

Gymmetics Explanatory Guide

About the Explanatory Guides

Published in July 2015, the Explanatory Guides offer a detailed introduction to each sport at the Rio 2016 Olympic Games, as well as providing information on a variety of other fundamental topics that may be of importance to teams as they continue their planning and preparations. This guide is divided into several sections:

- A general introduction to Rio de Janeiro and to the Games;
- Sport-specific information on subjects such as the competition format, schedule and venue; rules; training; and qualification criteria;
- General information touching on accreditation, ticketing, accommodation, medical services, doping control and transport;
- A directory that contains contact details, maps and a daily competition schedule for all sports.

All information provided in this Explanatory Guide was correct at the time of publication in July 2015; however, please note that these details may change between this date and the Games. NOCs are advised to check the IOC's NOCnet (<u>http://extranet.olympic.org/nocnet</u>) and Rio 2016's Rio Exchange (<u>https://rioexchange.rio2016.com</u>) for important updates on topics, such as to the competition schedule.

Detailed Team Leaders' Guides, covering Games-time plans for every Olympic sport, will be distributed to NOCs in June 2016.



Welcome to the Gymnastics Explanatory Guide for the Rio 2016 Olympic Games. On behalf of Rio 2016, I am pleased to present this document, the content of which has been produced in close collaboration with the International Gymnastics Federation and IOC Sport.

As a commitment to sustainability, these guides are being presented in an electronic-only format. In addition, they have been developed for a mobile-friendly platform; this is an innovative feature Rio 2016 has utilised to make the information more convenient and accessible on a variety of devices.

As the host of the first Games on South American soil, Rio 2016 is committed to showcasing sport in its highest form against the stunning backdrops that Rio de Janeiro has to offer. A variety of competition and training venues, including new and renovated installations, will offer athletes the best conditions to excel in a fair and safe field of play.

In addition, accommodations and facilities at the Olympic Village will provide an engaging environment and offer the best services to meet the needs of athletes and team leaders during their stay in Rio de Janeiro. New transport services will connect the four competition zones and venues throughout Rio to provide easy access across the city during the Games.

We hope this guide will provide all the necessary information in preparation for your participation at the Games in August 2016. We look forward to welcoming you to the Marvellous City for what is sure to be a memorable experience.

WARM REGARDS,

RODRIGO GARCIA Rio 2016 Sports Director

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INTRODUCTION

Welcome to Rio 2016

The Rio 2016 Olympic Games will demonstrate the determination of all Brazilians in delivering the greatest festival on Earth, proudly advancing, through sport, the national mantra of progress. These pages offer a brief introduction to Rio de Janeiro, its Olympic heritage, the city's plans for the Games and the benefits they will bring to Rio and Brazil.

Rio de Janeiro, then and now

The former capital of Brazil, Rio de Janeiro is located in the state of the same name on the southeastern strip of the country's Atlantic coast. It is one of the most visited cities in the southern hemisphere. In January 1502, the second exploratory expedition by the Portuguese, led by Captain Gaspar de Lemos, reached Guanabara Bay. Legend has it that he entered the bay believing it to be a river, so he named it Rio de Janeiro, literally translated as "River of January".

Rio is a picture-postcard city, with lush green mountains, lakes, blue oceans and miles of white, sandy beaches. It is the home of Sugarloaf Mountain, Maracanã stadium, Guanabara Bay and, overlooking it all, the statue of Christ the Redeemer. It is no wonder Rio is known as the "Marvellous City". The friendliness of *cariocas* (as Rio locals are known) can be witnessed in the streets, in the bars and at the beach.

CLIMATE

Rio de Janeiro benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, athletes can expect an average daily high of around 21-22°C (70-72°F) in the Olympic Village. On average, relative humidity ranges from a minimum of approximately 60 per cent to a maximum of approximately 80 per cent. The average monthly rainfall during August is 42 millimetres; the prevailing winds are from the south-west and south-east. The average daylight hours in Rio de Janeiro at Games time (August and September) are from 6.00am to 6.00pm.

RIO DE JANEIRO IN 2016

POPULATION: 6,453,682, estimated in 2014

OFFICIAL LANGUAGE: Portuguese

CURRENCY: Real/Reais (plural) LOCAL TIME: Greenwich Mean Time (GMT) -3

AREA: 1,197 km² (Brazil: 8,515,767km²)

LATITUDE AND LONGITUDE: 22º54'10" S, 43º12'27" W ALTITUDE: 2m

GOVERNMENT: Prefeitura do Rio de Janeiro (www.rio.rj.gov.br)

The city's Olympic heritage

Brazil is a nation with sport in its blood and has always been a serious competitor in the Olympic Games. Never content with just taking part, the country has long dreamt of hosting the world's biggest sporting event. Brazil's first bid came in 1932, to host the 1936 Games, but Rio de Janeiro failed to advance past the International Olympic Committee's initial selection phase. Sixty years later, Brasília was a candidate for the 2000 Games, until its bid was withdrawn in the first phase. But Brazilian hopes were not dashed, rooted as they were in a deep belief in the value of the Games, and with the certainty that hosting them would boost national development efforts. With firm, unyielding commitment, the groundwork was already being laid on a path that, with each bid, was taking on an ever more clearly defined direction.

Rio de Janeiro's next attempt was to host the 2004 Olympic Games, but again it did not pass the initial selection phase. The Committee's General Assembly made a strategic decision to focus on a Rio bid for the 2007 Pan American Games, with a commitment to making it the biggest and best such games ever held. Competitors and managers were determined to work towards ensuring that the cream of Brazilian athletes would compete on home soil, at a truly impressive event in state-of-the-art arenas. At the same time, Rio prepared its bid for the 2012 Games, in which the city was up against stiff competition. Despite the acknowledged quality of its bid, it was eliminated from the Candidate City shortlist.

Rio's 2004 and 2012 bids were part of an ongoing process in which the city's positive points were strengthened, and the weaker areas addressed, to provide the structure for the next Olympic bid. In 2007, the organisers of the Pan American Games exceeded all expectations, delivering the best edition in these games' history. The capacity to stage and promote a major sporting event had been proven, and recognition for all the effort expended did not take long to arrive: on 2 October 2009, after a hard-fought campaign, Rio de Janeiro won the right to host the 2016 Olympic and Paralympic Games, the first to be held on South American soil.

Rio 2016

THE OLYMPIC GAMES IN BRIEF

SPORTS: 28 DISCIPLINES:

42

MEDAL EVENTS: 306

COMPETITION VENUES: 37

DAYS OF COMPETITION: 19

COMPETITION SESSIONS: 698

OLYMPIC VILLAGE OFFICIAL OPENING: 24 July 2016

OPENING CEREMONY: 5 August 2016

CLOSING CEREMONY: 21 August 2016

ATHLETES: 10,903

COMPETITION VENUES

A total of 37 competition venues, across four (4) zones in Rio de Janeiro and the football cities, will be used for the Olympic Games.

Barra zone

The Barra zone will be the heart of the Rio 2016 Olympic Games. Located in *Zona Oeste* (West zone), the area will be a beautiful setting for the competitions. Surrounded by lagoons, mountains and parks, this neighbourhood's idyllic natural setting will be home to the athletes, as well as welcome thousands of spectators and Games visitors. The Olympic Village, Barra Olympic Park, Riocentro, IBC/MPC and Barra Media Accommodation Villages are all located in the Barra zone. Barra will house 15 competition venues, with 16 sports taking place.

Barra Olympic Park

CARIOCA ARENA 1:	FUTURE ARENA:	OLYMPIC TENNIS CENTRE:
Basketball	Handball	Tennis
CARIOCA ARENA 2:	MARIA LENK AQUATICS CENTRE:	RIO OLYMPIC ARENA
Judo, Wrestling (Freestyle, Greco-	Aquatics (Diving, Synchronised	Gymnastics (Artistic, Rhythmic,
Roman)	Swimming)	Trampoline)
CARIOCA ARENA 3:	OLYMPIC AQUATICS STADIUM:	RIO OLYMPIC VELODROME:
Fencing, Taekwondo	Aquatics (Swimming, Water Polo)	Cycling (Track)

Other venues in the Barra zone

OLYMPIC GOLF COURSE:	RIOCENTRO - PAVILION 3:
Golf	Table Tennis
PONTAL:	RIOCENTRO - PAVILION 4:
Cycling (Road – Time Trial), Athletics	Badminton
(Race Walk)	
	RIOCENTRO - PAVILION 6:
RIOCENTRO - PAVILION 2:	Boxing
Weightlifting	

Copacabana zone

Copacabana is one of the city's most famous neighbourhoods. Located in Rio de Janeiro's *Zona Sul*, or southern area, it boasts a beautiful, crescent-shaped beach that stretches more than four kilometres and is one of the most eye-catching images in the city. On Sundays, the lanes of *Avenida Atlântica* — the beachfront avenue — are closed to cars, so that the *carioca* population and visitors can enjoy the pleasant promenade atmosphere. Families and people of all ages may practise sport, swim in the ocean or simply relax: this is the Copacabana spirit. With its world-famous beaches, beautiful mountains and globally recognisable landmarks, including Sugarloaf and Corcovado, the Copacabana zone will be the perfect setting for the road competitions. With a population of nearly two million people, the events will certainly benefit from an authentically energetic *carioca* vibe. Copacabana will house four (4) competition venues, with seven (7) sports taking place.

