

# FIG WORLD CUP IN RHYTHMIC GYMNASTICS AGF TROPHY



 **AGF  
TROPHY  
2016**

Bədii Gimnastika üzrə  
FIG Dünya Kuboku

**22 və 23 iyul**  
Çoxnövcülük

**24 iyul**  
Final mərhələləri

Yarışlar hər gün  
saat 12:00-də başlayır

 **AGF**   
AZERBAIJAN GYMNASTICS  
FEDERATION

Biletləri Arenanın kassasından, "Bazarstore"  
Mağazalar Şəbəkəsinin Xətai, "28 May"  
filiallarından əldə edə bilərsiniz.

Milli Gimnastika Arenası  
Heydər Əliyev prospekti, 178  
Keçid: "Koroglu" m/t/s  
Telefon: (+994 12/51) 566-96-99

 **SMARTSCORING**



**WORK PLAN  
BAKU, AZERBAIJAN  
JULY 22-24, 2016**

**FIG WORLD CUP IN RHYTHMIC GYMNASTICS  
BAKU (AZERBAIJAN)  
JULY 22-24, 2016**

**WELCOME SPEECH**



**Mrs Mehriban Aliyeva  
President of Azerbaijan Gymnastics Federation**

Ladies and gentlemen!

I am sincerely greeting all the participants and guests of great gymnastics festival. The capital of Azerbaijan, our native and hospitable Baku opens its doors to the participants of the FIG World Cup Final in Rhythmic Gymnastics. It is not the first time when Azerbaijan hosts prestigious international sports events. Warmth and hospitality of our people, multiculturalism and tolerance peculiar to us, enabled our country to become sports capital of the whole region. A leadership of Azerbaijan gives all possible support for the development of sports and physical culture, international sports and Olympic movement.

A new stage has commenced in history of Azerbaijani gymnastics since 2002 and this harmonious sports discipline got a new development impetus. 2003 remained in our memories as the year when the first World Cup in Rhythmic Gymnastics was held in Baku. The World Cup series were organized in Azerbaijan for three years in a row. Already in 2005, the strongest gymnasts of the planet - the participants of the World Rhythmic Gymnastics Championships gathered in Baku. This event became the first World Championships in Olympic sport discipline not only in Azerbaijan but on the whole region. In 2007, 2009 and 2014, Azerbaijan hosted new major competitions – the European Championships in Rhythmic Gymnastics. In 2015, the events in 6 gymnastics disciplines took place within the framework of the 1<sup>st</sup> European Games.

Azerbaijani Rhythmic Gymnastics school has gained recognition of the world sports community. Behind perfect performances, deceptive easiness of each element executed, there are athletes' thorough and hard work, exhausting training load, extremely strong will and concentration. Today, gymnastics became truly popular sports discipline in our country.

Our Milli Gimnastika Arenası (National Gymnastics Arena) – one of the architectural miracles of Baku – turned out to be a favorite training and competition venue for both national and foreign athletes.

31 gymnasts and 12 teams in group exercises from 20 countries - the participants of the FIG World Cup Final in Rhythmic Gymnastics are expected to compete at Baku arena. Our competitions are held 2 weeks prior to the year's major sports event – the Olympic Games in Rio de Janeiro. 9 World Cup series in this gymnastics discipline were held in 2016. And, now, concluding events in Baku will determine the final ranking of gymnasts for 2016.

I wish the competitors of the FIG World Cup in Rhythmic Gymnastics successes, deserved victories, personal records and medals. I express my sincerest gratitude to all people involved in organization of the World Cup in Rhythmic Gymnastics in Baku - the leadership of the International Federation of Gymnastics, members of the Organizing Committee, the athletes coming to our country. Once again, I wish you great achievements, victories, sound health and peace!

