



**46th EKF Junior, Cadet
&
11th U21 Championships**
Aalborg, Denmark
8-10 February 2019



BULLETIN Nr. 1



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1 Initial Greetings

1.1 President of the European Karate Federation



The 2019 edition of the EKF Junior, Cadet & U21 Karate Championships is set to be a memorable one. Not only Karate events around the world are enjoying a remarkable progress, with increasing popularity, growing appeal and more and more spectacular performances; Karate events such as the competition to be held in Aalborg (Denmark) from February 8th to 10th will also capture the attention of fans worldwide for the stunning sporting spirit of these competitions.

The 2019 EKF Junior, Cadet & U21 Championships will give an added value to our discipline as they will play an essential role in the development of younger competitors, and since they showcase the relevance of our sport in underage categories.

With Denmark welcoming its first European Karate Championships, I take the opportunity to thank the Danish Karate Federation, its president Mr Thomas Bjuring and all the members of the organising committee for their efforts to host a high-level event like this tournament. I am sure that karatekas from all over Europe will find the best conditions to show all their abilities and that we will enjoy an unforgettable sporting event.

Antonio Espinós
President of the European Karate Federation



1.2. President of the Danish Karate Federation



On behalf of the Danish Karate Federation I would like to welcome all participants, organizers and guests to the 46th European Karate Championships for Cadet, Junior and U21 athletes - which is held in the beautiful city of Aalborg from the 8th to the 10th February 2019.

At this moment karate is prospering (on the top). We welcome many new athletes and our beloved sport is growing. This is achieved because of a solid job done by the WKF and EKF to put our sport in focus. With the inclusion of karate into the Olympic program it promises even more progress for our sport. In Denmark the Danish Karate Federation is the biggest martial arts federation and the great support we get from Danmarks Idrætsforbund, (the National Olympic Committee and Sports Confederation of Denmark) enables us to continuously develop to benefit our many members and competitors in Denmark.

This is the first time that Denmark hosts a major international tournament like the European Championships. Together with Sport Event Denmark and the municipality of Aalborg - we assure you, that this tournament will be an experience that lives up to the history of this great tournament, the European Championships.

The platform of karate attracts many practitioners, amateurs and professionals. This is one of the very unique things about our sport. We unite young and old people, we compete, at different levels - we compete with ourselves and for championships and medals. It is a sport that unites countries and nationalities regardless of gender, age and religion. The beauty of karate is including all.

Danish Karate Federation and I wish everyone a good tournament and a warm welcome in Aalborg and Denmark.

Thomas Bjuring
President of the Danish Karate Federation



2 Aalborg

2.1 About Aalborg

Aalborg is with its 212.000 inhabitants and a total area of 1.137,40 square kilometers, the third largest municipality of Denmark and the regional capital of North Denmark.

It's situated at the narrowest part of the picturesque Limfjord.

Through the last years, the city has developed into one of the busiest trading centers of Denmark. Also the city's educational reputation has developed in a positive way. Aalborg University is ranked the best university in Europa for engineering and the eighth best university worldwide according to the Best Global Universities list, which attract the young students to the city.

Activity and prosperity left their marks on the city's architecture, and many of the old buildings still function as natural elements in the townscape. Aalborg is known as an exciting city with a wide variety of attractions and activities. In addition to a vast number of cultural events – Aalborg is famous for its many restaurants, cafés and bars – more per inhabitant than any other city in the country. Jomfru Ane Gade (Aalborg's amusement street) has Denmark's longest continuous street of pubs, clubs, cafés with music and bars where every kinds of people in ages from 18 goes.

Nevertheless, our most valued asset is, of course, the open-minded, friendly and hospitable attitude of the people living in Aalborg.

3 How to get to the Championship

3.1 Flight

You can easily access Aalborg's international airport from a number of destinations all over the world. Aalborg Airport is places just outside Aalborg and is the third biggest airport in Denmark. With almost hourly flights to and from Copenhagen airport and thus provides a flexible hub for international flights, albeit there are several direct international connections including 3 daily connections via Amsterdam.

Alternatively the more southern international airport Billund can be used, and combined with a pre-booked bus this may serve as an alternative route. Travel time by bus is approx. 3 hours.



4 Accommodation

4.1 Hotels

Important information

Bookings must be done directly to the hotel. All hotels must be paid in advance – bookings are not confirmed before payment has been received by the hotel.

Cancellations and refunds will be coordinated with the specific hotel under consideration of the individual rules for this hotel.

All bookings must be done before **Wednesday the 5th of December 2018.**

The Danish Karate Federation can only guarantee availability of rooms for reservations made before 5th of December 2018. Please make sure you book in advance since there is **very limited availability** in the city of Aalborg.

All prices are including breakfast, tax and service.



4.1.1 Radisson Blu Limfjord Hotel (Headquarter Hotel)****



Near to the airport and still in the heart of the city, the Radisson Blu Limfjord Hotel in Aalborg is your gateway to all the city's hotspots. The hotel is just 6 kilometers from Aalborg Airport.

When staying at Radisson Blu Limfjord Hotel, Aalborg you'll find yourself in the center of Aalborg, with everything the city has to offer – restaurants, bars, culture, history and the vibe of the city. The hotel is situated on the waterfront with great views and lots of opportunity to get an authentic Aalborg-experience.



