



GUIMAGYM CUP 2019
International tournament in rhythmic gymnastics
GUIMARÃES / PORTUGAL
1-2 JUNE 2019


INVITATION

AGE GROUPS 2012-2007

Dear sport friends,

The Gymnastics Federation of Portugal and GUIMAGYM – Clube de Ginástica de Guimarães has the pleasure to invite your Federation/club to participate in the International Event GUIMAGYM 2019.

For the Age Groups tournament, please may consider FIG Directives for JUNIOR and SENIOR competition, with the following modifications:

DISCIPLINE	Rhythmic Gymnastics		
HOST FEDERATION	Federação de Ginástica de Portugal Address: Estrada da Luz, 30 A 1600-159 Lisboa Phone number: +351218141145 Fax number: +351218142950 Email: gypor@gypor.com www.gypor.com		
ORGANIZING COMMITTEE	GUIMAGYM – Clube de Ginástica de Guimarães Address: Rua Jaime Martins, 4810-056 Costa Guimarães Phone number: +351961340700 e-mail: geral@guimagym.pt www.guimagym.pt Contact person: Adriana Castro e-mail: guimagymcup@guimagym.pt		
LOCATION	Guimarães - PORTUGAL		
DATES	1-2 June 2019		
VENUE	PAVILHÃO MULTIUSOS DE GUIMARÃES Alameda Cidade de Lisboa, 481 – Guimarães 4835 – 037 Guimarães Venue capacity: 3000 		
APPARATUS SUPPLIER	Gymnova London 6667		
AGE LIMITS	Category A: 2012-2011 Category B: 2010 Category C: 2009 Category D: 2008 Category E: 2007		
DELEGATION SIZE	1 judge 1 coach 6 gymnasts (maximum 2 per age category)		
JUDGES AND JURIES	Each delegation must present a judge with current valid FIG/national brevet at the time of the event.		
REGISTRATION DEADLINES	Definitive registration	15.03.2019	
	Visa application form	15.03.2019	(if needed)

	Nominative registration	01.04.2019	
	Accommodation form	15.04.2019	
	Travel schedule		
ENTRY FEES	The Entry fee for this event will be 30€ per gymnast.		
ACCREDITATION	<p>The accreditation of the delegations will be held upon arrival. For accreditation you must present:</p> <ul style="list-style-type: none"> ▪ 1 CD for each gymnast's music ▪ payment of accommodation and entry fee <p>Accreditation card is personal for each participant. <u>Please, send a photo of each member of the delegation before 01.04.2019.</u></p> <p>Payment for accommodation+meals and participation fee to be paid in cash, during accreditation, or by bank transfer, till 15.05.2019.</p>		
PROVISIONAL SCHEDULE	<p>30 May: Arrival of the delegations 31 May: Official trainings / Judges meeting / City sightseeing (Competition possibility according to the number of registrations) 1 June: Competition 2 June: Competition / Banquet 3 June: Departure of the delegations</p>		
AWARDS	<p>ALL AROUND: First 3 classified gymnasts in each age category will be awarded cups, medals and prizes. The coach of the winner gymnast in each category will be awarded diploma and prize. PER APPARATUS: First 3 classified gymnasts in each age category will be awarded medals. Gymnasts from 4th to 8th place will be awarded diplomas.</p>		
VISA	<p>Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15.03.2019 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>		
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not answer for any liabilities in case of accidents, illness, repatriation and the other. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>		
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 15.04.2019.</p>		
LOCAL TRANSPORTATION	<p>Free local transportation from the nearest airport Porto (OPO) to the venue and return will be provided by the organizing committee. Shuttle bus will be available during competition days between hotel and sports hall.</p>		
ACCOMMODATION	<p>Hotel Open Village Sports Hotel ****</p> <p>65€ person/night (double or triple room, including breakfast, lunch,</p>		

	<p>dinner) - for 6 gymnasts, 1 coach, 1 judge per team 85€ person/night (double or triple room, including breakfast, lunch, dinner) - for extra persons Single room is rated per person 100€ per night including breakfast, lunch and dinner. The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>While the Accommodation form must be returned to the LOC by 15.04.2019 at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p>												
FINAL BANQUET	All delegation members are kindly invited to the final banquet, sunday, 2 nd June.												
MEDICAL SERVICES	Medical services will be available, if needed, on the sports hall during trainings and competition.												
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Name: Guimagym – Clube de Ginástica de Guimarães IBAN: PT50 0010 0000 5656 9510 0018 1 SWIFT/BIC: BBPIPTPL</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p> <p>Payment by bank transfer must be done no later than <u>15.05.2019</u></p>												
DEADLINES SUMMARY	<table border="1"> <tr> <td>Definitive Registration</td> <td>15.03.2019</td> </tr> <tr> <td>Visa Request Form</td> <td>15.03.2019</td> </tr> <tr> <td>Nominative Registration</td> <td>01.04.2019</td> </tr> <tr> <td>Travel Schedule + Accommodation form</td> <td>15.04.2019</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>01.05.2019</td> </tr> <tr> <td>Payment of the Accommodation Costs</td> <td>01.05.2019</td> </tr> </table>	Definitive Registration	15.03.2019	Visa Request Form	15.03.2019	Nominative Registration	01.04.2019	Travel Schedule + Accommodation form	15.04.2019	Payment of the Entry Fee	01.05.2019	Payment of the Accommodation Costs	01.05.2019
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ADDITIONAL INFORMATION	<p>IMPORTANT: Till 01.05.2019: Please, send the music in MP3 file by "wetransfer" to guimagymcup@guimagym.pt</p>												

Sincerely Yours,



Luís Rodrigues

(President)

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TECHNICAL PROGRAM

2012–2011 year born	1 routine FREEHANDS	Max. 7 BD (max. value 0.3) Min. 2 dance steps	Total: D – max. 3.00 E – max. 10.00 TOTAL SCORE: 13:00
2010 year born	2 routines FREEHANDS + ROPE	Freehands Min. 3 BD (max. value 0.5- rotations 0.6) Highest 7 BD count Min. 2 dance steps	Total: <u>Freehands:</u> D – max. 4.50 E – max. 10.00 TOTAL SCORE: max. 14.50
2009 year born	2 routines FREEHANDS + BALL	Apparatus Min. 3 BD (max. value 0.5- rotations 0.6) Highest 7 BD count Min. 2 dance steps Min. 1- max. 4 $\overset{\nearrow}{K}$ Min. 1 AD	<u>Apparatus:</u> D – max. 6.00 E – max. 10.00 TOTAL SCORE: max. 16.00
2008 year born	2 routines HOOP + BALL	Min. 3 BD Highest 7 BD count Min. 2 dance steps Min. 1- max. 4 $\overset{\nearrow}{K}$ Min. 1 AD	Total: D – max. 7.00 E – max. 10.00 TOTAL SCORE: max. 17.00
2007 year born	3 routines HOOP + BALL + RIBBON		