

ASSOCIAZIONE SPORTIVA DILETTANTISTICA



## *International Rhythmic Gymnastics Tournament*

### *“Summer Trophy 2019”*

*19/06/19 – 21/06/19*

*Dear Rhythmic Gymnastics Friends,*

*We are pleased to invite you to The 8<sup>th</sup> International Rhythmic Gymnastics  
Tournament 19<sup>th</sup> to 21<sup>th</sup> June 2019 Sport Club “Andromeda”, Italy.*

The objectives are the promotion and development of rhythmic gymnastics in Italy as well as establishing new international contacts and making professional exchange.

Roseto degli Abruzzi is situated on the beautiful Adriatic Coast with enjoyable and lively beach life and a long sandy beach. The dramatic Apennine Mountains are only 30 minutes away which has interesting walks and panoramic views. If you would like to visit the local area e.g. Rome, Bari or the mountains, we can organize excursions.

**ORGANIZER:** Sport Club “Andromeda”  
Roseto degli Abruzzi, Italy  
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Tel: +39 338 1223696  
E-mail: [gromova.iri@gmail.com](mailto:gromova.iri@gmail.com)  
E-mail: [72tesoro@mail.ru](mailto:72tesoro@mail.ru)

**LOCATION:** Palazzetto dello sport “Maggetti”, st., Salara, 64026 Roseto degli Abruzzi.

**DELEGATES:** The delegation may include 18 gymnasts

- 18 gymnasts (max.2 in each age category)
  - 1 judge
  - 1-2 coach
- In total – 30 persons.

**COMPETITION DATE:** 18/06- Delegates' arrival and training hall

19/06- Meeting of Judges, Opening Ceremony.

Competition day for level D, C and B

20/06- Meeting of Judges.

Competition day for level B and A. Banquet.

21/06- Closing ceremony, Gala Show.

22/06- Delegates' departure

After the Competition it's possible for Delegates to participate in a 1- week Training Camp with a Professional Coach and choreograph. Please advise if you would like us to make the necessary arrangements.

**PRIZES:** The first three winners in every category and in every apparatus/without apparatus will receive a Diploma and Medal. All the participants will receive presents, and special winners: **Miss Smile, Miss Elegant and Miss Body.**

**ENTRY FEE:** € 50,00 per each gymnast.

The teams, who left the competition before the and not being on the award ceremony will be removed from the competition. Their results will be cancelled.

**REGISTRATION:** For participating in the competition you need to send the entry form before 27.05.2019 <http://www.rgform.eu>

**MUSIC:** Please send music in MP3 format to <http://www.rgform.eu> until May 30, 2019. Please all athletes must also bring a set of CD's to the event as a backup.

**JUDGES:** Each delegation must include 1 judge (BREVET FIG or national category). Delegations coming without a judge will have a charge of €100,00.

**BANK DETAILS:** Starting fees for gymnasts must be paid by the May 30, 2019 to the bank account: ASD Andromeda

IBAN: IT 17 D 01030 77021 0000 0052 8303

BIC: PASCITM1Z48

64026 Roseto degli Abruzzi (TE), Italy

Payment only by EURO

**MEDICAL SERVICES:** Certified medical staff will be available during training and competition schedule.

**TRANSPORT:** Club Andromeda will organize transport service by request from Airport Roma – Roseto degli Abruzzi. Transportation expenses( **approximately 22 € per person single and 44 € return**) will be charged after the tournament. Delegates are asked to fill the enclosed Travel plan form no later than May 01<sup>nd</sup>.

**HOTEL:** Accommodation Fee includes. This price includes bed and breakfast, lunch and dinner – **40 €**

All costs have to be paid upon arrival.

**P.S. Check if Visa is necessary to enter Italy. In case you need help, please send us the following information by April 2<sup>st</sup>,2019:**

- Name of the gymnast/judge/coach. Date of birth.
- Passport number and date of issue, date of expiry and issuing office.
- Work address(sports club),tel., fax. Occupation.

**Contact person.:** Sport club Andromeda. **Irina Gromova**

Tel.:+39 346 0209367;E-mail: [gromova.iri@gmail.com](mailto:gromova.iri@gmail.com)

**GALA:** Each team is welcome to present 1 short exhibition (min.1 max. 2 per team) not longer than 3 minutes. If you would like to participate in the gala, please indicate the names of participants in the application form.

**BANQUET:** The closing Banquet will be offered to for Judge, coach and gymnasts, take place on Thursday, 20 June 2019 by the ASD Andromeda.

**INSURANCE:** All participants should have their own Health & Accident, illness, repatriation and the like. Insurance as the organizer is not responsible.

