

Training groups

	Men	Women
Group 1	CHN (4), ITA (4), UZB (4)	CHN (5), ITA (1), UZB (2)
Group 2	USA (4), SUI (4), GER (4)	USA (4), SUI (2), GER (2)
Group 3	BEL (5), NED (2), BLR (4)	NED (4), BLR (4)
Group 4	FRA (6), CZE (1), POR (4)	FRA (5), POR (2), CZE (1)
Group 5	KAZ (4), BUL (4), AZE (4)	CAN (3), BRA (1), AZE (2)
Group 6	RUS (4), UKR (4), HUN (3)	RUS (4), UKR (4)
Group 7	JPN (6), GBR (4), ESP (1)	JPN (3), GBR (4), ESP (1)

Wed. 7th October

15:00 - 19:00 Free training competition hall

Thu. 8th October

Training as per schedule

	TRAINING HALL		COMPETITION HALL
	FLOOR	TRAMPOLINE	
8:15 - 9:00	Group 1		
9:00 - 9:45	Group 2	Group 1	
9:45 - 10:30	Group 3	Group 2	Group 1
10:30 - 11:15	Group 4	Group 3	Group 2
11:15 - 12:00	Group 5	Group 4	Group 3
12:00 - 12:45	Group 6	Group 5	Group 4
12:45 - 13:30	Group 7	Group 6	Group 5
13:30 - 14:15	Group 1	Group 7	Group 6
14:15 - 15:00	Group 2	Group 1	Group 7
15:00 - 15:45	Group 3	Group 2	Group 1
15:45 - 16:30	Group 4	Group 3	Group 2
16:30 - 17:15	Group 5	Group 4	Group 3
17:15 - 18:00	Group 6	Group 5	Group 4
18:00 - 18:45	Group 7	Group 6	Group 5
18:45 - 19:30		Group 7	Group 6
19:30 - 20:15			Group 7

Fri. 9th October

	TRAINING HALL		COMPETITION HALL
	FLOOR	TRAMPOLINE	
8:15 - 9:00	Group 2		
9:00 - 9:30	Group 3	Group 2	
9:30 - 10:00	Group 4	Group 3	Group 2
10:00 - 10:30	Group 5	Group 4	Group 3
10:30 - 11:00	Group 6	Group 5	Group 4
11:00 - 11:30	Group 7	Group 6	Group 5
11:30 - 12:00	Group 1	Group 7	Group 6
12:00 - 12:30		Group 1	Group 7
12:30 - 13:00			Group 1