

INVITATION

5th International Rhythmic Gymnastics Tournament "SPRING CUP - 2019"

*Dear Sport friends,
we are very pleased to invite your club/federation to participate in the 5th Rhythmic
Gymnastics International Tournament "Spring Cup", which will be held in
Chisinau, Moldova, on 10-12th May 2019.*

Gool:	Popularization of rhythmic gymnastics, development of international relations in the world of sport and implementation of the principle of "fair play".
Date and venue:	10-12 May 2019, Olympic Reserves Sport School, Decebal 72/2 street, Chisinau, Moldova
Schedule:	Friday, 10.05.2019 – Arrival of delegations, Technical meeting, Training Saturday, 11.05.2019 – Judge meeting, Competition, Banquet Sunday, 12.05. 2019 – Competition, Gala, Award ceremony Monday, 13.05.2019 – Departure of delegations
Organizer:	Olympic Reserves Sport School, Chisinau, Moldova (https://www.facebook.com/gimnasticaritmica.md/ , www.ssro.md) in partnership with the Sports Center of National Teams Training, Rhythmic Gymnastics Federation and Union of the Federations of Rhythmic Gymnastics Contact persons: Natalia Reaboi, Chief coach and judge: +37369508086, reaboi.natalia@gmail.ru (for Russian and Romanian) Victoria Federiuc: +37379774460, victoriafederiuc@yahoo.com (for English)
Delegation:	1 Judge, 1 Coach, unlimited number of participants
Awards:	Each gymnasts will receive a medal, diploma and gift
Registration:	Preliminary entry – 20.03.2019 Definitive entry – 20.04.2019 Music – 1.05.2019
Music:	Please send to spring-cup@mail.ru the deadline. Format mp3 File name: Name_Surname_Year_Category_Apparatus_Club. We recommend to have all music file on USB
Entry fee:	20 Euro/gymnasts 10 Euro/gymnasts in group
Other costs:	The organizer is not covering travelling costs of delegations nor any other expenses made during the stay.
Accommodation:	The organizers offer accommodation at 3-stars hotels in Chisinau at a rate starting from 15 EUR / person / night. Please contact us for any additional details. 
Meals/ banquet:	The host will offer banquet dinner for coaches and judges. At requests there will be provided meals for participants at the competition during the day.

<i>Gala:</i>	All gymnasts are welcomed to participate in gala program with performance of max. 3 min
<i>Awards:</i>	Winners and prize-winners of the competitions are awarded medals and trophies of corresponding degrees in each age group. All the participants will receive diploma, medals and gifts.
<i>Other information</i>	Official competition photographer will be Eusebio Ruiz Gomez Facebook official page: https://www.facebook.com/eusebio.ruiz.900 Instagram: eusebio.ruiz.gomez

TECHNICAL REGULATIONS

Individual competition:

Category	Level A	Level B	Level C
Mini baby born 2013 – and yonder	without apparatus	without apparatus	without apparatus
Baby - 2012	without apparatus	without apparatus	without apparatus
Mini - 2011	without apparatus	without apparatus	without apparatus
Children -2010	without apparatus + 1 apparatus by choice	without apparatus	without apparatus
Children - 2009	without apparatus + 1 apparatus by choice	without apparatus	without apparatus
Pre-juniors - 2008	2 apparatus by choice	without apparatus + 1 apparatus by choice	without apparatus
Pre-juniors - 2007	2 apparatus by choice	without apparatus + 1 apparatus by choice	without apparatus
Juniors - 2006	2 apparatus by choice	without apparatus + 1 apparatus by choice	without apparatus
Juniors - 2005	2 apparatus by choice	2 apparatus by choice	1 apparatus by choice
Juniors - 2004	2 apparatus by choice	2 apparatus by choice	1 apparatus by choice
Seniors 2003 – and older	3 apparatus by choice	2 apparatus by choice	-

Group competition:

Category	Level A	Level B
Mini baby born 2013 – and yonder	without apparatus	without apparatus
Baby 2012-2011	without apparatus	without apparatus
Children 2010-2009	without apparatus	without apparatus
Pre-juniors 2008-2007	apparatus by choice	without apparatus
Juniors 2006-2004	5 hoops, 5 ribbons	apparatus by choice
Seniors 2003 – and older	5 balls, 3 hoops and 4 clubs	apparatus by choice

We are looking forward to welcome you in Moldova and be our guest!

PRELIMINARY REGISTRATION

20.03.2019

Delegation/Club: _____

Country: _____

Address: _____

Phone / Fax: _____

e-mail/web-site: _____

Contact person: _____

Judge: _____

Coach: _____

<i>Name of gymnast</i>	<i>Category</i>	<i>Apparatus</i>
1.		
2.		
3.		
4.		
5.		

Total number of persons: _____

Means of transport (plane, car, bus, train):

Arrival _____

Time _____

Place _____

Flight _____

Departure _____

Time _____

Place _____

Flight _____

Gala: (yes/no) _____