



20-22 November 2020

# Regina

1ST RHYTHMIC GYMNASTICS ONLINE  
TOURNAMENT  
IN THE AFRICAN REGION

Registration before 1st November 2020,  
video submission before 17 November 2020

powered by  
**uventex**

**RGYM**  
ONLINE

**Karinbutan**  
WE ARE SHOOTING LEADERS

Dear friends,

We are excited to invite you to our First Rhythmic Gymnastics Online Tournament in the African Region, "Regina" on 20-22nd November 2020.

## GENERAL OBJECTIVES

- To give opportunity for the African region countries to connect, meet and compete
- To popularise and promote Rhythmic Gymnastics' development in Africa
- To evaluate the gymnasts by international judges
- To detect talented gymnasts of Africa
- To encourage gymnasts to perform and gain experience
- To improve the level of gymnasts in the African region

## DETAILS OF THE COMPETITION

- **Countries invited** Gymnasts from RG Clubs of the African Region Countries are invited to participate: 54 African countries listed here  
<https://www.worldometers.info/geography/how-many-countries-in-africa>
- **How to Participate** Register online, select the category/age group, pay fees and submit the video recording that will be evaluated by the judges before the deadlines.
- **Organisers and support**

Event coordination: [sportdanceltd@gmail.com](mailto:sportdanceltd@gmail.com) ,what's app/phone lana: +23057151115

Technical support: [support@uventex.com](mailto:support@uventex.com)

Warm regards,

"Regina" Tournament team

25 September 2020

# DIRECTIVES

## "Regina" 1st RG Online Tournament for the African Region

### **Registration and Results**

<https://regina.myuventex.com>  
assistance: support@uventex.com

### **Registration fees**

30 Euro/per gymnast

### **Performance analysis (optional)\***

15 Euro/per gymnast (performance analysis and recommendations sent by email within 1 week after the tournament)

### **Registration deadline**

1 November 2020  
(fees should be paid to register)

### **Video submission deadline**

17 November 2020

### **Tournament Live Stream**

<https://karinbutan.com/>  
22 November 2020

### **Tournament Head Judge**

Svetlana Joukova, Canada, Brevet 2

### **Tournament Director**

Iana Vroublevskaia  
ENG/FR/RUS  
sportdanceltd@gmail.com  
what's app/phone: +23057151115

### **Awards**

1st, 2nd, 3rd places certificates in each category/each age group. All participants receive participation certificates by email.  
Special awards: Miss "Regina", Miss Elegance, Miss Expression









**\*Competition analysis is optional : an overall report of a competitive performance individually /per gymnast. Request has to be submitted and paid at registration.**

# DIRECTIVES

## "Regina" 1st RG Online Tournament for the African Region

### CATEGORIES/AGE GROUPS

\*one by choice( hoop, ball, clubs, or ribbon, there is no rope as a choice!), W/A (without apparatus)

|                   | A  | B  | C  |  |
|-------------------|--|--|--|--|
| <b>SENIOR</b>     | <p><b>2004 and older</b><br/><b>FIG</b><br/>BD: Min 3 , Highest 9 counted<br/>S: Min 1<br/>R: Min1, Max 5<br/>AD : min1</p>                  | <p>A<br/>2 apparatus routines</p>  <p>+one by choice*</p>   | <p>B<br/>2 apparatus routines</p>  <p>+one by choice*</p>   | <p>C<br/>1 apparatus routine</p> <p>one by choice*</p>   |
| <b>JUNIOR</b>     | <p><b>2005-2006-2007</b><br/><b>FIG JUNIOR</b><br/>BD: Min 3 , Highest 7 counted<br/>S: Min 2<br/>R: Min1, Max 4<br/>AD : No Min, no Max</p> | <p>A<br/>2 apparatus routines</p>  <p>+one by choice*</p>  | <p>B<br/>2 apparatus routines</p>  <p>+one by choice*</p>  | <p>C<br/>1 apparatus routine</p> <p>one by choice*</p>   |
| <b>PRE-JUNIOR</b> | <p><b>2008-2009</b><br/><b>FIG JUNIOR</b><br/>BD: Min 3 , Highest 7 counted<br/>S: Min 2<br/>R: Min1, Max 4<br/>AD : No Min, no Max</p>      | <p>A<br/>2 apparatus routines</p>  <p>+one by choice*</p> | <p>B<br/>2 apparatus routines</p>  <p>+one by choice*</p> | <p>C<br/>1 apparatus routine</p> <p>one by choice*</p>   |
| <b>HOPE</b>       | <p><b>2010-2011</b><br/><b>FIG JUNIOR</b><br/>BD: Min 3 , Highest 7 counted<br/>S: Min 2<br/>R: Min1, Max 4<br/>AD : No Min, no Max</p>      | <p>A<br/>2 routines</p> <p>one by choice*<br/>+1 W/A</p>   | <p>B<br/>1 apparatus routine</p> <p>one by choice*</p>   | <p>C<br/>One routine W/A</p>  |
| <b>CHILD</b>      | <p><b>2012-2013-2014</b><br/>BD: Min 3 , Max 6<br/>S: Min 2<br/>R: Min1<br/>AD : No Min, no Max</p>  | <p>A<br/>2 routines</p> <p>one by choice*<br/>+1 W/A</p>   | <p>B<br/>1 apparatus routine</p> <p>one by choice*</p>   | <p>C<br/>One routine W/A</p>  |

#### Categories advice:

**A : Established gymnasts with competitive experience, national team members**

**B : Gymnasts with some competitive experience**

**C : Gymnasts with little or first competitive experience**



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## Preliminary schedule

Registration & fees before 1st November  
Video submission before 17 November

20-21st November - Judging

22nd November - Livestream of the event

Results will be available online,  
certificates and the performance analysis\*(optional)  
will be sent by email

## Video requirements

- The recording must be in HORIZONTAL format
- The recording starts from the very beginning of the program (entering excluded)
- No extraneous noises, comments, effects, inscriptions and other sounds are permitted
- No other individuals in the recording, except the gymnast
- Action sequence should be recorded in a single take
- No edits to the video or audio recording
- Camera must be stabilised
- High video resolution of the recording is required with clear view of the gymnast
- Videos from the previous official competitions are not accepted
- Recording has to be done in a gym/hall (no "home videos" accepted)
- No sponsor banners appear in the recording at any time in any form

## Gymnast appearance requirements:

- Leotard
- Half-shoes
- Bun

**! IMPORTANT:** All participants automatically give full permission for video and photo materials for social network posting and any other purposes of event coverage, promotion.

In case the video does not meet any of the requirements, the gymnast will not be evaluated, you can contact [support@uventex.com](mailto:support@uventex.com)