



LUXEMBOURG TROPHY 2019

7th International Rhythmic Gymnastics Tournament

7th to 9th of June 2019 – LUXEMBOURG (Belair)

COMPETITION SCHEDULE

Friday 07/06/2019 arrival of delegations, possibility of training
Saturday 08/06/2019 judges meeting, all around individual, children groups, award ceremony
Sunday 09/06/2019 all around individual, gala, award ceremony, banquet
Monday 10/06/2019 departure of delegations

REGISTRATION DEADLINES

07/04/2019 – preliminary registration
10/05/2019 – nominative registration

COMPETITION HALL “BELAIR” ([photos](#))

14, rue d’Ostende
L-2271 Luxembourg-Belair
LUXEMBOURG

COMPETITION FLOOR

Gymnova complete RG competition carpet
with wooden floor - FIG Approved

ORGANISING COMMITTEE

Contact persons
e-mail:
luxtrophy@gmail.com

Tel. (+352) 621 458 588 – Aliona
(RUS/FR/ENG)
www.luxtrophy.lu

DELEGATIONS

5 gymnasts – preferably 1 per age group,
1 group (6 gymnasts)

1 coach and 1 judge

Max. 3 teams per country (no exceptions, first come first served basis).

FEES

For each of first 5 gymnasts 30 EUR,
each additional gymnast 40 EUR and
60 EUR per group.

INSURANCE

Delegations are responsible for their members having adequate insurance coverage against accidents, illness and other travel and sport risks.














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COMMON TECHNICAL PROGRAM

Min. 1  (8 seconds) (E): max. 10.00

Min. 1 difficulty from each body movement group (except where FIG program applies)

TECHNICAL PROGRAM - INDIVIDUAL EXERCISES

Age group	Cat.	Exercises	(D) max.	Difficulties	
Baby (2013 & younger)	-	1: <i>without apparatus</i>	1.50	max. 5  max. 0.20	-
Mini (2011-2012)	-	1: <i>without apparatus</i>	3.00	max. 6  max. 0.40	-
Kids (2009-2010)	A	2: <i>without apparatus + 1 apparatus of choice</i>	W/A: 5.00 app: 6.00	max. 7  max. 0.60	min. 1 
	B	2: <i>without apparatus + 1 apparatus of choice</i>	W/A: 4.00 app: 5.00	max. 6  max. 0.50	min. 1 
Pre-juniors (2007-2008)	A	2008 2: <i>hoop + app. of choice</i>	app: 7.00	max. 7  max. 0.80	min. 1 
		2007 2: <i>ball + app. choice</i>			
	B	2: <i>two apparatus of choice</i>	app: 6.00	max. 6  max. 0.60	min. 1 
Juniors (2006-2004)	A	3: <i>rope + clubs + app. of choice</i>	According to FIG program for juniors		
	B	2: <i>two apparatus of choice</i>	According to FIG program for juniors		
Seniors (2003 & older)	A	3: <i>ball + clubs + ribbon</i>	According to FIG program for seniors		
	B	2: <i>two apparatus of choice</i>	According to FIG program for seniors		

Should the total number of registered participants exceed the capacity, the organisers reserve the right to reduce the number of performed routines in one or several categories.



TECHNICAL PROGRAM - GROUP EXERCISES

Age Category	Exercise	D Score BD & ED Min 1 S Min 4 C. Max 1 R	Note E
2010 and younger	Without Apparatus	<ul style="list-style-type: none"> • Max D 4 points • Min 2 BD & 2 ED 	Code FIG
2008 and younger	1 apparatus of choice	<ul style="list-style-type: none"> • Max D 5.5 points • Min 3 BD & 3 ED 	Code FIG
2006 and younger	1 apparatus of choice	<ul style="list-style-type: none"> • Max D 6 points • Min 3 BD & 3 ED 	Code FIG
Juniors : 2004 and younger	1 or 2 apparatus of choice	<ul style="list-style-type: none"> • Max D 7 points • Min 3 BD & 3 ED 	Code FIG
Seniors : 2003 and older	1 or 2 apparatus of choice	<ul style="list-style-type: none"> • Max D 9 points • Min 4 BD & 4 ED 	Code FIG

ALL-AROUND COMPETITION

Rankings in individual exercises will be separate by year of birth for gymnasts born 2007 and younger. Rankings in group exercises will be by age group as indicated in the above table.

