



www.uksirina.pl

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ul. Narbutta 14

02-541 Warszawa

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Dear friends,

**We are very pleased to invite you to attend the IX edition of the
International Rhythmic Gymnastics Tournament
"OPEN CHAMPIONSHIP WARSAW-MOKOTÓW"**

**The competition will take place from 21-22 September 2019 in
Warsaw, Poland.**

We look forward to meeting you in The Poland!

Organizer: UKS „IRINA” and Polish Gymnastics Federation
e-mail lord1108@hotmail.com

Phones of organizers : + 48 608 300 832 Irina Lortkipanidze;
+48 602 696 675 –Sławomir Kardaszewski

Competition hall : Sports hall
Szkoła Podstawowa N 85
Ul. Narbutta 14 Warszawa

Program:

21 September 2019 (Saturday) -arrival of delegations

- 14:00 -technical and judge meeting

***- 15.30- Competition cat.-2011-2012 (A) 2010 (A/B) 2009(A/B)
Award ceremony***

Important: Hall competition (21/09/2019) will be available of 13.30

***22 September 2019 (Sunday) –Competition cat. 2008(A/B). 2007 (A) –Junior (A/B) Gala
competition ;***

Award ceremony

Departure of delegation

Category A

2011-2012 and younger- free

2010 - 2 app by choice

2009 - ball +1 app by choice

2008- ribbon +1 app by choice

2007- clubs +2 app by choice

Junior -3 app by choice

Category B

2010 – free + 1 app

2009 - free + 1 app

2008 – 2 app by choice

2007 – 2 app by choice

Junior -2 app by choice

Without Apparatus 2011/2012

Body Difficulty	Dance Steps Combination	Dynamic Elements with Rotation
BD Min.3 - Max.7	S Min.3	R Min.1 max 3
Jump/Leaps- Min.1 Balances- Min.1 Rotations- Min.1		

Delegations: 2 gymnast per categories !!!

1 coach

1 judge

Delegations coming without a judge will be charged a penalty of €50,-

Application:

Definitive application till **31.08.2019.**

IMPORTANT : Till 10 September 2019:

Please also send the music in MP3 file by e-mail muzyka.uksirina@gmail.com

Only 8 first foreign delegations(max. 2 per country) returning their definitive subscription by deadline will be entered into the competition.

Costs

***Registration fee for each gymnast is 40 Euro.**

***Hotel charge: *Hotel charge:**

50 Euro/person/night- double room including breakfast

65 Euro/person/night - single room, including breakfast

Lunch will be provided by the organization in the competition hall on Saturday and Sunday

***For every extra gymnast in category registration fee is 50 Euro.**

The expenses for accommodation for extra persons and extra days are fixed at 65 € per day and per person.

Transport

Costs transport Warsaw Chopin Airport – Hotel and back:

1 persons € 10,-

PAYMENT *The registration fee, accommodation costs and transport costs can be paid in cash or by bank. Payment by bank will only be accepted if the full amount is paid before **01.09. 2019**.*

Payments and bank account:

Bank name: ALIOR BANK SA

Bank address: ul.Postępu18B , 02-676 Warszawa

Branch name; Irina Lortkipanidze (if necessary)

IBAN (for transfers within Europe only) :PL 98 2490 0005 0000 4100 9358 1112 (euro)

SWIFT Code (BIC+): ALBPPLPW

Important!!!

- **Visa:** If you need an official invitation to obtain a visa to travel to Poland, please contact us as soon as possible no more **than 16 August 2019** (please, fill the documents below)

Individual all around (for each category)

First 3 positions will be awarded with medals: Gold-Silver-Bronze , cups and special presents.

Gymnasts in position 4-6 will be awarded with diplomas and special presents

The gymnast will be awarded for all around competition and each separately in each category, with a maximum of 1 gymnast per club.

WE WAIT YOU IN WARSAW!!!