BEACH VOLLEYBALL ARENA:

Volleyball (Beach Volleyball)

FORT COPACABANA:

Aquatics (Marathon Swimming), Triathlon, Cycling (Road – Road Race)

LAGOA STADIUM:

Canoe (Sprint), Rowing

MARINA DA GLÓRIA: Sailing

Deodoro zone

Located in the western part of Rio, the Deodoro zone is connected to the city centre and beyond by train lines. Venue construction for the Rio 2007 Pan American Games resulted in an increase in the number of youngsters practising sport, and it is anticipated that this level of participation will increase further with the opening of new venues for the Rio 2016 Games. Deodoro will house nine (9) competition venues, with (8) sports taking place.

DEODORO AQUATICS CENTRE:

Modern Pentathlon (swimming)

DEODORO STADIUM: Modern Pentathlon (riding, combined event), Rugby

MOUNTAIN BIKE CENTRE: Cycling (Mountain Bike)

OLYMPIC BMX CENTRE: Cycling (BMX)

OLYMPIC EQUESTRIAN CENTRE: Equestrian (Dressage, Eventing, Jumping)

OLYMPIC HOCKEY CENTRE: Hockey

OLYMPIC SHOOTING CENTRE: Shooting

WHITEWATER STADIUM: Canoe (Slalom)

YOUTH ARENA: Basketball, Modern Pentathlon (fencing)

Maracanã zone

The Maracanã zone includes two of Rio's most iconic venues: Maracanã and the Sambódromo, in addition to the Olympic Stadium, built for the Rio 2007 Pan American Games, and nicknamed "Engenhão", after the Engenho de Dentro neighbourhood in which it is located. The zone, though part of *Zona Norte*, the northern area, is located close to the city centre. Hundreds of people visit the Maracanã complex every day, where they take advantage of its spaces for physical exercise, such as walking and jogging. Maracanã will host the Opening and Closing ceremonies of the Olympic Games, as well as Football and the adjacent Maracanãzinho will host the Volleyball competition. The Marathon (Athletics) and Archery competitions will take place in the Sambódromo, while the Olympic Stadium will be home to Athletics (track and field) and Football. In total, the Maracanã zone will house four (4) Olympic venues, with four (4) sports taking place.

MARACANÃ:

Opening and Closing Ceremonies, Football OLYMPIC STADIUM:

Athletics, Football

SAMBÓDROMO: Archery, Athletics (Marathon)

MARACANÃZINHO: Volleyball

Football cities

In addition to Rio de Janeiro, Football events will take place in five (5) other cities, taking the Rio 2016 Games around Brazil. The tournament will benefit of world class stadia, which have hosted the 2014 FIFA World Cup Brazil.

MARACANÃ STADIUM AND OLYMPIC STADIUM: Rio de Janeiro

Salvador MANÉ GARRINCHA STADIUM: Brasília

FONTE NOVA ARENA:

MINEIRÃO: Belo Horizonte

AMAZÔNIA ARENA: Manaus : ITAQUERA ARENA: São Paulo

Aquece Rio

Aquece Rio ('Rio Warms Up') is the test event programme for the Olympic Games. The test events organised by Rio 2016 will be under the banner of the Aquece Rio series, while others will be staged by the respective International Sports Federations or Brazilian Sport Federations.

In total, 45 test events will have been staged when the programme, which finishes in May 2016, is completed.

The programme will include 34 Olympic, six Paralympic and four joint Olympic and Paralympic test events. More than 7,700 athletes will get a taste of the host city and around 16,000 volunteers will participate in the test events, which will take place across 156 days of competition in total.

There will be three clusters of events, the first between July and October 2015, focusing on outdoor events to provide athletes with the same climatic conditions that can be expected at Games time. The second, from November 2015 to February 2016, will be more focused on indoor events, while the last, between March and May 2016, will allow preparations to be finalised.

Just before the one-year-to-go mark, the International Volleyball Federation (FIVB) will organise the first 2015 test event, with the FIVB World League Finals taking place from 15 to 19 July in the Maracanãzinho, followed by the Olympic and Paralympic Triathlon event in Copacabana on 1 and 2 August; the World Rowing Junior Championships at Lagoa Rodrigo de Freitas, from 5 to 9 August; and the equestrian event at the Olympic Equestrian Centre in Deodoro from 6 to 9 August.

The events provide an important opportunity to test the competition areas and results systems, as well as integrating all the relevant stakeholders and training the team of people who will be responsible for running the events during the Games.

For more details about the test events schedule, please visit www.aquecerio.com/en.

Celebra

Celebra, the Rio 2016 culture programme, will consist of a great celebration of Brazilian and international culture, mainly through free events to be held in public spaces, aiming to expand access to culture and incorporate it into day-to-day city life. Besides interactive installations encouraging engagement with the Rio 2016 Games, there will be a strong artistic programme, emphasising proponents of national and international culture.

The Celebra programme will embody Brazilian history and take it to the streets like never before. Access to culture, in the broadest sense, is at the heart of the programme, which is divided into six segments: literature, dance, music, visual arts, performing arts and everyday life.

After the Games

The Rio 2016 Games will be a catalyst for change in Rio de Janeiro and Brazil, leaving a positive transformation and lasting legacy not only in terms of sport, but also for society, the economy, urban infrastructure and environment. More details about Rio 2016's legacy can be found on the Rio Exchange.

GYMNASTICS OVERVIEW

Gymnastics at the Olympic Games

Gymnastics featured on the programme at the first modern Olympic Games in 1896 and is one of only five sports to have featured at every Games since. The sport has evolved dramatically during the last 119 years, and is now divided into three disciplines on the Olympic programme.

Artistic Gymnastics was first used as a term in the 19th century to distinguish free-flowing styles from techniques used in military training. Gymnastics competitions soon began to flourish in schools and athletic clubs across Europe, and were included in the 1896 Games. Between its appearance at Athens and the 1920s, the sport evolved into what we recognise as modern Gymnastics. The first Brazilian representatives were João Luiz Ribeiro and Claudia Magalhães at the Moscow 1980 Games. For full details of Artistic Gymnastics at Rio 2016, see p<u>17</u>.

Trampoline Gymnastics has its origins in the 1930s, when the first modern trampoline was built by George Nissen and Larry Griswold at the University of Iowa. The trampoline was initially used as a training tool for tumblers, astronauts and athletes, but eventually became a competitive sport in its own right and went on to make its Olympic debut at the Sydney 2000 Games. For full details of Trampoline Gymnastics at Rio 2016, see p<u>25</u>.

Rhythmic Gymnastics first appeared in primitive form during the 19th century, and eventually evolved to incorporate elements from classical ballet, German muscle-building techniques and Swedish exercise systems. The International Gymnastics Federation recognised Rhythmic Gymnastics as an official discipline in 1963, 21 years before the discipline made its Olympic debut at the Los Angeles 1984 Games. That same year, Rosane Favilla became the first Rhythmic Gymnast to represent Brazil. For full details of Rhythmic Gymnastics at Rio 2016, see p<u>21</u>.

KEY PERSONNEL

All disciplines:		
Rio 2016 competition management		
Gymnastics Manager	Naomi Valenzo	(MEX)
Venue Results Manager	TBD	
Artistic Gymnastics:		
International Gymnastics Federation (FIG)		
Technical Delegates	Steve Butcher	(USA) – Men's Artistic Gymnastics
	Nellie Kim	(BLR) – Women's Artistic Gymnastics
Rio 2016 competition management		
Artistic Gymnastics Manager	Roberto Nassar	(BRA)
Trampoline Gymnastics:		
International Gymnastics Federation (FIG)		
Technical Delegate	Horst Kunze	(GER)
Rio 2016 competition management		
Trampoline Manager	Mariana Accardo	(BRA)
Rhythmic Gymnastics:		
International Gymnastics Federation (FIG)		
Technical Delegate	Nataliya Kuzmina	(RUS)
Rio 2016 competition management		
Rhythmic Gymnastics Manager	Leticia Barros	(BRA)
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Naomi Valenzo Gymnastics Manager, Rio 2016

Naomi is the Vice-President of FIG Women's Technical Committee, President of the Pan American Union Women's Technical Committee and Vice-President of the Mexican Gymnastics Federation. As part of her roles in Mexico, she has been involved in the competition management of several Gymnastics events, such as the 2014 Aerobic Gymnastics World Championships and the 2011 Pan American Games.

For details of how to contact the IOC, Rio 2016, the FIG and the CBG, see pp43-46.

The rules

The Gymnastics competitions will be held in accordance with the editions of the following documents that are in force at the time of the Olympic Games:

- The documents below are available at <u>www.fig-gymnastics.com/site/rules/main</u>
 - FIG Statutes
 - FIG Technical Regulations
 - FIG Apparatus Norms
 - FIG Code of Points (discipline-specific versions) and relevant newsletters
 - FIG Judges' Rules (general and discipline-specific versions)
 - FIG License Rules
 - subsequent decisions of the FIG Executive Committee
- The Olympic Charter (available at <u>www.olympic.org/fr/charte-olympique/documents-rapports-etudes-publications)</u>

In accordance with Rule 46 of the Olympic Charter, FIG will be responsible for the technical control and direction of Gymnastics at the Rio 2016 Olympic Games.

