



3rd International Rhythmic Gymnastics Tournament
19th-21st February 2016
INDIVIDUAL(Seniors - Juniors) GROUPS(Juniors)

DIRECTIVES

EVENT ID: 14729

Dear FIG affiliated Member Federation,

Following the decision of the Hellenic Gymnastics Federation, the RG Club Filogymnastikos Omilos Kalamatas (FOK) has the pleasure to invite Clubs from your Federation to participate in the aforementioned FIG International Event.


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| DISCIPLINE | Rhythmic Gymnastics |
| HOST FEDERATION | <ul style="list-style-type: none">- Hellenic Gymnastics Federation37 Kifissias Ave., OAKA ,EKAE Building (Former Athlete`s Guesthouse)Opposite Fire Station, 15123 Marousi- Contact Person: Mrs. Sophia MODE- Tel: 0030 210 98 82 458 – 0030 210 98 44 019- Fax: 0030 210 98 87 329- e-mail : ego@otenet.gr- Website: www.gymnastics.gr |
| ORGANIZING COMMITTEE | <p>Filogymnastikos Omilos Kalamatas East Centre 14,Kalamata 24100</p> <ul style="list-style-type: none">- Tel: 0030 6980162999- e-mail : f.o.kalamatas@hotmail.com- Website: www.fok.gr |
| EVENT MANAGER | <p>Mrs. Voula KOUVATSOU President of RG Club F.O.K</p> <p>e-mail: st4.k@hotmail.com</p> <p>Mobile: 0030 6980162999</p> |
| LOCATION | Kalamata, Peloponessus, Greece |
| DATES | From February 19th to 21st, 2016 |
| VENUE | <p>Kalamata's TENTA Sports Hall</p> <p>The TENTA Sports Hall was inaugurated in 1989 and has a capacity of 1700 spectators. It accommodates 1 competition carpet and 2 training/warm-up carpets. One extra training Hall is foreseen and will be scheduled for training activities.</p> |
| APPARATUS SUPPLIER | Spieth article no652 |

