



ASIAN GYMNASTICS UNION



WORK PLAN

**6th AEROBIC GYMNASTICS
ASIAN CHAMPIONSHIPS**

13th -18th September 2017

Ulaanbaatar (MGL)



PART I - ADMINISTRATION

1. FOREWORD

The following Statutes, Rules and Regulations will be applied for The 6th AEROBIC GYMNASTICS ASIAN CHAMPIONSHIPS:

- FIG Statutes
- FIG Technical Regulations
- FIG Code of Points 2017-2020 and Newsletters and Help Desks
- FIG General judges rules and specific judges rules (edition 2017)
- FIG Apparatus Norms
- Doping Control Rules and Code WADA
- Rules for Publicity and Advertising in combination with FIG.
- FIG Rules for Accreditation.
- FIG Media Rules
- FIG License Rules

and subsequent changes and/or decisions of the FIG Council, FIG Executive Committee and FIG Technical Committees.

2. ASIAN GYMNASTICS UNION (AGU)

ASIAN GYMNASTICS UNION

Al-Bidda Tower, 5th Floor – Al Cornish Street, Doha 22955 Qatar

Tel: +974 44944 133 Fax: +974 44944 131

E-mail: info@agu-gymnastics.com <http://www.agu-gymnastics.com>

3. ASIAN GYMNASTICS UNION (AGU) - TECHNICAL DELEGATE (TD)& JURY OF APPEAL

TD: Ms. Tammy Yagi-Kitagawa (President of AGU AER Technical Committee)

JA: Mr. Sergio Garcia Alcazar (President of FIG AER Technical Committee)

4. MONGOLIAN GYMNASTICS FEDERATION (MGF)

Contact Person: Mr. Galbadrakh YERUULBAT

Address: Gymnastics Center, 1st floor Sport Complex, Baga toiruu 55,
8-r khoroo, Sukhbaatar district, ULAANBAATAR-14191, MONGOLIA

Tel/Fax: +976-9999-5158; E-mail: mglgym@gmail.com

Web site: www.agu-gymnastics.com Web site: www.gymnastics.mn

5. LOCAL ORGANISING COMMITTEE (LOC)

Contact Person: Mr. Galbadrakh YERUULBAT

Address: Gymnastics Center, 1st floor Sport Complex, Baga toiruu 55,
8-r khoroo, Sukhbaatar district, ULAANBAATAR-14191, MONGOLIA

Tel/Fax: +976-9999-5158; E-mail: mglgym@gmail.com

Web site: www.agu-gymnastics.com Web site: www.gymnastics.mn

PART II – COMPETITIONS

1. COMPETITION VENUE



6th AEROBIC GYMNASTICS ASIAN CHAMPIONSHIPS



BUYANT UKHAA SPORT PALACE INTRODUCTION

Address: "Buyant Ukhaa" Sport Palace, 10th khoroo, Khan Uul district, city Ulaanbaatar.