CLOTHING AND EQUIPMENT

Clothing and equipment used by athletes and other participants in the Gymnastics competitions at the Olympic Games must comply with the documents listed below:

FIG TECHNICAL REGULATIONS

FIG CODE OF POINTS

(discipline-specific versions)

FIG APPARATUS NORMS

THE OLYMPIC CHARTER

(available at <u>www.olympic.org/fr/charte-olympique/</u> documents-rapports-etudes-publications)

Rule 50 - Advertising, demonstrations, propaganda and Bye-law to Rule 50

GUIDELINES REGARDING AUTHORISED IDENTIFICATIONS FOR THE GAMES OF THE XXXI OLYMPIAD, RIO 2016

(distributed by the IOC to all NOCs)

ARTISTIC GYMNASTICS

The Artistic Gymnastics competition

The Artistic Gymnastics competition at the Rio 2016 Olympic Games will be held from Saturday 6 August to Thursday 11 August, and from Sunday 14 August to Tuesday 16 August 2016 at Rio Olympic Arena, located in the Barra zone. The competition will consist of 14 medal events, summarised below:

MEDAL EVENTS		
Men (8)	Women (6)	
Team competition	Team competition	
Individual All-Around	Individual All-Around	
Floor Exercise	Vault	
Pommel Horse	Uneven Bars	
Rings	Balance Beam	
Vault	Floor Exercise	
Parallel Bars		
Horizontal Bar		

A maximum of 196 competitors may take part in the Olympic Artistic Gymnastics competition. This figure comprises 96 male and 96 female athletes, plus two (2) places allocated to the host country — one (1) man and one (1) woman — and two (2) tripartite commission places — one (1) man and one (1) woman. For details of the qualification requirements, see p<u>41</u>.

Competition format

There will be four (4) competition phases in the Artistic Gymnastics competition: qualifications, team finals, individual all-around finals and individual apparatus finals.

During qualifications, all gymnasts compete as part of a team of five (5) gymnasts or as part of a mixed group of individuals. The results are used to determine the qualifiers for all the finals. No scores are carried over to the finals from the qualifications.

The eight (8) top-ranked men's and women's teams from the qualifications go forward to the team finals (including all teams tied for eighth (8th) place after Olympic tiebreaking rules have been applied), which feature three (3) of the five (5) members of each team at each apparatus. The teams compete again on all apparatus and are ranked on their total team score.

The 24 top-ranked men and women from the qualifications proceed to the individual allaround finals (including all gymnasts tied for 24th place after Olympic tiebreaking rules have been applied), to a maximum of two (2) per NOC. The gymnasts perform again on all pieces of apparatus, and are ranked on their total individual score. The eight (8) top-ranked men and women on each apparatus in the qualifications proceed to the individual apparatus finals (including all gymnasts tied for eighth (8th) place after Olympic tiebreaking rules have been applied), to a maximum of two (2) per NOC.

JUDGES AND SCORING

A panel of nine (9) judges presides over each apparatus. The judges are divided into panels in order to calculate the final score ('F'), which is calculated as follows:

F = D + E - penalties (neutral deductions)

The difficulty panel, made up of two (2) judges, calculates the 'D' score, which is based on the content of the routine.

The execution panel, made up of five (5) judges, is responsible for the 'E' score, which is determined by the gymnast's execution of the routine. The 'E' score is calculated by dropping the highest and lowest E judges' score and averaging the three (3) remaining scores.

The other two (2) members of the judging panel are reference judges, part of the Reference Judges' System that has been introduced to establish an automatic correction system in case of any problems with 'E' scores. The 'RE' score is calculated by averaging the scores of the two (2) reference judges. If the gap between the (avg.) 'E' score and the (avg.) 'RE' score exceeds the predefined permitted tolerances, the (avg.) E score will be replaced by the average of the (avg.) 'RE' score and the (avg.) 'E' score and the (avg.) 'E' score will remain unchanged. However, if the gap between the scores of the two (2) reference judges exceeds the predefined permitted tolerances, the (avg.) 'E' score will remain unchanged.

Artistic Gymnastics competition schedule

SATURDAY 06 AUGUST 2016 (DAY 1), RIO OLYMPIC ARENA		
GA01	10.30 - 13.00	Men's qualifications subdivision 1
GA02	14.30 - 17.00	Men's qualifications subdivision 2
GA03	18.30 - 21.00	Men's qualifications subdivision 3
SUNDAY 07 AUGUST 2016 (DAY 2), RIO OLYMPIC	ARENA
GA04 09.45 - 13.00	09.45 - 11.15	Women's qualifications subdivision 1
	11.30 - 13.00	Women's qualifications subdivision 2
GA05	14.30 - 16.00	Women's qualifications subdivision 3
GA06	17.30 - 19.00	Women's qualifications subdivision 4
GA07	20.30 - 22.00	Women's qualifications subdivision 5
MONDAY 08 AUGUST 2016 (DAY 3), RIO OLYMPIC ARENA		
GA08 16.00 - 19.00	16.00 - 18.40	Men's Team Competition - final
GA08 18.00 - 19.00	18.45 - 19.00	Men's Team Competition - victory ceremony

TUESDAY 09 AUGUST 2016 (DAY 4), RIO OLYMPIC ARENA				
GA09 16.00 - 18.15	16.00 - 17.55	Women's Team Competition - final		
	18.00 - 18.15	Women's Team Competition victory ceremony		
WEDNESDAY 10 AUGUST 2016 (DAY 5), RIO OLYMPIC ARENA				
GA10 16.00 - 18.45	16.00 - 18.30	Men's Individual All-Around competition final		
	18.35 - 18.45	Men's Individual All-Around competition victory ceremony		
THURSDAY 11 AUGUST 2010	6 (DAY 6), RIO OLYMP	IC ARENA		
GA11 16.00 - 18.10	16.00 - 17.55	Women's Individual All-Around competition final		
GAT 10.00 - 10.10	18.00 - 18.10	Women's Individual All-Around competition victory ceremony		
SUNDAY 14 AUGUST 2016 (DAY 9), RIO OLYMPIC	ARENA		
	14.00 - 14.30	Men's Floor Competition final		
	14.35 - 14.45	Men's Floor Competition victory ceremony		
	14.45 - 15.15	Women's Vault Competition final		
GA12 14.00 - 17.00	15.20 - 15.30	Women's Vault Competition victory ceremony		
GA12 14.00 - 11.00	15.30 - 16.00	Men's Pommel Horse Competition final		
	16.05 - 16.15	Men's Pommel Horse Competition victory ceremony		
	16.15 - 16.45	Women's Uneven Bars Competition final		
	16.50 - 17.00	Women's Uneven Bars Competition victory ceremony		
MONDAY 15 AUGUST 2016	(DAY 10), RIO OLYMP	IC ARENA		
	14.00 - 14.30	Men's Rings Competition final		
	14.35 - 14.45	Men's Rings Competition victory ceremony		
GA13 14.00 - 16.15	14.45 - 15.15	Women's Balance Beam Competition final		
GATS 14.00 - 10.15	15.20 - 15.30	Women's Balance Beam Competition victory ceremony		
	15.30 - 16.00	Men's Vault Competition final		
	16.05 - 16.15	Men's Vault Competition victory ceremony		
TUESDAY 16 AUGUST 2016 (DAY 11), RIO OLYMPIC ARENA				
	14.00 - 14.30	Men's Parallel Bars Competition final		
	14.35 - 14.45	Men's Parallel Bars Competition victory ceremony		
GA14 14.00 - 16.15	14.45 - 15.15	Women's Floor Competition final		
0.15	15.20 - 15.30	Women's Floor Competition victory ceremony		
	15.30 - 16.00	Men's High Bar Competition final		
	16.05 - 16.15	Men's High Bar Competition victory ceremony		

TRAMPOLINE GYMNASTICS

The Trampoline Gymnastics competition

The Trampoline Gymnastics at Rio 2016 Olympic Games will be held on Friday 12 August and Saturday 13 August 2016 at the Rio Olympic Arena. The first (1st) day will be dedicated to the women's individual event and the second (2nd) day to the men's individual event. The competition will consist of two (2) medal events, summarised below:

MEDAL EVENTS		
Men (1)	Women (1)	
Individual competition	Individual competition	

A maximum of 32 competitors may take part in the Olympic Trampoline Gymnastics competition. This figure comprises 14 male and 14 female athletes, plus one (1) place allocated to the host country (male or female) and one (1) tripartite commission place (male or female).

Competition format

Both the men's and women's competitions have the same format: the gymnasts with the eight (8) best scores from the Qualifying Round will go forward to the final (including all gymnasts tied for eighth (8th) place after Olympic tiebreaking rules have been applied). The starting order for the final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. The finals are conducted from a zero (0) start.

COMPETITION CARDS

The competition cards must be handed in at the time and place specified by the organising committee, otherwise the gymnast may not be allowed to start. The chief recorder is responsible for ensuring that they are given to the difficulty judges at least two (2) hours before the competition starts.

The elements of the first (1st) routine must be written down on the competition card. Each of the required elements must be marked with an asterisk (*). The elements of the second (2nd) routine must also be written down on the competition card with the difficulty value of each element.

QUALIFYING ROUND

There are two (2) routines in the Qualifying Round, with 10 different elements in each routine.

The first (1st) routine includes both free elements and special requirements. Two (2) of the skills chosen by the gymnast will have counting difficulty for the routine score; these skills cannot be repeated in the second (2nd) voluntary routine without penalty. The difficulty of these skills will be added to the execution score plus time of flight to give the total for a routine.

The second (2nd) routine is a voluntary routine. None of the skills already counted for difficulty in the first (1st) routine can be repeated, otherwise the difficulty of those skills will not be considered for calculation in the second (2nd) routine. The execution score plus the time of flight are added to the difficulty score to give the total for a routine.

FINAL

There is one (1) voluntary routine in the final, with 10 different skills without limitations, in which the execution score plus the time of flight are added to the difficulty score to give the total for a routine.

