

## DIRECTIVES

**Event ID: 14778**

Dear FIG affiliated Member Federation,

The Swiss Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Trampoline Gymnastics</b>
<b>HOST FEDERATION</b>	<b>SWISS GYMNASTICS FEDERATION</b> Secretary of elite sport Bahnhofstrasse 38 CH- 5000 Aarau SWITZERLAND Fax: +41 62 837 82 44 E-Mail: <a href="mailto:silvia.fueglistaler@stv-fsg.ch">silvia.fueglistaler@stv-fsg.ch</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>OK NISSEN CUP 2016</b> Arosa Tourism Sports Office CH-7050 Arosa SWITZERLAND Phone: +41 81 378 70 29 Fax: +41 81 378 70 21 E-mail: <a href="mailto:kuster@arosa.ch">kuster@arosa.ch</a>  <b>Technical Contact Address:</b> Swiss Gymnastics Federation Daniel Meier, Head of Trampoline Phone: +41 79 405 75 93 E-Mail: <a href="mailto:nissencup@swiss-trampoline.org">nissencup@swiss-trampoline.org</a>
<b>LOCATION</b>	<b>Arosa, Switzerland</b>
<b>DATE</b>	<b>From 24<sup>th</sup> to 25<sup>th</sup> June 2016</b>
<b>VENUE</b>	<b>Sport- und Kongresszentrum Arosa</b> Poststrasse 7050 Arosa, Switzerland The official training sessions and the warm ups for competition take place at the sport facility within the Sport- und Kongresszentrum Arosa
<b>APPARATUS SUPPLIER</b>	<b>Eurotramp: Art. 03100 Ultimate 4x4</b>
<b>RULES AND REGULATIONS</b>	<b>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</b> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Technical Regulations</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> </ul>

	<ul style="list-style-type: none"> <li>• Doping Control Rules</li> <li>• Licence rules (except for non competitive events)</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• FIG Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>				
<b>FEDERATIONS INVITED</b>	<p><b>The Organizing Member Federation will invite all Member Federations according to the following principles:</b></p> <p>Gymnasts from FIG affiliated federations and clubs from those federations. If the entries are made by a club of these federations, the acceptance for participation of the respective national federation, according to the FIG rules, is needed. Please note that as per FIG regulations, junior athletes must be between 13 to 17 years old (between 1999 and 2003), subject to the 17 year old not having participated in any open category (senior/adult) of World Championships, Continental Championships, and World Cup Series. Younger athletes will NOT be authorized.</p>				
<b>AGE LIMITS</b>	<p><b>TRA: Juniors 13-17 years old</b>  <b>With valid FIG licence</b></p>				
<b>JUDGES AND JURIES</b>	<p><b>Each federation/club must provide at least the following number of judges with a valid FIG brevet:</b></p> <p>1-10 competitors = 1 judge  11-20 competitors = 2 judges  As from 21 competitors = 3 judges</p> <p><b>All judges must have a current valid FIG brevet at the time of the event.</b></p> <p>Delegations not complying with these rules are required to pay CHF 450.- upon arrival per missing judge. The judges are to be named on your nominative entry form. All judges must participate in the judges meetings. If a judge fails to participate in the judges meeting, the delegation has to pay the fine for failure to send a judge.</p>				
<b>REGISTRATION DEADLINES</b>	<p>Definitive and nominative registrations must be completed by entering the respective forms to the host federation and the organizing committee.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Definitive registration:</td> <td style="padding: 2px;"><b>13<sup>th</sup> April 2016</b></td> </tr> <tr> <td style="padding: 2px;">Nominative registration</td> <td style="padding: 2px;"><b>18<sup>th</sup> May 2016</b></td> </tr> </table>	Definitive registration:	<b>13<sup>th</sup> April 2016</b>	Nominative registration	<b>18<sup>th</sup> May 2016</b>
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<b>ENTRY FEES</b>	<p><b>The Entry fee for this event will be:</b></p> <p>Individual: CHF 48.00 per competitor  Synchro: CHF 48.00 per synchro pair</p>				
<b>ACCREDITATION</b>	<p>Each delegation will be taken to the accreditation desk upon arrival. The following items will be checked there:</p> <ul style="list-style-type: none"> <li>- Total payment of costs due to the LOC and / or the FIG</li> <li>- Passports, Names and Date of Birth of the entire delegation</li> <li>- FIG Licence of the athletes</li> <li>- Insurance – every delegation member needs a valid insurance</li> <li>- National anthem (on CD) and national flag (150 x 100 cm)</li> </ul> <p>Gymnasts who do not present a valid FIG Licence at accreditation shall not be allowed to compete. Should a gymnast not be able to show his/her FIG Licence at accreditation, the Organising Committee may check on the official FIG website whether the respective gymnast has a valid licence or not. If this can be verified in due time by the Organising Committee, the gymnast may participate in the competition against payment of a fee of CHF 20.- to the Organising Committee.</p>				