There will be additional separate rankings and podiums for participants from **Small States of Europe**.

JUDGES

Each delegation must include 1 judge with a licence from FIG or a national federation member of FIG. Delegations coming without a judge will be charged a penalty of 50 EUR.

MUSIC

Music for the competition must be uploaded via RGFORM.EU before **10/05/2019** as specified in the FIG Code of Points. We require each gymnast to have a spare CD for each music routine.

GALA

Each team is welcome to perform 1 short presentation (max. 1 per team) not longer than 3 minutes. If you would like to participate in the gala, please register the gala presentation and upload the music via RGFORM.EU before **10/05/2019**.



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AWARDS

Individual All-around

1st-3rd – cups, medals, gifts, diplomas

All participants will receive encouragement medals, gifts and diplomas.

Groups

1st-3rd – cup, medals, gifts

All participants will receive encouragement medals, gifts and diplomas.

Special awards

Miss Tournament, Mini Miss Tournament, Miss Dance, Miss Grace, Miss Elegance, Miss

Artistry, Miss Smile, Miss Risk, Spectators' choice award.

Special prizes from our sponsors.

BANQUET

The banquet will take place on Sunday June 9th 2019.

Please refer to the hotel accommodation form to reserve participation.

Any other member of delegation, who did not take the official hotel, is welcome to join for a fee of 35 € for adults / 20 € for gymnasts and must be registered and paid together with the entry fees by the **May 10th, 2019**.

CATERING

Breakfast & dinner as per accommodation package.

A buffet with snacks and drinks will be open non-stop during the competition.

Free fruit, yogurt and water will be provided for gymnasts during the competition.

PAYMENT OF FEES

Entry fees for gymnasts must be paid by **May 10th, 2019** the by wire transfer to our bank account below.

Please refer to the hotel accommodation form for payment details for lodging, meals & banquet.

Participating teams must support potential transaction cost or bank commission.

BANK DETAILS

Beneficiary: Rythmo-Cats Club de Gymnastique Rythmique ASBL

IBAN : LU54 0099 7800 0032 6207

BIC : CCRALULL (*Banque Raiffeisen*)



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ACCOMMODATION

Please refer to the accommodation form for hotel reservation. The organizing club ensures transportation from Luxembourg airport/train station to the hotel & back AND shuttle buses between hotel & competition hall.

Delegations are free to stay in any hotel of their choice, but we cannot guarantee any transfers to the competition hall from hotels other than the one in the accommodation package.

GETTING TO LUXEMBOURG

Luxembourg airport

Luxembourg railway station

Frankfurt-Main – transfers:
meinfernbus.de

Frankfurt-Hahn / Brussels-Charleroi
(budget flights) - Airport transfers:
www.flibco.com

TRANSPORTATION

Transport will be provided from the hotels included into the accommodation package to the competition hall and back.

We can also provide transfers from Luxembourg airport and Luxembourg railway station to the official hotel if you send us your travel details by the **May 10th, 2019**.

Transportation from any other hotel and from different than specified airport of arrival can be organized separately for additional fee.

VISA ASSISTANCE

Upon request until **May 10th, 2019** we can provide an official invitation for participants requiring a Schengen visa **FREE of charge**. The request must include the function, full name, gender, date of birth, citizenship, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

REGISTRATION LINKS

Preliminary, definitive registration can be made following the link to:

<http://www.luxtrophy.lu/>
[Luxembourg Trophy 2019 \(FIG\) registration page](#)

We look forward to seeing you in Luxembourg!