JUDGES AND SCORING

A routine on the trampoline is characterised by high, continuous rhythmic feet to feet and feet to back, front or seat rotational jumping elements, without hesitation or intermediate straight bounces. A trampoline routine should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements. It should show good control, form, execution, height and maintenance of height.

The evaluation of execution and difficulty is done in tenths of a point. The time of flight is evaluated in 1/1000 of a second rounded down to 5/1000 of a second.

Judges must write their deductions independently of one another. When signalled by the Chair of Judges Panel, all judges' marks must be displayed simultaneously.

The Chair of Judges Panel controls all aspects of the competition; makes decisions on all matters other than execution, difficulty and time scores; and acts on and communicates these decisions to all relevant officials.

JUDGES' PANEL:

CJP	CHAIR OF JUDGES PANEL	
E-score	JUDGES FOR EXECUTION	
D-score	JUDGES FOR DIFFICULTY	2
TOF	JUDGE FOR TIME OF FLIGHT	1
TOTAL		9

SCORING:

The final score (F) is calculated as follows

F = D + E + TOF – penalties (neutral deductions)

Trampoline Gymnastics competition schedule

FRIDAY 12 AUGUST 2016 (DAY 7), RIO OLYMPIC ARENA			
	14.00 - 14.40	Women's Individual competition - 1st routine	
GT01 14.00 - 16:15	14.45 - 15.25	Women's Individual competition - 2nd routine	
610114.00 - 16:15	15.35 - 16.00	Women's Individual competition - final	
	16.05 - 16.15	Women's Individual competition - victory ceremony	

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SATURDAY 13 AUGUST 2016 (DAY 8), RIO OLYMPIC ARENA			
	14.00 - 14.40	Men's Individual competition - 1st routine	
GT02 14.00 - 16.15	14.45 - 15.25	Men's Individual competition - 2nd routine	
	15.35 - 16.00	Men's Individual competition - final	
	16.05 - 16.15	Men's Individual competition - victory ceremony	

RHYTHMIC GYMNASTICS

The Rhythmic Gymnastics competition

The Rhythmic Gymnastics competition at the Rio 2016 Olympic Games will be held from Friday 19 August to Sunday 21 August at the Rio Olympic Arena. The competition will consist of two (2) medal events, summarised below:

MEDAL EVENTS
Women (2)
Individual All-Around
Group All-Around

A maximum of 96 competitors may take part in the Olympic Rhythmic Gymnastics competition. This figure comprises 89 female athletes, plus six (6) places allocated to the host country and one (1) tripartite commission place. For details of the qualification requirements, see p<u>41</u>.

Competition format

The Individual All-Around event begins with qualifications. The 10 top-ranked gymnasts (including all gymnasts tied for 10th place after Olympic tiebreaking rules have been applied) from the initial 26 advance to the final.

The Group event also begins with qualification. The eight (8) top-ranked groups (including all groups tied for eighth (8th) place after Olympic tiebreaking rules have been applied) from the initial 14 advance to the final.

JUDGES AND SCORING

There are two (2) juries in Rhythmic Gymnastics, one with four (4) and other with five (5) judges. The judges calculate the final score ('F'), which is calculated as follows:

F = D + E – Penalty (neutral deductions)

Jury D gives the 'D' score for difficulty (body difficulty, dance steps combination, fundamental and other apparatus technical groups, dynamic elements with rotation and throw and apparatus mastery and originality). Four (4) judges evaluate difficulty, which is given by the average of the two (2) middle scores — the highest and the lowest scores are dropped.

Jury E gives the 'E' score for execution, by evaluating the artistic components, such as unity of composition, music and movement, body expression and use of space; technical faults and execution penalties. Five (5) judges evaluate execution, which is given by the average of the three (3) middle scores — the highest and the lowest scores are dropped.

The Reference Judges' System has been introduced to establish an automatic correction system in case of any problems with 'D' and/or 'E' scores. The 'RD'-Judges shall be seated next to each other and agree on a common score. The 'RE' score is calculated by averaging the scores of the two (2) 'RE'-judges.

If the gap between the (avg.) 'D' score and the 'RD' score exceeds the predefined permitted tolerances, the average of the 'RD' and D-Jury scores will form the final 'D' score.

If the gap between the (avg.) 'E' score and the (avg.) 'RE' score exceeds the predefined permitted tolerances, the average of the 'RE' and 'E' scores will form the final 'E' score.

Rhythmic Gymnastics competition schedule

FRIDAY 19 AUGUST 2016 (DAY 14), RIO OLYMPIC ARENA						
GR01	10.20 - 13.20	Individual All Around qualification - rotation 1 and 2				
GR02	14.50 - 17.50	Individual All Around qualification - rotation 3 and 4				
SATURDAY 20 AUGUST 2016 (DAY 15), RIO OLYMPIC ARENA						
GR03	10.00 - 11.10	Group qualification - rotation 1				
GR04	12.40 - 13.50	Group qualification - rotation 2				
GR05 15.20 - 17.50	15.20 - 15.52	Individual All Around final - rotation 1				
	15.53 - 16.25	Individual All Around final - rotation 2				
	16.26 - 16.58	Individual All Around final - rotation 3				
	16.59 - 17.31	Individual All Around final - rotation 4				
	17.35 - 17.50	Individual All Around final - victory ceremony				
SUNDAY 21 AUGUST 2016 (DAY 16), RIO OLYMPIC ARENA						
GR06 11.00 - 12.45	11.00 - 11.40	Group Final - rotation 1				
	11.50 - 12.30	Group Final - rotation 2				
	12.35 - 12.45	Group Final - victory ceremony				

COMPETITION AND TRAINING VENUES

Competition venue

RIO OLYMPIC ARENA

Av. Embaixador Abelardo Bueno, 3.401/20 Barra da Tijuca

The Rio Olympic Arena is located in the Barra zone. With competitions of all Olympic Gymnastics disciplines — Artistic, Rhythmic and Trampoline — being held at the same venue for the first time in Olympic history, Gymnastics will be at the heart of the Games in 2016. The venue was built for the Rio 2007 Pan American Games and especially designed for Gymnastics. It is currently the Artistic Gymnastics training centre for the Brazilian national team and, after the Games, it will continue as a training centre for Gymnastics. The Rio Olympic Arena will have a gross seating capacity of approximately 13,200 for all three (3) disciplines.

FIELDS OF PLAY

The Artistic Gymnastics competition will be conducted on an 80cm Gymnastics raised podium in the centre of the arena.

The Trampoline Gymnastics competition will be conducted on an 80cm Gymnastics podium in the centre of the arena. The gymnasts will have the choice of two (2) trampolines placed parallel 2m apart.

The Rhythmic Gymnastics competition will be conducted on an 80cm Gymnastics podium.

The arena will include a music system for playing gymnasts' floor music. All equipment will be presented in accordance with FIG regulations.

FACILITIES

For the Artistic Gymnastics competition there will be two (2) warm-up areas, one (1) for men and one (1) for women, will be located close to the field of play. They will also contain a 80cm Gymnastics raised podium and will include a music system for playing gymnasts' floor music.

For the Rhythmic Gymnastics competition, the final warm-up carpet will be located close to the field of play. In addition, there will be three (3) RG floors in the training and warm-up halls next to the competition venue and three (3) other RG floors in the training venue, all of them measuring 13m² with a 50cm border in accordance with FIG standards.

During the Individual All-Around competition, four (4) other RG floors will be set aside for warmup. During the Group All-Around competition, all seven (7) RG floors in the competition venue will be dedicated to warm-up. The warm-up facilities will include music systems for playing gymnasts' floor music.

For the Trampoline Gymnastics competition, the warm-up area will be located in the same venue near to the field of play structure, and will have a minimum height of 12m.

Other facilities at the competition venue will include:

- changing rooms, toilets and showers (separate facilities for men and women)
- lounges for athletes and officials
- lounges and working area for technical officials
- catering services
- mixed zone, where accredited media may conduct interviews with athletes after competitions, and a press conference area
- measurement table with balance

- ballet barres and mirrors
- weighing scales
- Sport Information Desk (for details, see p40)
- medical facilities (for details, see p<u>39</u>)
- massage plinths
- doping control station (for details, see p39)

Training venue

ATHLETES' PARK

Av. Salvador Allende, s/nº Barra da Tijuca - RJ

Training for the all Gymnastics competitions will take place at Athletes' Park, located a short distance from the Olympic Village.

For Artistic Gymnastics and Trampoline Gymnastics, the venue will be open for training from Sunday 24 July, the day the Olympic Village opens, until Tuesday 16 August. For Rhythmic Gymnastics, it will be open until Sunday 21 August.

All training equipment will be approved by FIG, and will comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

The facilities at Athletes' Park will include:

- four (4) sets, two (2) for men and two (2) for women (Artistic Gymnastics)
- three (3) RG floors (Rhythmic Gymnastics)
- four (4) trampolines (Trampoline Gymnastics)

Facilities at training venues will include:

- reception desk
- Sport Information Desk
- lounge area for athletes and officials
- changing rooms, toilets and showers (separate facilities for men and women)
- sport equipment storage
- physiotherapy area
- catering services
- medical facilities

GENERAL INFORMATION

Accreditation

Accreditation is the process of identifying individuals and their roles at the Olympic Games, while ensuring that they are granted appropriate access to fulfil their roles. Accreditation also ensures that all Games participants are granted entry into Brazil for the Games. A basic summary of the Accreditation process is given below; full details will be provided in the Accreditation application materials that will be available on the Rio Exchange in December 2015 and distributed by Rio 2016 to NOCs in January 2016.