	The accreditation badges will identify individuals participating in the event and indicate that these individuals are permitted access. Please wear your accreditation visibly at all times.																												
<b>EVENT FORMAT</b>	<p><b>Categories</b></p> <p><b>Trampoline Individual</b></p> <ul style="list-style-type: none"> <li>• Junior Girls (International B girls between 1999 and 2003)</li> <li>• Junior Boys (International B boys between 1999 and 2003)</li> </ul> <p><b>Trampoline Synchro</b></p> <ul style="list-style-type: none"> <li>• Junior Girls (International B girls between 1999 and 2003)</li> <li>• Junior Boys (International B boys between 1999 and 2003)</li> </ul>																												
<b>PROVISIONAL SCHEDULE</b>	<p><b>Wednesday June 22<sup>th</sup> 2016</b> All day Arrival of delegations and officials, accreditation</p> <p><b>Thursday June 23<sup>th</sup> 2016</b> All day Arrival of delegations and officials, accreditation</p> <table> <tr> <td>08.00 - 09.30</td> <td>Junior free training</td> </tr> <tr> <td>17.00 - 21.00</td> <td>Junior free training</td> </tr> <tr> <td>19.00</td> <td>Junior Orientation meeting followed by drawing of lots</td> </tr> <tr> <td>19.30</td> <td>Junior judges meeting and draw</td> </tr> </table> <p><b>Friday June 24<sup>th</sup> 2016</b></p> <table> <tr> <td>08.30 - 10.00</td> <td>Junior synchro general warm up</td> </tr> <tr> <td>10.00 - 11.00</td> <td>Junior synchro - qualification round</td> </tr> </table> <p><b>Saturday June 25<sup>th</sup> 2016</b></p> <table> <tr> <td>08.00 - 10.00</td> <td>Junior general warming up</td> </tr> <tr> <td>10.00 - 12.30</td> <td>Junior individual - qualification round</td> </tr> <tr> <td>12.30 - 13.30</td> <td>Junior training for finalists</td> </tr> <tr> <td>13.30 - 15.00</td> <td>Junior finals</td> </tr> <tr> <td></td> <td>Individual junior girls &amp; junior boys</td> </tr> <tr> <td></td> <td>Synchro junior girls &amp; junior boys</td> </tr> <tr> <td></td> <td>Junior award ceremony</td> </tr> <tr> <td>19.30</td> <td>Banquet</td> </tr> </table> <p><b>Sunday June 26<sup>th</sup> 2016</b> All day Departure of delegations and officials</p> <p>The detailed schedule will be sent to you by the beginning of June 2016.</p>	08.00 - 09.30	Junior free training	17.00 - 21.00	Junior free training	19.00	Junior Orientation meeting followed by drawing of lots	19.30	Junior judges meeting and draw	08.30 - 10.00	Junior synchro general warm up	10.00 - 11.00	Junior synchro - qualification round	08.00 - 10.00	Junior general warming up	10.00 - 12.30	Junior individual - qualification round	12.30 - 13.30	Junior training for finalists	13.30 - 15.00	Junior finals		Individual junior girls & junior boys		Synchro junior girls & junior boys		Junior award ceremony	19.30	Banquet
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<b>EVENT MANAGER</b>	<p>Competition Director: Daniel Meier Tel: +41 79 405 75 93 e-mail: <a href="mailto:nissencup@swiss-trampoline.org">nissencup@swiss-trampoline.org</a></p>																												
<b>MEDICAL SERVICES</b>	Medical Service will be provided by the organizing committee during training and competitions																												
<b>VISA</b>	Please verify immediately with your travel agent or the Swiss Embassy or Consulate in your country if a visa is required for your travel to Switzerland. The Organizing Committee will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 13 <sup>th</sup> April 2016. The request must include the full name, date of birth, gender, function, passport number, passport expiry date, and the arrival and departure dates of the delegation member as well as the city the visa application letter must be sent to.																												
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid</p>																												

