



Rhythmic Gymnastics
International Tournament
ARAD TROPHY

31st October – 1st November 2020



CSM Arad National Club of Romania has the pleasure to invite your Clubs and/or Federation to participate in the aforementioned International Event.

LOCAL ORGANIZING COMMITTEE

CSM Arad

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Our Gool is the popularization of rhythmic gymnastics, development of international relations in the world of sport and implementation of the principle of "fairplay".

Location – Romania, Arad
Venue – Polyvalenta Hall of Arad

Adress – Alea Calimanesti, Arad, Romania

Venue Capacity – 1500 seats

The Competition, Trainig and Warm-up seats are at the same venue

APPARATUS SUPPLIER – Gymnova floor with podium



*Photos from „Arad Trophy” – 2018 and 2019

RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules 										
DELEGATION	<ul style="list-style-type: none"> - 1 JUDGE - 1 to 4 coaches - Unlimited number of gymnasts 										
JUDGES AND JURIES	<p>Each National Club must provide 1 judge with national or FIG Brevet.</p>										
REGISTRATION DEADLINES	<p style="text-align: center;">IMPORTANT DEADLINE !</p> <p>ONLINE REGISTRATION – on https://rgform.eu/event.php?id_prop=1997</p> <table border="1" data-bbox="448 814 1516 1045"> <tr> <td>Provisional Registration</td> <td>30 of July 2019</td> </tr> <tr> <td>Definitive Registration</td> <td>30 of August 2020</td> </tr> <tr> <td>Nominative Registration</td> <td>30 of September 2020</td> </tr> <tr> <td>Accommodation Form</td> <td>30 of September 2020</td> </tr> <tr> <td>Travel Form</td> <td>5 of October 2020</td> </tr> </table>	Provisional Registration	30 of July 2019	Definitive Registration	30 of August 2020	Nominative Registration	30 of September 2020	Accommodation Form	30 of September 2020	Travel Form	5 of October 2020
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ENTRY FEES	<p>The non-reimbursable cost for the Entry Fee:</p> <ul style="list-style-type: none"> - 35 euro per Individual Gymnast; - 15 euro per <i>each</i> Group Gymnast; 										
ACCREDITATION	<p>Accreditation will take place upon arrival or at the Technical Meeting. Heads of delegation should present the following documents:</p> <ul style="list-style-type: none"> - Passports of all members of the delegation. - Proof of medical insurance. - 2 CD with music per each routine. 										
COMPETITION LEADERSHIP	<p>COMPETITION DIRECTOR – Daniela CHIRIAC TECHNICAL DELEGATE – Stefania CHIRIAC</p>										
PRELIMINARY SCHEDULE	<p>FRIDAY, 30th October:</p> <ul style="list-style-type: none"> - Arrival of the delegation; - Podium Training; - Technical Meeting; <p>SATURDAY, 31st October:</p> <ul style="list-style-type: none"> - Judges Meeting; - Competition; - Award Ceremony; <p>SUNDAY, 1st November:</p> <ul style="list-style-type: none"> - Judges Meeting - Competition; 										

	<ul style="list-style-type: none"> - Award Ceremony; <p>MONDAY, 2nd November:</p> <ul style="list-style-type: none"> - Departure;
SOCIAL MEDIA	<p>Facebook: Arad Trophy 2020 RG International Tournament</p> <p>https://www.facebook.com/events/519478065367944/ https://rgform.eu/event.php?id_prop=1997 – for registration</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the International travel costs of their delegation members. The cost of transportation from International Airport "Traian Vuia" – Timisoara (50 km away from Arad) is 10 euro/person. The Travel Schedule Form must be returned to the LOC by 5 of October 2020.</p>
GALA	<p>All gymnasts are welcomed to participate in gala program with performance of max. 3 min.</p>

ACCOMMODATION

HOTEL *** - Hotel Crisana Arad



HOTEL * - Hotel President**



The cost per night, per person, full board included - **35 euro** in double or triple room. While the Accommodation Form must be returned to the **LOC by 30 of September 2020**, as the latest, the Hotel rooms will be allocated on a “*first come, first serve*” basis.

