

PROGRAMME

March 6th

- Early Arrival of the Delegations

March 7th

- Arrival of the Delegations
- Official Trainings
- Competition possibility according to the number of registrations
- Orientation Meeting for Heads of Delegation

March 8th

- Opening Ceremony
- Individual competition:
Juniors: 2 apparatus (Rope & Ball)
Seniors: 2 apparatus (Clubs & Ribbon)
- Groups competition:
Juniors: 1 apparatus (5 Hoops)
Seniors: 1 apparatus (5 Balls)

March 9th

- Individual competition:
Juniors: 2 apparatus (Clubs & Ribbon)
Seniors: 2 apparatus (Hoop & Ball)
- Awards Ceremonies
- Groups competition:
Juniors: 1 apparatus (5 Ribbons)
Seniors: 1 apparatus (3 Hoops & 2 pairs of Clubs)
- Awards Ceremonies

March 10th

- Finals and Awards Ceremonies
- Junior Individuals (8 best gym. per apparatus, 2 per country)
- Senior Individuals (8 best gym. per apparatus, 2 per country)

- Junior Groups: 2 apparatus (8 best groups – 5 Hoops and 5 Ribbons)
- Seniors Groups: 2 apparatus (8 best groups - 5 Balls and 3 Hoops & 2 pairs of Clubs)
- International Gala and Closing Ceremony

March 11th

- Delegations departure

The Competition Program can be changed according to the number of participants by Age Group and interest of the Organization.

Final List of Registered Countries for the 2019 GCP Lisbon International Tournament

Portugal (host country)

Belgium

Bulgaria

Canada

Chile

China

Estonia

Great Britain

Hungary

Israel

Japan

Malasia

Russia

Singapore

Slovenia

Spain

Switzerland

USA