



**PAN AM QUALIFICATION TOURNAMENT TOKYO 2020, OLIMPIC GAMES  
HEREDIA, COSTA RICA, MARCH 11<sup>TH</sup> TO 12<sup>TH</sup>**

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**I. DATE AND PLACE.**

Date: 11 to 12 March 2020.

City: Heredia Costa Rica

Venue: Palacio de los Deportes de Heredia.

**II. OUTLINE**

**1. SANCTIONED BY:**

World Taekwondo (WT)

Address: 5th Fl., Kolon Bldg., 15 Hyoja-ro, Jongno-gu, Seoul, Korea, 110-040

Telephone: +82.2.556.2505 FAX: +82.2.553.4728 e-mail:

sport@worldtaekwondo.org (Sport Department) WEB-SITE:

<http://www.worldtaekwondo.org>

**2. PROMOTED BY:**

Pan-American Taekwondo Union

President: Grand Master Ji Ho Choi,

Website: [www.patu.org](http://www.patu.org) Brook Lane, Plainfield NJ 07060 USA,

Telephone: (201) 694.1986 / Fax: (908) 561.5648, Email: [masterjihochoi@aol.com](mailto:masterjihochoi@aol.com)

**3. ORGANIZING MNA:**

Costa Rica Taekwondo Federation

Address: De la Jack´s en Pavas 500 metros al Oeste

Telephone: 506 22201310 e-mail: [eventstkdcr@gmail.com](mailto:eventstkdcr@gmail.com)

**4. ORGANIZING COMMITTEE:**

Costa Rica Taekwondo Federation

[www.tkdrc.org](http://www.tkdrc.org)

**5. VENUE:**

Palacio de los Deportes, Heredia Costa Rica.



## 6. QUALIFICATIONS:

In accordance with Article 4: Qualification of Contestant of the WT Competition Rules, the contestant must be:

**CRITERION #1:** Holder of the nationality of the participating team.

**CRITERION #2:** An athlete must be nominated by the pertinent national taekwondo association that is recognized by the World Taekwondo.

**CRITERION #3:** Holder of the Kukkiwon Dan or Poom Certificate (\* A copy of the Dan certificates should be uploaded to GMS when registering for the event. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be uploaded to GMS when registering for the event. Please refer to the Kukkiwon Web site: [www.kukkiwon.or.kr](http://www.kukkiwon.or.kr) for more information.)

**CRITERION #4:** An athlete must be 17 years old or older. An athlete who was born in the year of 2003 or before is eligible to participation in the competition.

**CRITERION #5:** Holder of valid WT Global Athlete License (GAL). \* Any questions on the WT GAL please contact your assigned WT GMS Manager.

## 7. COMPETITION RULES WT:

Competition Rules as of May 15<sup>th</sup>, 2019 shall be applied.

## 8. METHOD OF COMPETITION

- i. Single elimination system
- ii. Number of athletes: One per weight category per country (2 males and 2 females)
- iii. Maximum quotas per MNA: 1 athlete per weight category
- iv. Seeding and drawing of lots: All ranked athletes based on March 4<sup>th</sup>, 2020 of WT Olympic ranking shall be seeded accordingly.



Once the MNA registers online in GMS, it cannot change the athlete(s) or cancel his/her registration after February 28<sup>th</sup>, 11:59 pm Costa Rica Local Time.

※ After February 28<sup>th</sup>, it is only allowed to withdraw in case of injury. The MNA must submit medical documents of the injured athlete within four (4) days of the notification of withdrawal. (ref. WT Medical Withdrawal Policy <http://www.worldtaekwondo.org/medical-anti-doping/medical/forms/>)

## 9. CONTEST TIME

2 minutes x 3 rounds with 1-minute break

## 10. WEIGHT CATEGORIES

Men's division		Women's division	
Under 58kg	Not exceeding 58 kg	Under 49kg	Not exceeding 49 kg
Under 68kg	Over 58 kg & Not exceeding 68 kg	Under 57kg	Over 49 kg & Not exceeding 57 kg
Under 80kg	Over 68 kg & Not exceeding 80 kg	Under 67kg	Over 57 kg & Not exceeding 67 kg
Over 80kg	Over 80 kg	Over 67kg	Over 67 kg

## 11. CONDITIONS FOR PARTICIPATING TEAMS

Round-trip Airfare, Accommodation Round trip airfare, accommodation charges of room and board shall be borne by the participating Member National Association.

