



**Asker Cup  
Asker (NOR)  
January 13<sup>th</sup> to 14<sup>th</sup> 2018**



**DIRECTIVES**

**Event ID: 15479**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Norway has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Norges Gymnastikk- og Turnforbund</b> Marianne Halberg 0840 Oslo Norway +47 47 47 72 36 <a href="mailto:marianne.halberg@gymogturn.no">marianne.halberg@gymogturn.no</a> <a href="http://www.gymogturn.no/">http://www.gymogturn.no/</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Asker Turnforening</b> Eva Cecilie Juul Møller Postboks 18 1371 Asker Norway +47 970 52 050 <a href="mailto:rgaskerturn@gmail.com">rgaskerturn@gmail.com</a> <a href="http://www.askerturn.no/">http://www.askerturn.no/</a>
<b>LOCATION</b>	<b>Asker, Norway</b>
<b>DATE</b>	<b>From January 13<sup>th</sup> to January 14<sup>th</sup>, 2018</b>
<b>VENUE</b>	Competition and training hall: <b>Askerhallen</b> Brages vei 2 1387 Asker +47 66 79 19 66 <a href="mailto:adm@askerturn.no">adm@askerturn.no</a> <a href="https://www.asker.kommune.no/ldrett/Askerhallen/">https://www.asker.kommune.no/ldrett/Askerhallen/</a>
<b>APPARATUS SUPPLIER</b>	SPIETH RG Competition Floor Beijing 1790580 14x14 m
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Doping Control Rules</li><li>• Licence rules (except for non competitive events)</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• FIG Rules for Sanctioning (approval) of International Events</li><li>• Advertising and Publicity Rules</li></ul> <i>and subsequent decisions of the FIG Executive Committee.</i>

<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations according to the following principles:  All FIG member federations in good standing.				
<b>AGE LIMITS</b>	RG: Junior: Born in 2003- 2004 – 2005 Senior: Born in 2002 and earlier. <b>All gymnasts must have valid FIG licence until the end of the event.</b>				
<b>JUDGES AND JURIES</b>	<b>All judges must have a current valid FIG brevet for the respective discipline (RGI and/or RGG).</b>  If your delegation chooses to participate without a judge, a fee of 50 € must be paid cash upon arrival.				
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Definitive registration:</td> <td>20. 11. 2017</td> </tr> <tr> <td>Nominative registration:</td> <td>20. 12. 2017</td> </tr> </table>	Definitive registration:	20. 11. 2017	Nominative registration:	20. 12. 2017
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<b>ENTRY FEES</b>	The Entry fee for this event will be: 35 € per gymnast, and 100 € pr group, to be paid cash upon arrival or by bank transfer before arrival.				
<b>ACCREDITATION</b>	Accreditation cards will not be needed.				
<b>EVENT FORMAT</b>	<p><b>Senior individual competition: FIG rules</b></p> <ul style="list-style-type: none"> <li>• All around competition (hoop – ball – clubs – ribbon) <ul style="list-style-type: none"> <li>○ Seniors may compete with less than 4 routines, for the purpose of the individual team competition and finals per apparatus</li> </ul> </li> <li>• Finals per apparatus <ul style="list-style-type: none"> <li>○ The top 6 gymnasts per apparatus from AA qualify</li> <li>○ Maximum 1 gymnast per country</li> <li>○ If the host country is not represented among the top 6, a 7<sup>th</sup> finalist will be added from the host country</li> </ul> </li> </ul> <p><b>Junior individual competition: FIG rules</b></p> <ul style="list-style-type: none"> <li>• Competition per apparatus (hoop – ball – clubs – ribbon) <ul style="list-style-type: none"> <li>○ Juniors may compete with 1 to 4 routines</li> </ul> </li> <li>• Finals per apparatus <ul style="list-style-type: none"> <li>○ The top 6 gymnasts per apparatus from AA qualify</li> <li>○ Maximum 1 gymnast per country</li> <li>○ If the host country is not represented among the top 6, a 7<sup>th</sup> finalist will be added from the host country</li> </ul> </li> </ul> <p><b>Individual team competition:</b></p> <ul style="list-style-type: none"> <li>• The scores of the best 4 senior AA routines and the best 4 junior routines (regardless of apparatus) per delegation count towards the individual team competition “Asker Cup”.</li> </ul> <p><b>Senior group competition: FIG rules</b> * Competition I and Competition III (max 6 group in final)</p> <p><b>Junior group competition: FIG rules</b> * Competition I and Competition III (max 6 group in final) Each delegation may consist of 1-2 junior gymnasts and/or 1-2 senior gymnasts, one senior group and one junior group.</p>				
<b>PROVISIONAL SCHEDULE</b>	January 12 <sup>th</sup> <ul style="list-style-type: none"> <li>• Arrival</li> <li>• Training possibilities from 15:00</li> <li>• Orientation meeting at 20:00</li> </ul> January 13 <sup>th</sup> <ul style="list-style-type: none"> <li>• Junior competition per apparatus</li> <li>• Senior all around competition</li> <li>• Junior group competition</li> <li>• Senior group competition</li> <li>• Banquet</li> </ul>				