Building total capacity; Total circumference: 274000m² /square meter/

Total Seat: 5045, Square size: 41,0×69,0 2829 m² /square meter/

Sport Hall's Height: 31 meter Website: www.buso.mn



2. GENERAL PROGRAMME (subject to changes)

AEROBIC GYMNASTICS

DATE	TIME	ACTIVITY
13/09/2017 (Wednesday)	All day	Arrival of Delegations
	All day	Accreditation of the Delegations
	12:00-15:00	Lunch
	18:00-20:00	Dinner
14/09/2017 (Thursday)	09:00-10:00	Orientation Meeting
	09:00-20:00	Training as schedule
	10:00-13:00	Judges Meeting
	13:00-14:00	Lunch
	16:00-16:30	Open ceremony Rehearsal
	18:00-20:00	Dinner
15/09/2017 (Friday)	09:00 - 10:00	Judges briefing and draw for AG 1 Qualifications
	10:00 - 10:40	Opening ceremony
	10:40 - 10:50	8-count for All competitors (Presentation of Nations)
	10:50 - 11:20	Qualifications for Age Group 1 IM (TV recording)
	11:25 - 11:45	Qualifications for Age Group 1 TR (TV recording)
	11:53 - 12:25	Qualifications for Age Group 1 IW (TV recording)
	12:30 - 12:45	Qualifications for Age Group 1 MP (TV recording)
	12:50 - 13:05	Qualifications for Age Group 1 GR (TV recording)
	13:05 - 14:00	Lunch
	13:05 - 14:00	Judges briefing and draw for AG 2 Qualifications
	14:00 - 14:20	Qualifications for Age Group 2 IM (LIVE TV)
	14:25 - 14:50	Qualifications for Age Group 2 TR (LIVE TV)
	14:57 - 15:30	Qualifications for Age Group 2 IW (LIVE TV)
	15:40 - 15:55	Qualifications for Age Group 2 MP (LIVE TV)
	15:57 - 16:10	Qualifications for Age Group 2 GR (LIVE TV)
	16:15 - 16:30	Qualifications for Age Group 2 AD (LIVE TV)
	16:30 - 20:30	Training & Podium training Seniors
	18:00 - 20:00	Dinner

16/09/2017 (Saturday)	08:30 - 09:00	Judes briefing and draw for AG 1 & AG 2 Finals
	09:00 - 09:10	8-count for ALL competitors (Presentation of Nations)
	09:10 - 09:35	Finals for Age Group 1 IM (LIVE TV)
	09:40 - 09:55	Finals for Age Group 1 TR (LIVE TV)
	10:00 - 10:25	Finals for Age Group 1 IW (LIVE TV)
	10:30 - 10:42	Finals for Age Group 1 MP (LIVE TV)
	10:45 - 10:57	Finals for Age Group 1 GR (LIVE TV)
	11:00 - 11:30	Award Ceremony
	11:35 - 11:55	Finals for Age Group 2 IM (LIVE TV)
	11:58 - 12:20	Finals for Age Group 2 TR (LIVE TV)
	12:24 - 12:50	Finals for Age Group 2 IW (LIVE TV)
	12:55 - 13:10	Finals for Age Group 2 MP (LIVE TV)
	13:13 - 13:25	Finals for Age Group 2 GR (LIVE TV)
	13:28 - 13:37	Finals for Age Group 2 AD (LIVE TV)
	13:40 - 14:10	Award Ceremony
	14:10 - 14:50	Lunch
	14:10 - 14:45	Judes briefing and draw for Senior Qualifications (Lunch)
	14:50 - 15:00	8 counts for ALL competitors (Presentation of Nations)
	15:00 - 15:24	Qualifications for Seniors IM (LIVE TV)
	15:30 - 15:54	Qualifications for Seniors TR (LIVE TV)
	16:00 - 16:35	Qualifications for Seniors IW (LIVE TV)
	16:40 - 17:00	Qualifications for Seniors MP (LIVE TV)
	17:05 - 17:23	Qualifications for Seniors GR (LIVE TV)
	17:26 - 17:35	Qualifications for Seniors AD (LIVE TV)
	17:38 - 17:47	Qualifications for Seniors AS (LIVE TV)
	17:10 - 21:00	Training & Podium training Seniors
	18:00 - 20:00	Dinner
17/09/2017 (Sunday)	08:30 - 09:20	Judes briefing and draw for Senior Finals
	09:20 - 09:30	8-counts for ALL competitors (Presentation of Nations)
	09:30 - 09:55	Finals for Seniors IM (LIVE TV)
	10:00 - 10:20	Finals for Seniors TR (LIVE TV)
	10:25 - 10:50	Finals for Seniors IW (LIVE TV)
	10:55 - 11:07	Finals for Seniors MP (LIVE TV)
	11:10 - 11:21	Finals for Seniors GR (LIVE TV)
	11:25 - 11:34	Finals for Seniors AD (LIVE TV)
	11:37 - 11:46	Finals for Seniors AS (LIVE TV)
	11:50 - 12:20	Award Ceremony
	12:20 - 12:40	Closing Ceremony
	12:40 - 12:50	Group Photo
	12:50 - 14:00	Lunch
	14:00 - 16:30	City tour
	16:30 - 18:00	Free time
	18:00 - 19:00	Bus transportation
	19:00 - 22:00	Farewell Party
18/09/2017 (Monday)	All day	Departure of Delegations (Optional Tours available)

3. ORIENTATION MEETING

The Orientation Meeting will be held at the **Buyant-Ukhaa Sport Palace** according to the introduction above schedule.

