



## **“AUTUMN GRACE ” 2020**

**21.-22.11.2020**

**Place:** Estonia, Keila city, Keila Tervisekeskus competition hall.

(adress: Paldiski mnt 17)

**Organizer:** GC Graatsia [vkgraatsia@gmail.com](mailto:vkgraatsia@gmail.com), [+37255604587](tel:+37255604587)  
[+37255983801](tel:+37255983801)

Start fee per 1 gymnast- 40€. Winners will be awarded by big medals, smaller medals by each apparatus and presents. All gymnasts will receive presents. The organizer chooses and awards Miss Graces, Miss Coach and Miss Judge by special prizes. **Each year of birth will be awarded separately.**

### **Program:**

**Friday 20.11.2020** - Arrival of the delegations, training in the competition hall

**Saturday 21.11.2020** - Judge meeting, competition, GALA

**Sunday 22.11.2020** - 2<sup>nd</sup> day of competition

It is possible to go to a swimming pool in the competition hall. If you are interested, please contact the organizer. The price is 4 EURO per 1 person.



Each club can perform at least 1 performance to the Gala Show on Saturday. Contact us if your club wants to participate in Gala.

Please contact the organizer if you need a hotel, we will offer hotel what is 15 minutes far from the competition hall or Keila Hostel in the competition hall, where is only 29 places.

If you need a transfer, please contact us.

## **TECHNICAL PROGRAM**

### **Level A**

- **2014 – out of competition (NO CATEGORY)**
- **2013 – FREE HANDS ( 3-7 difficulties)**
- **MINI (2012) – FREE HANDS + 1 APPARATUS BY CHOICE( 3-7 difficulties)**
- **CHILDREN (2011, 2010) – FREE HANDS + 2 APPARATUS BY CHOICE ( 3-7 difficulties)**
- **PRE JUNIOR (2009,2008) – 3 APPARATUS BY CHOICE ( 3-7 difficulties)**

- **JUNIOR (2007,2006,2005) – 3 APPARATUS BY CHOICE, UEG RULES**
- **SENIOR (2004 and older) – 3 APPARATUS BY CHOICE, FIG RULES**

## **Level B**

- **2014 – out of competition (NO CATEGORY)**
- **2013 – FREE HANDS ( 3-7 difficulties) D max 4.0**
- **MINI (2012) – FREE HANDS ( 3-7 difficulties) D max 4.0**
- **CHILDREN (2011, 2010) – FREE HANDS + 1 APPARATUS BY CHOICE ( 3-7 difficulties) D max 5.0**
- **PRE JUNIOR (2009,2008) – 2 APPARATUS BY CHOICE ( 3-7 difficulties) D max 6.0**
- **JUNIOR (2007,2006,2005) – 2 APPARATUS BY CHOICE, UEG RULES, D max 7.0**
- **SENIOR (2004 and older) – 2 APPARATUS BY CHOICE, FIG RULES, D max 8.0**

## **Level C**

- **2014 – out of competition (NO CATEGORY)**
- **2013 – FREE HANDS ( 3-7 difficulties) D max 2.0**
- **MINI (2012) – FREE HANDS ( 3-7 difficulties) D max 2.5**
- **CHILDREN (2011, 2010) – FREE HANDS D max 3.0**
- **PRE JUNIOR (2009,2008) – 1 APPARATUS BY CHOICE ( 3-7 difficulties) D max 4.0**
- **JUNIOR (2007,2006,2005) – 1 APPARATUS BY CHOICE, UEG RULES, D max 4.5**

***BEST REGARDS AND HOPE TO SEE YOU IN KEILA:)***

## ***MARIA AND DIANA***