



**International Tournament of Artistic Gymnastic of
Pas-de-Calais,
Cups of city of Arques (FRANCE)
From 11th December until 12th December 2015**



DIRECTIVES

Event ID: 14374

Dear FIG affiliated Member Federation,

The Gymnastics Federation of France has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISPLINE	Women's Artistic
HOST FEDERATION	Fédération Française de Gymnastique 7 ter Cour des Petites Ecuries 75010 PARIS Tél + 33 1 48 01 24 48 www.ffgym.com contact@ffgym.fr
LOCAL ORGANING COMMITTEE	AMGA BAJEK Aline, Présidente Complexe Gymnique 78 Avenue PM France 62510 ARQUES FRANCE phone number 00 33 21 39 01 82 fax number 00 33 21 38 52 91 e-mail amgagymtournoi@gmail.com web site www.arques-gym.fr
LOCATION	Arques - Pas de Calais Located in the north of France, 40km from Calais, 60 Km from Lille, 250 Km from Paris.
DATES	From 11 th December until 12 th December 2015
VENUE	International Tournament of Artistic Gymnastic of Pas-de-Calais, Cups of city of Arques (FRANCE) phone number 00 33 21 39 01 82 fax number 00 33 21 38 52 91 e-mail amgagymtournoi@gmail.com web site www.arques-gym.fr
APPARATUS SUPPLIER	GYMNOVA
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules• Media Rules• Apparatus Norms• Advertising and Publicity Rules

	<ul style="list-style-type: none"> • FIG License Rules • FIG Rules for Sanctioning (approval) of International Events and subsequent decisions of the FIG Executive Committee 												
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federation												
AGE LIMITS	<ul style="list-style-type: none"> - <u>Category</u> : <ul style="list-style-type: none"> ✓ Junior : gymnasts WAG born from 2000 till 2002 ✓ Senior : gymnasts WAG born 1999 and before <p>All gymnast must have a current valid FIG licence at the time of the event.</p>												
REGISTRATION DEADLINES	<p>Please insert the deadlines for your event. Please note that the provisional registration is not compulsory, only the definitive and nominative deadlines are compulsory.</p> <table border="1"> <tr> <td>Pre registration:</td> <td>20 September 2015</td> <td>Must be filled in</td> </tr> <tr> <td>Definitive registration</td> <td>12 October 2015</td> <td>Must be filled in</td> </tr> <tr> <td>Nominative registration</td> <td>13 November 2015</td> <td>Must be filled in</td> </tr> <tr> <td>Transport registration</td> <td>13 November 2015</td> <td>Must be filled in</td> </tr> </table>	Pre registration:	20 September 2015	Must be filled in	Definitive registration	12 October 2015	Must be filled in	Nominative registration	13 November 2015	Must be filled in	Transport registration	13 November 2015	Must be filled in
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ENTRY FEES	Every delegation will have to fulfill rights of commitment for participation in the tournament to know 50 euros by team.												
ACCREDITATION	<p>Each delegation will be composed as follows :</p> <ul style="list-style-type: none"> - 1 Head of delegation - 1 team with 1 Gymnast for the junior WAG and 1 Gymnast for the senior WAG - 1 coach by team - 1 international judge by team, with current valid FIG brevet 												
COMPETITION FORMAT	<p>* <u>Technical rules</u>: WAG <i>Junior/Senior</i>. Code of Point 2013-2016 FIG.</p> <p>TEAM'S COMPETITION and QUALIFICATION 3 or 4 teams by apparatus for junior/senior. 2 teams warm up for 2 minutes then compete (the starting order will be drawn by the organizer). The next team or the 2 other teams warm up during 2 minutes then compete. It will be the same starting order during all the competition. The gymnasts and coaches will have to follow the group's leaders, in order to respect the Field of Play directives, waiting the end of each rotation before marching to the next apparatus and begin the warm up.</p> <p>It is the responsibility of the coaches to respect the time of the warm-up to guarantee the best competition schedule. No inquiry will be accepted</p> <p>APPARATUS FINAL At the end of the junior/senior competition, the first eight gymnasts on each apparatus will participate in the apparatus final on Saturday, December 12th. If one or more finalist could not participate in the final, the ninth and following could have access to that final. The general warm-up is free. The junior/senior final will begin by the pommel horse. The eight finalists per apparatus enter in the FOP and march in all together. The first 4 athletes of each final warm up during 2 minutes, and then compete (the starting order will be drawn by the organizer) Then, the last 4 athletes warm up during 2 minutes, and then compete The 8 finalists will march out all together. The awarding ceremony will be organised at the end of the competition. During the march in transition of each apparatus, and exhibition will be</p>												

