

INTERNATIONAL TRAINING CAMP «Victory and Aquatic Palace»



Baku, Azerbaijan
17 - 27 June 2019



Invitation

International rhythmic gymnastics training camp "Victory and Aquatic Palace Cup" Baku (Azerbaijan).

1. Dates and venue:

Camp is conducted: Azerbaijan (Baku), 26 Neftyannikov Ave.
from June 17-27, 2019.

June 17 - the day of arrival, at 19.00 meeting for coaches, representatives (training room).

June 18 -27 - training camps.

June 26 - gala concert at 19.00 (after 2 training).

June 27 - departure of teams after 19.00 (after training).

2. The composition of camp specialists:

- **Song Yong Jae (Korea)** - South Korean gymnast, bronze medalist of the 2014 World Championships in an exercise with a hoop, a participant in two summer Olympic games, a multiple champion of continental championships. The owner of the first in the history of South Korea medals at the world championships.
- **Ulyana Donskova (Russia)** - Honored Master of Sports, Olympic champion in group exercises in London, world and European champions in group exercises.
- **Aliya Garayeva (Azerbaijan, Russia)** - multiple winner of the World and European Championships in the individual and team championship.
- **Anna Ustsova (Russia)** - master of sports of international class, European champion in group exercises, champion of Russia in group exercises.
- **Elena Tikhomirova** - choreographer fees, graduated from the Saratov Choreography School as a ballet dancer, has repeatedly participated in foreign tours of the theater troupe in France, Germany, Switzerland, Holland. She graduated from the Kazan State Conservatory named after Zhiganova with a degree in teacher-ballet master.
- **Nargiz Osmanova** - Multiple champion of Azerbaijan in sport dancing in the Junior 2 category (European and Latin American program) and adults (Latin American program), as well as a finalist, medalist and winner of many international competitions. Repeatedly represented the

- Republic at the World and European Championships. Master of Sports in sports dance. Professional teacher with extensive teaching experience.
- **Zaur Osmanov** - teacher of juggling, laureate of the first degree of the circus festival in Riga (Latvia), Grand Prix of Krasnoturil, Grand Prix “Golden Circle of the Arena”, first place of circus art in St. Petersburg, winner of the International Festival of Circus Art “Golden Elephant” by Yuri Nikullin, a participant in the circus program Yuri Nikullin (Israel), graduated from circus school.
 - **Alina Labutina** - master of sports, bronze medalist of the Russian Championship in team competition.

3. The program of training camps:

- Subject training (rope, hoop, ball, clubs, ribbon);
 - Work on the elements (balance, turns, jumps);
 - Classical choreography;
 - Dance training folk trends, hip-hop, Latina, salsa;
 - OFP;
 - Acrobatics;
 - juggling lessons with tennis balls, clubs;
 - Program setting (by appointment);
 - Individual work with a coach (by appointment);
 - make-up workshops, art therapy for gymnasts;
 - pool.
- **Age of participants: from 5 to 16 years old (2013 born and older).**

3. Each participant of the sports fees must have:

- all things;
- rubber for fitness;
- 4 tennis balls (for classes with a teacher on juggling);
- knee pads;

4. Cost of sports fees:

- Accommodation of 3, 4, 5-bed rooms with all conveniences (for athletes)
 - Accommodation in 2-bed rooms with all amenities (for the coach)
- Meals: breakfast, lunch, dinner.
- The cost of accommodation and meals is **35 euro per person per day.**

(the price includes transfer airport-hotel-airport)

- The cost of training **250 euro for 10 days of training camp.**
- After the gala concert, each participant is given a certificate of collection, a gift from the organizers.
- At the weekend, a tour of Baku is planned (extra charge).

INTERNATIONAL TRAINING CAMP

«Victory and Aquatic Palace»

5. Conditions for applying and paying for training fees:

- Accommodation and meals must be paid before **May 17, 2019.**
- An application for a training camp is served through the site <https://victorycup.ru/events/baku2019/>

+994514916499 **Elnara Aliyeva** (on accommodation, meals, transfer).

+ 79033-40-28-13 - **Alina Labutina.** (on training camps).

- The cost of training is paid on site.
- The cost of training for residents of Azerbaijan is paid until **May 17, 2019.**
- An invoice for accommodation and meals is provided to each team after the application is submitted.

training conditions <https://www.aquaticpalace.az>