Important information concerning the detailed organisation of Asian Championships (running of the competitions, award ceremonies) will be given by the LOC and Ms. Tammy Yagi-Kitagawa President of AGU AER Technical Committee.



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Participation is compulsory as per Technical Regulations, Section 1, Reg. 5.12. Unjustified failure to attend this meeting will result in a sanction of CHF 1'000.- against the Federation to be paid to the FIG.

Delegation representatives have to attend this meeting with a maximum of 2 accredited members per delegation, including the Head of Delegation or a substitute. Judges may not represent their country at the Orientation Meeting (but can be present in the meeting).

4. DRAW OF LOTS FOR THE STARTING ORDER

The draw of lots for the starting orders has taken place in AGU office, on 05. Sep.2017 in the presence of Mr. Mohd Saed (AGU Secretary General) and Mr. Anis Saoud (AGU Technical Manager). The start lists are posted on the AGU website.

5. CHANGE TO THE START LIST

If gymnasts get injured or ill before the arrival at the place of the competition (between the Nominative Registration and Accreditation), the injured or sick gymnasts can be replaced by another gymnast (and accredited) upon arrival provided that the name of the replaced gymnast was included in the Long List. An up-dated nominative list has to be given to the local organizing committee and a copy to the FIG upon arrival.

In the case of injuries or illness between the time of accreditation and until 24 hours prior to the beginning of Qualifications, the NF is allowed to change accreditations. The gymnast injured or ill must return his accreditation and another gymnast can be accredited (provided that the name of the replaced gymnast was included in the Long List)

All changes to the Start List must be approved by AGU.

6. SCORING SYSTEM / RESULTS

Scores and results of a competition will be displayed on the electric score board by Gymnastics Scoring System of Mongolian (GSSM). Results will be delivered to each delegation at the end of each day of competition.

7. MUSIC

• CD

The music for each exercise must be sent electronically to mglgym@gmail.com no later than 11. Sep. 2017.

- Each music must be sent separately in one file (mp3).

The Head of Delegation must give to LOC 1 copy of Music CD for each routine as per the norms given in the FIG Code of Points. Coaches must have a second copy to be used during training.

The following information must be clearly marked in English on the mp3 file and CDs:

- Federation (Country abbreviation)
- Discipline (AER)
- Category (Age Group 1 -IM, IW, MP, TR, GR, Age Group 2-IM, IW, MP, TR, GR, AD and Senior- IM, IW, MP, TR, GR, AD, AS)
- Exact length of the music (in minutes and seconds) from the first to the last tone of the music



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The CDs will be returned to the Heads of Delegation or his/her representative after competition. It is recommended that spare CD and mp3 files in USB be brought for safety reasons.

Note: Coaches / Gymnasts are responsible for bringing their own CD to the training sessions (second copy).

- **MUSIC FORM (appendix 1)**

All NF must send to LOC, bamuka99@gmail.com the Music Form dully filled in with the correct information, as soon as possible but no later than: 11.Sep.2017

The Music Form must be sent in excel file (pdf will not be accepted).

8. INQUIRY

Inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following gymnast. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.

Only the accredited coaches next to the competition area are entitled to submit an inquiry. Inquiries for all other marks are not allowed.

Late verbal inquiries will be rejected. A federation is not allowed to complain against a gymnast from another federation.

The inquiry must be confirmed as soon as possible in writing (appendix 1), but within 4 minutes atthe latest after the verbal inquiry and requires an agreement of payment of USD 300.-- for the firstcomplaint; USD 500.-- for the second complaint and USD 1'000.-- for the third complaint. Shouldthe inquiry not be confirmed in writing within 4 minutes, the procedure becomes obsolete.