## 12. QUALIFICATION SYSTEM

i. Any NOC who qualifies a minimum of two (2) male and two (2) female players via the Olympic ranking system will be deemed to have qualified its total quota of places and shall not be permitted to enter the continental qualification events. However, if a nation has not qualified a minimum of two (2) places in male and two (2) places in female via the Olympic Ranking position they shall be allowed to compete for the additional places via the continental qualification events.



ii. The first two (2) ranked athletes in the weight categories will qualify their NOCs a place each for Olympic games. Total sixteen (16) athletes will qualify their NOCs a place each for Olympic games through Pan Am Qualification Tournament.

iii. The two (2) finalists will qualify their NOCs regardless of the result of the final match. The 3rd place will be determined by the result of final matches.

iv. If an NOC qualified through the Pan Am Qualification Tournament relinquishes a quota place or has not confirmed the use of the qualified place(s) within two (2) weeks from the momento receiving the allocation letter from the WT, it will be reallocated to the NOC of the next highest ranked athlete in the same weight category at the Pan Am Continental Qualification Tournament, as long as the NOC does not exceed the quota of two (2) male and two (2) female.

v. In the event that any of the qualified contestants was found to have committed a doping offence that constitutes a violation of any of the provisions of the Anti-Doping Code of the World Anti-Doping Agency and/or other appropriate anti-doping codes (“Anti-Doping Codes”), next highest ranked athlete in the same weight category at the Pan Am Continental Qualification Tournament will qualify his/her NOC a place.

vi. The NOC of an athlete who has committed an anti-doping rules violation will lose the quota place obtained by the athlete. The maximum number of quota places for that the corresponding number of athletes who committed an offence shall reduce NOC.

### **13. WT GLOBAL LICENCE & ONLINE REGISTRATION**

i. WT Global License Registration All athletes and team officials must FIRST be registered with a WT Global Athlete License (GAL) or Global Official License (GOL).

ii. WT Online Registration National Team Entry will only be accepted through the WT online registration system and registration is only possible with a valid WT Global License. National Team GMS admins will be notified via email once online registration is open. All athletes and officials must be registered under team name “Country Name” National Team.



#### 14. ENTRY FEES

The OC shall collect the entry fees from the participating national teams. The national team shall pay an entry fee to the Organizing Committee by cash in US\$ only at the FCT Registration Center in San Jose, Costa Rica prior to the start of the competition. Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

**DISCOUNTED REGISTRATION FEES:** A discount will be given to national teams that complete their registration during this period.

- Discounted entry fee period will be offered from December 15, 2019 to January 10th, 2020 until 11:59 pm Costa Rica Local Time.

- **US\$ 150** per athlete, **US \$ 150** per Coach (2020 WT Coach License Mandatory).

**New 2020 WT Coach License may be uploaded by Feb. 28, 2020 as 2020 WT Coach License Seminars are scheduled in early February.**

**REGULAR ENTRY FEES:** The national teams completing their registration during this period will be charged the regular registration fee.

- Regular entry fee period will begin from January 11, 2020 to February 15th, 2020 until 11:59 pm Costa Rica Local Time.

- **US\$ 200** per athlete, **US \$ 200** per Coach (2020 WT Coach License Mandatory).

**New 2020 WT Coach License may be uploaded by Feb. 28, 2020 as 2020 WT Coach License Seminars are scheduled in early February.**

**Late ENTRY FEES:** The national teams completing their registration during this period will be charged the late registration fee.

- Late entry fee period will begin from February 16, 2020 to February 28th, 2020 until 11:59 pm Costa Rica Local Time.

- **US\$ 300** per athlete, **US \$ 300** per Coach (2020 WT Coach License Mandatory).

**New 2020 WT Coach License may be uploaded by Feb. 28, 2020 as 2020 WT Coach License. Seminars are scheduled in early February.**

**No Registration is possible after Feb. 28, 2020**



Teams Doctors, Physiotherapist fee: US\$150 per each one.

Head of Team, Trainer, Manager fee: US\$150

**MNA Presidents: NO PAYMENT REQUIRED but must register via WT Simply Compete and select "MNA PRESIDENT" Role. Registration is non-transferrable and subject to OC verification.**

**MEDIA AND PHOTOGRAPHER PASS ELIGIBILITY AND FEE:**

- Accreditation for official news, media personnel, or photographers.
- Must provide proof of Media Identification
- Must provide proof of Passport
- Must provide proof personal photo in JPG

**- USD\$200.00, ALL DAYS**

Please email [presstkdc@gmail.com](mailto:presstkdc@gmail.com) to apply.

**14. ENTRY DEADLINES & IMPORTANT DATES**

Entry deadline for **discounted registration** period is January 10<sup>th</sup>, 11:59 pm Costa Rica Local Time.