All the hotel's common areas, meeting facilities, restaurant and lounge-area plus almost all the rooms are completely refurbished and renovated with the highest of standards. So, enjoy the best of Scandinavian design and the new restaurant with Nordic style cuisine – we recommend the nice and varied international breakfast buffet. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 5.9 km and to Nordkraft 1,4 km

Address: Radisson Blu Scandinavia Hotel,
Ved Stranden 14, 9000 Aalborg
www.radissonblu.com/en/hotel-aalborg

Booking: Ddirectly with Hotel Manager, Mette Hedegaard, +45 9816 4333,
reservations.limfjord@radissonblu.com

Booking reference .: KARATE



4.1.2 First Hotel Aalborg****



First Hotel Aalborg is located in the midst of a cultural oasis with the House of Music (Musikkens Hus), The Utzon Center and the cultural center Nordkraft as the nearest neighbors and very close to the pedestrian streets with shopping and cafes within walking distance. First Hotel Aalborg is the perfect choice for guests who prefer a cosy and welcoming atmosphere with the best view of the lovely and peaceful Limfjord.

At First Hotel Aalborg, we want to be remembered for our staff, and we take great pride in providing you with a personal and individual service. We have an eye for detail, giving you the best experience.



Every morning, First Hotel Aalborg serves a delicious breakfast buffet. Furthermore, the hotel offers a fitness room and several bright meeting rooms with capacity for 50 people - of course with panoramic views of the fjord. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 5.3 km and to Nordkraft 1,4 km

Address: First Hotel Aalborg, Rendsburggade 5, 9000 Aalborg
<https://www.firsthotels.dk/hoteller/danmark/aalborg/first-hotel-aalborg/>

Booking: Directly with Natasja.Madsen@firsthotels.dk



4.1.3 Scandic Aalborg City****



The attractions and shops of the city are right outside your hotel door when you stay in the heart of Aalborg. You'll feel at home in our 168 modern and comfortable rooms and suites all decorated in Scandinavian design with great views from the highest floors. Relax or socialize with a drink, a cup of coffee or tea and a snack in our cozy lobby bar.



After a long day in Aalborg you can unwind and recharge your batteries in our gym where you'll find modern equipment for all purposes. Outside the hotel we offer a public parking, but we also offer our own monitored and secured underground garage. Feel like exploring Aalborg by bike? Borrow a Scandic bike in the reception and have a fun and adventurous day. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 5.9 km and to Nordkraft 2,2 km

Address: Scandic Aalborg City, Europa Plads 1, 9000 Aalborg
<https://www.scandichotels.dk/hoteller/danmark/aalborg/scandic-aalborg-city>

Booking: Directly with: susanne.andreasen@scandichotels.com
+45 98 78 31 09



4.1.4 Best Western Scheelsminde****



Scheelsminde welcomes you to a world of high quality, whether you wish to enjoy our overnight accommodations, gastronomy, business facilities, catering service, banqueting rooms, weekend stays and/or other memorable experiences.

At Scheelsminde, you can be confident that everything runs according to plan. Our requirements are high when it comes to service, quality and raw materials – and we are dedicated to the task of creating the best conditions for you. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 5.2 km and to Nordkraft 4,1 km

Address: Best Western Scheelsminde, Scheelsmindevej 35, 9200 Aalborg
<http://scheelsminde.dk/scheelsminde.aspx>

Booking: Directly with Sara: sara@scheelsminde.dk



4.1.5 Kompas Hotel Aalborg*** (Recommended for referee course-participants)



Kompas Hotel Aalborg has been renovated and extended in 2017 and 2018. Now it is one of Aalborg's newest hotels with a cozy atmosphere and great location.

Our new hotel has 55 double rooms and in the original part of the hotel we have 24 single rooms and 31 double rooms.



The hotel is located in the heart of Aalborg's new cultural center, with Nordkraft and Musikkens Hus as its closest neighbors, right next to the waterfront (harbor promenade) and only 10 minutes walk to the city center (Square: Nytorv). Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 4,7 km and to Nordkraft 300 m

Address: Hotel Aalborg, Østerbro 27, 9000 Aalborg
<http://hotelaalborg.dk>

Booking: Directly with info@hotelaalborg.dk

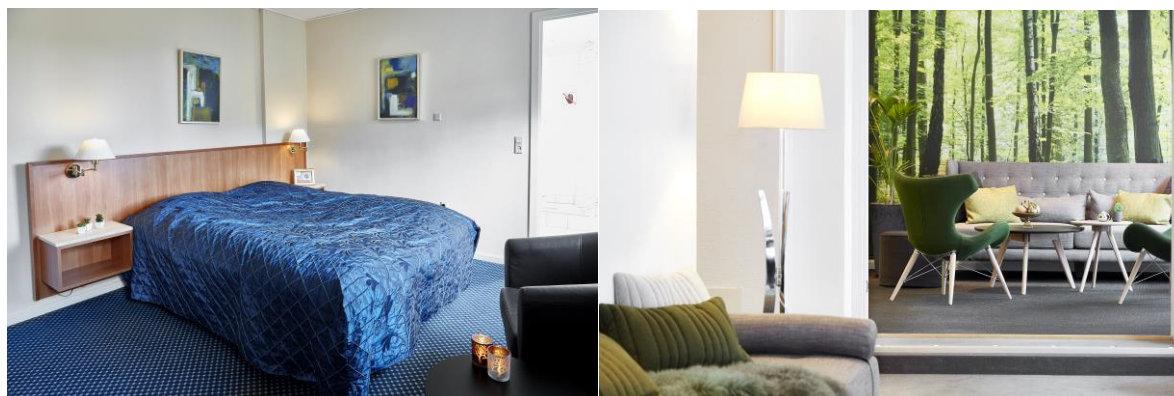
Code: KARATE



4.1.6 Hotel Gestus***



Hotel Gestus, is a cozy hotel, with only 89 rooms and a smiling staff, who are ready to welcome you. Enjoy the good atmosphere with a free cup of coffee in our lobby area.