With my best regards,

Mehriban Aliyeva  
President of Azerbaijan Gymnastics Federation

**FIG WORLD CUP IN RHYTHMIC GYMNASTICS  
BAKU (AZERBAIJAN)  
JULY 22-24, 2016**

Dear Friends,

We feel happy to host the year's World Cup Final in Rhythmic Gymnastics in Baku. Milli Gimnastika Arenası (National Gymnastics Arena) is almost ready to receive highly valued athletes, officials and guests offering best conditions to perfect the routines before the Rio Olympic Games in a friendly atmosphere.

The purpose of this Work Plan is to present to your kind attention some more information regarding the event. We hope each of the below section will make clear some points you are concerned.

**GENERAL  
INFORMATION**

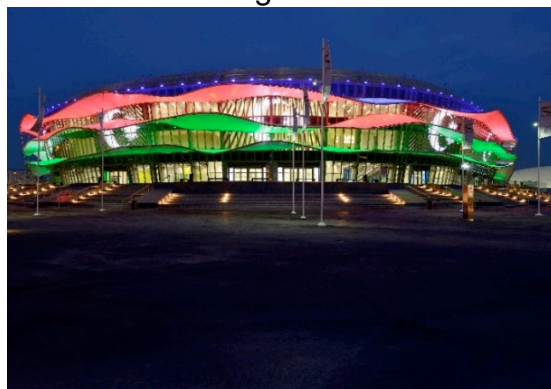
Coordinator  
Nurlana Mammadzada  
E-mail: [office@agf.az](mailto:office@agf.az)  
Mob.: +99450 385 3969

Competitions' director  
Natalya Bulanova  
E-mail: [td@agf.az](mailto:td@agf.az)  
Tel.: +99412 598 4082

24-hour on duty phone number  
+99450 373 4565

**COMPETITION  
VENUE**

MGA – Milli Gimnastika Arenası (National Gymnastics Arena)  
178 Heydar Aliyev Avenue  
AZ1029, Baku, Azerbaijan  
Tel: +99412 566 9699  
Fax: +99412 566 9694  
Website: [www.mga.az](http://www.mga.az)



The MGA was officially opened in April 2014. This gymnastics specialized Arena has already hosted the 30th Rhythmic Gymnastics European Championships (June 13-15, 2014), the 1st WTF World Cadet Taekwondo Championships (July 24-27, 2014), as well as 2015 NN Table Tennis Club ITTF-Europe Top 16 CUP" (February 6-8), Open Joint Azerbaijan Championships in Gymnastics Disciplines (held as a Test Event for the 1st European Games, March 4-6, 2015), Competitions in 6 Gymnastics Disciplines of the 1<sup>st</sup> European Games (June 14-21, 2015), the FIG Artistic Gymnastics World Challenge Cup AGF Trophy (February 19-21, 2016), the FIG Trampoline Gymnastics World Cup AGF Trophy (March 5 & 6, 2016). The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on the size and the nature of the event it hosts. This sports facility has become a favourite training camp venue of many gymnasts all over the world.

During the given World Cup, Training and warm-up facilities will be located within the MGA.

**FIG WORLD CUP IN RHYTHMIC GYMNASTICS  
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**PROVISIONAL COMPETITION SCHEDULE**

**July 20 - Wednesday**

All day	Arrival of delegations
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**July 21 - Thursday**

08h30-19h00	Official Training	MGA, Warm-up & Training Hall, -2
12h00-13h00	Judges' Meeting	MGA, Judges' Room, -2
12h00-14:00	Sightseeing Tour	
13h00	Scoring System Instruction for Judges	MGA (Floor -2)
15:00-17:00	Sightseeing Tour	
19h00	Orientation meeting & welcome reception	MGA, 1

