
2016 FIG Trampoline Gymnastics World Cup
Shanghai, China on May 14-15

WORK PLAN

INDEX

1. General information	3
2. FIG technical delegate	3
3. Organising committee address	3
4. Competition venue.....	3
5. National anthem - flag.....	3
6. Opening Ceremony	3
7. Official language	3
8. Accreditation and ID cards	4
9. Transportation	4
10. Meals	4
11. General programme	4
12. Orientation meeting	5
13. Medal award ceremonies	5
14. Equipment	5
15. Training – Warm up	5
16. Starting order – Drawing of lots	5
17. Competition Cards	6
18. Judges’ draw and instruction	6
19. Superior jury and jury of appeal	6
20. Scores and results	6
21. Video recording	6
22. Seating for the delegations	6
23. Medical services and massage.....	6
24. Closing banquet	7
25. Information and correspondence during competition.....	7

1.GENERAL INFORMATION

This Work Plan has been developed in accordance with the following FIG rules:

- FIG Statutes;
- 2013 FIG Technical Regulations;
- FIG Judges' Rules;
- FIG Trampoline, Tumbling and Double Mini-Trampoline Code of Points 2009-2012
- FIG World Cup Competitions and Series;
- Medical Organisation of the Official FIG Competitions;
- Doping Control Rules;
- FIG Media Rules;
- FIG Apparatus Norms;
- FIG Advertising and Publicity Rules;
- FIG Regulations for Awards Ceremonies;
- And subsequent decisions of the FIG Executive Committee & FIG TRA-TC.

2. FIG TECHNICAL DELEGATE

Mr. Horst Kunze FIG TRA-TC President

3.ACCOMMODATION HOTLE ADDRESS

Royalton Hote, Shanghai
No. 789, Wuyi Road, Changning District, Shanghai
Tel:+ 86 21 5206 8000

Jiangsu hotel,
No. 888 Wuning Road, Changning District, Shanghai
Tel:+86 21 6205 1888

4.COMPETITION VENUE

Shanghai International Gymnastics Center,
Address: No.1333, Baise Road, Xuhui District, Shanghai, China
Fax:+86 21 6410 0422

5. NATIONA FLAG AND ANTHEM

Delegations are requested to bring a CD of their national anthem and their national flag (approx. size 180 cm x 90 cm). These must be handed to the OC Secretariat by the head of delegation upon arrival at the time of accreditation.

6. OPENING CEREMONY

Opening ceremony will be held at 09:45 on May 14. The opening ceremony will take about 15 minutes.

7. OFFICIAL LANGUAGE

The official language of the World Cup is English. Announcements will be made in Chinese and English only.

8.ACCREDITATION AND ID CARDS

All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non transferable and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards at all times.

Accreditation will take place at the information desk upon arrival.

During accreditation, heads of delegation must check the correct names of their delegation, verify accommodation requirements, complete any necessary payments, hand in their national anthem and national flag, and provide their confirmation of insurance. Age control will be completed by Secretariat at the arrival moment.

As far as the number of accreditations per country is concerned, the FIG Rules and the Directives will be strictly applied.

9.TRANSPORTATION

The Organizing Committee will provide shuttle bus transportation between hotel and competition venue between May 11 and 15 for training and competition. A detailed schedule will be posted at the Lobby of hotel and the Competition Venue.

10.MEALS

For all participants who have paid meal costs, Breakfast, Lunch and Dinner will be served at their own respective hotel. Voucher must be needed for meals. Detailed schedule will be posted at the Lobby of hotel as follows:

BREAKFAST 06:30-09:30
LUNCH 11:30-13:30
DINNER 18:00-19:30

For Royalton Hotel, the meals will be served on the second floor. For Jiangsu hotel, the meals will be served on the third floor.

11.GENERAL PROGRAMME

May 11 Wed	delegation's arrival and free training
May 12 Thur	delegation's arrival and free training
May 13 Fri	training according to schedule
10:30-12:00	orientation meeting/official reception(1st floor of Royalton Hotel, in walk distance to the venue)
15:00-16:00	trampoline judges' meeting(1st floor of the venue)
16:00-16:30	tumbling judge' meeting(1st floor of the venue)
May 14 Sat	09:45-10:00 opening ceremony
	10:00-10:50 preliminaries---women' synchro /women's tumbling
	10:50-11:50 preliminaries--- men' synchro/ men's tumbling

11:50-13:10	time break
15:00-18:00	preliminaries---men's individual/ women's individual

