



ALINA CUP
International R. G. Tournament
Individual Seniors & Juniors
19-20 February 2016



DIRECTIVES

Event ID: 14717

Dear FIG affiliated Member Federation,

The Russian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	RG
HOSTING FEDERATION	RUSSIAN GYMNASTICS FEDERATION Russian Gymnastic Federation Luzhnetskay nab., 8 119992, Moscow, Russia rusgymnastics@mail.ru www.sportgymrus.ru
ORGANIZING COMMITTEE	RUSSIAN RHYTHMIC GYMNASTICS FEDERATION 8 Luzhnetskaya Emb. Mocsow 119270 Russia Phone: +7 495 725 46 10 Fax: +7 495 725 46 99 e-mail: rusgrandprix@mail.ru
PLACE	Moscow, Russia
DATES	17 – 22 February 2016
VENUE	DRUZHBA Sports Complex 24/5 Luzhnetskaya Emb. Moscow Nearest Subway station: Vorobyevy Gory
RG FLOORS	SPIETH RG Floor “Beijing” Ref. 1790280 GYMNOVA Ref. 6667 - London
RULES REGULATIONS AND	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges’ Rules• Specific Judges’ Rules• Doping Control Rules• Licence rules (except for non competitive events)• Media Rules• Apparatus Norms• FIG Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules <i>and subsequent decisions of the FIG Executive Committee.</i>
AGE LIMITS	Seniors individuals born 2000 + Juniors individuals born 2001 – 2003 All gymnasts must have a valid FIG licence.
ENTRY FEES	EUR 50 for each senior and/or junior

DEADLINES	Definitive Entry	30.11.2015
	Nominative Entry + Passport Copies	10.12.2015
	Accommodation + Meals	10.12.2015
ACCREDITATION	<p>Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present:</p> <p>2 CD / music per each routine 1 CD / National Anthem 2 National Flags 10 New Official FIG Forms Medical Insurance for each delegation member FIG Licenses for each gymnast</p>	
DELEGATIONS	<p>All Federations are to cover the following accommodations and meals costs by themselves:</p> <p>1 senior + 1 coach 2 – 4 juniors + 1 coach 1 Head of Delegation 1 doctor 1 masseur</p> <p>Each Federation can enter 2 – 4 individual juniors in the Team Competition. These gymnasts will perform 8 exercises in total in accordance with the FIG Program for Juniors (rope, hoop, ball, clubs). Each gymnast will present 2 – 4 routines. The 6 best scores out of 8 routines will count for the Team Ranking.</p> <p>8 best gymnasts in Competition I (Team Ranking) will qualify for the Apparatus Finals, max. 1 gymnast per Federation in each Apparatus.</p>	
SCHEDULE	<p><u>Wednesday 17 February</u> - arrival of delegations, accreditation</p> <p><u>Thursday 18 February</u> - official trainings, delegations & judges technical meeting</p> <p><u>Friday 19 February (morning)</u> - Seniors All-around - Awards Ceremony - Juniors Team Competition (2 – 4 gymnasts, rope-hoop-ball-clubs, according to 2016 European Championships Program) - Awards Ceremony</p> <p><u>Saturday 20 February (morning)</u> - Juniors – Apparatus Finals (rope-hoop-ball-clubs, according to 2016 European Championships Program) - Awards Ceremony</p> <p><u>Sunday 21 February</u> - Departure</p>	
JUDGES	<p>1 Judge Brevet Cat. 1-4, XIII Cycle (both for seniors and juniors). All judges must have a current valid FIG Brevet.</p>	
SUPERVISOR	Mrs. Heide Bruneder	
COMPETTITIONS DIRECTOR	<p>Mrs. Irina Tsareva iitsareva@mail.ru</p>	
VISAS	Please send all your passport copies to the LOC before 10.12.2015 (for visa purpose)	

INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>Airfares are to be covered by participating delegations.</p> <p>Please inform the LOC of your travel schedule before 20.01.2016 (travel forms are enclosed).</p>
LOCAL TRANSPORTATION	<p>The LOC will provide free-of-charge local transfers 'airport – hotel – gym – airport' for all accredited delegation members.</p>
ACCOMMODATIONS	<p><u>Hotel ASTRUS ***</u> 146 Leninsky Prosp. Moscow 119526 Russia</p> <p>Hotel rates per room per night (bed & breakfast): Single room = EUR 125 Double room = EUR 170</p> <p>Payment terms: 100 % cash upon arrival</p> <p>Contact person: Mrs Julia Tsareva - jtsareva@mail.ru Cell Phone: +7 903 521 15 32</p>
MEALS	<p>Lunch = EUR 20 per meal Dinner = EUR 20 per meal</p> <p>Payment terms: 100 % cash upon arrival</p>
PRIZE MONEY	<p>According to GRAND PRIX Regulations</p>
BANK ACCOUNT INFORMATION	<p>To be advised later.</p>
CANCELLATION POLICY	<p>In case of cancellation of participation received after January 20th 2015 , the respective National Federation will be charged with a one night hotel rate.</p> <p>In case of no show at the airport (after submitting the Travel Form) without any notice the respective National Federation will be charged with a full cost hotel accommodation.</p>
ADVERTISING RULES	<p>FIG</p>

Vice-Président
RUS gymnastics NF
Mme Valentina Nikanorova