| RULES AND REGULATIONS | <p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • FIG Statutes • FIG Technical Regulations • FIG Code of Points and relevant Newsletters • FIG General Judges' Rules • FIG Specific Judges' Rules • UEG Technical Regulations for Juniors • License rules (except for non competitive events) • Doping Control Rules • Media Rules • FIG Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p>and subsequent decisions of the FIG Executive Committee</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------------|--|-------------------|-------------------|-------------------|--------------|-----------|-------------------------|---|---|---|---|-------------------|---|---|---|---|-------|---|---|---|---|----------|-----|---|---|-------|--------|---|---|---|---|-----------------|---|---|---|---|--------|---|---|---|---|--|--|--|--|-------|
| COMPETITION FORMAT | <p>The international Tournament includes competition for:</p> <ol style="list-style-type: none"> 1. Juniors Individuals 4 apparatus (Rope-Hoop-Ball-Clubs) <ul style="list-style-type: none"> Events: Team, All around and Finals Medals: Team by category, All around by Age , Finals by category 2. Seniors Individuals 4 apparatus (Hoop-Ball-Clubs-Ribbon) <ul style="list-style-type: none"> Events: All around and Finals Medals: All around and Finals by category 3. Juniors Groups <ul style="list-style-type: none"> Events: Competition I Group Competition with two presentations of a free exercise with Balls. The Results of these two presentations will be added for classification. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PARTICIPATION RULES | <ol style="list-style-type: none"> 1. Juniors Individual Competition <ul style="list-style-type: none"> - Team according UEG rules - All around Competition according FIG rules - Finals Competition according UEG rules 2. Seniors Individual Competition <ul style="list-style-type: none"> - All around Competition and Finals according FIG rules 3. Juniors Groups Competition according FIG and UEG rules | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CLUBS INVITED | <p>Clubs from all FIG member federations in good standing are entitled to participate in all categories or in any category by their choice.</p> <p>Juniors and Seniors Gymnast must hold a valid FIG License.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DELEGATION SIZE | <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="408 1379 1503 1765"> <thead> <tr> <th></th> <th>Senior Individual</th> <th>Junior Individual</th> <th>Junior Group</th> <th>Total Max</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation (HD)</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Team Manager (TM)</td> <td>1</td> <td>1</td> <td>1</td> <td>4</td> </tr> <tr> <td>Coach</td> <td>2</td> <td>2</td> <td>2</td> <td>8</td> </tr> <tr> <td>Gymnasts</td> <td>3-4</td> <td>4</td> <td>6</td> <td>19-20</td> </tr> <tr> <td>Doctor</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Physiotherapist</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td>36-37</td> </tr> </tbody> </table> | | Senior Individual | Junior Individual | Junior Group | Total Max | Head of Delegation (HD) | 1 | 1 | 1 | 1 | Team Manager (TM) | 1 | 1 | 1 | 4 | Coach | 2 | 2 | 2 | 8 | Gymnasts | 3-4 | 4 | 6 | 19-20 | Doctor | 1 | 1 | 1 | 1 | Physiotherapist | 1 | 1 | 1 | 1 | Judges | 1 | 1 | 1 | 2 | | | | | 36-37 |
| | Senior Individual | Junior Individual | Junior Group | Total Max | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Head of Delegation (HD) | 1 | 1 | 1 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Team Manager (TM) | 1 | 1 | 1 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coach | 2 | 2 | 2 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gymnasts | 3-4 | 4 | 6 | 19-20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Doctor | 1 | 1 | 1 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Physiotherapist | 1 | 1 | 1 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Judges | 1 | 1 | 1 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | 36-37 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AGE LIMITS | <p>Seniors: 16 years (born in 2000 or before)</p> <p>Juniors: 13,14,15 years (born in 2001, 2002, 2003)</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ENTRY FEES | <p>The non-reimbursable cost for the Entry Fee is 40€ per individual gymnast and 80€ per group.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| JUDGES | <p>All judges must have a current valid FIG brevet at the time of the event. (cat. I,II,III,IV)</p> <p>The participating Clubs must send minimum one qualified judge as mentioned above. Failure to do so will result a fine of 150,00 € to be paid to the LOC upon arrival.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| ACCREDITATION | <p>Upon accreditation heads of delegation have to check the names of their own delegation members, hotel reservations and they also have to effect all necessary payments.</p> <p>Heads of delegation have to bring to Accreditation office:</p> <ul style="list-style-type: none"> • Certification of insurance for all delegation members, covering illness, accidents, repatriation. • Passports • Gymnasts' licences for Juniors and Seniors gymnasts • 1 copy of Composition form(per each apparatus, each gymnast or group) • 2 CD's for each gymnasts music | | | | | | | | | | | | | | | | |
| PARTICIPATION | <p>Participation in the Qualifications:</p> <ul style="list-style-type: none"> • All Individual gymnasts and Groups have to participate in the Qualifications. <p>Participation in the Finals:</p> <ul style="list-style-type: none"> • The top eight (8) gymnasts and groups per apparatus from the All Around competition (qualification) will participate in the Finals • The participation in the Finals is limited to 2 gymnasts per apparatus per Country. | | | | | | | | | | | | | | | | |
| PROVISIONAL SCHEDULE | <table border="0"> <tr> <td>Wednesday, February 17th:</td> <td>Arrival of Delegations (all day)</td> </tr> <tr> <td>Thursday, February 18th:</td> <td>Arrival of Delegations, Official training in competition hall & training hall</td> </tr> <tr> <td></td> <td>Orientation meeting</td> </tr> <tr> <td>Friday, February 19th:</td> <td>Competition</td> </tr> <tr> <td>Saturday, February 20th:</td> <td>Competition</td> </tr> <tr> <td>Sunday, February 21st:</td> <td>Competition</td> </tr> <tr> <td></td> <td>Final Banquet</td> </tr> <tr> <td>Monday, February 22nd:</td> <td>Departure of delegations</td> </tr> </table> | Wednesday, February 17th: | Arrival of Delegations (all day) | Thursday, February 18th: | Arrival of Delegations, Official training in competition hall & training hall | | Orientation meeting | Friday, February 19th: | Competition | Saturday, February 20th: | Competition | Sunday, February 21st: | Competition | | Final Banquet | Monday, February 22nd: | Departure of delegations |
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| Sunday, February 21st: | Competition | | | | | | | | | | | | | | | | |
| | Final Banquet | | | | | | | | | | | | | | | | |
| Monday, February 22nd: | Departure of delegations | | | | | | | | | | | | | | | | |
| MEDICAL SERVICES | - Doctor | | | | | | | | | | | | | | | | |
| VISA | <p>Please verify immediately with your travel agent or the Hellenic Embassy or Consulate in your country if a visa is required for your travel to Greece The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 20th, 2016, to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p> | | | | | | | | | | | | | | | | |
| INSURANCE | <p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 30,00€ per person/day.</p> | | | | | | | | | | | | | | | | |
| INTERNATIONAL TRANSPORTATION | <p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by January 31st, 2016.</p> | | | | | | | | | | | | | | | | |

