



XII MONTENEGRO CUP 2019

Dear Rhythmic Gymnastics Friends,

The Gymnastics Club Budva has the pleasure to invite you to participate in its 12th annual „Montenegro Cup 2019“ International RG Tournament in Budva, Montenegro. Join the challenge, excitement and friendship of this well established international event in Budva.

ORGANIZER	GK Budva Rozino 7, 85310 Budva, Montenegro, MNE TEL: +382 69 084 966 FAX: +382 33 465 479 E-mail: gkbudva@t-com.me Website: www.gkbudva.com
COMPETITION DATE	29th-30th June 2019
COMPETITION SITE	Mediterranski Sportski Centar (MSC) Trg Sunca bb 85310 Budva
ACCOMMODATION	Please be obliged to apply for accommodation until May 10, 2019, after that date we can not guarantee the possibility of accommodation in these hotels at these prices in accommodation form, on organizer E-mail : gkbudva@t-com.me
TRANSPORTATION	Transportation of the delegation from the Podgorica Airport, the Tivat Airport or train station in Bar to the hotel and back at the price of 30€ per and the bus station in Budva, to the hotel and back at the price of 10 € per person.
PROGRAMME	FRIDAY 28th June - Arrival of the delegation and technical meeting SATURDAY 29th June –a judge meeting and the A-level competition SUNDAY 30th June – a judge meeting, the B level competition, the A level finals and the Farewell party MONDAY 1st Jul – Tourist tour to the Monastery of Ostrog 50€ - Pleasant boat trip from Budva to Sveti Stefan 15€ Departure of the delegations

LEVEL A

BABY (2013 and younger) : Without apparatus

Difficulty (BD), min 3 max 6 , min 1 dance steps,
Execution (E) 10.00p

MINI (2011 and 2012) : Without apparatus and apparatus by choice (rope, hoop,ball)

Difficulty (BD), min 3 max 6 , min 1 dance steps,
Execution (E) 10.00p

CHILDREN (2009 and 2010) : Without app. and app. by choice(rope, hoop, ball, clubs)

Difficulty (BD), min 3 max 6 , min 1 dance steps, min 1 risks
Execution (E) 10.00p

HOPES (2008) : 2 apparatus by choice (rope, hoop, ball, clubs)

Difficulty (BD) min 3 max 7, min 1 dance steps, min 1 risks
Execution (E) 10.00p

PRE-JUNIORS (2007) : 3 apparatus by choice (rope, hoop, ball, clubs and ribbon)

According to the FIG regulations 2017-2020 for juniors

JUNIORS (2004 - 2006) : Rope, ball, clubs and ribbon

According to the FIG regulations 2017-2020 for juniors

SENIORS (2003 and older) : Hoop, ball, clubs and ribbon

According to the FIG regulations 2017-2020 for seniors

LEVEL B

BABY (2012 and younger) : Without apparatus

Difficulty (BD), min 3 max 5, min 1 dance steps
Execution (E) 10.00p

MINI (2010 - 2011) : 1 apparatus by choice

Difficulty (BD), min 3 max 6, min 1 dance steps, min 1 risk
Execution (E) 10.00p

CHILDREN (2009 and younger) : 1 apparatus by choice

Difficulty (BD), min 3 max 6, min 1 dance steps, min 1 risk
Execution (E) 10.00p

HOPES (2008) : 1 apparatus by choice

Difficulty (BD), min 3 max 6, min 1 dance steps, min 1 risks
Execution (E) 10.00p

PRE-JUNIORS (2007) : 2 apparatus by choice

Difficulty (BD), min 3 max 6, min 1 dance steps, min 1 risks
Execution (E) 10.00p

JUNIORS (2004 -2006): 2 apparatus by choice

Difficulty (BD), min 3 max 6, min 1 dance steps, min 1 risks
Execution (E) 10.00p

FINALS Only for LEVEL A	Pre-juniors : rope Juniors: rope, ball, clubs and ribbon Seniors : hoop, ball, clubs and ribbon The top eight gymnasts in each apparatus qualify for the apparatus final. Limit for finals is 2 gymnast per country. The organizing club has the right to add 1 gymnast in every final
DELEGATION	Max 12 person : 5 gymnast in LEVEL A 5 gymnast in LEVEL B (max 2 gymnast per category) 1 judge and 1 coach
ENTRY FEES	The entry fee is 35 € per gymnast, extra gymnast 50€
VISA	Please verify immediately with your travel agent or the Montenegro Embassy or Consulate in your country if a visa is required for you to travel to Montenegro. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before May 1st 2019 to the Gymnastics Club Budva.
MUSIC	Music will be accepted on USB Send the music in mp3 at: gkbudva@t-com.me and https://www.rgform.eu/event.php?id_prop=1366
GALA	Gymnasts are welcome to present 1 short exhibition, max 2min duration
PRIZES	The first, the second and the third place will receive medals. All gymnasts will receive diplomas
REGISTRATION DEADLINES	PRELIMINARY REGISTRATION : 15th April 2019 DEFINITIV REGISTRATION : 1st June 2019 TRAVEL DETAILS : 1st June 2019 Register for the competition at: https://www.rgform.eu/event.php?id_prop=1366

ORGANIZING COMMITTEE CONTACTS

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