**July 22 - Friday**

07h15-10h00	Official Training for Groups	MGA, Field of Play, -2
11h00-12h00	Judges' drawing of lots	MGA, Judges' Room, -2
12h00-13h30	Individual Qualifications All-around (C-I), Group A – Hoop, Ball	MGA, Field of Play, -2
13h30-14h30	Break	
14h30-16h00	Individual Qualifications All-around (C-I), Group B – Hoop, Ball	MGA, Field of Play, -2
16h00-16h30	Break	
16h30-17h15	Opening Ceremony	
17h15-18h00	Groups' Qualifications All-around (C-I), 5 Ribbons	MGA, Field of Play, -2
18h00-20h00	Free training for Individual Gymnasts (Floor 1, 2, 3)	MGA, Field of Play, -2

**July 23 - Saturday**

07h15-10h00	Official Training for Groups	MGA, Field of Play, -2
11h00-12h00	Judges' drawing of lots	MGA, Judges' Room, -2
12h00-13h30	Individual Qualifications All-around (C-I), Group A – Clubs, Ribbon	MGA, Field of Play, -2
13h30-14h30	Break	
14h30-16h00	Individual Qualifications All-around (C-I), Group B – Clubs, Ribbon	MGA, Field of Play, -2
16h00-17h00	Break	
17h00-17h50	Groups' Qualifications All-around (C-I), 3 Pairs of Clubs & 2 Hoops	MGA, Field of Play, -2
17h50	Award Ceremony	MGA, Field of Play, -2
18h00-20h00	Free training for Individual Gymnasts (Floor 1, 2, 3)	MGA, Field of Play, -2

**July 24 - Sunday**

08h45	Warm-up for finalists	MGA, Field of Play, -2
11h00-12h00	Judges' drawing of lots	MGA, Judges' Room, -2
12h00-13h00	Individual Apparatus Finals (C-III) – Hoop, Ball Award Ceremony	MGA, Field of Play, -2
13h00-14h00	Individual Apparatus Finals (C-III) – Clubs, Ribbon Award Ceremony	MGA, Field of Play, -2
14h00-14h45	Break	
14h45-16h30	Groups' Apparatus Finals (C-III) 5 Ribbons, 3 Pairs of Clubs & 2 Hoops Award Ceremony	MGA, Field of Play, -2
16h30-17:30	Gala & Closing Ceremony	MGA, Field of Play, -2
19h30	Farewell banquet	

**July 25 - Monday**

All day	Departure of delegations
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**FIG WORLD CUP IN RHYTHMIC GYMNASTICS  
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<b>ARRIVAL INFORMATION</b>	Official delegation members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event's official hotels. Each delegation will be accompanied by a dedicated volunteer in the course of stay in Baku. The volunteers will inform the delegations of the time fixed for their accreditation upon arrival.
<b>ACCREDITATION</b>	<p>Accreditation Center is located within the competition venue - Milli Gimnastika Arenası (MGA, National Gymnastics Arena). There is no need for all delegation members to be present at the accreditation center. One/two responsible persons from the delegation possessing all the necessary information is enough to get accreditation for all its members.</p> <p>The following items will be checked/submitted by a responsible person:</p> <ul style="list-style-type: none"> <li>• The passport of gymnasts and judges including all members of the delegations</li> <li>• License</li> <li>• Transport – Departure details</li> <li>• Settlement of all outstanding payments</li> <li>• The medical insurance for the members of the delegations</li> <li>• Difficulty forms (2 copies for each routine both for Individuals and Groups)</li> <li>• 2 sets of Audio CD's of the music and a form with the duration and the author of the music has to be filled in; official titles/Interpreters have to be indicated</li> <li>• National anthem and national flag</li> <li>• Distribution of keys/access cards to get information from mailboxes</li> <li>• Questionnaires for athletes</li> <li>• Gala Entry Forms</li> <li>• Possible submission of other forms</li> </ul> <p>Submission of e-mail address of one responsible person</p>
<b>TRANSPORT</b>	Shuttle buses schedule (to the Competition Venue & back) will be provided to the delegations at the accreditation center. In addition, transport will be available for the participants to get to the place of the farewell banquet.
<b>SIGHTSEEING TOUR</b>	Delegations' members, wishing to join sightseeing arranged by the Organizing Committee from 12h00 to 14:00, from 15:00 to 17:00 on July 21, will be provided with transportation from the MGA. The sightseeing tour form available at the Accreditation Center shall be submitted to the OC Office by July 21.

