

Hello,

NICE organizes its International Rhythmic Gymnastics Tournament. The perfect opportunity to combine the grace of rhythmic gymnastics and the prestige of the Côte d'Azur.

Our objective is simple : **we want to "popularize" rhythmic gymnastics in France, exchange our gymnastics experiences, strengthen our relations with athletes from other countries and more generally, increase our skills; all this while enjoying all the benefits of the Côte d'Azur: sunny weather, sea, mountains, beaches, restaurants, hotels...**

The competition will take place on **June 29th and 30th, 2019** at the STAPS University (261 bd du Mercantour, 06200 Nice).

Registration is open **until June 15th, 2019**. From this platform, you can register, download useful documents (certificate or license in progress) and send your music.

Rates :

- 30 € per gymnast (enrollment, payment and online visa application).
- 6 € for 1 day,
- 10 € for the weekend.

2 entries offered for each gymnast engaged: coach and accompanying person.

IBAN: FR76 1831 5100 0008 0061 5952 688

BIC: CEPÄFRPP831

Indicate: gymnast's first and last name - country

You need an invitation for your visa ? You can request one online.

Judges :

- Each delegation must be represented by 1 judge (minimum for 5 gymnasts). A 50€ fee shall be applied for every missing judge.
- Judges will get a free lunch every day

Rewards :

- Ranking by age category in each individual competition (A, B or C),
- Each participant will receive a souvenir,
- The Miss will be elected at the end of the tournament: Smile, Grace, Elegance...

Accommodation :

Each participant must pay for his expenses (hotel, meals, etc.). We can however help you with partner accommodation.

Please feel free to contact us :

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Technical Program (Code FIG 2017-2020)

Level «A» Choice your apparatus (2 compositions)		
Min 1 S (2003 and -) Min 2 S (other) Min 1 R Min 1 AD Min 3 BD Diff code FIG senior		
Category	Apparatus	Without Apparatus (WA)
2003 and -	9 BD Max /10pts	
2005//2004	7 BD Max /8pts	
2007/2006	7 BD Max /8pts	
2009/2008 (1 apparatus +WA)	7 BD Max /8pts	7 BD Max /8pts
2010/2011(1 apparatus + WA)	6 BD Max /4pts	6 BD Max /4pts
2012 and + (WA)		6 BD Max /4pts

Level «B» Choice your apparatus (2 compositions)		
Min 1 S (2003 and -) Min 2 S (other) Min 1 R Min 1 AD Min 3 BD Diff code FIG senior		
Category	Apparatus	Without Apparatus (WA)
2003 and -	9 BD Max /8pts	
2005/2004	7 BD Max /6pts	
2007/2006	7 BD Max /5pts	
2009/2008 (1 apparatus +WA)	7 BD Max /5pts	7 DC Max /5pts
2011/2010 (1 apparatus +WA)	6 BD Max 4pts	6 DC Max /4pts
2012 and + (ML)		6 DC Max /4pts

Level «C» Choice your apparatus (1 composition)		
Min 2 S Min 1 R Min 1 AD Min 3 BD Diff 0,20 max		
Category	Apparatus	Without Apparatus (WA)
2003 et -	7 BD Max /5pts	
2005/2004	6 BD Max /4pts	
2007/2006	6 BD Max /4pts	
2009/2008 (1 apparatus)	6 BD Max /4pts	
2011/2010 (WA)		5 BD Max /3pts
2012 et + (WA)		5 BD Max /3pts

DEFINITIVE REGISTRATION

Federation		Contact personnel:	
		Phone:	
Country		E-mail:	

GIMNASTS

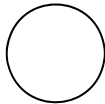
No.	NAME	CATAGORY	BIRTH DATE	APPARATUS
1				
2				
3				
4				
5				
6				
7				

COACH

No.	NAME
1	
2	

JUDGE

No.	NAME	BREVE
1		
2		

Place and date	Seal of the NF	NF authorised signature
		Signature of the President