Entry deadline for **regular registration** period is February 15<sup>th</sup>, 11:59 pm Costa Rica Local Time.

Entry deadline for late **registration** period is February 28<sup>th</sup>, 11:59 pm Costa Rica Local Time.

Entry submission after this date will be not accepted under any circumstances.

In case of replacement of an injured athlete, WT may replace this athlete no later than February 28<sup>th</sup>.

The pre-registered athletes or team officials may be replaced without any penalty before February 28<sup>th</sup>, 11:59 pm Costa Rica Local Time.

Entry fee of US\$300 per athlete will be charged in case of cancellation of participation after February 28<sup>th</sup>, 11:59 pm Costa Rica Local Time.



✂To register, an athlete is required to be in the proper physical condition to compete at the Olympics Qualification Tournament. Any athlete who withdraws after the weigh-in will be subject to an investigation as to whether or not the withdrawal was in bad faith. (Bad faith includes, but is not limited to, having a prior illness or injury such that it was unreasonable to expect the athlete to be able to compete at the time of the weigh-in.) The burden will be on the athlete to demonstrate that the withdrawal was not in bad faith. If the investigation panel determines that the withdrawal was in bad faith the athlete will be suspended for up to 6 months, and the athlete and members of the athlete's entourage may be subject to an additional Ethics investigation.

- Athletes: MNAs have to submit entry online by logging into the WT GMS. MNA's can send a maximum of 1 athlete per weight category. No additional athletes are accepted. No reserve athlete is accepted. No entry will be accepted or modified at the accreditation center(s) in COSTA RICA.

- Team officials: MNAs must register online by logging in to the WT GMS for maximum one (1) head of team per country, one (1) manager per team, two (2) coaches per team, two (2) team medical staffs per team, two (2) trainers per team.

**Penalty:** Penalty of US\$100 per person shall be paid to the Organizing Committee at the accreditation center in COSTA RICA in the following cases:

1. Any team official who is not registered online and wants to be accredited at the accreditation center in COSTA RICA only if the total number of team officials does not exceed the designated number.
2. In case of exceeding designated number of MNA officials and wants to be accredited at the accreditation center in COSTA RICA or any MNA official who is not registered online and wants to be accredited at the accreditation center in COSTA RICA,
3. Any changes or additions to team official after February 28<sup>th</sup>, 24:00 Costa Rica Local Time. This penalty will be considered the onsite fee for approved additions or changes to the national team list.



## 15. CLASSIFICATION OF RESULTS

Qualifying certificates for all qualified winners (medals will not be given).

## 16. TEAM ENTRIES PER COUNTRY (MAXIMUM 12 MEMBERS)

POSITION	MAX. NO. OF MEMBERS MALE	MAX. NO. OF MEMBERS FEMALE
HEAD OF TEAM:		1
MANAGER:		1
COACH:	1	1
TRAINER:	1	1
TEAM MEDICAL STAFF:	1	1
CONTESTANTS:	2	2

**17. INTERNATIONAL REFEREES** the WT will appoint a total of 28 International Referees including WT Referee Chairman. The appointed international referees shall officiate at the Olympic Qualification Tournament; the following conditions shall apply:

- a. International Referees are required to pay for their own roundtrip airfares.
- b. The Organizing Committee shall pay for the expenses for five (4) night's stay of room and board. Check-in: March 09<sup>th</sup>, 2020 / Check-out: March 13<sup>th</sup>, 2020
- c. The Organizing Committee shall pay a per diem of US\$100 to the selected International Referees for the competition period (total of three days; US\$300 per referee).





## **18. TECHNICAL DELEGATE AND COMPETITION SUPERVISORY BOARD**

The WT will appoint one (1) Technical Delegate and up to four (4) members of the Competition Supervisory Board. The following conditions shall apply:

- a. The Organizing Committee shall pay for the expenses for up to four (4) nights' stay of room and board. Check-in from: March 9<sup>th</sup>, 2020 / Check-out: March 13<sup>th</sup>, 2020
- b. ii. The Organizing Committee shall pay a per diem of US\$100 to the Technical Delegate and the members of the Competition Supervisory Board for competition period (total two days; US\$200 per person).

## **19. WT-RECOGNIZED TAEKWONDO UNIFORM (DOBOK) AND PROTECTIVE EQUIPMENT**

- A. DAEDO Gen2 Protector and Scoring System (PSS) including PSS Headgear will be used for the competition.
- B. Participating contestants are required to wear WT-recognized doboks and WT-recognized protective equipment. The latest version of WT-recognized manufacturers' list is available at the website of WT (<http://www.worldtaekwondo.org/wtf-partners/recognized>).
- C. The Organizing Committee will provide Protector and Scoring System (PSS) to the participating contestants. Participating contestants are required to bring their own groin guards, mouthpieces, gloves, sensing socks, shin and forearm guards for their personal use.

Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their doboks and protective equipment. Any contestant who wears unofficial doboks or protective equipment will not be permitted to compete.

Instant Video Replay (IVR) System will be used.



## 20. IDENTIFICATION OF NOC CODE AND MANUFACTURER

National flag shall be located between 3 to 3.5cm below from the shoulder line of the right arm.

i. NOC Code is a three-letter National Olympic Committee abbreviation, and it shall be printed at the back in black and centered at 5cm or higher from the bottom line of the upper garment within the size of 30cm width x 12cm height. The font of the letters shall be in bold “Verdana”. Manufacturer’s identifications (name, designation trademark, logo or any distinctive sign of the manufacturer) shall be located one for the top of Kyorugi dobok within 30cm<sup>2</sup> and between 3 to 3.5cm below the shoulder line of the left arm, one for bottoms of Kyorugi dobok within 30cm<sup>2</sup> located above the knee and center of the right leg, and one for Kyorugi belt within 6cm<sup>2</sup> at the end of the belt.

ii. The latest version of Application Guidelines is available at the website of World Taekwondo

[http://www.worldtaekwondo.org/wpcontent/uploads/2018/04/20180424\\_Guidelines-of-identifications.pdf](http://www.worldtaekwondo.org/wpcontent/uploads/2018/04/20180424_Guidelines-of-identifications.pdf)).

## 21. MEDICAL CONTROL

i. The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

ii. Compulsory anti-doping tests will be carried out for all medalists as well as random selection basis. The WT and/or WADA may carry out random out-of-competition testing prior to the competition. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT.

iii. TUE (Therapeutic Use Exemption) Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to visit the website of World Taekwondo to download TUE application form at <http://www.worldtaekwondo.org/wpcontent/uploads/2017/04/2017-WT-TUE-Application-form.pdf> and report to the WT anti-doping coordinator at



antidoping@worldtaekwondo.org by no later than January 31<sup>th</sup>,2020. For more details, please see the following page of the WT website: <http://www.worldtaekwondo.org/medical-anti-doping/anti-doping/therapeutic-use-exemptions-tues/> For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT anti-doping coordinator at [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

## 22. HEAD OF TEAM MEETING

- i. The head of team meeting shall be conducted one (1) day prior to the start of the competition that is March 10<sup>th</sup>, 2020 in the presence of the WT officials and the representatives of the participating nations.
- ii. At least one representative from each team must attend the head of team meeting. In case of no representative can be at the meeting, the team must designate a proxy and inform Technical delegate or WT Sport department before the meeting.

## 23. WEIGH-IN

- i. General weigh-in of the contestants shall take place on the day before their respective weight category competition.
- ii. Random weigh-in of the contestants shall take place in the morning on the competition day of their respective weight category except M+80 & W+67. All contestants in draw must be presented.
- iii. Random weigh-in shall apply to 25% of contestants per each weight category with 5% allowance as below table.

Weight Category	5% allowance	Weight Category	5% allowance
M-58	Not exceeding 60.9kg	W-49	Not exceeding 51.5kg
M-68	Not exceeding 71.4kg	W-57	Not exceeding 59.9kg
M-80	Not exceeding 84kg	W-67	Not exceeding 70.4kg



- v. During the weigh-in, male contestants shall wear underpants and female contestants shall wear underpants and brassieres. However, contestants may weigh-in nude if they wish to do so.

## **24. INDEMNITIES**

- i. The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective travel & medical insurance coverage.
- ii. Participants without proper insurance coverage will not be allowed to compete at the competition.
- iii. The Organizing Committee will acquire Public Liability event insurance.

## **25. ACCOMMODATION & TRANSPORTATION**

The participating teams are required to submit the hotel reservation only via the officials hotels by no later than February 28<sup>th</sup>, 2020. No other registration method will be accepted.

### **Cancellations must be made in writing.**

Please note that cancellations received after February 28<sup>th</sup>, 2020 are strictly non-refundable. Bookings made after this date are subject to availability and full payment will be required at the time of booking; full cancellation policy will be in place once the booking is confirmed.

Ground transportation will be provided for national teams on arrival and departure free of charge, only for teams who book via the Hotel official website or hotel phone, and provided that the Organizing Committee has been informed of the date, time, and flight number of the national team's arrival and departure at the latest by the designated deadline (February 28, 2020).