The hotel is only a few minutes walk from the bus-and train station. We have a completely central location in Aalborg close to the city center. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 6,3 km and to Nordkraft 1,2 km

Address: Hotel Gestus, Vesterbro 36, 9000 Aalborg
<http://millinghotels.dk/hoteller/hotel-gestus/>

Booking: Directly with gestus@millinghotels.dk

Code: KARATE



4.1.7 Hotel Comwell Hvide Hus Aalborg****

(Important – Only available from the 7th of February and onwards)



Hotel Comwell Hvide Hus Aalborg welcomes you to a hotel stay in one of the city's most beautifully located hotels, close to Kildeparken - and Aalborg City Center is only a 10-minute walk from the hotel. The atmosphere of the hotel is classically cool - with Hay furniture and subdued colors. The hotel was completely renovated in 2014.



Parking in the hotel garage or outdoor parking in front of the hotel. All rooms have a safe box, balcony, iron and free internet, which is also available throughout the hotel.

Distance to competition venue: 4,8 km and to Nordkraft 1,6 km

Address: Hotel Comwell Hvide Hus Aalborg, Vesterbro 2, 9000 Aalborg
<https://www.comwellaalborg.dk>

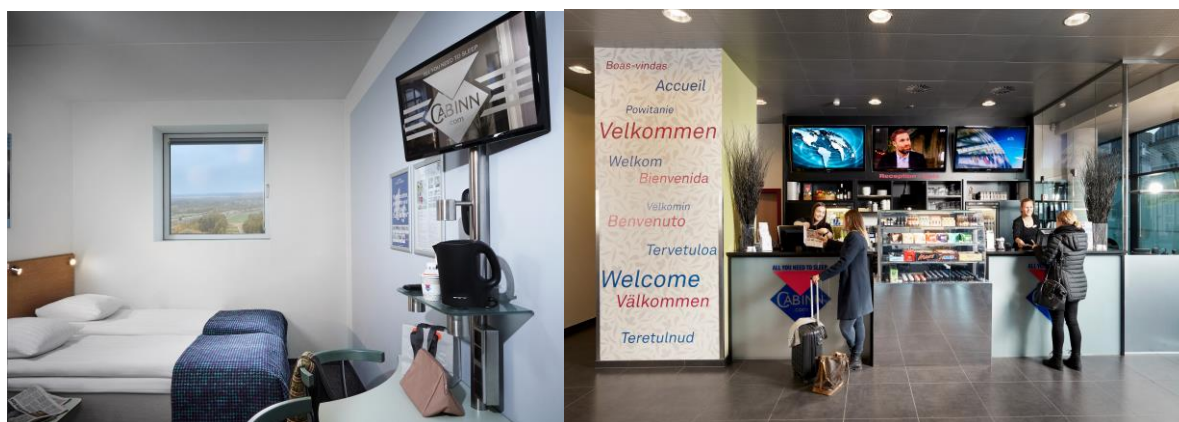
Booking: Anette Piilgaard
E-mail: anpi@comwell.dk
Phone: +45 98 13 84 00



4.1.8 Cabinn Hotel Aalborg** (Recommended for referee course-participants)



CABINN Aalborg Hotel is situated in Aalborg's quaint city centre with an amazing view of Limfjord, which you can enjoy from the hotel's breakfast café.



The hotel is located on the harbourfront with the cultural institutions Nordkraft and Utzon Center as its closest neighbours, while the train station, Jomfru Ane Gade, Aalborg Congress & Culture Centre and Aalborg Theatre are just a short walk away. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 6 km and to Nordkraft 500 m

Address: Cabinn Hotel Aalborg , Fjordgade 20, 9000 Aalborg
<https://www.cabinn.com/hotel/cabinn-aalborg-hotel>

Booking: Directly with jm@cabinn.com

Code: EM2019



4.1.9 Helnan Phønix Hotel****



Helnan Phønix Hotel is a historic and international hotel kept in a classic style with respect of the time around it's build in the 18th century. The hotel has 220 rooms and is situated in the centre of Aalborg – close to the beat of the city.



The historic facilities are the perfect location for every party and our professional staff has quality and service as top priority. Free Wi-Fi is available throughout the hotel.

Distance to competition venue: 6,4 km and to Nordkraft 1,4 km

Address: Helnan Phønix Hotel, Vesterbro 77, 9000 Aalborg
<https://www.helnan.dk/phoenix>

Booking: Directly with phoenix@scandinavianhotels.dk

Code: EMKARATE

4.1.10 Zleep Hotel Aalborg***



Aalborg's newest hotel is located in the heart of the city and can easily be reached with all modes of transportation. Zleep Hotel Aalborg is located next to the train station in quiet surroundings. Aalborg is a compact city, so all attractions as well as shops and cafés are within walking distance. If you are not willing to compromise on quality but want a convenient and affordable hotel, we are ready to welcome you in our new facilities.



Zleep Hotel Aalborg serves a breakfast buffet every morning, which mostly consists of organic produce. WiFi is of course free for everyone. And we ensure a 'hyggelig' atmosphere in our lounge area, where you can relax in the evening with your team.













