



**RG International Tournament
Lisbon - Portugal – 2016
March 16th to 20th**

**UPDATE
07.01.2015**

Seniors: *Individuals*
Juniors: *Individuals and Groups*

DIRECTIVES

Event ID: 14431

Dear FIG affiliated Member Federation,

The **Portuguese Gymnastics Federation**, has the pleasure to invite your Nacional Federation to participate in the below mentioned «Lisbon's RG International Tournament».

Please, pay attention to the following **DIRECTIVES**:

HOST FEDERATION	Portuguese Gymnastics Federation – FGP, POR Estrada da Luz, n.º 30-A 1600-159 Lisboa, Portugal Tel: +351 21 814 11 45 Fax: +351 21 814 29 50 e-mail: gympor@gympor.com website: http:// www.fgp-ginastica.pt
CONTACT PERSON	General Secretary: Mrs. PAULA ARAÚJO Tel: +351 218 141 145 Email: rgportugal@gympor.com
VENUE	Hall: “Complexo Desportivo Municipal do Casal Vistoso” Adress: Rua João da Silva 1900-271 Lisboa, Portugal Website: http://www.cm-lisboa.pt/?idc=473&idi=41886
DATE	From March 16 th to 20 th , 2016
APPARATUS SUPPLIER	GYMNOVA – Refª 6667 - London
PROVISIONAL SCHEDULE (AFTER THE DEFINITIVE ENTRIES, THIS SCHEDULE WILL BE REVISED)	<p>March 14th</p> <ul style="list-style-type: none"> • Arrival of Delegations • Trainings <p>March 15th</p> <ul style="list-style-type: none"> • Arrival of Delegations • Trainings (All Day) • Orientation Meeting (Heads of Delegation)



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March 16th

- Trainings
- Individual competition
 - ❖ Juniors: 2 apparatus (Rope & Hoop)
 - ❖ Seniors: 2 apparatus (Hoop & Ball)
- Opening Ceremony
- Groups competition
 - ❖ Juniors: 1st round (10 Clubs - 2017 Program)

March 17th

- Individual competition
 - ❖ Juniors: 2 apparatus (Ball & Clubs)
 - ❖ Seniors: 2 apparatus (Clubs & Ribbon)
- Groups competition
 - ❖ Juniors: 2nd round (10 Clubs - 2017 Program)

March 18th

- Trainings for the Finals (Individuals and Groups)
- Finals and Awards Ceremonies
 - ❖ Junior Groups (6 best groups per apparatus)
- World Cup: Competition

March 19th

- Trainings for the Finals (Individuals)
- Finals and Awards Ceremonies
 - ❖ Senior Individuals (8 best gym. per apparatus, 2 per country)
- World Cup: Competition

March 20th

- Trainings for the Finals (Individuals and Groups)
- Finals and Awards Ceremonies
 - ❖ Junior Individuals (8 best gym. per apparatus, 1 per country)
- International Gala and Closing Ceremony

March 21st

- Delegations departure

COMPETITION FORMAT

This International Tournament consist in :

- Seniors: Individual
 - Qualifications/All-Around Competition (CI/CII); and Finals (CIII).
- Juniors: Individual Competitions
 - Qualifications/All-Around Competition (CI/CII) and/or Team Competition; CIII/Individual Finals (8 best gymnasts after CI, 1 per Country).
 - Team competition: 8 routines (2-4 gymnast per team)
 - FIG competition rules 2013-2016.
- Junior Groups Competitions