Daily transportation is also provided in San Jose between official hotels and venues for athlete training, registration, head of team meeting and competition days.

Daily local transportation is also provided in Heredia between official hotels and venue for athlete training, registration, head of team meeting and competition days, only for teams who book via Hotel official website or hotel phone.

## **26. VISA INFORMATION**

The visa recommendation letters will be automatically generated from Costa Rica Taekwondo Federation. The deadline for a visa request is January 31<sup>th</sup>, 2020. Send email to [eventstkdcr@gmail.com](mailto:eventstkdcr@gmail.com)

**27. COACH's ATTIRE** All coaches are required to wear formal suit such as tie, jacket, dress shirt (long or short), and trouser during Semifinals and Finals. If any coach refuses to wear abovementioned attire, he or she will not be allowed to coaching for PAN AM QUALIFICATION TOURNAMENT TOKYO 2020 OLYMPIC GAMES.

## **28. TEAM DOCTOR's MEETING:**

in order to receive accreditation card, all registered team medical staffs must attend team doctor's meeting on March 9<sup>th</sup>, 2020.



**TIMETABLE (SUBJECT TO CHANGE)**

Date	Time	Event	Place
<b>March 8-10</b>	09:00-18:00	<i>Arrival of Teams &amp; Officials</i>	<b>SJO Airport</b>
<b>March 8-10</b>	09:00-16:00	<i>Registration of Athletes</i>	<b>Best Western, Irazú</b>
<b>March 8-10</b>	09:00-18:00	<i>Team Training</i>	
<b>March 9</b>	15:30-17:30	<i>Team Doctors Meeting</i>	<b>Best Western, Irazú</b>
<b>March 10</b>	09:00-15:00	<i>Referee Meeting</i>	<b>Palacio de los Deportes Heredia</b>
	08:00-16:00	<i>Registration of Athletes</i>	
	10:00-12:00	<i>Weigh-in for:</i> <b>W-57kg W+67kg, M-68kg, M+80kg</b>	
	14:00-16:00	<i>Technical Meeting</i>	
<b>March 11</b>	08:00-08:30	<i>Random Weigh-in for:</i> <b>W-57kg W+67kg, M-68kg, M+80kg</b>	<b>Palacio de los Deportes Heredia</b>
	09:00-12:00	<i>Preliminary matches:</i> <b>W-57kg W+67kg, M-68kg, M+80kg</b>	
	10:00-12:00	<i>Weigh-in for:</i> <b>W-49kg, W-67kg, M-58kg, M-80kg</b>	
	12:00-13:00	<i>Lunch Break</i>	
	13:00-14:00	<i>Opening Ceremony</i>	
	14:00-18:00	<i>Preliminary matches:</i> <b>W-57kg W+67kg, M-68kg, M+80kg</b>	
	18:00-20:00	<i>Semi-finals:</i> <b>W-57kg W+67kg, M-68kg, M+80kg</b>	
<b>March 12</b>	08:00-08:30	<i>Random weigh-in for:</i> <b>W-49kg, W-67kg, M-58kg, M-80kg</b>	<b>Palacio de los Deportes Heredia</b>
	09:00-12:00	<i>Preliminary matches:</i> <b>W-49kg, W-67kg, M-58kg, M-80kg</b>	
	12:00-13:00	<i>Lunch break</i>	
	13:00-18:00	<i>Preliminary matches:</i> <b>W-49kg, W-67kg, M-58kg, M-80kg</b>	
	18:00-20:00	<i>Semi-finals:</i> <b>W-49kg, W-67kg, M-58kg, M-80kg</b>	
<b>March 13</b>	All day	<i>Departure of Teams</i>	<b>SJO Airport</b>



## Accommodation:

Local transportation between San José International Airport SJO and the official Hotel will be provided only for those who book and pay their accommodation through the Hotel Manager.

Please kindly note that transportations are only for those who applied for accommodation and provide their travel Schedule.

During the event there will be transportation to the venue from official Hotel only for those who book and pay their accommodation through the Hotel Manager.

(Reservations through: Booking, Expedia, Trivago, etc. will not be accepted to shuttle Airport-Hotel-Competition Venue).



**Best Western Irazú**  
Laura Ramírez +506 8821 2469  
Room Reservations +506 2106 5122  
email: [iramirez@gmhospitality.net](mailto:iramirez@gmhospitality.net)



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**Hotel Country Inn & Suites**  
Fresca Chinchilla +506 88479926  
Room Reservations +506 22392272  
Booking Code: Taek2020  
email: [fchinchilla@countryinns.co.cr](mailto:fchinchilla@countryinns.co.cr)