GR BELGIUM has the pleasure to invite your federation / club to participate in the aforementioned official International Event.

DISCIPLINE	Rhythmic Gymnastics
LOCAL ORGANIZING COMMITTEE	Brussels Gr  Rodina Irina rue Charles Quint, 93b - 1000 Bruxelles  tel:+32 479.36.02.82 mail: <a href="mailto:brusselcup2019@gmail.com">brusselcup2019@gmail.com</a> website: <a href="http://brusselsgr.com">http://brusselsgr.com</a>
LOCATION	Brussels, Belgium
DATE	27/01/2019
VENUE	Centre sportif la Woluwe Avenue E. Mounier 87, 1200 Woluwe-Saint-Lambert
DELEGATION	4 gymnasts - Preferably in different categories 1 Coach 1 Judge compulsory
REGISTRATION DEADLINE	Preliminary inscription: 23.11.2018 Definitive inscription: 03.12.2018
ENTRY FEES	The Entry fee for this event will be 40,00 € EUR per gymnast
EVENT FORMAT	Individual A ,B
PROVISIONAL SCHEDULE	25/01/19 or 26/01/2019:Arrival day of the delegations and meeting of the delegations  26/01/19 : Training on the stage  27/01/2019: All-round competition 27/01/2019 evening : Banquet  28/01/2019: Departure of the delegations
LOCAL TRANSPORT	Transport : 10 euros per gymnast, Zaventem airport-> hotel 10 euros per gymnast, hotel -> Zaventem airport 15 euros per gymnast, Charleroi airport -> hotel 15 euros per gymnast, hotel -> Charleroi airport  7.50 euros per gymnast/day for the transportation from the hotel to the competition hall by bus
ACCOMMODATION	Hôtel Ramada Brussels Woluwe Avenue Des Pleiades 67, Woluwe 1200,

	<p>BE  <a href="http://hotel-rn.com/hw/a356506/index.htm?lbl=ggl">http://hotel-rn.com/hw/a356506/index.htm?lbl=ggl</a></p> <p>Price: 40 euros per night per gymnast  lunch and dinner included on Sunday.  Supplement of 15 euros per gymnasts for  the evening meal for Saturday, or free of  charge sandwiches at the competition  hall</p>
MUSIC	<p>Mp3 music to be uploaded on  <a href="http://rgform.eu/event.php?id_prop=944">http://rgform.eu/event.php?id_prop=944</a>  before 13/01/2019</p>
REGISTRATION	<p>Online registration via the form  <a href="http://rgform.eu/event.php?id_prop=944">http://rgform.eu/event.php?id_prop=944</a></p>
AWARDS	<p>classification by apparatus.  Medals and trophies for podium  All gymnasts will receive a certificate and  a gift for participation</p>
INDIVIDUAL COMPETITION LEVEL A FIG RULES 2017-2020	<p><b>2010:</b> Free hand routine  <b>2009:</b> Free hand routine + 1 apparatus  at your choice  <b>2008:</b> 2 apparatus at your choice  <b>2007:</b> 2 apparatus at your choice  <b>2006:</b> 2 apparatus at your choice  <b>2005-2004:</b> 3 apparatus at your choice  <b>2003 +:</b> 3 apparatus at your choice</p>
INDIVIDUAL COMPETITION LEVEL B	<p><b>2010:</b> Free hand routine  <b>2009:</b> Free hand routine + 1 apparatus  at your choice  <b>2008:</b> 2 apparatus at your choice  <b>2007:</b> 2 apparatus at your choice  <b>2006:</b> 2 apparatus at your choice  <b>2005-2004:</b> 2 apparatus at your choice  <b>2003 +:</b> 2 apparatus at your choice</p>