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	<ul style="list-style-type: none"> - Qualifications/All-Around Competition (CI); and Finals (CIII), with the best 6 Groups after CI. - Program for 2017: 10 Clubs. 																					
RIGHT OF PARTICIPATION	<p>Individual Competitions (Junior & Senior)</p> <p><u>Participation in the Qualifications:</u></p> <ul style="list-style-type: none"> • All Individual gymnasts have to participate in the Qualifications. <p><u>Participation in Finals:</u></p> <p>The top eight (8, <u>Seniors</u> - 2 per Country) gymnasts and the top eight (8, <u>Juniors</u> – 1 per Country) gymnasts, per apparatus from the CI will participate in the Finals.</p> <ul style="list-style-type: none"> • The participation in the Finals is limited to 1 gymnast for juniors and 2 gymnasts for seniors, per Federation, per apparatus. • In addition, the Organising Member Federation may participate in the four finals with 1 gymnast, at its free choice. This <i>Wild Card</i> gymnast will have to start first. <p>Group Competitions (Junior)</p> <ul style="list-style-type: none"> • Each country can participate with 1 group (5 or 6 gym) – max 15 groups in competition for Qualifications. <p><u>Participation in Finals:</u></p> <ul style="list-style-type: none"> • The top six (6 Juniors) groups, per apparatus from the CI will participate in the Finals. • In addition, the Organising Member Federation may participate in the finals. 																					
INVITED FEDERATIONS	<p>The participation is open to National teams from FIG member Federations. All national teams in good standing are entitled to participate. Unlimited number of junior individual gymnasts, teams, and senior individual gymnasts. Maximum 1 junior group.</p>																					
SIZE OF DELEGATIONS AND LICENSES	<p>Only gymnasts in good standing with the correct age and holding a valid FIG License may participate. The Local Organizing Committee will be responsible for checking the validity of the gymnasts Licenses. No gymnast will be accepted without a valid FIG License at the time of the event. The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="576 1608 1362 2016"> <thead> <tr> <th>Delegation</th> <th>Allowed registration</th> <th>Maximum</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation (HD)</td> <td>1</td> <td>1</td> </tr> <tr> <td>Team Manager (TM)</td> <td>1</td> <td>1</td> </tr> <tr> <td>Coaches</td> <td>4 jun. ind. 2 sen. ind. 2 for jun. group</td> <td>-</td> </tr> <tr> <td>Gymnasts</td> <td>4 jun. ind. 2. sen. ind 6 jun. group</td> <td></td> </tr> <tr> <td>Doctor</td> <td>1</td> <td>1</td> </tr> <tr> <td>Physiotherapist</td> <td>1</td> <td>1</td> </tr> </tbody> </table>	Delegation	Allowed registration	Maximum	Head of Delegation (HD)	1	1	Team Manager (TM)	1	1	Coaches	4 jun. ind. 2 sen. ind. 2 for jun. group	-	Gymnasts	4 jun. ind. 2. sen. ind 6 jun. group		Doctor	1	1	Physiotherapist	1	1
Delegation	Allowed registration	Maximum																				
Head of Delegation (HD)	1	1																				
Team Manager (TM)	1	1																				
Coaches	4 jun. ind. 2 sen. ind. 2 for jun. group	-																				
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Physiotherapist	1	1																				



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	Judges	1 for ind. 1 for group	2	
AGE LIMITS	Juniors – Born in: 2001, 2002, 2003 Seniors – Born in: 2000 or before			
JUDGES	Only FIG brevetted judges, with the category I, II, III or IV (2013-2016) can judge. The participating Member Federations must send minimum one qualified Judge, as mentioned above. Failure to do so will result in a <u>fine of 1200 EUR</u> - to be paid to the Organizing Member Federation.			
PRIZE MONEY	The organizing member federation must pay the following minimum Prize Money : Senior Individuals All Around: 2.500€ Junior Individuals All Around: 1.000€ The Prize Money, free of any deductible taxes, will be distributed in Euros as follows: Senior Individuals All Around: Ranking 1º_ 1250€ 2º_ 750€ 3º_ 500€ Junior Individuals All Around (4 exercises): Ranking 1º_ 600€ 2º_ 300€ 3º_ 100€ No prize money will be given, if there are less than 4 participating federations per competition.			



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<p>ACCOMMODATION AND MEALS</p>	<p>The invited participating federations must pay for <u>Accommodation and Meals</u> (FB – full board) expenses of their delegation members. The costs for accommodation are per person and per night.</p> <p>Five Stars Hotel (Official Hotel) Euro 135,00 (single room, including breakfast, lunch and dinner) Euro 125,00 (double room, including breakfast, lunch and dinner) Euro 115,00 (triple room, including breakfast, lunch and dinner)</p> <p>Four Stars Hotel (Official Hotel) Euro 120,00 (single room, including breakfast, lunch and dinner) Euro 110,00 (double room, including breakfast, lunch and dinner) Euro 100,00 (triple room, including breakfast, lunch and dinner)</p> <p>Low Cost Hotel Euro 115,00 (single room, including breakfast, lunch and dinner) Euro 100,00 (double room, including breakfast, lunch and dinner) Euro 90,00 (triple room, including breakfast, lunch and dinner)</p> <ul style="list-style-type: none"> - The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 15th of January at the very latest, the Hotel rooms will be allocated on a <u>“first come, first serve”</u> basis. - The costs for the accommodations must be paid to the LOC as follows: <ul style="list-style-type: none"> - 50% of the costs until the 15th of January 2016 - The final payment of the costs until the 15th of February 2016. <p>Cancellation/Reimbursement Policy:</p> <ul style="list-style-type: none"> - <u>50%</u> Of the costs with Accommodation in FB, shall be reimbursed if the cancellation <u>occurs up to 1 month prior to the event</u>. Afterwards, no reimbursements will be made.
<p>REGISTRATION DEDLINES</p>	<p><u>15th January 2016</u></p> <ul style="list-style-type: none"> - Definitive Registration - Accommodation (FB - full board) Form - Visa Request Form (if you need) - Payment of the Entry Fee (100%) - Payment of the Accommodation in FB (50%) - Payment of the fine for missing judge (if any) <p><u>15th February 2016</u></p> <ul style="list-style-type: none"> - Nominative Registration - A photo of each delegation member (electronic format – JPEG) - Travel Schedule Form - Final Banquet Form - Payment of the Accommodation in FB (50%)