Distance to competition venue: 4.4 km and to Nordkraft 1.3 km

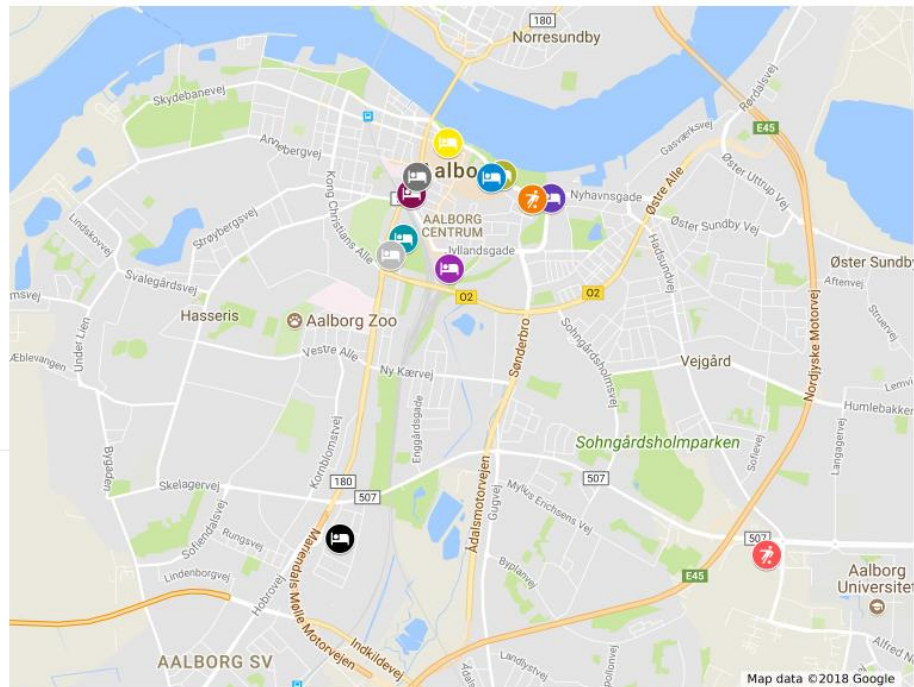
Address: Zleep Hotel Aalborg, Jyllandsgade 8, 9000 Aalborg
<https://www.zleephotels.com/hotel/aalborg>

Book directly with: booking@zleephotels.com

4.2 Hotel Map

Aalborg - Hotels & Venues

-  Radisson Blu Limfjord
-  First Hotel Aalborg
-  Scandic Aalborg City
-  Best Western Scheelsminde
-  Kompas Hotel Aalborg
-  Hotel Gestus
-  Comwell Hvide Hus Aalborg
-  Cabinn Hotel Aalborg
-  Helnan Phønix Hotel
-  Zleep Hotel Aalborg
-  Nordkraft - Training Venue
-  Gigantium - Venue



4.3 Hotel Rates

The table below show prices in Danish Kroner (DKK) per person and night on bed and breakfast basis

Hotel	Category	Single	Double	Triple	4 Bed
	Stars	EUR / DKK	EUR / DKK	EUR / DKK	EUR / DKK
Radisson Blu Limfjord Hotel HQ	****	975 / 132	540 / 73	432 / 59	N/A
First Hotel Aalborg	****	1080 / 146	640 / 87	N/A	N/A
Scandic Aalborg City	****	1099 / 149	650 / 88	N/A	N/A
Best Western Scheelsminde	****	825 / 112	475 / 65	365 / 50	N/A
Kompas Hotel Aalborg	***	865 / 117	547,50 / 74	432 / 59	375 / 51
Hotel Gestus	***	700 / 95	400 / 54	N/A	N/A
Hotel Comwell Hvide Hus Aalborg	****	1098 / 149	649 / 88	500 / 68	424,50 / 58
Cabinn Hotel Aalborg	**	574 / 78	420 / 57	350 / 48	N/A
Helnan Phønix Hotel	***	845 / 115	472,50 / 64	400 / 54	350 / 48
Zleep Hotel Aalborg	***	650 / 88	425 / 58	N/A	N/A

*All prices include local taxes.



5 Referee Course

5.1 Referee Course Programme

Tuesday – 5th February 2019

	ROOM
08:00 - 08:45 Referee Commission meeting	HQ Hotel Salon 9 + 10
09:00 -12:00 Payment and registration for candidates	HQ Hotel Salon 9 + 10
12:00 -13:00 Lunch	HQ restaurant
13:00 - 14:00 Kumite theory	Nordkraft University auditorium
14:00 - 15:00 Kumite theory examination	Nordkraft University auditorium
15:00 - 16:00 Kata theory	Nordkraft University auditorium
16:00 - 17:00 Kata theory examination	Nordkraft University auditorium

Wednesday – 6th February 2019

	ROOM
09:00-12:00 Practical examination Kumite group 1	Nordkraft Level 6
12:00 -13:00 Lunch	Nordkraft TBC
13:00-16:00 Practical examination Kumite group 2	Nordkraft Level 6
16:30-19:30 Practical examination Kumite group 3	Nordkraft Level 6

Thursday – 7th February 2019

	ROOM
08:30 -12:00 Practical examination Kata group 1 & 2	Nordkraft Level 6
12:00 -13:00 Lunch	Nordkraft TBC
13:00 -18:00 RC administration	Nordkraft Level 6
18:00 -19:00 Results	Nordkraft Level 6
19:00 -20:00 Referees briefing	Nordkraft Level 6
20:00 -20:30 Tatami manager & Appeals Jury meeting	Nordkraft Level 6



5.2 Referee Registration

5.2.1. Referee Course

The Referee Course registration will be open on **December 5th, 2018**.

The Referee Course registration will close on **January 9th, 2019**.

All registrations must be made **online**, within the deadlines above mentioned, through the following Sportdata links:

KATA: <https://www.sportdata.org/wkf/set.php?id=256>

KUMITE: <https://www.sportdata.org/wkf/set.php?id=257>

Should you have any technical difficulties when registering, please contact support@sportsid.org.

5.2.2. Referees attending and officiating at the EKF Championships 2018

The registration of qualified referees for officiating in European Championships opens on **December 05th, 2018**.

