



22nd HAPPY CUP 2019
International Tournament in Rhythmic Gymnastics
Ghent, BELGIUM
01-03 / 11 / 2019




DIRECTIVES



Dear friends,
HAPPY GYM BELGIUM has the pleasure to invite your federation / club to participate in the
aforementioned official International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	FEDERATION ROYALE BELGE DE GYMNASTIQUE Mrs. Sonja Deneyer Roodebeeklaan, 44 B-1030 Brussel Tel: + 32 2 234 38 38 Fax: + 32 2 230 06 69 E-mail: info@kbt-frbg.be Website: www.frbg-kbt.be
LOCAL ORGANIZING COMMITTEE	HAPPY GYM Mr. Edwin DE BACKER Moortelputstraat, 32 B-9031 GHENT – BELGIUM Tel: +32 – 9 – 281.02.22 Fax: +32 – 9 – 233.30.22 E-mail: happygym.rg@gmail.com Website: www.happygym.be
LOCATION	GHENT - BELGIUM
DATE	1 – 3 / 11 / 2019
VENUE	SPORTHAL “KEISKANT” Keiskantstraat, 3 B- 9031 Gent - BELGIUM Tel.: +32 - 9 – 226.06.56 Fax: +32 - 9 - 236.12.89 
APPARATUS SUPPLIER	Floor: FIG certified Janssen & Fritsen RG competition carpet 14 x 14 m Reference number 1790281 Competition Hall: 1 Warm-up Area: 1














	<p>Replacement apparatus:</p> <table border="1"> <tr> <td>Rope</td> <td>Pastorelli - 3m long, 0,9cm diam., Nylon Art. 00100FIG</td> </tr> <tr> <td>Hoop Senior</td> <td>Pastorelli - Model "Rodeo", 89cm inside diam., weight 302 g, polyethylene Art. 00300FIG</td> </tr> <tr> <td>Hoop Junior</td> <td>Pastorelli, Hoop model "Sidney", 85cm inside diam., weight 304 g, polyethylene Art. 00311FIG</td> </tr> <tr> <td>Ball</td> <td>Pastorelli - 18cm diam., Rubber, weight 405 g Art. 00001FIG</td> </tr> <tr> <td>Clubs</td> <td>Pastorelli - Mod. Masha, 45,2 cm long, 155 g each, Plastic-Rubber, with possibility to fit together, various colours Art. 00222FIG</td> </tr> <tr> <td>Ribbon Senior</td> <td>Pastorelli – Ribbon without stick, 6,40m long, weight 37g, Polyester, various colours Art. 00056FIG</td> </tr> <tr> <td>Ribbon Junior</td> <td>Venturelli – Ribbon without stick for Juniors, 5,4 cm wide, 5 m and above, weight 30 g and above, Rayon, several colours Art. RIB518</td> </tr> <tr> <td>Ribbon Stick</td> <td>Pastorelli (stick + ribbon) – Stick without ribbon, with rubber grip, 59,5 cm long, weight 24 g, Fibreglass, Titanium Art. 00400FIG + Ribbon without stick, 6,40m long, weight 37 g, Polyester, various colours Art. 00056FIG</td> </tr> </table>	Rope	Pastorelli - 3m long, 0,9cm diam., Nylon Art. 00100FIG	Hoop Senior	Pastorelli - Model "Rodeo", 89cm inside diam., weight 302 g, polyethylene Art. 00300FIG	Hoop Junior	Pastorelli, Hoop model "Sidney", 85cm inside diam., weight 304 g, polyethylene Art. 00311FIG	Ball	Pastorelli - 18cm diam., Rubber, weight 405 g Art. 00001FIG	Clubs	Pastorelli - Mod. Masha, 45,2 cm long, 155 g each, Plastic-Rubber, with possibility to fit together, various colours Art. 00222FIG	Ribbon Senior	Pastorelli – Ribbon without stick, 6,40m long, weight 37g, Polyester, various colours Art. 00056FIG	Ribbon Junior	Venturelli – Ribbon without stick for Juniors, 5,4 cm wide, 5 m and above, weight 30 g and above, Rayon, several colours Art. RIB518	Ribbon Stick	Pastorelli (stick + ribbon) – Stick without ribbon, with rubber grip, 59,5 cm long, weight 24 g, Fibreglass, Titanium Art. 00400FIG + Ribbon without stick, 6,40m long, weight 37 g, Polyester, various colours Art. 00056FIG
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<p>HAND APPARATUS</p>	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website http://www.fig-docs.com/website/apparatus/rg_suppliers_holders.pdf (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out during the Event.</p>																
<p>PROVISIONAL SCHEDULE</p>	<p>31.10.2019: Arrival day of the delegations and meeting of the delegations 01.11.2019: Judges meeting and drawing of lots Qualification (2 apparatus) 02.11.2019: Qualification (2 apparatus) 03.11.2019: Touristic visit of the city Ghent Judges meeting and drawing of lots Finals per apparatus (13.30h) Final Banquet (21h) 04.11.2019: Departure of the delegations</p>																
<p>EVENT FORMAT</p>	<p>Individual Competition</p> <p><u>Qualification All-Round (Junior & Senior):</u> All individual gymnast have to participate in the qualifications. In case of a tie at any place, the tie-breaking rules as set up to the Technical Regulation Section 3 Art. 3.4.1.1</p>																

