

GA Cup International Offline

Rhythmic Gymnastics Group Tournament

Children Group Rope 4-6

























Rules & Execution Points Deduction Table

September 15, 2020
Organization Committee

GA Cup International Offline

==== Rhythmic Gymnastics Group Tournament 2020 ====

Rules

Category	Children Group Rope										
Age	10 - 14 years										
Apparatus	Rope 4-6										
Number of Gymnasts	4 - 6 p.										
Routine Duration	2 min. - 2 min. 30 sec.										
Judges	D Judges x 4, E Judges x 4										
Overall Rules	<p>Body Difficulties: 4 times (1 Jump, 1 Balance, 1 Rotation and 1 by Choice) To be accompanied by apparatus handling.</p> <p>Apparatus Handling: 1 of each type specified below</p> <table border="1"> <tr> <td>Fundamental</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Non Fundamental</td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p>Exchange requirements:</p> <ul style="list-style-type: none"> Large x 2 times (6 m.) Medium x 2 times (4 m.) Handing over or Winding x 1 time (Winding is to be done around one body part) <p>NB Body difficulties are not allowed during exchanges.</p> <p>Dance Steps: Minimum 2 times x 8 sec</p> <p>Collaborations: Large collaboration - Minimum 2 times (with throw) Small Collaboration - Minimum 2 times</p>	Fundamental					Non Fundamental				
Fundamental											
Non Fundamental											
Total Score	Maximum 7.00 pts										

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Execution Points Deduction Table

0.1	0.2	Over 0.3
1. Inaccurate apparatus handling	1. Making 1 - 2 steps to recover a dropped apparatus	1. Making more than 3 steps to recover a dropped apparatus -0.3
2. Recovering a dropped apparatus without making any steps	2. Remaining static for 4 seconds or 4 motions	2. Dropping of apparatus at the end of the routine -0.3
3. Unbalanced choreography	3. Non-vertical body axis during rotation and making a step at its end	3. Use of spare apparatus -0.3
4. Movement at the end of a pivot	4. Inaccurate direction of throwing and making more than 2 steps to catch an apparatus in the air	4. Insufficient joint action
5. Inaccuracy in basic technique like unnecessary steps, lag of elbows, knees etc. (MAX 1.0)		
6. Non-connected movement		
7. Insufficient jump width		
8. Unfixed body shape during balance		
9. Insufficient rotation range		
10. Incomplete movement at the end of a pivot or rotation		