## MTM NARODNI DOM LJUBLJANA

## INTERNATIONAL TOURNAMENT IN RHYTMIC GYMNASTICS



Dear FIG affiliated Member Federation, dear friends of rhythmic gymnastics, The Club for Rhythmic Gymnastics Narodni dom Ljubljana and the Gymnastics Federation of Slovenia have the pleasure to invite your federation to participate in the aforementioned official FIG International Event.

Sport hall »Gimnastični center Ljubljana«, Slovenia 30 ${ }^{\text {th }}$ and $31^{\text {st }}$ March 2019


## Organizing Committee

Klub za ritmično gimnastiko NARODNI DOM LJUBLJANA
phone: +386 31343 522, e-mail: info@ritmika.si, www.klubrg-narodnidom.si
FB: Klub za ritmično gimnastiko Narodni dom Ljubljana; https://www.facebook.com/events/2360778647490464/

## Dates

## Saturday 30 ${ }^{\text {th }}$ March and Sunday 31 ${ }^{\text {st }}$ March 2019

## Venue

Sport hall »Gimnastični center Ljubljana«, ŠPORT LJUBLJANA, Koprska 29, 1000 Ljubljana, Slovenia https://www.google.si/maps/place/Koprska+ulica+29,+1000+Ljubljana/@46.0389249,14.4813609,17z/data=!3m1!4b1!4m2! 3m1!1s0x47652d47300a0c8f:0x8e35a2197d220b6b

## Delegation per country

- FIG: 4 gymnasts, max 2 in each category
- 10 gymnasts from category senior, junior, prejunior, children, baby (max 2 per category)
- 5 gymnasts B level (max 2 per category)
- 1 judge - obligatory Brevet for juniors FIG and seniors FIG
- 2 coach
- We will accept two clubs per country; federation have priority


## Deadlines

- Preliminary entry by $13^{\text {th }}$ January 2019
- Definitive entry by $13^{\text {th }}$ February 2019
- Nominative entry by $13^{\text {th }}$ March 2019
- Music in mp3 by $13^{\text {th }}$ March 2019 on http://rgform.eu/event.php?id_prop=556


## Please register on

http://rgform.eu/event.php?id_prop=961

## Start fee

- FIG: $40 €$
- A level, non FIG: $40 €$
- B level, baby A: $30 €$


## CATEGORIES AND TEHNICAL PROGRAM

## $32^{\text {nd }}$ MTM FIG tournament

| Category |  | Program |
| :---: | :---: | :---: |
| SENIOR FIG | 2003 and older | 4 routines: hoop, ball, clubs, ribbon |
|  |  | FIG program 2017-2020 |
|  |  | Individual all-around: max 2 competiotors from country in concurse (if more then two, two with the best results are in concurse, other out of concurse ) |
|  |  | Finals per apparatus: 8 best gymnasts per apparatus +1 gymnast from the organizing country Slovenia, max 2 from each country |
| JUNIOR FIG | 2004-2006 | 4 routines: rope, ball, clubs, ribbon UEG program 2017-2020 |
|  |  | Individual All-Round: max 2 competiotors from country in concurse (if more then two, two with the best results are in concurse, other out of concurse ) |
|  |  | Finals per apparatus: 8 best gymnasts per apparatus +1 gymnast from the organizing country Slovenia 2 max. 1 from each country |

## International tournament

| Category |  | Program |
| :---: | :---: | :---: |
| SENIOR | 2003 and older | 2 routines by choice FIG program 2017-2020 |
| JUNIOR | 2004-2005 | 2 routines by choice UEG program 2017-2020 |
| PREJUNIOR | 2006-2007* | 2 routines: rope, ball <br> UEG program 2017-2020 <br> Finals clubs (8 best, max 2 from country) |
| CHILDREN | 2008-2009* | 2 routines by choice: without apparatus, rope, hoop, ball D: max. = 6.00, 3-7 difficulties |
| BABY | 2010 and younger* | 1 routine by choice: without apparatus, rope, hoop D: max. $=4.00,3-6$ difficulties |
| SENIOR B | 2003 and older* | 1 routine by choice: rope, hoop, ball, clubs, ribbon D: max $=6.00,5-7$ difficulties |
| JUNIOR B | 2004-2005* | 1 routine by choice: rope, hoop, ball, clubs D: max = 6.00, 4-6 difficulties |
| PRE JUNIOR B | 2006-2007* | 1 routine by choice: rope, hoop, ball D: max=6.00, 4-6 difficulties |
| CHILDREN B | 2009-2009* | 1 routine by choice: without apparatus, rope, hoop, ball D: max=6.00, 4-6 difficulties |
| BABY B | 2010 and younger* | 1 routine by choice: without apparatus, rope, hoop |

*awards by year and by apparatus

## Provisional schedule of tournament

Friday, 29. 3. 2019

- Arrival of delegations
- Training
- Technical and judge meeting

Saturday, 30. 3. 2019

- Competition FIG, senior A, junior A, prejunior A
- Banquet


## Sunday, 31. 3. 2019

- Competition Baby A, Children A, all categories B level
- Finals FIG Seniors, FIG juniors, prejuniors


## Transportation

The invited participating delegations must pay for the travel costs of their members to/from Slovenia. The organising club will cover the transportation to/from hotel from the airport Jože Pučnik in Ljubljana, Ljubljana train station or Ljubljana bus station upon arrival and by departure. The organising committe will cover the transportation to/from hotel to/from the Competition Hall.

## Accommodation

M HOTEL, Derčeva 4, 1000 Ljubljana, Slovenia
phone number: +386 15137000 , fax number: +386 15137090
e-mail: info@m-hotel.si, web site: www.m-hotel.si
The costs per person in M hotel are as follows:

- Single room: 90 EUR / person / day (including all meals and transfers)
- Double room: 70 EUR / person / day (including all meals and transfers)
- Triple room: upon availability (including all meals and transfers)

The accommodation fee includes the costs for meals from Friday $29^{\text {th }}$ (dinner in hotel), Saturday $30^{\text {th }}$ (breakfast and dinner in hotel, lunch package in gym) and Sunday 31st March 2019 (breakfast in hotel, banquet in gym after competition) and Monday $1^{\text {st }}$ April 2019 (breakfast in hotel). Transfers from hotel to the sport hall are also included in the price.
All the costs have to be paid to organisers upon arrival in cash.

## Visa

Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Slovenia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on time (at least 6 weeks before the competition). The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

## Insurance

Doctor will be present on official training and both days of competition. The competition hall also has AED defibrillator. Nearest hospital is very close by. UKC Ljubljana - University Medical Centre Ljubljana, Zaloška cesta 2, Ljubljana.

The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Delegation members with insufficient insurance cover must inform the OC in advance.

## We hope to see you in Slovenia!



ŠPORT LJUBLJANA GIMNASTIČNI CENTER LJUBLJANA