	<p><u>Apparatus Final</u></p> <p>The best 6 gymnasts of the Qualifications on each of the 4 apparatus of the program are designated to participate in the Individual Apparatus Final. Maximum 1 gymnast per country per final.</p>												
FEDERATIONS INVITED	The Organizing Member Federation must invite all FIG Member Federations in good standing.												
SIZE OF THE DELEGATION	<p>Only gymnasts in good standing with the correct age and holding a valid FIG License at the time of registration until the end of the competitions may participate.</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1"> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Gymnasts</td> <td>3</td> <td>Preferably in different categories</td> </tr> <tr> <td>Coach</td> <td>1</td> <td></td> </tr> <tr> <td>Judge</td> <td>1</td> <td>Compulsory</td> </tr> </table>				Gymnasts	3	Preferably in different categories	Coach	1		Judge	1	Compulsory
Gymnasts	3	Preferably in different categories											
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AGE LIMITS	<p>Junior: 2004-2005-2006 (13-15 years old)</p> <p>Senior: 2003 and older (from 16 years old)</p> <p>All gymnasts must have a valid FIG licence until the end of the event.</p>												
JUDGES AND JURIES	<p>The participating member federations must send minimum 1 qualified judge if they participate with individual gymnasts.</p> <p>For the FIG-competition Senior and Junior – All judges must have a current valid FIG-Brevet at the time of the event for the respective discipline (RGI). Priority will be given to the highest categories.</p> <p>The Organizing Member Federation will apply a fine of 100 EUR per missing judge (to be paid to the LOC by 31 October 2019) should a federation fail to bring the required number of judges or judges without the requested qualification (brevet).</p>												
REGISTRATION DEADLINE	<p>ONLINE REGISTRATION VIA: http://rgform.eu/event.php?id_prop=1550</p> <p>Preliminary inscription: 01.09.2019</p> <p>Definitive inscription: 01.10.2019</p>												
ENTRY FEES	The Entry fee for this event will be 40,00 EUR per gymnast (non-refundable)												
ACCOMMODATION	<p>HOTEL HOLIDAY INN EXPO</p> 												

	<p>The hotels' prices are per person and per night, including breakfast and taxes (VAT and touristic tax):</p> <ul style="list-style-type: none"> - Triple room: 60,00 EUR (limited number of rooms) - Double room: 60,00 EUR - Single room: 110,00 EUR <p><i>(these rates are only valid for 4 nights from Thursday 31 October until Monday 04 November 2019)</i></p> <p>Extra persons must pay 25,00 EUR per day extra</p> <p>The invited participating delegations must pay for the accommodation expenses of their own delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by bank transfer before 01 October 2019.</p> <p style="text-align: center;">Beneficiary name: HAPPY GYM vzw Bank name: ING België NV IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Cancellations or changes in the delegation should be notified to the LOC before 15.10.2019. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>While the Accommodation Form must be returned to the LOC by 01.09.2019 at the very latest, the hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>Proof of payment must be show to the LOC upon arrival.</p>
MEALS	<p><i>Breakfast</i> is included in the accommodation expenses (also for extra persons).</p> <p><i>Lunch & Dinner</i> will be provided by the organizers in the competition hall on Friday and Saturday (only for gymnasts, coaches and judges and only if hotel reservations are made through the LOC)</p> <ul style="list-style-type: none"> - <u>Thursday</u>: Dinner-boxes can be ordered; Costs: € 8,50. Form must be returned by 15.10.2018 - <u>Sunday</u>: Lunch will be provided by the organization in the competition hall (cfr. Friday and Saturday). In the evening, there will be a Final Banquet in the hotel for the delegations only. <p>The LOC can provide lunch (€25,00) and dinner (€15,00) for extra persons. The costs of the meals are per person and per meal.</p> <p>The Meals Form must be returned to the LOC by 15.10.2019 at the very latest.</p>
FINAL BANQUET	<p>The banquet will be held on Sunday after the finals and is free of charge for the participants / delegation (gymnasts, coach, judge).</p> <p>Extra persons can buy tickets at the price of € 25,00 per person. The tickets for the Final Banquet must be paid to the LOC by 15 October 2019.</p>
INTERNATIONAL TRANSPORT	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 01.10.2019</p>

