

SIRENA CUP 2019. – ZADAR

9th International Rhythmic Gymnastics Tournament

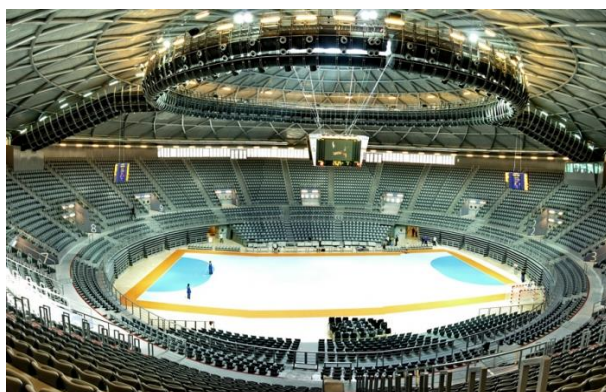
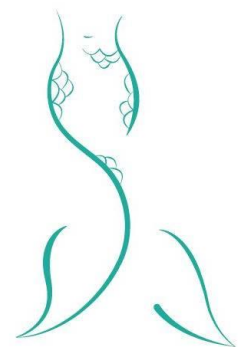
Dear sports friends,

It is our great pleasure to invite you to participate in our ninth international competition in rhythmic gymnastics called SIRENA CUP 2019. – ZADAR which will be held in Zadar, **4 October 2019 – 7 October 2019**.

ORGANIZER: Klub ritmičke gimnastike SIRENA
Mile Gojsalić 4
23000 Zadar, Croatia

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COMPETITION HALL: Sports centre Višnjik, Kresimir Ćosić Hall
Splitska 3
23000 Zadar, Croatia



Provisional competition schedule:

Friday, 4 October 2019

- Arrival of the delegations
- Training (from 18.00-21.00, open schedule)

Saturday, 5 October 2019

- Tehnical and Judges meeting
- Competition B program
- Group competition, C program competition
- Award ceremony B program, groups, C program

Sunday, 6 October 2019

- Tehnical and Judges meeting
- Competition A program
- Award ceremony A program,
- Banquet

Monday, 7 October 2019

- Departure of delegations

A detailed competition schedule will be submitted after the receipt of definitive registrations.

DELEGATION	<p>The delegation can contain an unlimited number of gymnasts until quota. One judge and one coach. It is obligatory that the judge attends the whole competition.</p> <p>If your delegation chooses to participate without judge a fee of 50 EUR must be paid cash upon arrival.</p> <p>The organizer hold wright to limit number or participants.</p>
REGISTRATION DEADLINE	Preliminary registration 1 September 2019
	Definitive registration 22 September 2019
	Online registration: http://rgform.eu/event.php?id_prop=1354
	Music 28 September 2019
	Online upload: http://rgform.eu/event.php?id_prop=1354 Back-up copies on CD or USB must be available
ENTRY FEE	<p>30 EUR – for one routine 35 EUR – for two routines 40 EUR – for three routines 100 EUR – per group 60 EUR – per group C program</p> <p>Delegations can pay all fees in cash during the tehncial meeting.</p>
COSTS:	<p>The delegation itself bears the travel expenses and accommodation costs. The organizer will bear the expenses of the organization of the competition, awarding ceremony and banquets.</p>
VISA:	<p>Please verify immediately with your travel agent or the Croatian Embassy or Consulate in your country if a visa is required for you to travel to Croatia (EU). The KRG SIRENA will be happy to assist each delegation member with an official invitation letter, provided if the request is made before 25 August 2019 to KRG SIRENA.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the city the visa application support letter must be sent to.</p>

ACCOMMODATION:	Due to the tourist season we cannot guarantee the accommodation reservation because it must be booked much earlier. You can contact us and we will try to find you an accommodation. We recommend two hotels: http://www.hotelmarinko.com/ http://www.hotel-porto.hr/
TRANSPORTATION	We can arrange on request.
MEDICAL SERVICE	Medical services will be provided.
INSURANCE	KRG SIRENA will not be held responsible for any liabilities of accidents, illness, repatriation and the like. All participating Federations and Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.
MEALS	At the days of competition KRG SIRENA will host a free lunch paket for all participants. Free lunch for judges and coaches at sport hall.
GALA	All gymnasts are welcomed to participate in gala program with performance of max. 3 min. Online registration: http://rgform.eu/event.php?id_prop=1354
PHOTO LIVE STREAMING	Will be available.