**FIG WORLD CUP IN RHYTHMIC GYMNASTICS  
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**HOTELS**

**Boulevard Hotel\*\*\*\*\***

Address: Baku White City

Baku, Azerbaijan

Tel.: +99412 310 00 10

Fax.: +99412 310 00 11

Website: [www.boulevardhotelbaku.com](http://www.boulevardhotelbaku.com)

The Hotel is located close to the city center

Distances

Airport – 25km (25 min. drive)

Training/competition venue – 10km (10min. drive)

**Emerald Hotel\*\*\*\***

Address: 4 Mehdi Abbasov str., Baku, Azerbaijan

Tel.: +99412 520 44 41, +99412 520 41 44

Website: [www.emeraldbaku.com](http://www.emeraldbaku.com)

The Hotel is located near MGA (competition venue)

Distances

Airport – 15km (15 min. drive)

Training/competition venue – 2km (5 min. drive)

**Note:**

Breakfast is included into the accommodation reservation.

Wi-Fi is available at the above-mentioned hotels.

**MEALS**

The delegations, who reserved meals for their members, will get meal coupons at the Accreditation Centre.

***Meal schedule for the delegations booked meals at hotels/MGA (breakfast is included into the accommodation reservation) is as follows:***

Location	Breakfast	Lunch	Dinner
Boulevard Hotel	06:30-11:00	13:00-16:00	20:00-23:00
Emerald Hotel	06:30-11:00	13:00-16:00	20:00-23:00

**MAILBOXES &  
INFORMATION  
DESKS**

Mailboxes will be set up at the competition venue (Level 0) where the delegations' members can find all necessary information. The keys/access cards for mailboxes to be distributed to one responsible representative of each delegation.

The Main Information Desk will operate at the MGA competition venue (Level 0). Information Desks will also be available at the official hotels.

A responsible person from each delegation will also get information sent to his/her e-mail provided that the e-mail address is submitted at the Accreditation.

**VIP LOUNGES &  
ATHLETES  
LOUNGES**

VIP Lounge and Athletes' Lounge are located on Level 1. The participants can spend their free time from trainings and competitions at the Athletes' Lounge where they can enjoy themselves with some table games, Wi-Fi access & soft drinks.

An access to the VIP and Head of Delegations' seats is from the VIP Lounge.

The delegations' seats are located on Floor 0.

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<b>ORIENTATION MEETING &amp; WELCOME RECEPTION</b>	The Orientation Meeting & Welcome Reception will take place at MGA (Level 1, Lounge – Rhythmic) at 19h00 on July 21. Responsible people must attend the meeting.
<b>FORMS</b>	<p>A responsible person from each delegation must submit the following forms to the Organizing Committee's Office/OC representatives by the below mentioned deadlines:</p> <ul style="list-style-type: none"> <li>• <b>Difficulty form for Individuals</b> - (2 copies per routine)</li> <li>• <b>Difficulty form for Groups</b> - (2 copies per routine)</li> <li>• <b>Change to the list of Gymnasts' names</b> – if necessary, the form should be submitted to the FIG and OC immediately, at the latest 24 hours before the competition start</li> <li>• <b>Change to the list of Officials' names</b> - if necessary, the form should be submitted to the FIG and OC immediately for the FIG approval</li> <li>• <b>Music Form</b> – at the Accreditation</li> <li>• <b>Gala Entry Form</b> – at the Accreditation</li> <li>• <b>Questionnaire for athletes</b> – at the Accreditation</li> </ul>
<b>JUDGES' MEETING &amp; SCORING SYSTEM INSTRUCTIONS</b>	<p>The Judges' Meeting, will be held at the Judges' Room (Level “-2”) from 12:00 to 13:00 on July 21.</p> <p>Scoring System Instruction for judges will be held at 13:00 on July 21, immediately after the completion of Judges' Meeting.</p> <p>Judges will be required to bring and submit their Judges' Log Book as well as to be present at the roll call. The judges must respect the dress code mentioned in the Code of Points.</p> <p>All judges are required to take part in the judges' meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</p> <p>The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate.</p>
<b>APPARATUS SUPPLIER</b>	<p>Manufacturer: SPIETH Gymnastics</p> <p>Competition floor title: Beijing</p> <p>Colour: Beige</p> <p>FIG certified</p> <p>Reference number: 652</p>
<b>APPARATUS CONTROL</b>	<p>During the podium training in the competition hall, each delegation will have the opportunity to have its apparatus verified and have the official control label attached to it.</p> <p>During the competition, a control will be carried out before each exercise. A further check may take place at the end of the exercise at the request of the control judges or the superior jury.</p> <p>Any apparatus, which does not conform to the regulations, will be refused or its use penalized, even if it has already been accepted for another competition.</p>