	<p>insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: CHF 170.- per person.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations/clubs must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 18<sup>th</sup> May 2016.</p>
<b>LOCAL TRANSPORTATION</b>	<p>The organizing committee will provide organized transportation from Zurich Airport to Arosa and back to Zurich Airport. Cost per person is CHF 110.- and must be added for all team members which require transportation.</p> <p><b><u>Important information:</u></b></p> <p><b>Arrival day: The last organized transport from Zurich Airport train station with connection to Chur and Arosa will leave at 9 p.m.</b></p> <p><b>Departure day: Please note that your flight departure should be after 11 a.m. because of the train connection from Arosa*</b></p> <p><b>*early morning transfer by bus to Zurich Airport can be arranged on request (with additional costs to be paid by the requesting federation)</b></p> <p><b>How to get to Arosa:</b> Please allow about 3 hours travel time from Zurich Airport to Arosa by train/car/coach.</p> <p>by train: From Zurich Airport – Intercity trains to Chur, then by Rhaetian Railway in 60 minutes to Arosa</p> <p>by car: Motorway A3 direction Sargans (A13) – Chur, than about 45 minutes drive up a winding mountain road (30 kilometres). Car Rentals at the Airport possible</p> <p>For route planning see: <a href="http://maps.google.ch">http://maps.google.ch</a></p> <p><b>For federations which wish to organize their own travel to Arosa please take note of the following restrictions for buses/coaches: the maximum width is 2,3m; maximum height is 4m; and the max. weight is 18 tons.</b></p> <p><b>Precise arrival and departure schedules for all team members must accompany the Nominative Entry.</b></p> <p><b>The deadline for non-reimbursement of the transportation costs is 1<sup>st</sup> June 2016.</b></p>
<b>ACCOMMODATION</b>	<p>Accommodation is offered in hotels and a low cost option “Backpackers”. Only a limited number of single and triple rooms are available. Reservations are made on first come first served basis. The Organizing Committee is reserving the right to change reservations into other room compositions, in which case the relevant Club/Federation will be informed. They will have to pay the additional costs.</p> <p><b>Important note:</b> For lodging at the same hotels as the World Cup Competitors, the hotel prices are valid as announced in the “Directives” for the 2016 FIG World Cup Competition in Arosa. Please do not hesitate to contact the organizing committee in case of any questions.</p> <p>Accommodation prices include local public transport in Arosa, hotel, breakfast and dinner (“Backpackers” Option: no dinner included). The meals will be</p>

	<p>served at the respective hotel.</p> <p><b><u>3 Star Hotel (Option 1)</u></b>  <b>The costs per room/night in this hotel are as follows:</b>  <b>CHF 150.00</b> single room (including breakfast, dinner and banquet)  <b>CHF 250.00</b> double room (including breakfast, dinner and banquet)  <b>CHF 300.00</b> triple room (including breakfast, dinner and banquet)</p> <p><b><u>2 Star Hotel (Option 2)</u></b>  <b>The costs per room/night in this hotel are as follows:</b>  <b>CHF 130.00</b> single room (including breakfast, dinner and banquet)  <b>CHF 210.00</b> double room (including breakfast, dinner and banquet)  Please note: only a limited number of rooms are available</p> <p><b><u>Low Cost Option “Backpackers”</u></b>  <b>Only a limited number of beds are available. The costs per person/night in this option are as follows:</b>  <b>CHF 65.00</b> per person/night in double, triple and quadruple rooms (including breakfast only). All rooms are with shared bathrooms.</p> <p><b>All reservations must be made with the enclosed booking forms.</b></p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 18<sup>th</sup> May 2016 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p><b>The invited participating federations/clubs must pay for the accommodation expenses of their delegation members.</b></p> <p>The costs for the accommodations must be paid to the LOC by 18<sup>th</sup> May 2016</p> <p>The accommodation is only refundable, provided cancellations are made at least prior to 1<sup>st</sup> June 2016.</p>
<b>MEALS</b>	<p>Additional meals (lunch) can be ordered for CHF 20.00 with the entry forms or can be bought at the accreditation desk after arrival.</p> <p><b>The invited participating federations/clubs must pay for the meals expenses of their delegation members.</b></p> <p>While the Meals Form must be returned to the LOC by 18<sup>th</sup> May 2016 at the very latest.</p> <p>The costs for the meals must be paid to the LOC by 18<sup>th</sup> May 2016</p> <p>The meals are only refundable, provided cancellations are made at least prior to 1<sup>st</sup> June 2016.</p>
<b>CANCELATION POLICY</b>	<p>The entry fee is not refundable. The accommodation is only refundable, provided cancellations are made at least prior to 1<sup>st</sup> June 2016. Late entries and entries without payment of entry fee and accommodation will not be accepted.</p>
<b>FINAL BANQUET</b>	<p>On Saturday 25<sup>th</sup> June 2016 at 19:30h a banquet will be organized. Tickets for the banquet can be ordered for CHF 40.00 with the entry forms. Please note: In accommodation option 1 + 2 the banquet is already included.</p> <p><b>The tickets of the Final Banquet must be paid to the LOC by 18<sup>th</sup> May 2016</b></p>
<b>BANK ACCOUNT INFORMATION</b>	<p><b>At the time of the nominative entry (18<sup>th</sup> May 2016) 100% of the accommodation costs and 100% of the entry fee must be paid to this bank account:</b></p> <p><b>Payment in CHF only</b></p> <p>Arosa Tourismus</p>

	<p>Graubündner Kantonalbank, CH-7050 Arosa  SWIFT-Code: GRKB CH 2270A  IBAN: CH53 0077 4210 1941 6900 0</p> <p><b>Please integrate the payment's purpose as follows: Nissen Cup Junior Competition Arosa, NAME of participating federation or club. The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p> <p><b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p>																								
<b>MARKETING</b>	FIG advertising and publicity norms must be respected																								
<b>MEDIA</b>	Local Press Officer: Yvonne Wüthrich, Email: <a href="mailto:wuethrich@arosa.ch">wuethrich@arosa.ch</a>																								
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Sincerely Yours,

Aarau, 21 January 2016



Signature of the President or  
Secretary General of the  
FIG affiliated NF