







Bulletin 2

Content

1. 2.	Welcome Message Erding	
	History	.4
	Sightseeing	.4
3.	Journey and Accommodation	.5
	By Air	
	Jy Train and Taxi	.5
	Accomodation	
4.	Venue	
5.		
	Organizer Contact	
	Disciplines	
	Program	
	Awards	
	Competition Rules	
	Disability Specific Classifikation	
	Amputees	
	Cerebral Palsy (CP), Standing Class	
	Blind and Visual Impaired1	
	Nheelchair	
	ntellectual Impairment	
	Hearing Disorders1	
	Athletes with Mental Disability	
6.		
	General Requirements1	
	Vedical Regulations	
	Form of Registration	
	Deadline for Registration1	
	Registration Fees	
	Referees	
	Coaches1	
7.	Our Sponsors1	
7. 8.	Additional Information	
	Additional miormation	
	_anguage1	
	_anguage1 Time1	
	Neather1	
	Public transport	
	mportant Phone Numbers	
	Communication	
9.	Dataprotection Issues and Liability1	CI

Appendix: Registration Form







1. Welcome Message



Dear Karateka, dear guests,

The Bavarian Para-Karate Open can now look back on over a decade of success. Started under the motto "We also make Karate", it became an international tournament in 2008, which was visited and enthusiastically received by leading figures such as the former DOSB and today IOC Chairman Dr. Thomas Bach and WKF President Antonio Espinos. This tournament was a test field for the WKF, which then presented itself in 2012 with a first demonstration tournament at the World Championships in Paris, 2014 for officially at the World Championships in Bremen with the Para-Karate.

After the application for the Paralympic Games, it is important to continue working for people with disabilities and to show a national and international presence. In addition to the WKF's explicitly competition- and performance-oriented Para competitions with a limited field of participants, there will also be competitions in the nations that appeal to the masses. One such tournament is the Bavarian Open, which therefore does not require classification and is open to a wider range of disabilities. In this way experiences can be gained and used to open the door for official international competitions to more people with disabilities in the WKF in the future.

Our thanks go to the sponsors "Aktion Mensch" and "SBJ", who enable us to offer highquality competitions. I would also like to refer to the description of our sponsors in this bulletin.

Our thanks also go to the initiator and motor of the competition scene, Walter Sosniok, and his team, who will once again ensure that everything runs smoothly. But also the TSV Erding e.V., whose department manager Irmgard Borgs and her team will certainly contribute to the success of this tournament, will actively help. My thanks and ours also go to them.

I wish the event a successful course and the participants a lot of fun at the Bavarian Para-Karate Open 2019!

Wolfgang Weigert

President of the Bavarian Karate Association e.V. President of the German Karate Federation e.V. WKF Vice President and Commissioner for Para-Karate







2. Erding

Erding has about 37,000 inhabitants and is an old Bavarian duke town, 36 kilometers northeast of Munich's eastern city border and 36 kilometers southwest of Landshut. Erding is a large district town in the district of the same name in the administrative district of Upper Bavaria and has been a major centre since 2016.

History

The district of Altham was first mentioned in a document in 742: a member of the Agilolfingen family donated Altham to the Benediktbeuern monastery. The settlement Ardeoingas (corresponds to "Erding") was first mentioned in a document in 788. In 1228 Erding was granted city rights by Duke Ludwig of Bavaria; the city (Duke's City) was deliberately built as a ducal base opposite the high monastery Freising on the main road Schongau-Munich-Landshut.

In 1503 Erding was conquered by Duke Albrecht IV of Bavaria-Munich in the Bavarian War of Succession. With effect from 1 January 2013, Erding was elevated to the status of a large district town. Erding is one of the most promising communities in Germany, also because of its close location at Munich Airport.

Sightseeing

Due to its long, eventful history and the numerous, different rulers and the excellent location between Munich and Salzburg, Erding is rich in various monuments from various eras, museums, churches and leisure facilities.

The Erding brewery is also internationally renowned, making the "Erdinger Weißbier" one of Bavaria's best-known and most successful specialities worldwide.

Please refer to the Website of the Erding Tourist Information Centre: <u>https://www.erding-tourist.de</u>







3. Journey and Accommodation

By Air

Franz-Josef Strauß airport connections (MUC): 16 km (20 min) from Erding city centre. There are direct flights from many European cities and capitals around the world. Daily connections with large Bavarian cities are guaranteed by train and bus.