LOCAL TRANSPORT	<p>Arrival at the Railway Station Ghent-Sint-Pieters:</p>	<p>Representatives of the organizing committee will meet your delegation at Ghent train station on Thursday 31.10.2019. The costs are at charge of the LOC.</p>
	<p>Arrival at Brussels International Airport (Zaventem):</p>	<p>For the arrival on Thursday 31 October 2019 or sooner, the local transportation costs will be covered by the LOC for minimum 4 persons.</p> <p>There is also a direct railway line (https://www.belgiantrain.be/en) to Ghent Sint-Pieters where the LOC can pick you up.</p>
	<p>Arrival at Brussels South Airport (Charleroi):</p>	<p>The LOC can organise the transport (90 minutes from Ghent) at a charge of 15 EUR per person per ride (minimum 4 persons).</p> <p>There is a shuttle bus service – www.flibco.com Nine shuttles per day are organised from/to Ghent Train station.</p>
<p>The LOC will take in charge transportation costs for all (minimum 4) accredited people from the hotel to the competition hall (and vice – versa).</p> <p>The LOC will organise the local transportation only if hotel reservations are made through the LOC.</p>		
CITY TOUR	<p>On Sunday morning it possible to do a city tour of our historic city Ghent. The tour is free of charge. Inscription for the tour can be done upon arrival in the hotel.</p> <div style="display: flex; justify-content: space-around;">   </div>	
VISA	<p>Please verify immediately with your travel agent or the Belgian Embassy or Consulate in your country if a visa is required for your travel to Belgium. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, if the request is made before 01.09.2019 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>	

INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The OC will subsequently offer insurance at the Federations own charge as follows: 10 EUR per person/day.</p>
FINANCIAL OBLIGATIONS	<p>Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the invitation, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>
BANK ACCOUNT INFORMATION	<p>Beneficiary name: HAPPY GYM vzw Bank name and address: ING België NV – Marnixlaan, 24 – 1000 Brussels IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: RG HAPPY CUP 2019 – BELGIUM. The participating Federation is responsible for covering all bank fees in connection with the bank transfers.</p>
EVENT MANAGER	<p>Mr. Edwin De Backer (President of the LOC)</p>
MEDICAL SERVICES	<p>First Aid (EHBO)</p> <p><u>Nearest Hospital:</u> AZ JAN PALFIJN Watersportbaan, 5 – 9000 Gent Tel.: +32 – 9 – 224 71 11 E-mail: info@janpalfijngent.be</p>
CANCELLATION POLICY	<p>Cancellations or changes in the delegation must be notified to the LOC before 15.10.2019. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>No refund possible if later arrival or early departure.</p>
MUSIC	<p>Music's (mp3) must be send no later than 15.10.2019 to happycup.rg@gmail.com</p>
DEMO GALA	<p>On Sunday November 3rd 2019, after all finals and before the price ceremony, there will be a small Demonstration Gala. Gymnasts are welcome to present 1 short exhibition (max. 3 min).</p> <p>Clubs can let us know by e-mail (happycup.rg@gmail.com) before 20.10.2019.</p> <p>It is possible we will not be able to accept all demonstrations due to the time limit (max. 10 demonstrations, including the demonstration of the organizing club).</p>
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations

	<ul style="list-style-type: none"> • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • License rules (except for non competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>		
DEADLINES SUMMARY	Preliminary Registration		1 September 2019
	Definitive & Nominative Registration		1 October 2019
	Visa Request Form		1 September 2019
	Accommodation Form		1 September 2019
	Meals Form		1 September 2019
	Payment of the Entry Fee		1 October 2019
	Payment of the Accommodation Costs		1 October 2019
	Payment of the Meals		1 October 2019
	Travel Schedule Form		1 October 2019
	Payment of the Final Banquet (extra persons)		15 October 2019
	Payment of the fine for missing Judge		31 October 2019
ADDITIONAL INFORMATION			
CATEGORIES AND REGULATION			
HOPES (°2009-2010) 2 routines Free + Choice Apparatus	Without Apparatus + CHOICE Final: 	Difficulty (D): Max. 7 difficulties (more is allowed, but will not be counted) Min. 1 difficulty from each group of body movement Min. 1 dance step combination (8") Min. 1 AD Min. 1 	Total: <u>Without apparatus:</u> D – max. 5,00 E – max. 10,00 Total – max. 15.00 <u>Apparatus :</u> D – max. 6,00 E – max. 10,00 Total – max. 16.00
PRE-JUNIORS (°2007-2008) 2 routines 2 apparatus	 + CHOICE Final: 	Difficulty (D): Max. 7 difficulties (more is allowed, but will not be counted) Min. 1 difficulty from each group of body movement Min. 1 dance step combination (8") Min. 1 AD Min. 1 	Total: <u>Apparatus :</u> D – max. 7,00 E – max. 10,00 Total – max. 17.00
JUNIORS (°2004-2006) FIG-program	   		
SENIORS (°2003 and older) FIG-program	   		
FINALS	Maximum 1 gymnast per country.		

The organizing club (Happy Gym) can add 1 gymnast in every final (all categories).		
Hopes	Rope	First 6 gymnasts from the all-round competition
Pre-Juniors	Ball	
Juniors	Rope, Ball, Clubs, Ribbon	First 6 gymnasts in each apparatus of the all-round competition
Seniors	Hoop, Ball, Clubs, Ribbon	

The organising committee hopes to see you in Ghent,



E. DE BACKER
 President Happy Gym Ghent
 Belgium
www.happygym.be
happygym.rg@gmail.com



Mira BANCHEVA
 Head Coach
 FIG-Judge