The registration of qualified referees for officiating in European Championships closes on **January 09th, 2019**.

All registrations must be made **online**, within the deadlines above mentioned, through the following Sportdata links:

<https://www.sportdata.org/wkf/set.php?id=255>

Should you have any technical difficulties when registering, please contact support@sportsid.org.

6 Event Schedule

Thursday – 7th February 2019

09:00 -15:00 Registration for delegations

16:30 -17:30 License renewal examination

16:30 -18:00 Open Draw

17:00 -18:00 Medical Commission Meeting

19:00 -20:00 Technical Commission Meeting

Friday – 8th February

09:00 -11:00 Executive Committee Meeting

ROOM

Meeting room 1

Nordkraft University auditorium

Kongres 1-2

Salon 4-6

Salon 4-6

ROOM

Kongres 2



7 Competition Information

7.1 Categories

Individual categories

U21 (age 18/19/20)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-60 Kg.	-50 Kg.
		-67 Kg.	-55 Kg.
		-75 Kg.	-61 Kg.
		-84 Kg.	-68 Kg.
		+84 Kg.	+68 Kg.

Junior (age 16/17)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-55 Kg.	-48 Kg.
		-61 Kg.	-53 Kg.
		-68 Kg.	-59 Kg.
		-76 Kg.	+59 Kg.
		+76 Kg.	

Cadet (age 14/15)			
Individual Kata		Individual Kumite	
Male	Female	Male	Female
		-52 Kg.	-47 Kg.
		-57 Kg.	-54 Kg.
		-63 Kg.	+54 Kg.
		-70 Kg.	
		+70 Kg.	

Team Categories

Cadet and Junior Team Kata (age 14/17)	
Male	Female

7.2 Age

IMPORTANT NOTE:

The age limit of competitors for the corresponding category will be the first day of the entire event. This means competitors must have the eligible age by 8th of February 2019.



7.3 Competition Programme

Friday 8th February 2019

	Weigh - In	
9:00 – 09:30	Cadet Male	(All Categories)
10:00 – 10:30	Cadet Female	(All Categories)
	Kata Individual - Eliminations & Repechages	
9:00 - 11:00	Cadet	(Male & Female)
	Junior	(Male & Female)
	U21	(Male & Female)
11:00	Repechages	
	Cadet Kumite - Eliminations & Repechages	
13:00	Male	(-52kg, -57kg & -63kg)
14:00	Female	(-47kg, -54kg & +54kg)
15:00	Male	(-70kg & -70kg)
16:00	Repechages (Male & Female)	
	Finals	
17:30	Kata Individual - Cadet (Male & Female) / Junior Male	
17:45	Medals Award	
18:00	Kata Individual - Junior (Female) / U21 (Male & Female)	
18:15	Medals Award	
18:30	Kumite Male (-52kg, -57kg & -63kg)	
18:45	Medals Award	
19:00	Kumite Female (-47kg, -54kg & +54kg)	
19:15	Medals Award	
19:30	Kumite Male (-70kg & -70kg)	
19:40	Medals Award	



Saturday 9th February 2019

Weigh - In	
9:00 – 09:30	Junior Male (All Categories)
10:00 – 10:30	Junior Female (All Categories)
11:00 - 12:00	U21 Male (All Categories)
13:00 - 14:00	U21 Female (All Categories)
Kata Team	
9:00 - 11:00	Junior (Male & Female)
Junior Kumite - Eliminations & Repechages	
10:15	Male (-55kg, -61kg & -68kg)
11:30	Female (-48kg, -53kg & +59kg)
12:45	Female (+59kg) & Male (-76kg & +76kg)
13:45	Repechages (Male & Female)
16:00	Opening Ceremony
Finals	
17:00	Kumite Male (-55kg, -61kg & -68kg)
17:15	Medals Award
17:30	Kumite Female (-48kg, -53kg & +59kg)
17:45	Medals Award
18:00	Kumite Female (+59kg) & Male (-76kg & +76kg)
18:15	Medals Award
18:30	Kata Team (Male & Female)
19:00	Medals Award



Sunday 10th February 2019

U21 Kumite - Eliminations & Repechages		
9:00	Female	(-50kg, -55kg & -61kg)
10:15	Male	(-60kg, -67kg & -75kg)
11:45	Female	(-68kg & +68 kg) & Male (-84kg)
13:00	Male	(+84kg)
13:00	Repechages	(Male & Female)

FINALS	
14:30	Female (-50kg, -55kg & -61kg)
14:50	Medals Award
15:05	Male (-60kg, -67kg & -75kg)
15:25	Medals Award
15:40	Female (-68kg & +68kg)
15:50	Male (-84kg & +84kg)
16:05	Medals Award
16:30	CLOSING CEREMONY



7.4 EKF Approved Items

EKF APPROVED ITEMS

SPORT PROTECTIONS	
BRAND	CONTACT INFORMATION
	<p>OOO "KALININGRADSKIY SPORT"</p> <p>Musorgskogo str. 10, bldg. 16A</p> <p>236022- Kaliningrad,</p> <p>RUSSIAN FEDERATION</p> <p>Phones: 007 911 4672969 / 007 911 4997553</p> <p>Fax: 007 08439 23337</p> <p>e-mail: best_sport@mail.ru</p> <p>www.best-sport.ru</p>
	<p>DRAGON BLEU SAS</p> <p>VENUM Official distributor</p> <p>7 Rue du sagittaire BP20158</p> <p>94533 RUNGIS</p> <p>Tel : 0141733239</p> <p>Fax : 0149790629</p> <p>e-mail : contact.euro@venumfight.com</p> <p>www.dragonbleu.fr</p>

All the information concerning the EKF homologated brands for this event can be found under the following link: <http://www.europeankaratefederation.net/j-stuff>

WKF APPROVED Trademarks for sports items will also be permitted.