Munich's public transport operators offer a regional bus number 512. The journey takes about 40 minutes and the ticket costs 5,80 euros. The timetable can be downloaded here:

https://efa.mvv-muenchen.de/ttb/mvv_19512___H_s18_1.pdf

By Train and Taxi

Erding can be easily reached by S-Bahn from Munich main station, the journey time is approx. 50 minutes, the ticket costs 8.70 euros. You can find the timetable here:

https://efa.mvv-muenchen.de/ttb/mvv_01002___H_s18_1.pdf

A taxi from the airport to Erding costs about 30 Euros. The taxi from Munich Central Station to Erding costs about 80 Euro.







Accomodation

The following hotels have a contingent that can be assigned the password "Karate Bavarian Open":Bavarian Open":

	Rooms	PpN	Remark
Hotel Victory Therme Erding Thermenallee 1a Tel. +49 8122 550 3550 info@victory-hotel.de www.victory-hotel.de Option to 31.01.2019	30 Yachtkabinen As DR As SR 20 Apartments As DR As SR	295, Euro 175, Euro 145, Euro 109,50 Euro	Incl. Breakfast
Hotel & Gaststätte Zum Erdinger Weißbräu**** Lange Zeile 1-3 Tel. +49 8122 88 00 10 erding@hotels-erdinger.de www.hotels-erdinger.de Option to 31.03.2019	9 DZ Standard 1 DZ Superior	126, Euro 136, Euro	Incl. Breakfast
Hotel Kastanienhof**** Am Bahnhof 7 Tel. +49 8122 98 00 reservierung@kastanienhof- erding.de www.kastanienhof-erding.de	10 DR	138, Euro	Incl. Breakfast
Best Western Plus Parkhotel Erding**** Am Bahnhof 3 Tel.+49 81 22 499 0 info@parkhotel-erding.de www.parkhotel-erding.de	10 Zimmer As DR As SR	115, Euro 95, Euro	Incl. Breakfast
Best Western Hotel München Airport**** Robert-Koch-Str. 10 Tel. +49 8122 999 00 info@airport- muenchen.bestwestern.de www.erdinghotel.com Option to 11.03.2019	40 Zimmer As DR As SR	89, Euro 79, Euro	Incl. Breakfast
Hotel Linner***s Melkstattstr. 17 Tel.: 08122 20490 mail@hotel-linner.de www.hotel-linner.de Option to 03.04.2019	8 Zimmer As DR As SR 5 Apartments	80, Euro 65, Euro 120, Euro	Incl. Breakfast

Erding offers a number of other good and handicapped accessible hotels. In this case please contact the tourist information office of the city of Erding.

Accommodation at the tourist information Erding: https://www.erding-tourist.de/unterkunft







4. Venue

The large Semptsporthalle is regularly used for tournaments and championships of the Bavarian Karate Federation. It is characterized by a generous design, a lot of space and handicapped-accessible access and handicapped-accessible equipment.

Semptsporthalle Pretzener Weg 20 85435 Erding / Germany







5. Competition Information

The Bavarian Para-Karate Open 2019 will take place as part of the Bavarian Open for Juniors and Cadets 2019. Information about these tournaments can also be found here:

Bavarian Para-Karate Open 2019:

https://www.sportdata.org/karate/setonline/veranstaltung_info_main.php?active_menu=calendar&vernr=3454#a_eventhead

Bavarian Open for Juniors and Cadets 2019:

https://www.sportdata.org/karate/setonline/veranstaltung_info_main.php?active_menu=calendar&vernr=3977#a_eventhead

Organizer Contact

Bavarian-Karate-Federation (BKB e.V.) Chief organizer: Walter Sosniok Anger 17 D - 96482 Ahorn Germany Tel: 0049-9561-50328, wettkampf@karate-bayern.de

Local Organizer Contact: TSV Erding e.V. Irmgard Borgs Tel.: 0049-8122 - 91460 irmi@siborgs.de

Disciplines

- Kata Female / Male
- Kata Team mixed

Kata team consists of two people, any kind of disability is allowed. Evaluation of kata by technique and synchronicity. Line up of team members free! (Side-by-side or consecutively)







Program

Please note: the program may change depending on the number of participants. We kindly ask you to inform yourself regularly. No guarantee!

Date: Saturday, 04. May 2019

13.00 Uhr	Onsite Registration & Accreditation
13.45 Uhr	Opening ceremony
14.00 Uhr	Kata Individual
	Kata Team
	Award Ceremony

Please be present at least one hour before the beginning of the event.

All disciplines and categories on Saturday!

Awards

Cups, Medals and Certificates Every contestant gets a certification for his participation.

Competition Rules

WKF/DKV/BKB competition rules for Para-Karate apply Free choice of Kata, only one Kata for all rounds needed (Repeat possible). However, a different Kata may also be shown in each round.