ACCREDITATION TIMELINE

The deadline for accreditation applications is 11.59pm Rio de Janeiro time (GMT-3) on 29 April 2016. The accreditation application must be submitted together with an acceptable photograph.

NOCs are responsible for submitting all accreditation applications directly to Rio 2016. To ensure compliance with data protection principles, all applications should be submitted through the eAccreditation (ECR) module of the Games Management System.

Eligibility Conditions Form

As required by the IOC and in accordance with Rule 40 of the Olympic Charter, **all individuals** submitted in the following NOC accreditation categories must complete an Eligibility Conditions Form (ECF), acknowledging their compliance with IOC and International Federation (IF) rules regarding Games participation:

- Aa athletes
- Ac Chef de Mission, Deputy Chefs de Mission, Olympic Attaché
- Ao Primary and Additional Team Officials (including grooms)
- P alternate athletes, personal coaches and training partners
- NOC NOC President and Secretary General, all dignitary categories (including entourage), NOC horse owners, NOC drivers
- NOC** Accompanying guests of individuals in the NOC category (where applicable)

Without a signed form, an athlete will not be able to compete and team officials will not be eligible for accreditation at the Rio 2016 Olympic Games.

DATE	APPLIES TO	ACTIVITY
4 January 2016	ALL	Rio 2016 distributes the NOC Accreditation Manual, Sport Entries Manual and associated materials, in electronic format (CD/USB) by courier to NOCs
29 April 2016	ALL	Deadline for NOCs to submit all athlete, team official and dignitary (Aa, Ac, Ao, P, NOC, NOC**) accreditation applications to Rio 2016 through the eAccreditation system
June 2016	ALL	Rio 2016 produces and dispatches Pre-Valid Cards (including those for NOC accredited press) to NOCs
1 June 2016	ATHLETES	Sport Entries (SEQ) module opens for sport entries submission
18 July 2016	ATHLETES	Deadline for NOCs to submit sport entries to Rio 2016 through the SEQ module

THE FOLLOWING ARE KEY ACCREDITATION DATES FOR ATHLETES, TEAM OFFICIALS AND DIGNITARIES:

PRE-VALID CARDS (PVCs)

Rio 2016 will produce Pre-Valid Cards for all NOC delegates whose attendance at the Games has been confirmed during the Pre-DRMs. The production and distribution process will commence as soon as the Pre-DRMs have been completed.

Holders of Pre-Valid Cards (PVCs) or Olympic Identity and Accreditation Cards (OIAC), which is the PVC once it has been validated, may enter Brazil multiple times from 5 July 2016 until 28 October 2016 upon presentation of their card and a valid travel document (passport or national ID for Mercosur nationals) without requiring a separate entry visa. Rio 2016 will work with airlines and immigration services worldwide to ensure that all necessary authorities are aware that the PVC can be used as a visa waiver to travel to Brazil for the Games.

Note that the PVC will not act as a visa waiver or transit visa for any other country. Individuals transiting through another country are responsible for obtaining the necessary entry/transit documentation.

Individuals using their PVC or validated OIAC as an entry document must ensure that their travel document is valid beyond 31 December 2016, and that it is the same document that was provided to Rio 2016 during the accreditation application.

ACCREDITATION CARD VALIDATION

Individuals arriving in Brazil through Rio de Janeiro's Tom Jobim International Airport (GIG) will be able to validate their PVCs at the airport, provided that their NOC's DRM has been completed. Validation desks will be located at both terminals after immigration and before baggage claim.

Individuals arriving through other ports of entry (including the Santos Dumont Domestic Airport or the football co-host city airports) should proceed to the appropriate main accreditation centre to complete the accreditation validation process. Each individual must attend an accreditation facility in person to complete the validation process. Individuals should bring their PVC and the valid identity document that was provided to Rio 2016 in the accreditation application.

Accreditation facilities

Accreditation Centres and Venue Accreditation Offices (VAOs) will be located at strategic locations at official Olympic venues. The main accreditation centre for NOC delegations will be the Olympic Village Welcome Centre. Please be aware that only PVC validation services will be provided at the accreditation desks at Tom Jobim International Airport. Full accreditation services will be available at the football co-host city accreditation centres.

FACILITY	ZONE	PRIMARY POPULATION	SERVICE TYPE	SERVICE START DATE
GIG - Tom Jobim International Airport (Terminals 1 and 2)	Maracanã	All	Validation	5 July 2016
Olympic Village Welcome Centre (OLV)	Barra	Athletes and Team Officials	Full service	24 July 2016
Media Accreditation Centre (MPC/IBC)	Barra	Press and broadcast	Full service	5 July 2016
Deodoro Main Accreditation Centre	Deodoro	All	Full service	TBC*
Venue Accreditation Offices (VAOs) at competition venues only	All zones	All	Validation, reissuing lost/stolen cards	TBC*

THE TABLE BELOW LISTS ALL ACCREDITATION FACILITIES AND THE SERVICES PROVIDED:

*To be confirmed in the Rio 2016 NOC Accreditation Manual.

Tickets and accredited seating

GAMES-TIME TICKET SALES

At Games time, available tickets may be purchased through <u>www.rio2016.com</u> or at any of the following locations:

- Olympic Village (ticket box office at the Village Plaza)
- Competition venue (ticket box offices will operate on competition days at the relevant venues)

COMPLIMENTARY SPORT TICKETS

Athletes and officials may access the athletes' stand during competition for their own discipline(s) without a ticket, upon presentation of their Olympic Identity and Accreditation Card (OIAC). In order to watch competitions at venues in disciplines other than their own, athletes and officials will require a ticket.

NOC Chefs de Mission may request complimentary sport tickets (except in the case of Football in co-host cities) for their delegation members a day before the event through the Client Ticket Portal (CTP). Complimentary tickets will be limited in number, and demand is expected to exceed supply for many venues. NOC Relations and Services will allocate tickets according to availability, delegation size and NOC participation in the relevant sport. Chefs de Mission, or their ticketing proxy card holders, will be able to collect tickets from the NOC Services Centre in the Olympic Village the evening before the sessions.

Accommodation

During the Rio 2016 Olympic Games, the Olympic Village will accommodate 18,000 athletes and team officials. Athletes, officials and grooms will also reside in specific grooms' accommodation, Football hotels around Brazil and Additional Team Officials' (ATOs') accommodation.

A brief summary of the Olympic Village follows below. For details of medical services at the Olympic Village and other accommodations, see p<u>38</u>.

OLYMPIC VILLAGE

The Olympic Village is located in the Barra venue zone, in the south-west part of the city, 2km from Riocentro and 3km from the Barra Olympic Park. The Village will officially open at 8.00am on 24 July 2016 and close at 6.00pm on 24 August 2016.

The Olympic Village will have a Plaza and a residential zone. The residential zone is restricted to residents. It contains the accommodation, recreational and catering facilities, as well as transport services to competition and training venues. The Village Plaza and residential zones will be separated by internal fencing and access control. Guests may enter the residential zone from the Village Plaza only if accompanied by a Village resident with 'R' on their OIAC.

Beginning at 8.00am on 24 July, and once DRMs and Inventory & Inspections (I&Is) have been completed for an NOC, all athletes and team officials from that NOC residing in the Olympic Village may arrive at the Welcome Centre, where luggage and equipment will be screened.

Accommodation

Athletes and officials will be accommodated in 31 buildings with 17 floors each, divided into seven condominiums. The apartments have between two and five bedrooms with up to nine beds. All social spaces will have soft furnishings (sofa and beanbags), a coffee table and a television with Olympic feed and free wireless internet (Wi-Fi) access.

Resident centres and services

There will be a resident centre in each of the seven condominiums, with three centres open 24 hours a day. Each resident centre will provide a front desk, hotel-like service that will assist with the resolution of issues relating to accommodation services in the Village, including housekeeping requests, maintenance issues and lost keys. They will also provide a concierge service, Info⁺ terminals internet access, and a lounge and meeting facilities.

The Village will provide a multi-faith centre for worship and meditation. It will contain representatives of the following religions: Buddhism, Christianity, Hinduism, Islam and Judaism, along with support for other religions and faiths.

FOOD SERVICES

The Main Dining Hall will be located in the residential zone adjacent to the Athlete Transport Mall and will operate on a 24-hour basis from 24 July until 24 August 2016. A menu, rotated on an eight-day cycle, will provide a wide range of meal choices and cater to all nutritional needs. A McDonald's restaurant and café will also be located in the Main Dining Hall. Additional dining options in the Village will include one 'grab-and-go' station in each of the seven condominiums, an outdoor casual dining area and the Plaza Café.

From 24 July until 21 August 2016, Athlete Venue Meals (AVM) will be available for athletes and officials who will be away from the Village for competition or training for more than four hours. AVMs must be ordered from the Sport Information Centre in the Olympic Village 48 hours in advance. Meals will be prepared at the venue to be collected from the Athletes' Lounge.

RESIDENT ENTERTAINMENT AND RECREATION

An Athletes' Lounge, music area and video game room will be available to Village residents for relaxation at the Village Entertainment Centre. An internet lounge will be located in the Village Plaza and will be open 24 hours a day.

ATHLETE FITNESS AND SPORT RECREATION

The Olympic Village will contain a gym with a good selection of cardiovascular equipment, resistance machines and free weights, as well as space for stretching and warming up/down.

Each condominium will have a dedicated recreational shallow swimming pool, which will be available for use by residents from 9.00am until 5.00pm daily.

