

Klub za ritmično gimnastiko Narodni dom Ljubljana Ob dolenjski železnici 50, 1000 Ljubljana, Slovenija E info@klubrg-narodnidom.si | W www.klubrg-narodnidom.si



# 32<sup>nd</sup> MTM NARODNI DOM LJUBLJANA INTERNATIONAL TOURNAMENT IN RHYTMIC GYMNASTICS



Dear FIG affiliated Member Federation, dear friends of rhythmic gymnastics, The Club for Rhythmic Gymnastics Narodni dom Ljubljana and the Gymnastics Federation of Slovenia have the pleasure to invite your federation to participate in the aforementioned official FIG International Event.

Sport hall »Gimnastični center Ljubljana«, Slovenia **30<sup>th</sup> and 31<sup>st</sup> March 2019** 





# Organizing Committee

#### Klub za ritmično gimnastiko NARODNI DOM LJUBLJANA

phone: +386 31 343 522, e-mail: <u>info@ritmika.si</u>, <u>www.klubrg-narodnidom.si</u> FB: Klub za ritmično gimnastiko Narodni dom Ljubljana; <u>https://www.facebook.com/events/2360778647490464/</u>

### Dates

#### Saturday 30th March and Sunday 31st March 2019

#### Venue

Sport hall »Gimnastični center Ljubljana«, ŠPORT LJUBLJANA, Koprska 29, 1000 Ljubljana, Slovenia https://www.google.si/maps/place/Koprska+ulica+29,+1000+Ljubljana/@46.0389249,14.4813609,17z/data=!3m1!4b1!4m2! 3m1!1s0x47652d47300a0c8f:0x8e35a2197d220b6b

# Delegation per country

- FIG: 4 gymnasts, max 2 in each category
- 10 gymnasts from category senior, junior, prejunior, children, baby (max 2 per category)
- 5 gymnasts B level (max 2 per category)
- 1 judge obligatory Brevet for juniors FIG and seniors FIG
- 2 coach
- We will accept two clubs per country; federation have priority

### Deadlines

- Preliminary entry by 13th January 2019
- Definitive entry by 13th February 2019
- Nominative entry by 13th March 2019
- Music in mp3 by 13th March 2019 on http://rgform.eu/event.php?id\_prop=556

## Please register on

http://rgform.eu/event.php?id\_prop=961

## Start fee

- FIG: 40 €
- A level, non FIG: 40 €
- B level, baby A: 30 €



# CATEGORIES AND TEHNICAL PROGRAM

# 32<sup>nd</sup> MTM FIG tournament

Category		Program
SENIOR FIG	2003 and older	4 routines: hoop, ball, clubs, ribbon FIG program 2017–2020
		Individual all-around: max 2 competiotors from country in concurse (if more then two, two with the best results are in concurse, other out of concurse )
		Finals per apparatus: 8 best gymnasts per apparatus + 1 gymnast from the organizing country Slovenia, max 2 from each country
JUNIOR FIG	2004–2006	4 routines: rope, ball, clubs, ribbon UEG program 2017–2020
		Individual All-Round: max 2 competiotors from country in concurse (if more then two, two with the best results are in concurse, other out of concurse )
		Finals per apparatus:8 best gymnasts per apparatus + 1 gymnast from the organizing country Slovenia 2 max. 1 from each country

# International tournament

Category		Program
SENIOR	2003 and older	2 routines by choice FIG program 2017–2020
JUNIOR	2004–2005	2 routines by choice UEG program 2017–2020
PREJUNIOR	2006–2007*	2 routines: rope, ball UEG program 2017–2020 Finals clubs (8 best, max 2 from country)
CHILDREN	2008–2009*	2 routines by choice: without apparatus, rope, hoop, ball D: max.= 6.00, 3–7 difficulties
BABY	2010 and younger*	1 routine by choice: without apparatus, rope, hoop D: max.= 4.00, 3–6 difficulties
SENIOR B	2003 and older*	1 routine by choice: rope, hoop, ball, clubs, ribbon D: max= 6.00, 5–7 difficulties
JUNIOR B	2004–2005*	1 routine by choice: rope, hoop, ball, clubs D: max= 6.00, 4-6 difficulties
PRE JUNIOR B	2006–2007*	1 routine by choice: rope, hoop, ball D: max= 6.00, 4-6 difficulties
CHILDREN B	2009–2009*	1 routine by choice: without apparatus, rope, hoop, ball D: max= 6.00, 4–6 difficulties
BABY B	2010 and younger*	1 routine by choice: without apparatus, rope, hoop

\*awards by year and by apparatus



# Provisional schedule of tournament

#### Friday, 29. 3. 2019

- Arrival of delegations
- Training
- Technical and judge meeting

#### Saturday, 30. 3. 2019

- Competition FIG, senior A, junior A, prejunior A
- Banquet

#### Sunday, 31. 3. 2019

- Competition Baby A, Children A, all categories B level
- Finals FIG Seniors, FIG juniors, prejuniors

### Transportation

The invited participating delegations must pay for the travel costs of their members to/from Slovenia. The organising club will cover the transportation to/from hotel from the airport Jože Pučnik in Ljubljana, Ljubljana train station or Ljubljana bus station upon arrival and by departure. The organising committe will cover the transportation to/from hotel to/from the Competition Hall.

# Accommodation

M HOTEL, Derčeva 4, 1000 Ljubljana, Slovenia phone number: +386 1 513 70 00 , fax number: +386 1 513 70 90 e-mail: <u>info@m-hotel.si</u>, web site: <u>www.m-hotel.si</u>

The costs per person in M hotel are as follows:

- Single room: 90 EUR / person / day (including all meals and transfers)
- Double room: 70 EUR / person / day (including all meals and transfers)
- Triple room: upon availability (including all meals and transfers)

The accommodation fee includes the costs for meals from Friday 29<sup>th</sup> (dinner in hotel), Saturday 30<sup>th</sup> (breakfast and dinner in hotel, lunch package in gym) and Sunday 31<sup>st</sup> March 2019 (breakfast in hotel, banquet in gym after competition) and Monday 1<sup>st</sup> April 2019 (breakfast in hotel). Transfers from hotel to the sport hall are also included in the price. All the costs have to be paid to organisers upon arrival in cash.

### Visa

Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Slovenia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on time (at least 6 weeks before the competition). The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

#### Insurance

Doctor will be present on official training and both days of competition. The competition hall also has AED defibrillator. Nearest hospital is very close by. UKC Ljubljana - University Medical Centre Ljubljana, Zaloška cesta 2, Ljubljana.

The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Delegation members with insufficient insurance cover must inform the OC in advance.

# We hope to see you in Slovenia!

Sincerely Yours, Samo Uhan President of KRG Narodni dom Ljubljana, Slovenia



# Sport hall »Gimnastični center Ljubljana«, Slovenia















