

**GUIMARÃES 2020**

# **GUIMAGYM CUP ONLINE**

**INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT**

**25 OCTOBER**



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Hello everyone,

In this troubled period that we are going through, there is an urgent need to find alternative solutions that allow us to continue the projects we develop and allow us to maintain proximity to the gym environment that we are both proud of and honor.

Accordingly, this year, we intend to implement the edition of Guimagym Cup in an online format that safeguards the safety of all participants, presenting an innovative and very attractive proposal from an organizational point of view.

This is our contribution to maintaining the connection that we have been establishing in the previous editions of this event and being able to add value to the clubs and gymnasts that participate.

In this way, we challenge you to join us in this online "adventure", leaving the guarantee that we will do everything to respond to the expectations and confidence that you grant us with your participation.

**Count on GUIMAGYM!**

Luís Rodrigues

President

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## DIRECTIVES

### LOC

GUIMAGYM – Clube de Ginástica de Guimarães

e-mail: [geral@guimagym.pt](mailto:geral@guimagym.pt)

[www.guimagym.pt](http://www.guimagym.pt)

Contact person: Adriana Castro

e-mail: [guimagymcup@guimagym.pt](mailto:guimagymcup@guimagym.pt)

### DATE

25 October 2020

### PLACE

Each participating team must assure that the minimal conditions for the practice of Rhythmic gymnastics are present at their own gym (close to normal competition conditions).

### EVENT FORMAT

Competition will be held online, live, by Zoom application.

Each team must assure permanent connection to the Zoom conference, with a fixed camera that must cover all the competition carpet. More technical informations will be given later.

Competition will be streamed on the youtube channel of GUIMAGYM.

### PARTICIPATION

Each team must enter 8 gymnasts maximum, in a total of 12 routines per team.

Each team must present a judge (national or international category) that must be online for the total time of the competition.

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## REGISTRATION

You must send registration form till 10th October, to the email [guimagymcup@guimagym.pt](mailto:guimagymcup@guimagym.pt)  
First 10 teams will be accepted. Later on, we will open more places till we reach maximum of 150 routines in competition.

Registration fee per gymnast is 5€. Payment must be made till 15th October.

Information for payment:

Guimagym – Clube de Ginástica de Guimarães

IBAN: PT50 0010 0000 5656 9510 0018 1

SWIFT/BIC: BBPIPTPL

## DRAW OF GYMNASTS

The draw will be made by team, at first to assure permanent connection to each team at one time. The order of gymnasts by team will be made by draw, as well.

## TECHNICAL / JUDGES MEETINGS

Technical meeting will be held on 23rd October, by 20:00 (GMT). The team delegate must be in their competition place, to test the camera position and connection issues, as well as the sound system.

Judge meeting will be held 24th October, time to be defined.

## JUDGES AND JURIES

Competition will be evaluated by a panel of judges, according to the FIG code of points.

Every judge must be connected to the Zoom conference of the competition and evaluate the routines on real time.

More informations will be given to the judges later.

## COMPETITION FORMAT

Competition will be held by year of birth and per apparatus. The digital diplomas will be send to the teams, after the competition.

## AGE LIMITS

Gymnasts born from 2012 are able to compete.



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## TECHNICAL PROGRAM

For junior and senior gymnasts FIG code of points will be applied.

For gymnasts born 2012-2010:

<b>2012-2010</b>	<b>Freehands</b> Min. 3 BD 7 highest value BD will be counted 2 dance steps	<b>Total Freehands</b> D – max. 4.50 E – max. 10.00 TOTAL SCORE: 14.50
	<b>Apparatus</b> Min. 3 BD 7 highest value BD will be counted 2 dance steps Min 1-max 4 DER Min. 1 AD	<b>Apparatus</b> D- max. 6.00 E – max. 10.00 TOTAL SCORE: 16.00

<b>2009-2008</b>	<b>Freehands</b> Min. 3 BD 7 highest value BD will be counted 2 dance steps	<b>Total Freehands</b> D – max. 5.00 E – max. 10.00 TOTAL SCORE: 15.00
	<b>Apparatus</b> Min. 3 BD 7 highest value BD will be counted 2 dance steps Min 1-max 4 DER	<b>Apparatus</b> D- max. 8.00 E – max. 10.00 TOTAL SCORE: 18.00

2012 \* - program started (new season 2020/21)

LOC reserves the right of changes on some technical and connection issues, previously communicated to the participant teams, to guarantee the optimal way for our competition.

Thank you for understanding!



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