Should the inquiry prove correct and is accepted, this sum will not be invoiced by FIG/AGU to the NF. Otherwise, the sum will be invoiced by FIG/AGU to the NF will be transferred to the FIG Foundation.

Every inquiry must be examined by the Superior Jury which will take a final decision which may not be appealed.

The detailed procedure is laid down in the FIG Technical Regulation.

See 8.4 in Technical Regulations, Section 1.

9. MEDAL AWARD CEREMONY

The medal award ceremonies will take place at the end of each final (please refer to #2 of this Workplan). Only the medal winners are invited to participate. They must wear competition attire.

Further information will be given during the Orientation Meetings.

Once medals and mascot have being awarded, the national anthem of the winning country (Gold Medal) will be played for approximately 45 seconds.



10. COMMUNICATION AND MEDIA

• PRESS CONFERENCES

Press Conferences will be decided on site. When decided, LOC will inform to the Head of Delegation.

• TELEVISION

The Host Broadcaster –MNB TV System contracted by LOC and The 6th Aerobic Gymnastics Asian championships production arm will be in charge of the MGF and Local transmission of The 6th Aerobic Gymnastics Asian Championships 2017.

They will prepare a local transmission plan, which will include the order of emission for the individual disciplines of The 6th Aerobic Gymnastics Asian Championships 2017.

The international television package will be composed of, among other things, the transmission of the sport competitions, special events and daily high lights of TACH 2017. The latest status of the international TV and online distribution

Athletes are kindly asked to serve both sections, but the priority is given at all times to Host Broadcaster and TV Rights Holders.

11. OPENING AND CLOSING CEREMONY

The official Opening Ceremony of the 6th Aerobic Gymnastics Asian Championships 2017 will take place at **Buyant-Ukhua sport palace** on **15.Sep. 2017 at 10:00 AM.**

The official Closing Ceremony of the 6th Aerobic Gymnastics Asian Championships 2017 will take place at **Buyant-Ukhua sport palace** on **17.Sep. 2017 at 12:00 AM.**

12. MEDICAL SERVICES

Medical, trainer, SMRD (Sports medicine and Research Department) and MNHTO (Mongolian National Hospital of Traumatology and Orthopedics) services will be performed throughout the competition.

• Medical services

There will be multiple health care modules with medical staff and volunteering at every venue.

13. ANTI-DOPING CONTROLS

Authority to test:

Pursuant to the WADA Anti-Doping Rules, all athletes participating at the 6th Aerobic Gymnastics Asian Championships 2017.

May be subject to testing from arrival until departure.

The chair of SMRD (Sports medicine and Research Department) Medical Committee or his/her representative is responsible to oversee all AntiDoping Testing during the 6th Aerobic Gymnastics Asian Championships 2017.

• Doping Control Station (DCS)

There will be more than one DCS. All samples of athletes will be collected based on the doping control procedures in accordance with International Standard for Testing, and will be analyzed in a WADA- accredited laboratory in Seoul, South Korea.

• Therapeutic Use Exemption (TUE)

Any participating athlete requiring a Therapeutic Use Exemption (TUE) shall file the application together with medical documents and all TUE requests must be made via the ADAMS system.



- **Governing Rules**

The WADA Anti-Doping Rules shall be applicable during the 6th Aerobic Gymnastics Asian Championships 2017, whereas the World Anti-Doping Code shall apply.

Anti-Doping Control Guide for approved by the WADA Medical Committee will be available for all participating delegations before their departure to The 6th Aerobic Gymnastics Asian championships 2017. Test Distribution Planning will be elaborated by the WADA Medical Committee.

PART III - OPERATIONS

1. WELCOME – OFFICIAL LANGUAGE

The delegations will be welcomed on behalf of the Ulaanbaatar Organising Committee upon arrival in Buyant-Ukhua Airport. They will be brought to the Hotels for accreditation.

The official language is English. Interpretation from and into other languages must be organised by the delegations. All documents will be in English.

