



## Invitation

### International rhythmic gymnastic tournament: «Christmas cup 2020»

**6 – 8. December 2020**

Sport club «Nord» has the great honour to invite your club/ federation to attend the 12<sup>th</sup> international rhythmic gymnastics tournament

„Christmas cup 2020“

For participating in the competition you need to send the entry form before 10 october. [http://rgform.eu/event.php?id\\_prop=2036](http://rgform.eu/event.php?id_prop=2036)

Organizer.

SC “Nord” [www.sk nord.ee](http://www.sk nord.ee)

Natalja Bestsastnaja

Tel: +37253981498

E-mail: [best@sk nord.ee](mailto:best@sk nord.ee)

#### Date and place of competition.

International rhythmic gymnastic tournament „Christmas cup 2020“ will be held on the 6.– 8. December 2020 in **Tallinn, Kalevi Spordihall, Juhkentali 12**

#### Accommodation.

Arrival day is Saturday 5<sup>th</sup> December 2020

#### **Competition costs**

The organizer is not covering accommodation, travelling costs of delegations not any other expenses made during the stay.

**Start fee per 1 individual gymnast – 50€**

**Start fee per 1 group – 100€**

**Hotel** - You need to book hotel by yourself. There is a hotel near the sporthall just 3 minutes by walk - Ibis Tallinn Center <https://www.ibistallinncenter.ee/>

**Transfer - 7 EUR per person.**

**All costs have to be paid upon arrival.**

**The teams, who leave the competition before the end and will not be on the award ceremony, will be removed from the competition. Their results will be cancelled.**

#### **Transport.**

Organizer will provide transportation for your delegation from Tallinn Airport to the hotel and back.



Insurance. All delegations are responsible for having the necessary coverage against accidents and illness.

**Deadline entry: 10.10.2020 music MP3: 01.12.2020**

[http://rgform.eu/event.php?id\\_prop=2036](http://rgform.eu/event.php?id_prop=2036)

**Program:**

**Saturday 5<sup>th</sup> December - Arrival of the delegations, training is not possible**

**Sunday 6<sup>th</sup> December - Technical meeting, all-round competition**

**Monday 7<sup>th</sup> December - Technical meeting, all-round competition**

**Tuesday 8<sup>th</sup> December - All-round competition**

**Wednesday 9<sup>th</sup> December - Departure of the delegations.**

**A CATEGORIES AND TECHNICAL PROGRAM:**

<b>-2013</b>	<b>Without apparatus</b>	<b>UEG JUNIORS 2017-2020</b>
<b>-2012</b>	<b>Without apparatus and apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>-2011</b>	<b>Without apparatus and apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>-2010</b>	<b>2 apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>-2009</b>	<b>2 apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>-2008</b>	<b>2 apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>JUNIORS 2007-2005</b>	<b>3 apparatus by choice</b>	<b>UEG JUNIORS 2017-2020</b>
<b>SENIORS -2005 and older</b>	<b>3 apparatus by choice</b>	<b>FIG SENIORS 2017-2020</b>



<b>Group Senior 2005 and older</b>	<b>5 balls and 3 hoops+2 clubs</b>	<b>FIG SENIORS 2017-2020</b>
<b>Group Junior 2008-2005</b>	<b>5 balls and 5 ribbons</b>	<b>UEG JUNIORS 2017-2020</b>
<b>Group Pre-Junior 2008-2010</b>	<b>5 ropes</b>	<b>3BD+3ED+ 1BD or 1 ED S – min.2 R – max.1</b>
<b>Group Children 2010-2012</b>	<b>5 hoops</b>	<b>3BD+3ED (ED 4m+0,1) S – min.2 R – max.1</b>
<b>Group Minis 2012-2013</b>	<b>Without Apparatus</b>	<b>6BD (2 balances, 2 jumps, 2 pivots, 1 wave) S – min.2 C – min.4 R – max.1</b>

### **B CATEGORIES AND TECHNICAL PROGRAM:**

<b>-2013</b>	<b>Without apparatus</b>	<b>E = 10.00 D = 4.0 Max.</b>
<b>-2012</b>	<b>Without apparatus</b>	<b>E = 10.00 D = 4.0 Max.</b>
<b>-2011</b>	<b>Without apparatus and apparatus by choice</b>	<b>E = 10.00 D = 5.0 Max.</b>
<b>-2010</b>	<b>Without apparatus and apparatus by choice</b>	<b>E = 10.00 D = 5.0 Max.</b>
<b>-2009</b>	<b>2 apparatus by choice</b>	<b>E = 10.00 D = 6.0 Max</b>
<b>-2008</b>	<b>2 apparatus by choice</b>	<b>E = 10.00 D = 6.0 Max.</b>
<b>2007-2005</b>	<b>2 apparatus by choice</b>	<b>E = 10.00 D = 7.0 Max.</b>