Disability Specific Classifikation

A classification as shown in the WKF rules is not done, only the medical attestations are considered. Following categories / classes are allowed to register. A minimum of three (3) athletes per category is required:

Amputees

- A1 double leg above knee amputation
- A2 single leg above knee amputation
- A3 double leg below knee amputation
- A4 single leg below knee amputation
- A5 double arm above elbow amputation
- A6 single arm above elbow amputation
- A7 double arm below elbow amputation
- A8 single arm below elbow amputation
- A9 combined upper and lower limb amputations (unilateral or diagonal)

Cerebral Palsy (CP), Standing Class

- C1 Leg paralysis = diplegia dependent on assistive devices in walking
- C2 St. Vitus' Dance, uncontrolled movements in upper limbs and face = athetosis
- C3 right or left paralysis = hemiplegia, mostly severe limping
- C4 Minimal paralysis, minimally affected diplegia, hemiplegia or athetosis, mostly incoordination







Visual Impaired

- B1 Total Blindness: Total absence of perception of the light in both eyes or some perception of the light but with inability to recognize the form of a hand at any distance or direction. Athletes must wear opaque glasses!
- B2 Severe visual impairment: From ability to recognize the shape of a hand up to visual acuity of 2/60 and a visual field of less than 5 degrees (in the best eye with the best practical eye correction).
- B3 Visual impaired: From visual acuity above 2/60 up to 6/60 and/or a visual field of more than 5 degrees and less than 20 degrees (in the best eye with the best practical eye correction).

Wheelchair Athletes

Following classifications for Wheelchair users are eligible to compete:

- R1 Paralysis of the cereal spine (C5-C8), whereas arms and hands are also always affected (tetraplegia)
- R2 Paralysis of the thoracic spine (TH1-TH2) with different instability of the trunk, but with normal arm functions (paraplegia)
- R3 Paralysis in the lumbar area with deficits in the legs, but fair trunk control (L1-S2) (paraplegia)
- R4 Severe spastic quadriplegia, self-propulsion in wheelchair is possible with hands and feet for short distances
- R5 Leg paralysis, arms have sufficient, but limited, trunk control is unstable, use of manual wheelchair without any problems
- R6 Minimal limitations in upper limbs, poor or no walking ability, fair trunk control.

In principle, only athletes in this category are admitted who need to use a wheelchair to move around. No electrical Wheelchairs or Wheelchairs with electrical support are allowed.

Intellectual Impairment

I Persons with intellectual impairment, down syndrome, learning disorders, behavioural disorder, etc. having an IQ below 75, are authorized to participate in this group.

Hearing Disorders

H Deafness with a hearing loss of at least 55 Decibels in the best ear. The athletes are not allowed to use any hearing aids during the competition.

Athletes with Mental Impairments

P Athletes with any mental disability are allowed to compete.

Important: Depending on the degree of disability and the number of participants, categories can be divided into classes. If the number of participants is too low (less than three), categories can be combined with other categories or men's and women's categories can be combined into one category. There is no classification, all athletes of a category start together without classification.







6. Registration

General Requirements

Trainers and competitors and their national federation must be members of the WKF. Non-WKF members are not allowed to participate. Membership in the WKF must be proven by a valid karate card of the respective WKF member nation.

Medical Regulations

In the event of disputes such as protests, the disability indicated in the registration mustbe verifiable, if necessary. The responsibility for this lies with the coach.

Athletes who, in addition to their disability, suffer from illnesses that can be aggravated by competitive sports are excluded from participating in the Bavarian Championships. Athletes with heart disease are excluded from participation. This usually applies to people who have implants (e.g. pacemakers, etc.) or who have survived a heart attack (see exception).

Exception:

Exceptions must be approved by the BKB Medical Commission before registration for the Bavarian Championships

Form of Registration

Registration by e-mail with the registration form (see annex) and the medical certificate to the Bavarian Karate-Bund e.V. (BKB e.V.): <u>wettkampf@karate-bayern.de</u>.

Deadline for Registration

Saturday, 27. April 2019 (E-Mail)

Registration Fees

No registration fees apply

Referees

Licensed DKV/BKB referees and international referees will be used.

Licensed referees (at least national license of a WKF member country) of the participating federations and clubs are also welcome.

Coaches

The regulations for coaches of the WKF / DKV apply. Coaches will only be admitted in the training suit of the respective delegation. Coaches will be registered on site. No coach fee is charged for Para-Karate.







7. Our Sponsors

Gefördert durch die



Aktion Mensch is committed to inclusion. What does that mean? People with and without disabilities should live together as a matter of course: at school, at work and in their free time. They should decide for themselves how they want to live. And they should have the opportunity to show their abilities. In order for everyone to be present everywhere, barriers must disappear. This means, for example: where there are stairs, there must also be ramps or elevators. Texts from offices or information on the Internet should be easy to read.

