



Rhythmic gymnastics club SK MG CHODOV PRAHA, Czech Republic

Would like to invite you to participate in the 19th International Rhythmic gymnastics tournament „Chodov Cup 2019” in Prague, CZE



Saturday 18th May 2019, SPORTOVNÍ HALA JIŽNÍ MĚSTO,
Květnového vítězství 1554, Praha 4 – Chodov, CZECH REPUBLIC

Proposed Schedule: **Thursday 16th May 2019 - arrival**
Friday 17th May 2019 – training 14:00 – 18:00
(training shedule will be prepared)
Saturday 18th May 2019 - competition
Sunday 19th May 2019 - departure

Organisator: **SK MG CHODOV PRAHA, z.s.**
CZECH REPUBLIC
www.gymnastikachodov.cz
www.chodovcup.cz

Competition hall: **SPORTOVNÍ HALA JIŽNÍ MĚSTO,**
Květnového vítězství 1554/54, Praha 4 – Chodov,
CZE

Deadline for application: **Definitive and Nominative : 26th April 2019**

Delegation: **6 persons in total:**
4 gymnasts (max. 2 gymnasts in one category)
1 coach
1 judge

Note: Total number of participating gymnasts is limited.

Application send to: **Iveta Holá**
Tel.: +420 777 235 352
E-mail: chodovcup@email.cz

Expenses: Accommodation, meals and travel expenses to and from Prague **will not** be covered by organisator SK MG Chodov Praha. (Accommodation, meals and travel expenses are the responsibility of the participating clubs).

Costs: **50 Euros per night/person (accommodation and meals - breakfast and dinner per 1 person for official delegation which consists of 6 persons)**
Extra person will pay 60 Euros per night/per person (accommodation and meals).

Payment: cash to organizers after your arrival.

For night/days before official arrival (16.5.) and after official departure (19.5.) is accomodation and meals - 60 Euros per each person per night.

Possibility of transport: Organizer offers transport from the airport (bus, train station) to the hotel and back to airport (bus, train station) and from hotel to training and competition and

back. Transport fee (charge) is **10 Euros for one person** (for all ways/1 person, payment - cash to organizers after your arrival).

Entry fee: **20 Euros per one gymnast – payment at place after your arrival**

Please send final accomodation reservation together with tournament's applications 26th April 2019!!! After 26th April 2019 there are no changes of accomodation possible (under the penalty from the hotel)!!!

Please send final request of transport together with tournament's applications till 26th April 2019!!!

CATEGORIES CHODOV CUP 2019

I. CATEGORY – HOPES - BORN 2009 AND YOUNGER

2 EXERCISES – exercise with ROPE and exercise with HOOP

Body Difficulty – max. 6 (min. 3)

Dynamic elements with rotation - min. 1x - max. 3x

Dance Steps Combination - min. 2x

Apparatus Difficulty – no limit

II. CATEGORY – PREJUNIORS - BORN 2007 AND 2008

2 EXERCISES – exercise with ROPE and exercise with CLUBS

UEG/FIG Junior Code of points

III. CATEGORY - JUNIORS - BORN 2004 - 2006

3 EXERCISES – exercise with ROPE, exercise with BALL and exercise with RIBBON

UEG/FIG Junior Code of points

IV. CATEGORY - SENIORS - BORN 2003 AND OLDER

3 EXERCISES – exercise with HOOP, exercise with BALL and exercise with CLUBS

FIG Senior Code of points

We look forward to your participation in our competition in Prague!

Ivana Holá

Head coach of SK MG Chodov Praha, z.s.

www.gymnastikachodov.cz