2. HEALTH INSURANCE

During 6th Aerobic Gymnastics Asian Championships 2017, the valid health insurance is mandatory. Without any personal insurance, there will be the possibility to buy on site.

3. ACCREDITATION

All the participants will be accredited upon their arrival at their accommodation place. The accreditation card is personal, non-transferable and compulsory to gain access to the opening/closing ceremony, the training and competition venues, Catering Centre as well as the LOC's official transportation system for Athletes and Officials.

The accreditation card identifies individuals participating in the 6th Aerobic Gymnastics Asian Championships 2017 and indicates their access rights to the different zones listed in the Accreditation Badge. Access control will be conducted at the entrance to restricted areas and while entering official buses. The Accreditation Badge allows free entrance to each competition venue on the athletes' stand but please note that venue capacities are limited, so there are no reservations on the athletes' stands available.

All participants are required to wear the Accreditation Badge at any time in the official

During the Accreditation the Head of Delegation has to be ready to present the following:

- National Flag and National Anthem (CD)
- Passports of each member of the delegation
- FIG License card
- Insurances for each member of the delegation
- One CD for each routine with the Country, Category and Names of the competitors
- Release Music/Portrait/Injury
- Those delegations that are due to do some payments to the Organizing Committee have to be ready to fulfill them



4. MAIL BOXES

The mail boxes will be located in the Buyant-Ukhaa sport place.

5. ACCOMMODATION AND MEALS

• Accommodation:

The hotel only covers the night of stay and breakfast for the next morning on the service dates.

Other expenses, such as telephone bill, paid TV, mini-bar and laundry, are not covered by LOC and individuals shall be responsible for these expenses.

- AER: 13th - 14th Sep until 18th - 19th Sep = 5 / 4 nights

For hotel distribution, please refer to **Appendix 2** of this Workplan.

• Meals

Breakfast served at the hotels.

➤ Breakfast 06:30-08:30

Lunch box served at the Competition Hall.

➤ Lunch 12:00 -14:00

Main course served at the counter, selection of three types of meals available: meat, and vegetarian. Side dishes: soups, salads, fruits, vegetables, etc. served in buffet style.

Dinner served at the Restaurant near the hotel (BD's Mongolian Barbeque).

➤ Dinner 18:00 - 20:00

Main course served at the counter, selection of three types of meals available: meat, and vegetarian. Side dishes: soups, salads, fruits, vegetables, etc. served in buffet style.

Accreditation card will be required for access to catering center.

6. SEATING FOR THE DELEGATIONS

Reserved seating will be allocated to Delegations. These seats will be available on a first come, first served basis. Delegates will be requested not to sit in any other spectator seats within the arena.

7. BASIC INFORMATION ABOUT MONGOLIA

Language: Mongolia is the primary language using Mongolian

• Currency: MGLTugrug (Tugrug), 1 EUR = 2800Tugrug, 1 USD = 2400 Tugrug

• Electricity: the power sockets are of type E.

The standard voltage is 220 V and the standard frequency is 50 Hz

• Time Zone: GMT+2 (in Autumn)/Daily +10-15°C/, /Night + 6-10°C/

• Calling Code: (+976)-

• Internet TLD: .pl

• Population: about 3 million people, Ulaanbaatar Agglomeration: approx. 1 million people

Appendices: 1. Music Form 2. Hotel Distribution Schedules 3. AER Competition Halls Map
4. Training & Competition Schedule (names will be entered)

Sincerely yours,

07.Sep.2017

Mr. Galbadrakh YERUULBAT

Secretary General of

Mongolian Gymnastics Federation



HOTEL DISTRIBUTION SCHEDULES

Cat.1	Cat.2	Cat.3
BEST WESTERN PREMIER “TUUSHIN” HOTEL	KEMPINSKI HOTEL “KHAN PALACE” ULAANBAATAR	ROYAL MOUNTAIN HOTEL
AGU - TD	CHN	IND
AGU - GEST	HKG - CHN	PHI
FIG - JA	IRI	UZB
KOR		VIE
JPN		

AEROBICS COMPETITION HALLS MAP