<b>SCORING</b>	<p>Scoring will be carried out by local SmartScoring Company. Video Control system will be provided.</p> <p>Competition results will be available at mailboxes Information Desks and will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation.</p>
<b>TRAINING</b>	<p>The training sessions will take place at the training &amp; warm-up hall adjacent to the Field of Play.</p> <p>The podium training will be held from 10:30 to 19:00 on July 21, 2016. Training &amp; Podium Training schedule to be provided at the Accreditation.</p> <p>Delegations arriving on July 19 will be able to train only for 2 hours on July 20, 2016. The volunteers will inform you of the time assigned upon arrival.</p>
<b>COMPETITION FORMAT</b>	<p>There will be held Qualifications and Finals in accordance with the FIG Technical Regulations 2016 and the Rules for the FIG World Cup Competitions and Series in Rhythmic Gymnastics.</p> <p>The All-Around will also be a qualification for the Apparatus Finals.</p> <p>The format of the competition is as follows:</p> <ul style="list-style-type: none"> <li>• Competition for Individual All-Around/Qualification (for Apparatus Finals) and Apparatus Finals</li> <li>• Competition for Groups All-Around/Qualification (for Apparatus Finals) and Group routines (Final - 5 / 3+2)</li> </ul>
<b>AGF TROPHY</b>	<p>There will be held awarding of the AGF Trophy Cup to one individual gymnast and one group who have the highest execution result during the event. If there will be a tie-break, the highest qualification ranking will prevail.</p>
<b>CEREMONIES</b>	<p><b>Opening Ceremony</b></p> <p>The Opening Ceremony will take place at MGA, at 16:30 on July 22, 2016. The participants are not required to take part in the Ceremony.</p> <p><b>Award Ceremonies</b></p> <p>The award ceremonies will be held as per the detailed competition schedule and carried out in accordance with the FIG Regulations for Award Ceremonies. Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.</p> <p>The competitors requested to attend the award ceremonies will be as follows: Gymnasts ranked 1<sup>st</sup> to 3<sup>rd</sup> on each apparatus.</p> <p>Gymnasts will be required to wear the correct competition attire. The national flags of the countries represented by the best 3 gymnasts will be hoisted and the national anthem of the country taken the 1<sup>st</sup> place will be played.</p> <p>As Baku hosts this year's last World Cup, the FIC Cups to be awarded to the winners of the Rhythmic Gymnastics World Cup Series 2016 during special ceremony.</p>