CATEGORY	A PROGRAM	B PROGRAM
MINI 2011. and younger	Without apparatus + 1 apparatus by choice (rope, hoop, ball) BD min. 3, 7 highest count S min. 2	Without apparatus 3-5 BD D max. – 3.50 S min. 2
YOUNG CADETS 2010., 2009.	Without apparatus + 1 apparatus by choice (rope, hoop, ball) BD min. 3, 7 highest count S min. 2 R min. 1 / max. 4 AD no min./max.	Without apparatus or 1 apparatus by choice (rope, hoop, ball) 3-6 BD D max. – 3.50 (w.a.) / 4.50 (app.) S min. 2 R min. 1 / max. 3 AD no min./max.
CADETS 2008, 2007.	3 apparatus by choice (rope, hoop, ball, clubs, ribbon) BD min. 3, 7 highest count S min. 2 R min. 1 / max. 4 AD no min./max	2 apparatus by choice (rope, hoop, ball, clubs) 3-6 BD D max. – 5.50 S min. 2 R min. 1 / max. 3 AD no min./max
JUNIORS 2006., 2005., 2004.	3 apparatus by choice (rope, hoop, ball, clubs, ribbon) BD min. 3, 7 highest count S min. 2 R min. 1/ max. 4 AD no min./max.	2 apparatus by choice (rope, hoop, ball, clubs) 3-6 BD D max. – 6.50 S min. 2 R min. 1 / max. 3 AD no min./max.
SENIORS 2003. and older	3 apparatus by choice (hoop, ball, clubs, ribbon) BD min. 3, 9 highest count S min. 1 R min. 1/ max. 4 AD min. 1	2 apparatus by choice (hoop, ball, clubs, ribbon) 3-7 BD D max. – 7.50 S min. 1 R min. 1 / max. 4 AD no min/max
Awarding	MINI and YOUNG CADETS – by year of birth, all around, w.a., apparatus by choice CADETS and JUNIORS – by year of birth, all around, each apparatus separately SENIORS – per category, all around, each apparatus separately	By year of birth, all around SENIORS – per category, all around

CATEGORY	GROUPS	C PROGRAM
MINI	2011. and younger Without apparatus 4-6 gymnasts Min. 2 S Min. 4 C	2011. and younger Without apparatus 4-6 gymnasts Max 4 BD (0.10 – 0,30)
YOUNG CADETS	2009. and younger Apparatus by choice 4-6 gymnasts Min. 2 S Min. 4 C Max. 1 R	2009. and younger Without apparatus OR combined w.a. + apparatus by choice 4-6 gymnasts Max. 4 BD (0.10 – 0,30)
CADETS	2008. and younger Apparatus by choice 4-6 gymnasts Min. 2 S Min. 4 C Max. 1 R	2008.,2007.,2006. Apparatus by choice 4-6 gymnasts Max. 4 BD (0.10 – 0,30)
JUNIORS	2004. and younger Apparatus by choice (5 or 3+2) 5 gymnasts Min. 2 S Min. 4 C Max. 1 R	2007.,2006.,2005.,2004. Apparatus by choice 4-6 gymnasts Max. 4 BD (0.10 – 0,30)
SENIORS	2003. and older Apparatus by choice (5 or 3+2) 5 gymnasts Min. 1 S Min. 4 C Max. 1 R	2003. and older Apparatus by choice 4-6 gymnasts Max. 4 BD (0.10 – 0,30)

GENERAL AWARDINGS

All participating gymnasts will receive diplomas.
The first, the second and the third place will receive medals.
The best team in B program will receive a trophy.
The best team in C program will receive a trophy.

Looking forward to see you and your great gymnasts at our tournament.

With best regards,

President KRG „SIRENA“



Iris Mijailović Bulj