The Olympic Village will also have an area with courts for recreational basketball, football, handball, tennis and volleyball (indoor). Note that equipment will not be provided.

Residents will also be able to use a transport service from the Athlete Transport Mall to the Olympic Village Beach, which is located in the Barra zone. Lounge chairs and beach umbrellas will be available free of charge to athletes and team officials.

VILLAGE PLAZA

The Village Plaza is a place for residents and guests to purchase retail items and souvenirs, as well as providing essential support services. It is also an area where Village residents and their guests can meet. Some shops and services within the Olympic Village Plaza will operate on a user-pay basis, while others are free of charge for athletes and officials. Retail outlets and services will include a bank, postal services, phone centre, internet lounge, dry cleaning, a general store and a ticket office. Team Welcome Ceremonies will also take place in the Plaza.

Transport

During the Rio 2016 Olympic Games, the TA (Transport for Athletes) system will provide transport services for athletes and team officials (Aa, Ac, Ao and P alternate athletes) and their accompanying luggage and personal sport equipment from 24 July until 24 August 2016. The TA bus system will provide the following transport services:

- arrivals and departures services from/to the airports in Rio de Janeiro to/from the Olympic Village
- arrivals and departures services from/to the airports in the Football co-host cities to/from the official hotels
- transport between the Olympic Village and official competition and training venues
- Internal Village Transport Service (IVTS) operating inside the Olympic Village
- Different Discipline Spectating Athlete (DDA) services
- ceremony services
- additional services to the Sugar Loaf Mountain, Christ the Redeemer, Metropolitano Shopping Mall and the beach

TA TRAINING AND COMPETITION SERVICES

Transport services for athletes and team officials for training and competition have been planned and developed in consultation with the IFs and in accordance with the requirements for each sport. TA system vehicles will vary in size, seating capacity and model.

Regularly scheduled transport services will connect athletes to designated training venues. The service will commence on 24 July 2016 and will continue until the close of each sport's individual training session.

On competition days, the TA service will start approximately two or three hours prior to competition starting, with the last bus leaving the venue a maximum of two hours post-competition.

INTERNAL VILLAGE TRANSPORT SERVICE

A daily Internal Village Transport Service (IVTS) shuttle will operate in the Olympic Village. The IVTS will connect key locations inside the Village, including the Welcome Centre, the Main Dining Hall and the Residential Zone. This service will operate 24 hours a day from 24 July until 24 August 2016. Frequency will vary depending on the time of day.

Equipment transfer

Rio 2016 Logistics will operate a scheduled free service for the transfer of athlete sport equipment between the Olympic Village and competition and training venues (non-competition venues other than the Olympic Village are not included). NOCs can request assistance with inter-venue transfers from the Logistics desk in the NOC Services Centre in the Olympic Village.

PUBLIC TRANSPORT

A number of public transport options are available to get around in Rio:

- Bus Rapid Transit system (BRT)
- Subway (Metrô Rio)
- Train (Supervia)
- Light Rail Train (LRT)
- Urban bus

Further details on public transport are available in the NOC Visit Guide on the Rio Exchange.

Information regarding the free-of-charge public transport options for accredited individuals will be made available in the Team Leaders' Guide.

Medical services

Public health services, including disease surveillance, communicable disease control and health protection (such as food, water and air quality) will be in place throughout Brazil during the Games.

Local hospitals that include 24-hour emergency specialist services and tourist clinics are also available around the city. Local pharmacies can be found in all neighbourhoods, and some are open 24 hours a day.

There are no vaccination requirements for entering Brazil, but NOCs are advised to consult their local physician prior to travelling to Brazil to ensure that all routine vaccinations are up to date.

Malaria and dengue fever

Cases of dengue fever and malaria have been documented across all regions of Brazil. Whilst cases of malaria in Rio de Janeiro are extremely rare, other states, such as those in which the football co-host cities of Brasília, Manaus and Belo Horizonte are located, have had a greater prevalence. NOCs are therefore advised to take the necessary precautions to protect themselves against mosquito bites.

Yellow fever

The yellow fever vaccine is not a requirement for entry to Brazil. However, in the more remote areas, including the Football co-host cities of Manaus and Brasília, yellow fever has been documented; therefore, it is recommended that NOCs take the necessary precautions. It should also be noted that even though Brazil does not require the yellow fever vaccine for entry, delegates are advised to verify with their airline if the vaccine is a requirement of their destination upon leaving Brazil, or any transiting countries throughout the journey.

A basic summary of medical services at the Games is given below; full details will be provided in the Healthcare Guide, which will be distributed by Rio 2016 to NOCs no later than six (6) months before the Games.

GAMES-TIME MEDICAL SERVICES

The Polyclinic will be located in the Residential Zone of the Olympic Village and will be the main treatment provider for urgent and necessary services for athletes and NOC team officials during the Games. The Polyclinic will be open and fully operational from 24 July until 24 August 2016.

Services will be offered between 7.00am and 11.00pm, seven days a week, with an emergencyservices department operating 24 hours a day. Services in the Polyclinic will include:

- first aid and emergency services
- sports medicine
- dentistry
- imaging services: X-ray, ultrasound and MRI will be available on-site
- laboratory: for urine, blood and biochemical testing (some tests will be available on-site in the Polyclinic lab, whilst others will be performed and sent to a laboratory outside the Olympic Village for analysis)
- ophthalmology
- pharmacy
- physiotherapy and massage therapy (this will include treatment areas and a rehabilitation gym)
- podiatry
- primary care and specialist services: consultation rooms will be available for scheduled and on-call primary care and specialised services (such as dermatology, cardiology)
- IOC Medical Commission Offices

NOC doctors will be able to request imaging and laboratory services and discuss results with Rio 2016 medical services clinicians. Hospital referrals can only be made by Rio 2016 medical personnel. NOC doctors will be able to accompany team members to hospital and discuss management with the admitting doctor at the hospital.

The Polyclinic will have a 24-hour emergency phone number in case emergency medical assistance is required outside the operational hours stated above.

VENUE MEDICAL SERVICES

Medical facilities will be provided at competition, training and other official venues. Athlete and spectator services will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical personnel. Ambulances, staffed per Brazilian legislation by nurses and doctors, will be stationed at all official Rio 2016 competition and training venues, the Village Polyclinic and the main Olympic Family Hotel.

Competition and training venues

At least one dedicated athlete medical post will be present at all official Rio 2016 competition and training venues. Each medical post, staffed by physicians and therapists (physiotherapists and/or sports massage therapists), will provide services such as first aid and emergency care to athletes, team officials and technical officials. Athlete medical posts will be equipped with essential first aid and emergency equipment.

Field-of-play response

Field of Play (FOP) response teams will provide first aid and emergency services to athletes and officials on the Field of Play, should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical post, Polyclinic or designated hospital, as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective IF.

Spectator medical services

All official Rio 2016 competition venues will have one or more spectator medical post that will provide first aid and emergency services to all other client groups, including spectators, workforce, media, sponsors and Olympic Family. There will also be mobile medical responders circulating throughout the venue to respond to any medical situation that occurs.

OLYMPIC FAMILY HOSPITALS

Athletes and team officials who require services beyond the capability of the Polyclinic will be transported to Vitória Hospital - Americas Medical City located in the Barra venue zone, near the Village and Barra Olympic Park. Any patient suffering from a life-threatening condition that may occur at another competition or training venue located in any of the other venue zones (Copacabana, Deodoro or Maracanã) will be taken to the nearest pre-selected hospital.

Doping control

Rio 2016 is committed to delivering a world-class anti-doping programme during the Olympic Games. In partnership with the IOC, Rio 2016's anti-doping programme will ensure that the integrity of sport is upheld, while protecting the rights and health of the athletes.

The programme will conduct testing anytime and anywhere, without prior notice, from 24 July until 21 August 2016 and will follow collection procedures consistent with IOC Anti-Doping Rules, which will be published in the third quarter of 2015, and the World Anti-Doping Code. There will be 38 Doping Control Stations in competition and non-competition venues, and sample analysis will be conducted at the WADA-accredited laboratory in Rio de Janeiro.

Rio 2016 encourages NOCs to take proactive and comprehensive measures to ensure athletes, support personnel and medical staff are informed of, for example, the anti-doping rules and procedures that will be in place during the Games, the latest 2016 prohibited list (published on 1 January 2016) and the importance of drug-free sport.