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|---|---|-------------------------------|----------------------------------|---------------------|---------------------------------|-------------------------------|---------------------------------|-----------------------|---------------------------------|--------------------|---------------------------------|---|--------------|-----------------------------------|--------------|
| LOCAL TRANSPORTATION | <p>The LOC will support the costs of local transportation, for official members of delegation, from/to: - Official Delegations Hotel–Training Hall(s)–Sports Hall–Official Delegations Hotel</p> <p>Travelling expenses from Athens International Airport to Kalamata and reversely with bus are to be paid by participants 50€ per person</p> | | | | | | | | | | | | | | |
| DRAWING OF LOTS | Two weeks before competition starts | | | | | | | | | | | | | | |
| ACCOMMODATION | <p>A) 40 euro per person, per day in double and triple room (HB). Accommodation includes breakfast and dinner, also includes transportations from the hotel to the gym hall and reversely and Final Banquet.</p> <p>B) 50 euro per person, per day in double and triple room (FB). Accommodation includes breakfast, lunch and dinner, also includes transportations from the hotel to the gym hall and reversely and Final Banquet.</p> <p>The prices include all taxes</p> <p>The Accommodation Form must be returned to the LOC by January 20th, 2016 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The costs for the accommodations must be paid to the LOC cash upon arrival.</p> <p>The accommodation is only refundable, provided cancellations are made at least four weeks prior to arrival.</p> <p>For cancellations made after January 20th, 2016 there will be no reimbursement</p> | | | | | | | | | | | | | | |
| FINAL BANQUET | The Final Banquet costs 15.00€ per each person who does not accommodate in official hotels | | | | | | | | | | | | | | |
| MARKETING | FIG advertising and publicity norms must be respected. | | | | | | | | | | | | | | |
| DEADLINES SUMMARY | <table border="1"> <tr> <td>Definitive registration form:</td> <td>December 20th, 2015</td> </tr> <tr> <td>Accommodation form:</td> <td>January 20th, 2016</td> </tr> <tr> <td>Nominative registration form:</td> <td>January 20th, 2016</td> </tr> <tr> <td>Travel Schedule form:</td> <td>January 31st, 2016</td> </tr> <tr> <td>Visa Request Form:</td> <td>January 20th, 2016</td> </tr> <tr> <td>Payment of Accommodation Cost and Entry Fee</td> <td>Upon arrival</td> </tr> <tr> <td>Payment of fine for missing judge</td> <td>Upon arrival</td> </tr> </table> | Definitive registration form: | December 20 th , 2015 | Accommodation form: | January 20 th , 2016 | Nominative registration form: | January 20 th , 2016 | Travel Schedule form: | January 31 st , 2016 | Visa Request Form: | January 20 th , 2016 | Payment of Accommodation Cost and Entry Fee | Upon arrival | Payment of fine for missing judge | Upon arrival |
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| Payment of Accommodation Cost and Entry Fee | Upon arrival | | | | | | | | | | | | | | |
| Payment of fine for missing judge | Upon arrival | | | | | | | | | | | | | | |
| ADDITIONAL INFORMATION | <p>Clubs which have not fulfilled their financial obligations towards the FIG and LOC (e.g. annual membership fees, insurance, missing payments in previous editions, etc.) will not be allowed to participate in the International Tournament.</p> <p>All participating Clubs must commit themselves to respect the Statutes and all FIG Rules.</p> <p>The LOC will organize a GALA at the end of the competitions before the awarding ceremony. The gymnasts are kindly requested to take part in the GALA.</p> | | | | | | | | | | | | | | |

Sincerely Yours,


Athanasios VASILEIADIS
President of Hellenic Gymnastics Federation



Athens, 02/12/2015