	<p>January 14<sup>th</sup></p> <ul style="list-style-type: none"> <li>• Senior finals per apparatus</li> <li>• Junior finals per apparatus</li> <li>• Junior group finals</li> <li>• Senior group finals</li> </ul> <p>Departure from Asker: Sunday from 15.00 or any time Monday.</p>
<b>MEDICAL SERVICES</b>	First aid staff will be available at the venue, and will assist with further needs.
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Norwegian Embassy or Consulate in your country if a visa is required for your travel to Norway. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before December 10<sup>th</sup> to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by December 20<sup>th</sup></p>
<b>LOCAL TRANSPORTATION</b>	<p>Arrival at <b>Oslo Airport Gardermoen</b>:</p> <p>The airport express train takes you directly to Asker train station in 50 minutes. Cost per adult: 210 NOK (approximately 25 €). All children travel for free with adults.</p> <p>Low cost option, <b>Sandefjord Airport Torp</b>:</p> <p>The NSB train takes you directly to Asker train station in 80 minutes. Cost per adult: 207 NOK (approximately 26 €). One child travels for free per adult. Additional children 104 NOK.</p> <p>Representatives of the organizing committee will meet your delegation at <b>Asker train station</b>.</p> <p>The hotel is within walking distance from the venue. Additional transportation will be scheduled, free of charge.</p>
<b>ACCOMMODATION</b>	<p>Scandic Asker  Askerveien 61  1384 Asker  +47 23 15 54 00  <a href="mailto:asker@scandichotels.com">asker@scandichotels.com</a>  <a href="http://www.scandichotels.no/Hotels/Norge/Oslo/Scandic-Asker/">www.scandichotels.no/Hotels/Norge/Oslo/Scandic-Asker/</a></p> <p>The costs per room/night in this first Hotel are as follows:  100 € (single room, including breakfast)  140 € (double room, including breakfast)  170 € (triple room, including breakfast)  210 € (quadruple room, including breakfast)</p>

	The costs for the accommodations must be paid to the LOC by January 12 <sup>th</sup> as follows: Cash upon arrival or by bank transfer before arrival. Same as entry fees.																
<b>MEALS</b>	Light meals during training and competition, as well as the banquet, are at the organizers' expense.																
<b>CANCELATION POLICY</b>	There will be no financial burdens for cancelation.																
<b>FINAL BANQUET</b>	A banquet will be organized after the competition on Januar 13 <sup>th</sup> . The banquet is free of charge to the delegations that book accommodation through the organization.																
<b>PAYMENT INFORMATION</b>	All costs are to be paid cash in Euro upon arrival or by bank transfer <b>before</b> arrival. Transfer to: Asker turn Bank: Handelsbanken Account number: 9497 05 14907 IBAN: NO8794970514907 BIC/SWIFT: HANDNOKK																
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																
<b>MEDIA</b>	Televising of the event is not planned. For media enquiries, please contact <a href="mailto:rgaskerturn@gmail.com">rgaskerturn@gmail.com</a> .																
<b>SOCIAL MEDIA</b>	Facebook: <a href="https://www.facebook.com/RgAskerTurnforening">https://www.facebook.com/RgAskerTurnforening</a>																
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Sincerely Yours,

Oslø 12.10.2017

Place and date:



NORGES GYMNASTIKK-  
OG TURNFORBUND  
Stamp

*Kristin Gilbert*

Signature of the President or  
Secretary General of the FIG affiliated NF