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<b>CEREMONIES</b>	<p>AGF Trophy will be presented to athletes received highest execution score by the LOC.</p> <p><b>Prize Money</b> The organizing committee will present the Prize Money to the prize-winners in accordance with Article 10 of the Rules for the FIG World Cup Competitions and Series in Rhythmic Gymnastics at the room adjacent to the Warm-up and Training hall immediately after the Award Ceremony.</p>
<b>MEDICAL SERVICES &amp; DOPING CONTROLS</b>	<p>The LOC will provide first aid medical services. Physiotherapists will be present during the competitions.</p> <p>The Organizing Member Federation will provide at its own charge a minimum of 4 doping controls for Individual gymnasts and 4 for Groups.</p> <p>Appropriate medical premises will be provided to carry out a minimum required number of doping controls AZADA (Azerbaijan Anti-Doping Agency).</p>
<b>OTHER INFORMATION</b>	<p><b>Currency</b> The currency in Baku is Azerbaijani Manat (AZN).</p> <p><b>Power Supply</b> Voltage 220-240V.</p> <p><b>Temperature</b> Average minimum: 23 °C Average maximum: 35 °C</p> <p><b>GMT +4</b></p> <p><b>City Sightseeing</b></p> <p><b>The Old City</b> – travel into the ancient times not leaving the city centre. The impression of ancient cultural roots, the way of life of ancient Azerbaijani people, carpets dating many centuries back will stick in the memories for a long time. Thrilled by the height of Giz Galasi (Maiden Tower) and of the whole city view of modernity, you will realize that Baku is the unique place where antiquity welcomes contemporary way of life.</p> <p><b>The National Flag square</b> covering 60 hectares area and featuring the state symbols of Azerbaijan, coat of arms and the anthem and a map of the country.</p> <p><b>Baku Boulevard</b> to breath fresh sea air and admire the pure nature.</p> <p><b>The Museum of Modern Art</b> which is of great interest of foreigners visiting the city and etc.</p> <p>Daytime Baku attracts with fashionable malls &amp; boutiques. Those who love shopping can spend hours there to please themselves.</p> <p>Unique, delicious national cuisine can be tested at the restaurants widely opening their doors to its visitors. Those found of Spanish, Italian, Mexican, Chinese and Japanese food will not be forgotten. Hospitable Baku is the place to please any taste and whims.</p> <p>For more information's, please, visit:  <a href="http://azerbaijan.travel/en">http://azerbaijan.travel/en</a> - Azerbaijan's official tourism web page  <a href="http://www.baku.azerbaijan.travel/">http://www.baku.azerbaijan.travel/</a> Baku's official tourism web page</p>

<p><b>OTHER INFORMATION</b></p>	<p><b>Baku Boulevard</b> to breath fresh sea air and admire the pure nature. <b>The Museum of Modern Art</b> which is of great interest of foreigners visiting the city and etc. Daytime Baku attracts with fashionable malls &amp; boutiques. Those who love shopping can spend hours there to please themselves. Unique, delicious national cuisine can be tested at the restaurants widely opening their doors to its visitors. Those found of Spanish, Italian, Mexican, Chinese and Japanese food will not be forgotten. Hospitable Baku is the place to please any taste and whims.</p> <p>For more information's, please, visit: <a href="http://azerbaijan.travel/en">http://azerbaijan.travel/en</a> - Azerbaijan's official tourism web page <a href="http://www.baku.azerbaijan.travel/">http://www.baku.azerbaijan.travel/</a> Baku's official tourism web page</p>
<p><b>Appendices</b></p>	<p><b>Appendix 1 - Difficulty form for Individuals</b> <b>Appendix 2 - Difficulty form for Groups</b> <b>Appendix 3 - Change to the list of Gymnasts' names</b> <b>Appendix 4 - Change to the list of Officials' names</b> <b>Appendix 5 - Music Form</b> <b>Appendix 6 - Gala Entry Form</b> <b>Appendix 7 - Questionnaire</b> <b>Appendix 8 - Detailed training &amp; Competition Schedule</b> <b>Appendix 9 - Layouts</b></p>

With Best Wishes,



Farid Gayibov

OC Executive Director