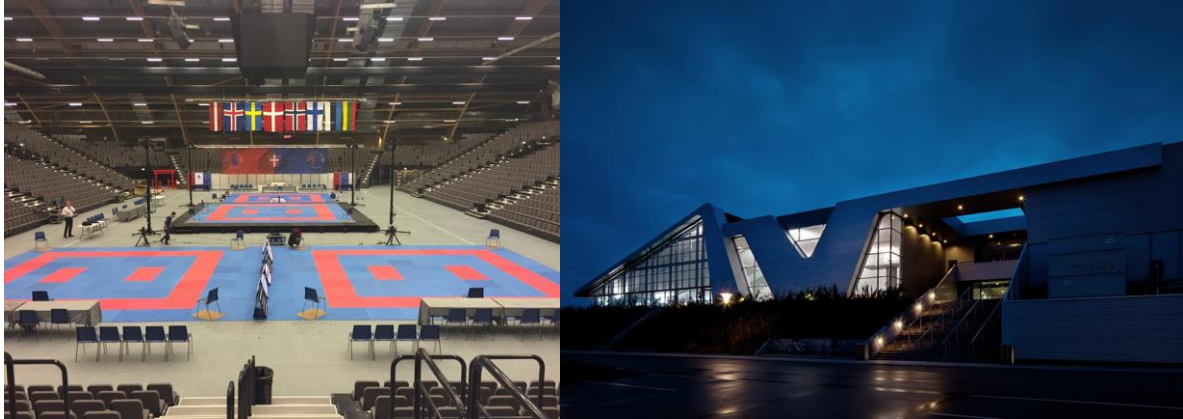
WKF APPROVED COMPANIES

SPORT PROTECTIONS	
BRAND	CONTACT INFORMATION
	<p>DOUBLE D 2, rue Vladimir Jankelevitch 77184 Emerainville, FRANCE Phone : +33 1 64 73 00 03 Fax : + 33 1 64 73 00 04 E-mail: nicolas.poy-tardieu@doubled.fr http://en.doubled-martialarts.com</p>
	<p>ARAWAZA 724, Chemin des Anglais Mascouche (QC) J7L 3R6, CANADA Phone: + 1 450 477 4410 Fax: +1 450 477 4400 E-mail: sales@arawaza.com www.arawaza.com</p>
	<p>SBI SPORT AB Staffanstorpvägen 115 S-23291 Arlöv- Malmö, SWEDEN Tel: +46 40 948888 Fax: +46 40 940780 E-mail: robert.tegel@sbisport.se www.budo-nord.com</p>
	<p>DAEDO INTERNATIONAL Botánica 116, 08908 Hospitalet de Llobregat, Barcelona, SPAIN Tel: +34 93 454 15 14 Fax: +34 93 453 52 51 E-mail: marketing@daedo.com www.daedo.com</p>
	<p>BUDOLAND Am Grießenbach 8 83126 Flintsbach, GERMANY Phone: +49 (0) 8034 909900 Fax: *49 (0) 8034 9099011 E-mail: info@budoland.de www.budoland.com</p>

	<p>SHUREIDO 1-1-6 Tomari, Naha-City 900-0012 – Okinawa, JAPAN Tel No: +81(98)861 5621 Fax No: +81(98)861 5525 Email: shureido@orange.ocn.ne.jp www.shureido-karate.com</p>
	<p>Sports Master Athletic International (SMAI) 96-119 Jardine St, Fairy Meadow, NSW, 2519, AUSTRALIA Ph: +61 2 42834363 Fax: +61 2 42855512 E-mail: info@smi.com.au www.smai.com.au</p>
	<p>TOKAIDO INTERNATIONAL G/FL., 13 Nanking Street Yaumatei, Kowloon, HONG KONG Phone: +49 911 98815 –11 Fax: +49 911 98815 – 99 E-mail: Dietmar.Nowak@DAX-Sports.com www.tokaido.eu</p>
	<p>TWIN TOWER ENTERPRISE CORP. No. 168-13, Chyuan-shin Lii, Shin-huah, Tainan, TAIWAN Tel: +886-6-598-2133 Fax: +886-6-597-0840 E-mail: twitower@ms43.hinet.net www.wacoku.com</p>
	<p>WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, CHINA Tel: +86-595-2688 9696 Fax: +86-595-8675 6390 E-mail: info@wesingsports.com www.wesingsports.com</p>

All the information concerning the WKF homologated items for this event can be found under the following link: <https://www.wkf.net/karateprotections/>

7.5 Venue: Gigantium



Venue location: Willy Brandts Vej 31, 9220 Aalborg, Denmark



GIGANTIUM is a large and flexible sports- and culture center in Aalborg. The total building area is 34.000 m² and the venue arena is totally 11000 m² with dimensions 38x45 metres in the tatami area.

In this flexible center you also find Ice arena, Ice training hall, swimmingstadium, athletics hall, a cafe and multible meeting facilities.

In the venue hall there is room for up to 5000 sitting spectators.



7.6 Tickets

The entrance fee is €10 per day and for the full championships €25 (3 days). Please bring cash payment.

Wristbands are also presold, per delegation.

Pre-ordering of tickets is done via email Tickets@DanskKarateForbund.dk with information about how many of each ticket you need, delegation name and name of person to pick them up.