<b>DEADLINES SUMMARY:</b>	<b>Definitive Registration:</b>	<b>27.05.2019</b>
	<b>Hotel reservation:</b>	<b>25.03.2019</b>
	<b>Visa application:</b>	<b>02.04.2019</b>
	<b>Travel details:</b>	<b>01.05.2019</b>
	<b>Bank details:</b>	<b>30.05.2019</b>

COMMON TECHNICAL PROGRAM

	LEVEL A		LEVEL B	
<b>Mini 2011 - 2010</b>	-3 exercises: w/a App. by choice	BD=Min.3Diff. Min.=2 S Max.=2 R Min.= 1 AD	-2 exercises: w/a App. by choice	D=3.50 BD=3-7Diff. Min.=2 S Min.=1 R Min.=1 AD
<b>Children 2009</b>	-3 exercises: w/a App. by choice	BD=Min.3Diff. Min.=2 S Max.=2 R Min.=1 AD	-2 exercises: w/a App. by choice	D=4.00 BD=3-7Diff. Min.=2 S Max.=2 R Min.=1 AD
<b>Children 2008</b>	-3 exercises: w/a App. by choice	BD=Min.3Diff. Min.=2 S Max.=3 R Min.=1 AD	-2 exercises: w/a App. by choice	D=5.00 BD=3-7Diff. Min.=2 S Max.=3 R Min.= 1 AD
<b>Pre-junior 2007</b>	-3 exercises: App. by choice	BD=Min.3Diff. Min.=2 S Max.=4 R Min.= 1 AD	-2 exercises: w/a App. by choice	D=6.00 BD=3-7Diff. Min.=2 S Max.= 4 R Min.= 1 AD
<b>Junior 1 2006</b>	-3 exercises: App. by choice	BD=Min.3Diff. Min.=2 S Max.=4 R No Min./Max.=AD	-2 exercises: App. by choice	D=7.00 BD=3-7Diff. Min.=2 S Max.=4 R No Min./Max.=AD
<b>Junior 2 2005</b>	-3 exercises: App. by choice	BD=Min.3 Diff. Min.=2 S Max.=4 R No Min./Max.=AD	-2 exercises: App. by choice	D=8.00 BD=3-7Diff. Min.=2 S Max.=4 R No Min./Max.=AD
<b>Junior 3 2004</b>	- 3 exercises: App. by choice	BD=Min.3 Diff. Min.=2 S Max.=4 R No Min./Max.=AD	- 2 exercises: App. by choice	D=8.00 BD=3-7Diff. Min.=2 S Max.=4 R No Min./Max.=AD
<b>Senior 2003 and older</b>	- 3 exercises: App. by choice	BD=Min.3 Diff. Min.=1 S Max.= 5 R No Min./Max.=AD	- 2 exercises: App. by choice	D=9.00 BD=3-9 Diff. Min.=1 S Max.=5 R No Min./Max.=AD
<b>Senior 2 2001 and older</b>	- 3 exercises: App. by choice	BD=Min.3 Diff. Min.=1 S Max.= 5 R No Min./Max.=AD	- 2 exercises: App. by choice	D=9.00 BD= 3-9 Diff. Min.=1 S Max.= 5 R No Min./Max.=AD

	LEVEL C		LEVEL D	
<b>Children 2011 - 2009</b>	-2 exercise: w/a, App. by choice	D=2.50 BD=3Diff. Min.=1 S Max.= 1 R Max.=2 AD	-2 exercise: w/a, rope, hoop, ball	D=2.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=1 AD
<b>Children 2008-2007</b>	-2 exercise: w/a, App. by choice	D=3.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=2 AD	-2 exercise: w/a, rope, hoop, ball	D=2.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=1 AD
<b>Junior 2006-2004</b>	-2 exercise: App. by choice	D=3.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=2 AD	-2 exercise: rope, hoop, ball	D=2.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=1 AD
<b>Senior 2003 and older</b>	-2 exercise: App. by choice	D=3.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=2 AD	-2 exercise: rope, hoop, ball	D=2.00 BD=3Diff. Min.=1 S Max.= 1 R Max.=1 AD

**P.S. For all LEVEL C and D:**

**Level C:** D - max. p.2,50, BD = max.1-3 difficulties from each group of body movement, value: p. from 0,10 - 0,30.

**Level D:** D – max. p.2,00, BD= max.1-3 difficulties from each from each group of body movement, value: p. from 0,10 -0,20.

The length of each exercise to be is from 0’45” to 1’00”.

**We are looking forward to your participation and seeing you in Italy!**