Sport information

SPORT INFORMATION DESKS

The Sport Information Centre (SIC) will be located in the Residential Zone of the Olympic Village and will provide key sport-specific information to teams through Sport Information Desks (SIDs) dedicated to each Olympic sport. SIDs will also be available at every competition venue. A variety of services and information will be available at the SIC, including:

- general competition-related information and sport-related communications from the Rio 2016 Sport Competition team or International Federations
- distribution of results, draws and start lists, daily training schedules and other key competition information

- booking of Games-time training slots and allocation of training sessions at competition venues for selected sports
- transport information and scheduling of team sport buses
- Athlete Venue Meal (AVM) bookings

The SIC will already be open on 24 July 2016, the day the Olympic Village officially opens, and will be open every day throughout the Games. The hours of operation will be as follows:

DATES	HOURS OF OPERATION
24 July - 20 August 2016	7.00am - 10.00pm
21-24 August 2016	8.00am - 8.00pm

INFO⁺

Info⁺ is the official Games-time intranet for the Olympic Family. It will be available in all competition and non-competition venues from 24 July 2016 and will contain the following information in English and French:

INFO ⁺ CONTENT	DETAILS
Background	Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions
Biographies	Athlete biographies and team, coach, referee and judge profiles
Ceremonies	Details about ceremonies (Opening, Closing, medals), including timings and participants
Games news	Flash quotes, press conference highlights, sport previews, news articles, statistics-driven reports, media communication and IOC news
Medals	Medal standings by sport; overall medal standings; and medallists by day, sport and event
Records	World and Olympic records, including current records, record holders and new or equalled records
Results	Competition results viewable by sport, date and NOC. Includes entry lists, start lists and additional sport-specific reports
Schedules	Competition and non-competition schedules, including press conferences, IOC activities and Cultural Olympiad
Transport	Transport schedules and maps
Weather	Real-time weather conditions and forecasts

Info⁺ terminals will be available at NOC offices in the Olympic Village. NOCs with a delegation size of 25+ (Aa, Ac, Primary Ao) will receive additional desktop computer(s) with internet access and a myInfo⁺ account.

myInfo⁺ is the online version of Info⁺ and is available for anyone with an internet connection and login (username and password) from anywhere in the world. myInfo⁺ provides additional features not available on Info⁺, such as:

- user customisation (the ability for users to create their own schedules by selecting only those sports and events that interest them)
- news/event alerts via SMS/text message or email
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IOC and IFs
- downloadable results books
- ability to copy and paste information from results and news reports

Medals and diplomas

Medals and diplomas will be awarded in each event in accordance with the IOC Olympic Charter (Rule 56: Victory, Medal and Diploma Ceremonies) and the IOC Protocol Guide (Article 5.4).

FIRST PLACE

A gold (silver gilt) medal, a diploma and an Olympic medallist's pin

SECOND PLACE

A silver medal, a diploma and an Olympic medallist's pin

THIRD PLACE

A bronze medal, a diploma and an Olympic medallist's pin

FOURTH, FIFTH, SIXTH, SEVENTH AND EIGHTH PLACES

A diploma

Qualification and entries

Entries to the Olympic Games are the responsibility of the National Olympic Committees (NOCs), upon recommendations provided by their respective National Federations (NFs) and based on qualification systems defined by the International Federations (IFs) and approved by the IOC. Detailed sport-by-sport qualification systems are available and regularly updated on the IOC extranet for NOCs, NOCnet:

http://extranet.olympic.org/nocnet/en/games/og/rio2016/sports/Pages/qualification.aspx

DIRECTORY

Rio 2016 Organising Committee for the Olympic and Paralympic Games (Rio 2016)

Rio de Janeiro won the right to stage the Games of the XXXI Olympiad on 2 October 2009. The Rio 2016 Organising Committee for the Olympic and Paralympic Games (Rio 2016) is a private, not-for-profit sports association formed by the Brazilian Olympic Federations, Brazilian Olympic Committee (COB), and Brazilian Paralympic Committee (CPB). It was assigned this mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Brazilian law.

Rio 2016's key partners include the Olympic Public Authority (APO); the Olympic Public Council; the Ministry of Sport, EGP-Rio, the Municipal Olympic Company (EOM); the Brazilian Olympic Committee (COB); the Brazilian Paralympic Committee (CPB) and a variety of international and Brazilian commercial partners.

RIO 2016

Rua Ulysses Guimarães, 2016 Cidade Nova 20211-225 Rio de Janeiro - RJ Brazil tel: +55 21 2016 2016 URL: www.rio2016.com

President: Carlos Arthur Nuzman **Chief Executive Officer:** Sidney Levy

Chief Operations Officer: Leonardo Gryner **Executive Director of Sport and Paralympic Integration:** Agberto Guimarães

Sports Director: Rodrigo Garcia

Olympic & Paralympic Village and NOC/NPC Relations & Services Director: Mario Cilenti

NOC Relations & Services email: nocrelations@rio2016.com

Gymnastics Manager: Naomi Valenzo email: <u>naomi.valenzo@rio2016.com</u>

International Olympic Committee (IOC)

The International Olympic Committee was created on 23 June 1894. Less than two years later, on 6 April 1896, the first Olympic Games of the modern era opened in Athens, and the Olympic Movement has not stopped growing ever since. The Olympic Movement encompasses organisations, athletes and other persons who agree to be guided by the principles of the Olympic Charter. The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport practised without discrimination of any kind, in a spirit of friendship, solidarity and fair play.

INTERNATIONAL OLYMPIC COMMITTEE

Château de Vidy 1007 Lausanne Switzerland tel: +41 (0)21 621 6111 | fax: +41 (0)21 621 6216 URL: <u>www.olympic.org</u>

President:

Thomas Bach

Chairman of the Coordination Commission for the Games of the XXXI Olympiad: Nawal El Moutawakel Olympic Games Executive Director: Christophe Dubi

Sports Director: Kit McConnell

NOC Relations Director: Pere Miró

International Gymnastics Federation (FIG)

The International Gymnastics Federation (Fédération Internationale de Gymnastique in the original French) was founded in 1881 in Belgium, and is the oldest international sporting federation in the world. Originally known as the European Gymnastics Federation (Fédération Européenne de Gymnastique), FIG took its current name when non-European countries were first admitted into the organisation in 1921. The international governing body for Gymnastics, the federation aims to assist in the development of the sport at all levels. 142 national member associations are affiliated to FIG, with 50 million amateur gymnasts around the world and 13,300 licensed athletes competing at world level.

INTERNATIONAL GYMNASTICS FEDERATION

Avenue de la Gare 12 Case postale 630 1001 Lausanne Switzerland tel: +41 (0)21 321 5510 | fax: +41 (0)21 321 5519 email: <u>info@fig-gymnastics.org</u> URL : <u>www.fig-gymnastics.com</u>

President: Professor Bruno Grandi Secretary General: André F. Gueisbuhler

Confederação Brasileira de Ginástica (CBG)

Gymnastics was made official in Brazil in 1951, with the creation of the state federations of Rio de Janeiro, Rio Grande do Sul and São Paulo, affiliated to the former Brazilian Sports Confederation (Confederação Brasileira de Desportos, CBD). The sport is nowadays overseen by the Brazilian Gymnastics Confederation (Confederação Brasileira de Ginástica, CBG), founded in November 1978.

CONFEDERAÇÃO BRASILEIRA DE GINÁSTICA

Avenida Doutor Edésio Vieira de Melo, 419 Suíssa - 49052-240 Aracaju - SE Brazil +55 79 3211-1206 email: <u>contato@cbginastica.com.br</u> URL: <u>www.cbginastica.com.br</u>

President:

Maria Luciene Cacho Resende

Vice-President: Verônica de Castro Martins

Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92	VILY COMP	ETITION S	CHEDUI	.E - 1,92																
VENUE	DISCIPLINE	3 AUG WED -2	4 AUG THU -1	5 AUG FRI 0	6 AUG SAT 1	7 AUG SUN 2	8 AUG MON 3	9 AUG TUE 4	10 AUG WED 5	11 AUG THU 6	12 AUG FRI 7	13 AUG SAT 8	14 AUG SUN 9	15 AUG MON 10	16 AUG TUE 11	17 AUG WED 12	18 AUG THU 13	19 AUG FRI 14	20 AUG SAT 15	21 AUG SUN 16
BARRA DA TIJUCA	CA																			
MARIA LENK	Synchronised Swimming														-			-		
CENTRE	Diving					-	-	-	-				-		-		-		-	
OLYMPIC	Swimming				4	4	4	4	4	4	4	4								
STADIUM	Water Polo																	-	-	
CARIOCA ARENA 1	Basketball																		-	-
	opnſ				2	2	2	2	2	2	2									
CARIOCA ARENA 2	Wrestling												2	2	2	m	e	2	2	2
	Fencing				-	-	-	-	2	-	F	-	-							
LAKIULA AKENA 3	Taekwondo															2	2	2	2	
FUTURE ARENA	Handball																		-	-
OLYMPIC TENNIS CENTRE	Tennis										F	-	е	Spare day						
OLYMPIC GOLF COURSE	Golf												-	Spare day					-	Spare day
	Gymnastics - Artistic	Podium training	Podium training				-	-	-	-			4	m	m	Gala				
RIO OLYMPIC ARENA	Gymnastics - Rhythmic																		-	-
	Gymnastics - Trampoline										-	-								
RIO OLYMPIC VELODROME	Cycling - Track									-	2	2	-	-	e					
PONTAL	Cycling - Road time trial								2											
	Race Walk										-							2		
RIOCENTRO – PAVILION 2	Weightlifting				-	2	2	2	2		2	-	-	-	-					
RIOCENTRO – PAVILION 3	Table Tennis								-	-					-	-				
RIOCENTRO - PAVILION 4	Badminton															-	-	2	-	
RIOCENTRO - PAVILION 6	Boxing												-	-	-	-	-	-	m	4
Best suited for paper size: A3 (420x297mm) landscape format	iize: A3 (42 0x297n	nm) landscape	format								Competition Days	ion Days	Fin	Finals	Ceremonies	nies	S	Spare Day, Podium training, Gala	n training, Gala	

Olympic competition schedule by day (accurate as of the publishing of this guide on 29/07/2015)