Payment of pre-ordered tickets to the bank account stated in section 10.4 with information of delegation name and "Tickets"

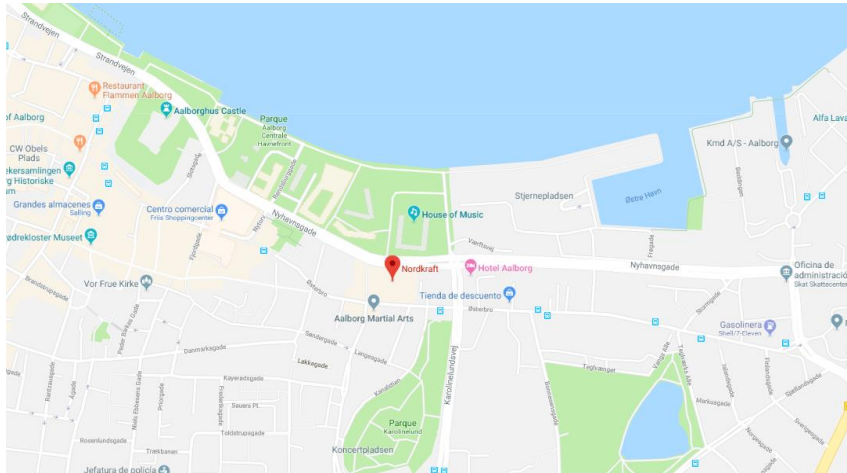
Thursday 7th February → Pickup of pre-ordered tickets for delegations in **Nordkraft** (training venue).–

Competition days → Pick up point at the Competition Venue **Gigantium**.



7.7 Training Facilities - Bookings

Address: Nordkraft, Kjellerups Torv, 9000 Aalborg



The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application must be **received before 15th December 2017.**

Transportation to the training area will not be provided, as this is in walking distance from most hotels.

For the Training inquires, requests and bookings, please send mail to: Training@DanskKarateForbund.dk

For application, please fill this form out.

Country:			
Contact Person:			
Mobile:			
Email:			
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Date:	Time:	Date:	Time:
Number of Competitors:			



8 Registrations

8.1 Online Registration

8.1.1 General information for all athletes

Online registration can be made from 5th December 2018 until 25th January 2019 under the following link:

<https://www.sportdata.org/wkf/set.php?id=253>

8.1.2 Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations until 25th of January through the on line registration form which can be found here:

https://www.sportdata.org/wkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=156&ver_info_action=pressregistration#a_presshead

Accredited journalists will not have access to the competition area and will be allocated in a dedicated press tribune.

Accredited photographers will have access to their allocated seats only upon presenting the accreditation cards given to them during registration. Video recording will not be allowed.

A mixed zone will be available for accredited journalists and photographers.

Should you need more information about press or media related issues, please contact directly the European Karate Federation's office: press@wkf.net

8.2 Onsite Registration & Accreditations

Registration will be arranged in HQ Hotel on Thursday, 7 February from 09:00 to 15:00 hours in meeting rooms 1– entrance directly from hotel foyer.

Each participating country is requested to provide 2 national flags and a CD with the national Anthem.



9 Additional Information

9.1 VISA

Should you need assistance to obtain Danish entry visa or require a specific letter of invitation, please contact the OC.

Application for Danish Visa can be handed in 3 months before departure from homeland, at the earliest and we recommend to apply as early as possible, as the time for issuing vary and make take as much as 60 days.

More information here: <http://um.dk/en/travel-and-residence/short-stay-visas/>

Questions and assistance OC-Europeans@DanskKarateForbund.dk

9.2 European Members requested to issue Danish visa

Countries with a visa requirement:

Armenia
Azerbaijan
Belarus
Kosovo
Russia
Turkey

Countries which may require visa:

Albania (Citizens with biometric passports are exempt from the visa requirement. Biometric passports have been issued since May 2010. As from 1 March 2012 non-biometric passports will no longer be valid for travel abroad)

Bosnia-Herzegovina (Citizens with biometric passports are exempt from the visa requirement. Biometric passports have been issued since 15 October 2009)

Georgia (Citizens with biometric passports are exempt from the visa requirement. All passports issued from 28 July 2014 are biometric passports)

Macedonia (FYROM) (Citizens with biometric passports are exempt from the visa requirement. Biometric passports have been issued since April 2007)

Moldova (Citizens with biometric passports are exempt from the visa requirement. Biometric passports have been issued since 1 January 2011)

Montenegro (Citizens with biometric passports are exempt from the visa requirement. Biometric passports have been issued since May 2008. All new passports are biometric)



Serbia (Citizens with biometric passports are exempt from the visa requirement. This does not apply to persons with passports issued by the Serbian Coordination directorate Koordinaciona uprava. Biometric passports have been issued since July 2008)

More information and application forms here: <http://um.dk/en/travel-and-residence/short-stay-visas/>

9.3 Opening Hours (Shops / Pharmacies)

Aalborg City – individual shops and pharmacies:

Mon-Thursday	: 10.00 - 17.30
Friday	: 10.00 - 19.00
Saturday	: 10.00 - 16.00
Sunday	: Closed

Aalborg City Shopping Centres:

Friis Shoppingcenter

Mon-Friday	: 10.00 - 19.00
Saturday	: 10.00 - 17.00
Sunday	: Closed

Salling

Mon-Friday	: 10.00 - 20.00
Saturday+Sunday	: 10.00 - 18.00

Emergency pharmacy open from 06.00-00.00 is

Aalborg Budolfi Apotek, Algade 60, 9000 Aalborg

9.4 Currency

Danish currency is Danish Kroner (DKK). [Currency Converter](#)

Conversion rate used for this bulletin: 1 EUR = 7,40 DKK

9.5 Electricity

In Denmark the power sockets are of type E and K. The standard voltage is 230 V and the standard frequency is 50 Hz.