TECHNICAL PROGRAM – INDIVIDUAL EXERCISES

<u>CATEGORY</u>	<u>Level A</u>	<u>Level B</u>	<u>Level B LIGHT</u>
SENIORS	<i>Year of Birth - 2004 and Older</i> 4 apparatus FIG program (2017-2020)	<i>Year of Birth - 2004 and Older</i> 2 apparatus	<i>Year of Birth – 2004 and Older</i> 1 apparatus by choice
JUNIORS	<i>Year of Birth - 2005, 2006, 2007</i> 4 apparatus FIG program (2017-2020)	<i>Year of Birth - 2005, 2006, 2007</i> 2 apparatus	<i>Year of Birth - 2005, 2006, 2007</i> 1 apparatus by choice
	<i>Year of Birth - 2008</i> 2 apparatus by choice	<i>Year of Birth - 2008</i> 2 apparatus by choice	<i>Year of Birth - 2008</i>

PRE-JUNIORS	<p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>1 apparatus by choice</p>
	<p>Year of Birth - 2009 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth - 2009 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth - 2009 1 apparatus by choice</p>
HOPES	<p>Year of Birth – 2010 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2010 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2010 1 apparatus by choice (Or without apparatus)</p>
	<p>Year of Birth – 2011 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2011 2 apparatus by choice</p> <p>BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 R – Min. 1 – Max 4 AD – No min./ No max</p>	<p>Year of Birth – 2011 1 apparatus by choice (Or without apparatus)</p>
CHILDREN	<p>Year of Birth – 2012 Without apparatus and one apparatus by choice</p>	<p>Year of Birth – 2012 Without apparatus</p>	<p>Year of Birth – 2012 Without apparatus</p>

	BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2 AD – No min./ No max	BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2	
	<i>Year of Birth – 2013 and younger</i> Without apparatus BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2	<i>Year of Birth – 2013 and younger</i> Without apparatus BD – Min. 3, Highest 7 count (1 Leap, 1 Balance, 1 Rotation). S – Min. 2	<i>Year of Birth – 2013 and younger</i> Without apparatus

The award ceremony will be on each category and year of birth for juniors, prejuniors, hopes and children.

TECHNICAL PROGRAM – GROUP EXERCISES

JUNIORS	One exercise – one type of apparatus FIG program (2017-2020)
PREJUNIORS	One exercise – one type of apparatus FIG program (2017-2020)
HOPES	One exercise – Without apparatus – 5 or 6 gymnasts Max. 7 BD Min. 5 C Min. 2 S
CHILDREN	One exercise - Without apparatus – 6 or 8 gymnasts Max. 6 BD Min. 4 C Min. 2 S

Level B-Light Group

4 to 8 gymnasts in group – the length of the exercise must be from 1.30 to 2.30

JUNIORS 2005 – 2006 - 2007	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
PRE-JUNIORS 2008 - 2009	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
HOPES 2010 - 2011	Without apparatus Min. 3 formations Min. 3 Collaborations Min. 1 Dance Steps Combination
CHILDREN 2012 and younger	Without apparatus Min. 2 formations Min. 2 Collaborations Min. 1 Dance Steps Combination

Level B-Light TRIO

3 gymnasts – the length of the exercise must be from 1.15 to 1.30 min.

JUNIORS 2005 – 2006 - 2007	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
PRE-JUNIORS 2008 - 2009	Without apparatus or 1 type of apparatus by choice Min. 3 formations Min. 3 Collaborations Min. 2 Dance Steps Combination
HOPES 2010 - 2011	Without apparatus Min. 3 formations Min. 3 Collaborations Min. 1 Dance Steps Combination
CHILDREN 2012 and younger	Without apparatus Min. 2 formations Min. 2 Collaborations

Min. 1 Dance Steps Combination