



	Start fee 35 euro for 1 gymnast
Applications	<p>Preliminary applications until 30.04.2019 The last day of receipt of applications until 15.05.2018 If the team needs help obtaining a visa, a transfer and an official invitation, as well as a hotel reservation, please provide information before 30.04.2019.</p> <p>Anastazja Bryk e- mail anastasiia.bryk@interia.pl (ukrainian, russian) Anna Pogoda; e-mail akademiagimnastyki@interia.pl (English, polish)</p>
Music	<p>rgsummercup@gmail to 15.05.2019 Musical accompaniment, please provide in the following format: name, surname, subject, category, country, team name (in English) Also have music on usb media</p>
Rewarding	Gymnasts who won 1,2,3 places are awarded with cups, medals, diplomas and memorable gifts. All participants are awarded with medals, diplomas and gifts.

Competition program

Date of birth	Category A	Category B	Category B-light	Category C
2012 and younger	1/ WA 2/ APP. by choice BD: min 3- max7 min 2S; min 1R R-max 3(0.4) * WA	WA BD: min 3- max7 min 2S - max 4 R-max 3(0.4) *WA	WA BD: min 3- max7 BD max 0.3 min 2S - max 4S * WA	WA BD: min 3- max7 BD max 0.3 min 2S - max 4S R-max 3(0.4)
2011	2 APP. By choice BD: min 3- max7 min 2S; min 1R	1/ WA 2/ APP. by choice BD: min 3- max7 min 2S - max 4 R-max 3(0.4) *WA	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S R-max 3(0.4) * WA	WA BD: min 3- max7 BD max 0.3 min 2S - max 4S R-max 3(0.4)
2010	1/ ROPE 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ WA 2/ APP. By choice BD: min 3- max7 min 2S; min 1R R-max3 (0.4) *WA	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S R-max3(0.4) *WA	WA BD: min 3- max7 BD max 0.3 min 2S - max 4S R-max 3(0.4)

2009	1/ BALL 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ HOOP 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ WA 2/ APP. By choice BD: min 3- max7 min 2S - max 4S *WA	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S
2008	1/ RIBBON 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ HOOP 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ WA 2/ APP. By choice BD: min 3- max7 min 2S	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S
2007	1/ RIBBON 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ HOOP 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ TA 2/ APP. By choice BD: min 3- max7 min 2S	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S
2006 Junior	1/ ROPE 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ CLUBS 2/ APP. By choice BD: min 3- max7 min 2S; min 1R	1/ WA 2/ APP. By choice BD: min 3- max7 min 2S	WA BD: min 3- max7 BD max 0.4 min 2S - max 4S
2005-2004 Junior	1/ RIBBON 2/ BALL BD: min 3- max min 2S; min 1R	1/ ROPE 2/ CLUBS BD: min 3- max7 min 2S; min 1R		WA BD: min 3- max7 BD max 0.4 min 2S - max 4S
2003 i starsze Senior	1/ BALL 2/ RIBBON FIG	1/ HOOP 2/ CLUBS FIG		

* WA for 2012 – 2010 includes: 7 elements, BD: min. 3 max 7 min 2S - max 4S *dance tracks (R3Z max = 0.4).

Category C (gymnasts who trains max 2-3 times per week)

This invitation is an official challenge to the competition



**Invitation
to the International Tournament
of Rhythmic Gymnastics
«SOSNOWIEC SUMMER CUP - 2019»
POLAND**

Purpose and tasks	Popularization and development of rhythmic gymnastics, exchange of experience of trainers, identification of perspective and gifted gymnasts, promotion of a healthy lifestyle.
The time and place of the competition	Competition is held on 7-9.06.2019. the address: Poland. Sosnowiec, ulica Żeromskiego 4c 7.06.2019 - meeting of judges, credentials committee, first day of competition and awarding (Category B-light and Category C), arrival and registration of teams, podium training Category A and B 08.06.2019 - meeting of judges, credentials committee, second day of competitions, opening parade and rewarding 2012,2011,2010 09.06.2019 - the third day of the competition, the closing parade, awarding 2009 and older
Conduct of the competition.	Academy of Rhythmic Gymnastics Sosnowiec. Responsibility for the conduct of competitions, medical support is provided by the organization that conducts the competition. All financial expenses for business trips of competitors, coaches, judges (travel, food, accommodation) are borne by sending organizations.
Contact	+380933054303,+48 515 204 288 Anastazja Bryk e- mail: anastasiia.bryk@interia.pl (ukrainian, russian) +48608464248 Anna Pogoda; e-mail akademiagimnastyki@interia.pl (English, polish) Transmission: rgvideo.net https://www.facebook.com/Akademia-Gimnastyki-Artystycznej-Sosnowiec-577915309045396/
Accommodation	hotel Price for one night: for 1 person in double or triple room 25 euro (breakfast included); in single room 30 euro for 1 night for 1 person (breakfast incl.) – paid to the Academy of Rhythmic Gymnastics Sosnowiec on the day of arrival
Composition of the team, start fee	1 trainer-representative, 1 judge, gymnasts – no limit.

**EXAMPLE APPLICATION
«SOSNOWIEC SPRING CUP - 2018»**

CLUB

Address

Tel.....

E-mail

Name and surname of gymnast	Date of birth	Category	Apparatures	Accommodation
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

Trainer.....

Judge.....

EXAMPLE OF AN APPLICATION FOR A HOTEL, TRANSFER, VISA

Team name, country, city

Hotel	Arrival day	Date of departure	Number of residents (persons)	Name of the person responsible for the arrival and departure of the team
Transport				
Visa				