



INVITATION

to conduct educational training camp
c. Burgas Sports hall "Mladost"

Aims and objectives:

- 1) consolidate and strengthen children's immunity to the Black Sea;
- 2) exchange of experience, improve athletic skills and training of the gymnasts;
- 3) the development of general and special physical training;
- 4) education and skills for working with equipment in gymnastics;
- 5) revealing the creative potential of the individual, unconventional thinking, musicality and artistry with classical and modern dance.

Time and place: education - training camp will be held at - c. Burgas, jk "Slaveykov" ,
Sports hall "Mladost".

All camp: 15 july to 25 july 2019.

Day arrival- 14 july 2019.

From 15 to 25 july - camp.

Day of departure on 26 july 2018.

Note: Participants in the camp to be born at least 2012. / Or aged 6 years /

Director and organizer of the camp - Head Coach Petya Moneva
And coaches - Aleksandra Nusheva and Maria Mateva
Horeograf – Ivanka Ivanova

Schedule:

Ballet.
Stretches.
Warm.
Overall Physical Training
Special Physical Training
Acrobatic elements.
Technique device.

Costs of conducting camps - one training day price is 60.00 lev/30evro/

Accommodation - 25 evro/1 person/

Food - lunch and dinner - 15evro

Price of all camp- 70 evro/1day

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**Approved by
President Petya Moneva**