May 15 Sun	14:00-14:30	final---women' synchro
	14:30-15:00	final---men' synchro
	15:00-15:30	final---women's tumbling
	15:30-16:00	final---men's tumbling
	16:00-16:30	final---women's individual
	16:30-17:00	final--- men's individua
	17:00-17:30	awarding ceremonies

18:50 shuttle bus depart from respective hotel for Banquet
 20:00-22:00 **Closing Banquet in Ship on Huangpu River**

12. ORIENTATION MEETING

Orientation Meeting will be held on Friday May 13, 2016 at 10:30. It will take place **on the 1st floor** in Royalton Hotel(next door to the venue). All Heads of Delegation must attend the meeting. One extra official per delegation may also attend. The FIG Technical Delegate and the OC will provide detailed information regarding the competition. All information will be in English only. After orientation meeting, the official reception will be held on the 2nd floor of Royalton Hotel.

13. MEDAL AWARD CEREMONIES

Only the medal winners are invited to participate and must appear in competition attire.

14. EQUIPMENT

Trampoline: 4 Gymnova Trampolines with 4x5 mm beds
 Tumbling: 1 Acrosport Tumbling track

15. TRAINING – WARM UP

Training sessions will start on Thursday May 11 at 09.30 in both the Competition and Training Halls following the enclosed schedule. In case of any change, an updated version will be provided upon arrival of each delegation.

16. STARTING ORDER – DRAWING OF LOTS

The draw for qualifications' starting order took place in Lausanne on April 28,2016. The starting order can be also found as an attachment to this work plan. In case of any change, an updated version will be provided upon arrival.

Starting order for the finals will be in the order of merit, according to FIG Rules. The list of finalists and the two reserves will be distributed to the Heads of Delegation after the qualifications.

Please note: The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule and the competition schedule are based on the assumption that all registered federations will participate in accordance with their definitive registrations. Should there be any changes to participating numbers at the time of the competition, the FIG Technical Delegate in consultation with the Organising Committee reserve the right to make adjustments, which will facilitate the smooth running of the competition.

17. COMPETITION CARDS

All competition cards for Qualification and finals must be handed back to organizers at the information desk in the competition venue **before Friday May 13 until 10:00.**

All competition cards for Finals must be handed back to organizers at the information desk in the competition venue **before Sunday May 15 until 10:00.**

18. JUDGES' DRAW AND INSTRUCTION

Judges' meeting, which is compulsory for all judges, will take place on Friday May 13 in the Judges' Meeting Room in the competition venue, to be held in English only.

- **Trampoline Friday, May 13 15:00-16:00 1st floor of the venue**
- **Tumbling Friday, May 13 16:00-16:30 1st floor of the venue**

The composition of the panels for the finals will be decided by the FIG Technical Delegate. It will be published at least two hours prior to the beginning of the final.

19. SUPERIOR JURY AND JURY OF APPEAL

Technical delegate will act as president of this superior jury.

20. SCORES AND RESULTS

Scores of the juries and the final results will be shown on the electronic score boards in the competition hall.

A detailed list of results will be distributed to the Heads of Delegation after the qualifications and the finals. At the end of the competition each delegation will receive a CD with all results.

21. VIDEO RECORDING

All routines will be recorded on video by the OC.

22. SEATING FOR THE DELEGATIONS

Sections in the competition hall are reserved for all delegation members, and all delegation members must take a seat in this area.

23. MEDICAL SERVICES AND MASSAGE

Medical services will be provided by the Medical authorities located at the Venue. Massage facilities for accompanying masseurs of the delegations are available in the training hall.

24. CLOSING BANQUET

There will be a closing banquet in a ship on Huangpu River at 20:00 on May 15, 2016. During the dinner, the results, flags and anthems will be distributed to all delegations.

The banquet is for official delegation members only, and a valid banquet ticket must be presented at the entrance.

The shuttle bus will depart from respective hotel at 18:50 on May 15, please remind all team members to be punctual.

25. INFORMATION AND CORRESPONDENCE DURING COMPETITION

Every delegation will have a mailbox located at the OC Secretariat in the Venue. Access to the mailbox is only provided for those holding a Head of Delegation accreditation ID Card. A signature will be required for each delivery.

All information, requests and correspondence regarding these Championships should be addressed to the OC.

Appendix

1.Start list

2.Competition cards

3.Shuttle bus schedule

4.Training and competition schedule