With the proceeds from its social lottery, **Aktion Mensch** supports up to 1,000 social projects for people with disabilities, children and young people every month. This makes it the largest social support organisation in Germany. With actions and campaigns, it informs people about living together as a matter of course.

Aktion Mensch has been in existence for more than 50 years. Since its foundation, it has achieved a lot - together with its partners from Freie Wohlfahrtspflege and ZDF. The living conditions of people with disabilities have improved significantly over the years. **Aktion Mensch** was able to pass on around 3.9 billion euros to social projects. This is only possible because around four million people regularly take part in the lottery.

Everyone can simply help people with disabilities to live better and become more inclusive: by buying a ticket, volunteering or starting a project. For the "WE" to win.









At **S.B.J** - **Sportland.de** you will find high-quality martial arts products. In our shop you can get the complete sport and martial arts equipment for Aikido, Boxing, Judo, Jujutsu, Karate, Kickboxing, Taekwondo, Brazilian Jiu Jitsu BJJ, mixed martial arts MMA, leisure sports and much more.

With us you find among other things:

- Martial arts suits like Karate suits, Judo suits, Taekwondo suits, Tai Chi suits, budo belts....
- Protective equipment for hand, foot, head and teeth
- Boxing equipment such as claws and boxing gloves
- Training bags and practical pockets for every occasion
- a large selection of books and DVD's
- Various gifts, such as cups, key rings, bath towels, patches, cushions and much more
- leisure wear with martial arts motifs
- Equipment for the competition
- Cups and medals

Official distributor for adidas Karate

We are the official dealer for adidas in the field of Karate for Germany. Of course we also offer products of all other martial arts of the adidas brand.

Embroidery and printing service

In our own embroidery and print shop of many years we refine our and also your products according to your wishes. Almost anything is possible. From T-shirts to heavy horse blankets or floor mats we can embroider almost anything.

Cup service

We offer you a large selection of cups, medals and prizes. We will also be happy to send you our cup catalogue and help you to find the right prize.

There for you since 1994

S.B.J - **Sportland.de** has been around since 1994, so we can look back on many years of experience. Through our own developments and productions we always have the opportunity to respond to your wishes and suggestions for improvement.

Many other martial arts products can be found at www.sportland.de or www.budolife.de







8. Additional Information

Visa

Entry visa is required of nationals of third countries included on the list of countries whose nationals must be in possession of a visa when crossing the external borders, unless in possession of a valid residence permit or a valid long-term visa issued by another Member State.

Information on Visa regulations of the Federal Foreign Service of the Federal Republic of Germany:

https://www.auswaertiges-amt.de/en/einreiseundaufenthalt/visabestimmungen-node

Language

Official language in Germany is German. All representatives of OC speak English. The local population also speaks basic English.

Time

CET / GMT+1

Weather

Spring in Bavaria is mild in May, and as May progresses, temperatures and rainfall rise. The average daily temperature is between 18°C in October and 21°C in June, the average minimum temperature is 9°C. The average temperature in Bavaria is between 18°C in October and 21°C in June. An average of 11 rainy days are expected in May.

Public Transport

Munich's public transport operators offer a wide range of different transport systems. Please click here for more information:

https://www.mvv-muenchen.de https://www.landkreis-erding.de/fahrzeug-verkehr-sicherheit/oepnv-bus-und-bahn

Important Phone Numbers

110	Police
112	Emergencies / Ambulance
089 - 19240	In case of poisoning

Communication

To call Germany from abroad you have to dial the international code 00, followed by the German country code 49. Dial the following number without the first 0. Example: 00 49 12 345678. The same is for calls from overseas.







9. Dataprotection Issues and Liability

All data collected in the context of this event will be stored and used for carrying out this championship. The data will be deleted after the championship, but competition lists, results of bouts and result lists will be published on the Internet.

Photos and film recordings of this event will also be taken, stored, and published for publication in the media of the Bavarian Karate Federation e.V. of the German Karate Association e.V. and the World Karate Federation.

These include social networks such as Twitter, Facebook and Instragram.

In accordance with WKF rules, all participants and members of participating delegations are required to have their own health and travel insurance. The Bavarian Karate Federation e.V. and the German Karate Association e.V. as well as the organizing committee assume no liability or responsibility for the lack of insurance for participants and members of the delegations.

The participants (athletes, coaches, officials, organizers, medical staff, visitors, spectators and relatives) agree to the above regulations by registering, participating and attending this event.







Head of Delegation / Coach

WKF Member Nation	
Name / First Name	
Adress	
Postcode / City	
Mobile	
E-Mail	

Participants

Name	First Name	Date of Birth	Sex F/M	Kind of Disability	Class	Kata	Kata Team

No registration fee apply. Deadline: 27. April 2019, please send to wettkampf@karate-bayern.de