



**2019 ASIAN YOUTH & JUNIOR
WEIGHTLIFTING CHAMPIONSHIPS**
(Qualification Event for 2020 Tokyo Olympic Games)
19th – 27th October 2019 at Pyongyang, DPR Korea

REGULATIONS

1. Dates and Place

19th – 27th October 2019 at Pyongyang, DPR Korea

2. Competition Venue & Training Venue

Weightlifting Hall in Chongchun Street

Address: Chukjon Dong 2, Mangyongdae District, Pyongyang, DPR Korea

3. Accommodation

1. Sosan Hotel

Address: Chukjon Dong 2, Mangyongdae District, Pyongyang, DPR Korea

Distance from airport: 25 km, 30 minutes by bus

Distance from competition and training venue: 1 km, 2 minutes by bus

2. Pothonggang Hotel

Address: Ansan Dong 1, Phyongchon District, Pyongyang, DPR Korea

Distance from airport: 20 km, 25 minutes by bus

Distance from competition and training venue: 4 km, 7 minutes by bus

Participants must accept accommodation to stay at the official hotel offered by the organizing committee. A minimum stay of 4 (four) nights is required for all participants.

4. Financial Conditions

Single room: USD 140 per person per day, with three meals

Double room: USD 120 per person per day, with three meals

Entry fee:

- Athletes:

JUNIOR: USD 170 per person, includes USD 50 Special Anti-Doping Fee

YOUTH: USD 170 per person, includes USD 50 Special Anti-Doping Fee

- Delegates, Team Officials & Media: USD 120 per person

The entry fee must be paid by each delegation member for both competitions.

5. Methods of Payment

All payment must be paid by US dollars cash (Cash Only) upon arrival to the Organizing Committee at the Accreditation Center in the hotel.

6. Entry Forms

PRELIMINARY ENTRY

Preliminary Entry form must be submitted to the Organizing Committee by email prksport@star-co.net.kp before **19th July 2019**.

FINAL ENTRY

Final Entry, Team Accommodation Form, Transportation Form, and Visa Application Form must be submitted to the Organizing Committee by email prksport@star-co.net.kp before **19th August 2019**.

*All Forms must be sent together with **the electronic photo** (3x4, with white background), **and passport copies** before the deadline.

*All forms must be sent to the following email: prksport@star-co.net.kp

MEDIA ACCREDITATION FORM

Media Accreditation Form must be submitted to the Organizing Committee by email prksport@star-co.net.kp before 19th August 2019.

7. Visas

Entry Visa of Democratic People's Republic of Korea could be obtained from the DPR Korea Embassy in Asian Countries. DPR Korea Weightlifting Association will supply visa letters to all federation/association.

It is important to send us each participant's copies of non-expired passports and photo to issue visa letter. Passport expiry date must be after 18th April 2020.

IMPORTANT NOTE: All participants who send their passport copies not later than **19th August 2019** will guarantee Visa Assistance Support Letter. Organizing Committee will not guarantee visa assistance for being late in sending passport copies.

Copies of non-expired passports, colorful photo and visa forms must be sent to the following email with Final Entry forms: email prksport@star-co.net.kp

8. Accreditation

The Accreditation will take place at **Sosan Hotel** upon arrival.

9. Flag and National Anthem

Each Member Federation should bring two (2) national flags sized 100cm x 150cm and the national anthem on USB drive. This must be submitted upon arrival/ accreditation to Organizing Committee (OC). National anthems may be sent by email as well.

10. Transportation

The organizing committee will provide shuttle buses between Pyongyang International Airport and the hotels and the local transportation service between the hotel and the venues of competition/training and meetings according to the schedule which will be announced to the teams on completion of accreditation process. Each delegation must send their flight details to organizing committee on time. Transportation form and Accommodation form must be submitted by 19th August 2019.

11. Competition Regulation

The 2019 Asian Youth & Junior Weightlifting Championships will follow the latest IWF Technical and Competition Rules and Regulations (TCRR).

12. Eligibility

Only national federations/associations affiliated in the IWF/AWF are eligible to participate in the events as follows:

Asian Youth Weightlifting Championships

- Athletes born between 1st January 2002 and 31st December 2006 (aged 13 – 17 years)

Asian Junior Weightlifting Championships (Qualification Event for 2020 Tokyo Olympic Games)

- Athletes born between 1st January 1999 and 31st December 2004 (aged 15 – 20 years)

With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Event in question (by 21st August 2019). An athlete who does not comply with this provision is not eligible to compete at this event.

13. Bodyweight Categories

Asian Youth Weightlifting Championships

- MEN: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg

- WOMEN: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg

Asian Junior Weightlifting Championships

- MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

- WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

14. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

Trophies will be awarded to the Best Lifter in the Men's and Women's events.

15. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

16. Barbell

IWF approved barbells will be used during both competitions and training.

17. Insurance

According to IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective member Federations/Associations before their departure from their hometown.

18. Temperature & Electricity

Average temperature at Pyongyang in October: 20 °C

Electricity: 220 Volt

20. Contact

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