

CONVOCAATION BENELUX OPEN 2019

Organisation Karate-Do Buitenveldert, in cooperation with the municipality of Amsterdam
Auspices nr: 2019006 Karate-do Bond Nederland (KBN)

Venue Sporthallen Zuid – Burgerweeshuispad 54, 1076EP Amsterdam

Kata Individual Other Categories M/F
Individual WKF M/F
Team Other Categories – mixed teams are allowed
Team WKF M/F

Individual - Other Categories – double elimination

Cat.	Age	
U10	8-9 years	Male - Female
U12	10-11 years	Male - Female

Individual – WKF – single elimination

Cat.	Age	
U14	12-13 years	Male - Female
U16 CADET	14-15 years	Male - Female
U18 JUNIOR	16-17 years	Male - Female
U21	18-20 years	Male - Female
SENIOR	16+	Male - Female

Team – Other Categories – double elimination

Cat.	Age	
U10 team	8-9 years	mixed
U12 team	10-11 years	mixed
U14 team	12-13 years	mixed

Team – WKF – single elimination

Cat.	Age	
WKF team	14-17 years	Male - Female
WKF team SENIOR	16+	Male - Female

Depending on the number of participants, categories can be merged.

Kumite Individual Other Categories M/F
Individual WKF M/F

Individual - Other Categories – double elimination – Senshu applies

Cat.	Age	Male (kg)	Female (kg)
U10	8-9 years	-28, -33, +33	-28, -33, +33
U12	10-11 years	-30, -35, -40, -45, +45	-30, -35, -40, +40

Individual – WKF – single elimination – Senshu applies

Cat.	Age	Male (kg)	Female (kg)
U14	12-13 years	-40,-45,-50,-55, +55	-42,-47, +47
U16 CADET	14-15 years	-52, -57, -63, -70, +70	-47, -54, +54
U18 JUNIOR	16-17 years	-55, -61, -68, -76, +76	-48, -53, -59, +59
U21	18-20 years	-60, -67, -75, -84, +84	-50, -55, -61, -68, +68
SENIOR	18+	-60, -67, -75, -84, +84	-50, -55, -61, -68, +68

Rules Depending on the number of participants, categories can be merged.
-WKF Categories: WKF rules
-Other Categories: Double Elimination
- Kata - Other Categories: Every participant must demonstrate 2 different Kata, after which it may be repeated until the final
-Bunkai in Kata WKF team SENIOR (male & female): to be performed in the Finals
-Weighing Kumite athletes: Whole day until 1 hour before start category

Registration www.sportdata.org
Closing date: 1st of March 2019

Info Beneluxkarate@gmail.com
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Entry fees € 17, - per participant, per category / € 30, - per Kata team

Payment: on account NL29INGB0007421162 To: Karate-Do Buitenveldert, before 1st of March 2019

Mention: Name club, number of participants & number of kata teams / BENELUX OPEN 2019

Entree fee spectators: 5 euro – Free admission for spectators under 16 years

Timeschedule Sunday March 10th 2019	
08:00 hrs	Hall open
08:30	Check participants Kata Consult coaches and referees
09:00	Opening ceremony Start Kata teams followed by Kata Individual
13:00	Award Ceremony KATA & KATA TEAMS
13:30	Break – Check participants Kumite Consult coaches
14:00	Start Kumite Individual
18:00	Award Ceremony KUMITE
19:00 hrs	Closure

All of the above times are approximate

Important: The organization of the BENELUX OPEN is not responsible for missing property and/or injuries during the competition day. Participation is at your own responsibility.