	shown to the public.
PROVISIONAL SCHEDULE	<p>Thursday, December 10th, 2015 :</p> <p>⇒ Arrival of delegations</p> <p>⇒ From 4:30 pm till 7:00 pm : Free training at the competition hall</p> <p>⇒ 8:30pm : Technical Meeting and drawing at the hotel</p> <p>Friday, December 11th, 2015 : <u>JUNIOR / SENIOR WAG:</u></p> <p>⇒ From 9:30 am till 11:30 am : Free training at the competition hall</p> <p>⇒ From 6:00 pm till 6:30 pm : General warm-up</p> <p>⇒ From 6:30 pm till 7:30 pm : Warm-up by apparatus (4 times 15')</p> <p>⇒ 7:30 pm : Opening ceremony</p> <p>⇒ 7:40 pm : Beginning of the competition</p> <p>⇒ 9:40 pm : Formal closing ceremony and announcement of the qualified gymnasts for the apparatus finals</p> <p>Saturday, December 12th, 2015 : <u>FINALS :</u></p> <p>⇒ 1:30 pm : Meeting of the judges</p> <p>⇒ From 1:00 pm till 1:20 pm : General warm-up</p> <p>⇒ From 1:20 pm till 2:20 pm : Free warm-up for apparatus</p> <p>⇒ 2:30 pm : Opening ceremony</p> <p>⇒ 2:40 pm : Starting of competition</p> <p>⇒ 4:45 pm : Closing ceremony</p> <p>⇒ 8 pm : Final Banquet</p> <p>Sunday, December 13th, 2015 :</p> <p>⇒ Departure of delegations</p>
MEDICAL SERVICES	A medical room and a medical team will be at disposal, from Thursday 10 th December, under the supervision of the Doctor Christophe POPINEAU specialized in sport medicine. He will be assisted by Christian ARDOUIN physiotherapist.
VISA	<p>Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Arques in France. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before 20 September 2015 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The organizer will provide at his own charge the local transportation for the delegation from their arrival at the airport or at the railway station till their departure, as well as the local transfers from/to hotel and competition Hall.</p> <p>The Travel Schedule Form must be returned to the LOC by annex1.</p>
LOCAL	International Airports:

TRANSPORTATION	Lille Lesquin (1h00 – LOC shuttle bus) ParisCharles-de-Gaulle (2h30 – LOC shuttle bus) Charleroi Bruxelles-Sud (2h10 – LOC shuttle bus)	
	Railway Station: Saint Omer: 10' LOC shuttle bus Hazebrouck: 20' LOC shuttle bus Calais: 45' LOC shuttle bus Lille Europe or Lille Flandres: 1h LOC shuttle bus	
ACCOMMODATION	The organizer will take care of the 3 nights from December 10 th till December 12 th 2015	
MEALS	The organizer will take care of the meals of the delegations from Thursday, December 10 th till Sunday, December 13 th , 2015 morning.	
FINAL BANQUET	FAREWELL PARTY WILL BE OFFERED BY THE LOC TO ALL ACCREDITED PERSONS saturday 12 th 2015	
JUDGES AND JURIES	1 international judge by team, all judges must have a current valid FIG brevet at the time of the event.	
MARKETING	FIG advertising and publicity norms must be respected	
DEADLINES SUMMARY	Pre Registration	21 September 2015
	Definitive Registration	12 October 2015
	Nominative Registration	13 November 2015
	Accommodation Form	13 November 2015
	Travel Schedule Form	13 November 2015
	Visa Request Form	13 November 2015
	Meals Form	13 November 2015
	Payment of the Entry Fee	Arrival of delegation
ADDITIONAL INFORMATION	www.arques-gym.fr	

Sincerely Yours,

Place and date:
19/10/2015



Signature of the President or
Secretary General of the FIG affiliated NF