9.6 Language

Official language in Denmark is Danish. All representatives of OC speak English. Local population also speak basic English.

9.7 Time

GMT+1

9.8 Weather

Average February day temperature 2.0°C. Average night temperature -3.2°C
Sea temperature 2,0°C
Sunny hours 72

9.9 Health & Services

Please contact helpdesk if in need for physics or massage for assistance in booking.

There are 2 public hospitals in Aalborg and local doctors will be on site during the competition.

9.10 Insurance

In compliance with EKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Danish Karate Federation and European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by 15th of December 2018 the latest.

Delegations lacking insurance policies could acquire it at the Registration Desk upon the request.

9.11 Transportation

There are different means of transportation available in Aalborg serviced by public transports – buses, cars, taxi, etc. Also some hotels have bicycles that you can borrow.

9.12 Drinking water

Tab water is drinkable. Bottled drinking water is available in numerous trademarks.



9.13 Important Phone Numbers

- 112 — Fire
- 112 — Police
- 112 — Ambulance

10 Reservation Forms

10.1 General Information

The National Karate Federations are responsible for the reservations at the official hotels.

Booking and payment is made directly to the hotel of choice and following their guidelines.

There is a direct mail contact in the description of the individual hotels.

Some hotels require a Code, for booking at the stated prices – for the others, we recommend that you mention this is a booking in relation to European Karate Championships.

The Danish Karate Federation will guarantee rooms until the 5th of December. All hotels in the town are reserved for the event, which means, that bookings after the 5th of December may not be possible, and the countries/teams might have to book in other cities in the region.

Booking is not final, until payment has been received by the hotel.

All Reservations should be made <u>no later than 5th of December 2018.</u>

10.2 Transfer Service Form

Transportation to the hotels will be only offered from Aalborg International airport and it will be organized by taxi, mini bus or bus, depending on the number of participants on each arrival.

Transportation costs



Transport	Cost (DDK)	Cost (EUR)
Taxi Up to 4 persons	200	27
Minibus for 6 person	300	40
Bus for 50 person	50 per person	7 per person

Transportation will be also offered from the hotel to the sport venue Gigantium and back free of charge for the teams who use Official hotels.

Transfer Reservation Form				
National Federation				
Responsible Person				
Mail				
Mobile				
Hotel Selection				
Arrival Date		Departure Date		
Arrival Flight No		Departure Flight No		
Total Number of Team				
Request Dinner in Hotel	YES		NO	

Forms to be sent **no later than 15. January 2019** to transportationandcatering@DanskKarateForbund.dk, and you will receive a confirmation email, including amount for bank transfer.

10.3 Catering Form

Catering will be arranged by Danish Karate Federation at the venue Gigantium for a price of **10 Euros per person**. Please fill in the booking form **until 15th of December 2018** the latest.

Lunch will be served from 11.30 – 13.30



CATERING FORM

Country:	
Contact Person	
Mobile	
Email	

MEAL TICKET RESERVATION IN THE STADIUM

Please insert number in the box below

	Lunch
Thursday, 7 February	<input type="checkbox"/>
Friday, 8 February	<input type="checkbox"/>
Saturday, 9 February	<input type="checkbox"/>
Sunday, 10 February	<input type="checkbox"/>

Reservation to be sent to email transportandcatering@DanskKarateForbund.dk.

There are no restaurant facilities close to the sport venue but there will be other possibilities for lunch.

You will receive a confirmation email, incl. amount for bank transfer.

10.4 Bank details

Bank details for payments in EUR:

Beneficiary's Bank:

Danske Bank



SWIFT:	dabadkkk
IBAN code	dk55 3000 3430 7899 61
Account:	3430789961
Beneficiary name:	Dansk Karate Forbund

All payments to the Danish Federation are made in Euros and by Credit Card Visa or Master Card outside Denmark.

All bookings are made on the first come, first served basis.



11 Terms of responsibility

Danish Karate Federation

Idraettens hus, Brøndby Stadion 20
2605 Brøndby
DENMARK

Tel: +45-43262780
Website: www.danskkarateforbund.dk

Terms of responsibility

To be filled in, signed by the head of delegation and **sent back by 15.12.2018** (by email to OC-Europeans@DanskKarateForbund.dk) **the latest**. Delegations lacking insurance policies could acquire it at the Registration Desk upon request.

I, the undersigned, as the Head of Delegation of my country, duly enrolled to participate in the 46th EKF Junior, Cadet and 11th U21 Championships, which will be held in Aalborg, Denmark from February 8th to 10th, 2019, with full knowledge of the Statues, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil, and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in the championship, before, during, and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation, etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championship, the EKF and the Danish Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/ Nation:
Surname, First Name:
Passport number & expiration date:
Credit card number & expiration date:
Federation position:
Address:
Phone: Email:

Date & place:
Signature:



12 Contact details

12.1 Danish Karate Federation

Address: Idraettens hus, Brøndby Stadion 20
 2605 Brøndby
 DENMARK

Tel: +45-43262780

Website: www.danskkarateforbund.dk

For all inquiries, hotel, transportation and training bookings, as well as visa requests and general questions, please contact the OC:

Competition General Issues & Visa	OC-Europeans@DanskKarateForbund.dk
Training Requests	Training@DanskKarateForbund.dk
Presale Tickets	Tickets@DanskKarateForbund.dk
Hotel Accommodation	Hotels directly – see hotels section
Transport requests	Transport@DanskKarateForbund.dk
Referee course, judges, officials and VIP requests	OC-Europeans@DanskKarateForbund.dk