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ENTRY FEES	<p>The non-reimbursable cost for the Entry Fee is:</p> <ul style="list-style-type: none"> - 25€ per gymnast - 50€ per other participants (head of delegation, coaches, doctor, physiotherapist)
DRAWING OF LOTS	<p>The gymnasts and groups drawing of lots will take place at the Portuguese Gymnastics Federation within two weeks after the closing date of the nominative registration.</p>
FINAL BANQUET	<p>The Final Banquet will be offered to all participants that have paid an entry fee.</p> <p>Tickets to the Final Banquet will be available for the cost of Euro 25.00 and can be paid at LOC offices until 15 March 2016 (12h00).</p> <p>The LOC will not reimburse any cancelled entry ticket of the Final Banquet.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the international travel expenses of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC until February 15th 2016.</p>
LOCAL TRANSPORTATION	<p>The LOC will provide free local transportation for all participants (from/to Lisbon airport as well as from/to the hotel and the Competition, Training, and Warm-up Halls).</p> <p>Transfers and internal transportations will only be available to those who book accomodation directly with the organization.</p>
VISA	<p>Please verify with your travel agent or the Portuguese Embassy or Consulate in your Country if a visa is required for your to travel to Portugal.</p> <p>The LOC will be happy to assist each Delegation with an official invitation letter, provided that the request is made before January 15th 2016 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or copy of the valid policy).</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance.</p>





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ACCREDITATION	<ul style="list-style-type: none"> - Accreditations will be given at the LOC office (Competition Venue) by schedule (made after receiving the flight plans), after the arrival of the Delegations. - The FIG Gymnast License must be presented and checked upon accreditation. - Gymnasts who do not present a valid FIG License are not allowed to compete. - A photo of each member of the delegation (in electronic format – JPEG) <u>must be sent until the nominative registration (15th February 2016).</u> - Please note: Photos taken upon arrival will be charged to the National Federations at a cost of Euro 20/each. <p>The Head of Delegation must bring to the Accreditation:</p> <ul style="list-style-type: none"> • FIG gymnasts License • Proof of all payments • Certification of valid insurance • National anthem • Flag • Difficulty Forms (2 copys, each exercise) • Gymnasts and Groups musics (2 CD´s) – one for competition, one for trainings • Form/inscription to participate in the International Gala (if you want to) • Music Form
FINANCIAL OBLIGATIONS	<p>Federations which have not fulfilled their financial obligations towards the LOC <u>by the given deadline</u> in the Invitation/Directives may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>
BANK ACCOUNT INFORMATIONS	<p>Bank: Millennium BCP</p> <p>IBAN: PT50 0033 0000 0188 0157 8909 6</p> <p>BIC/Swift: BCOMPTPL</p> <ul style="list-style-type: none"> - Each participating member Federation is kindly requested to integrate the payment's purpose as follows: (COUNTRY) - Lisbon FIG RG IT 2016, (Sample: SWE - Lisbon FIG RG IT 2016). - The participating federation is responsible for covering all bank fees in connection with the bank transfers.





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DEADLINE SUMMARY	Definitive Registration	15 January 2016
	Form for Accommodation in FB	
	Visa Request Form	
	Payment of the Entry Fee	
	Payment of the Accommodation in FB Costs (first 50%)	
	Payment of the fine for missing judge	15 February 2016
	Nominative Registration	
	Travel Schedule Form	
	A photo of each delegation member (electronic format – JPEG)	
	Payment of the Accommodation in FB Costs (remaining 50%)	
FIG RULES	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> - Statutes - Technical Regulations - Code of Points and relevant Newsletters - General Judges' Rules - Specific Judges' Rules - Doping Control Rules - Licenses Rules (except for non competitive events) - Accreditation Rules - Medal Ceremonies Rules - Media Rules - Apparatus Norms - FIG Rules for Sanctioning (approval) of International Events - Advertising and Publicity Rules <p>and subsequent decisions of the FIG Executive Committee</p>	

Place and date:

Lisbon, 07th January, 2016



Paul Araújo

Signature of the Secretary General of the FIG affiliated NF

