4-th International Rhythmic Gymnastics Tournament



INVITATION 4th International Rhythmic Gymnastics Tournament

"Spring Cup 2019"

We have a great pleasure to invite you to take part in our 4th International Rhythmic Gymnastics Tournament "SPRING CUP 2019".

The tournament will be held in Vilnius on the 18-19 of May 2019.

Organizing commitee Rhythmic gymnastics club "Gimnastikos mokykla.lt"

Contacts www.gimnastikosmokykla.lt

info@gimnastikosmokykla.lt

Tel.: +37068774035; +37060196588

Date 17 may – arrival of the delegation

18 may – 1 day of competition 19 may– 2 day of competition

Competition hall "Tauras" sport hall (Zygio str. 46, Vilnius, Lithuania)

1. REGISTRATION

Preliminary registration : APRIL 1, 2019
Definitive registration : APRIL 25, 2019

Please send applications to e-mail: info@gimnastikosmokykla.lt

2. PARTICIPATION FEE

35,00 € - per each gymnast (to be paid at the tournament)

3. DELEGATION

Unlimited number of gymnasts in each category

1 judge (obligatory). If delegation chooses to participate without a judge, a fee of 50,00 € must be paid cash upon arrival.

→ 1 coach



4. MUSIC

We kindly ask you to send us the music in MP3 format until 08.05.2019 to springcupmusic@gmail.com

The files should be named:

Name, last name_country_age_category_apparatus

5. AWARD

First 3 gymnasts in every category will be awarded by cups, diplomas, medals and gifts. All gymnasts will receive medals, diplomas and gifts.

Additional nominations: Mini Miss, Miss Tournament, Miss Artistry, Miss Smile, Miss Grace, Miss flexibility, Miss Judge.

6. ACCOMMONDATION

If your delegation need help with accommodation and transfer, please contact us as soon as possible.

7. LUNCH

There is a possibility to order lunch for gymnast on a competition days, please book lunch in advance.

8. GALA

All gymnasts are welcomed to participate in gala program with performances.



9. CATEGORIES AND TECHNICAL PROGRAM

CATEGORY	GROUP A	GROUP B	GROUP C
MINI 2012 and younger	WA FIG 2017-2020 program	WA BD – 3-7 BD max – 0,3	WA BD – 3-7 BD max – 0,2
MINI 2011	WA + 1 apparatus by choice FIG 2017-2020 program	WA BD – 3-7 BD max – 0,3	WA BD – 3-7 BD max – 0,2
KIDS 2010	WA + 1 apparatus by choice FIG 2017-2020 program	WA + 1 apparatus by choice BD - 3-7 BD max - 0,4	WA BD – 3-7 BD max – 0,3
KIDS 2009	2 apparatus by choice FIG 2017-2020 program	WA + 1 apparatus by choice BD - 3-7 BD max - 0,4	WA BD – 3-7 BD max – 0,3
PRE JUNIOR 2008-2007	2 apparatus by choice FIG 2017-2020 program	2 apparatus by choice BD – 3-7 BD max – 0,4	1 apparatus by choice BD – 3-7 BD max – 0,3
JUNIOR 2006-2004	2 apparatus by choice FIG 2017-2020 program	2 apparatus by choice BD – 3-7 BD max – 0,4	1 apparatus by choice BD – 3-7 BD max – 0,4
SENIOR 2003 and older	2 apparatus by choice FIG 2017-2020 program	-	_