Olympic competition schedule by day

Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92	AILY COMP	ETITION SCI	HEDUL	E - 1,92																
VENUE	DISCIPLINE	3AUG 4AI WED THI -2 -1	רט	5 AUG FRI 0	6 AUG SAT 1	7 AUG SUN 2	8 AUG MON 3	9 AUG TUE 4	10 AUG WED 5	11 AUG THU 6	12 AUG FRI 7	13 AUG SAT 8	14 AUG SUN 9	15 AUG MON 10	16 AUG TUE 11	17 AUG WED 12	18 AUG THU 13	19 AUG FRI 14	20 AUG SAT 15	21 AUG SUN 16
COPACABANA																				
BEACH VOLLEYBALL ARENA	Beach Volleyball															-	-			
	Marathon Swimming													-	-					
FORT COPACABANA	Cycling - Road				-	-														
	Triathlon																-		-	Spare day
	Rowing								2	4	4	4	Spare day							
LAGOA STADIUM	Canoe Sprint														4		4		4	Spare day
MARINA DA GLÓRIA	Sailing												2	2	2	2	2	Spare day		
DEODORO																				
DEODORO	Modern Pentathlon																	-	-	
STADIUM	Rugby						-			-										
	Basketball																			
YOUTH ARENA	Modern Pentathlon																			
DEODORO AQUATICS CENTRE	Modern Pentathlon																			
	Equestrian - Dressage										-			-						
OLYMPIC EQUESTRIAN CENTRE	Equestrian - Eventing							2												
	Equestrian - Jumping															F		F		
OLYMPIC	Shooting - Rifle & Pistol				2	-	-	-	-	-	-	-	-							
CENTRE	Shooting - Shotgun					-	-		-		-	-								
OLYMPIC BMX CENTRE	Cycling - BMX																	2		
MOUNTAIN BIKE CENTRE	Cycling - Mountain Bike																		-	F
WHITEWATER STADIUM	Canoe Slalom							-	-	2	Spare day									
OLYMPIC HOCKEY CENTRE	Hockey																-	-		

Ceremonies

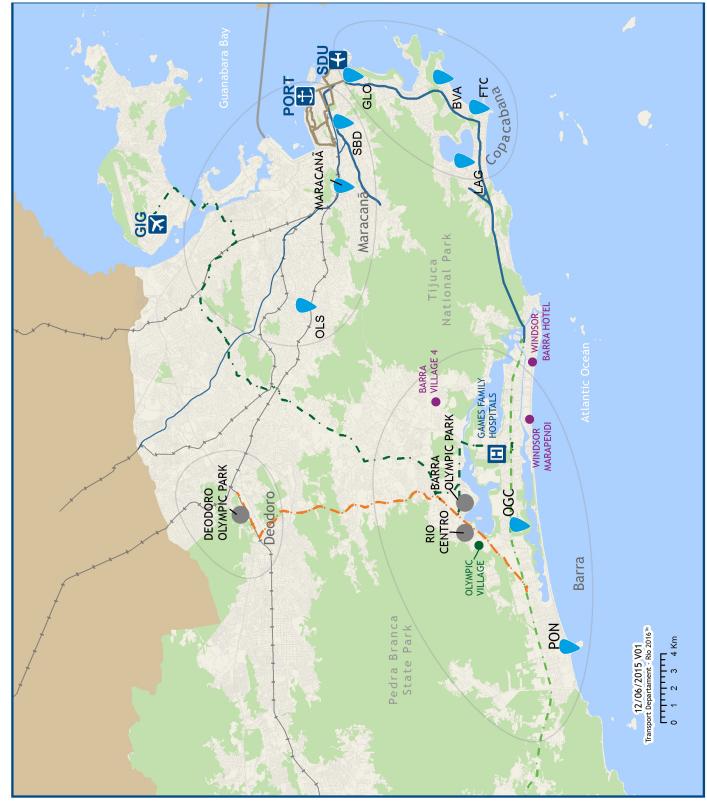
Olympic competition schedule by day

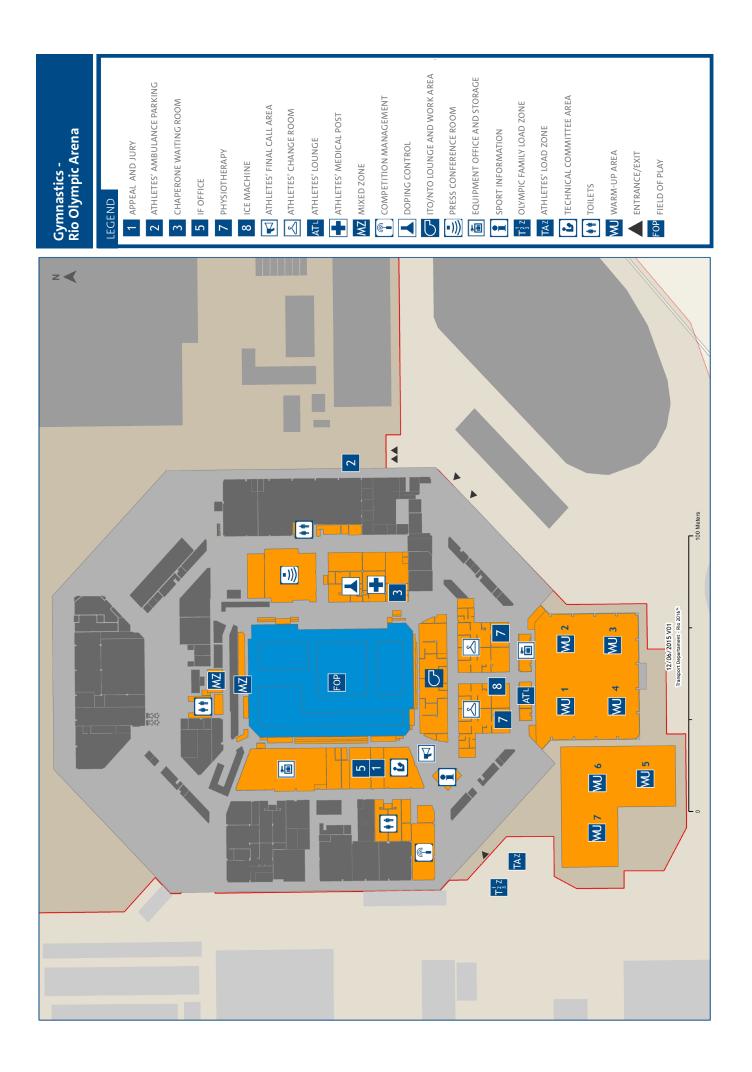
Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92	AILY COMPE	TITION S	SCHEDUI	LE - 1,92																
VENUE	DISCIPLINE	3 AUG WED -2	4 AUG THU -1	5 AUG FRI 0	6 AUG SAT 1	7 AUG SUN 2	8 AUG MON 3	9 AUG TUE 4	10 AUG WED 5	11 AUG THU 6	12 AUG FRI 7	13 AUG SAT 8	14 AUG SUN 9	15 AUG MON 10	16 AUG TUE 11	17 AUG WED 12	18 AUG THU 13	19 AUG FRI 14	20 AUG SAT 15	21 AUG SUN 16
MARACANÃ																				
OLYMPIC	Athletics										2	2	œ	5	S	4	9	2	7	
STADIUM	Football																			
2	Ceremonies																			
MARACANĂ	Football																	-	-	
MARACANĂZINHO	Volleyball																		-	÷
	Archery				F	-				-	F									
SAMBODROMO	Athletics - marathon												F							F
FOOTBALL CITIES	IES																			
MANÉ GARRINCHA STADIUM	Football																			
AMAZÔNIA ARENA	Football																			
FONTE NOVA ARENA	Football																			
ITAQUERA ARENA	Football																			
MINEIRÃO	Football																			

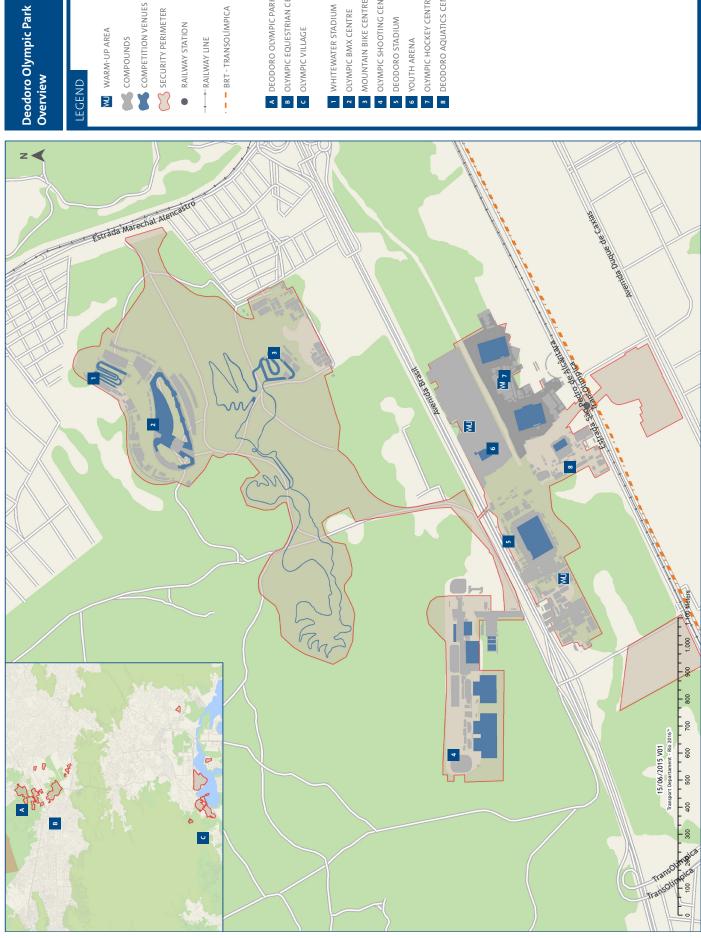
Ceremonies

MAPS







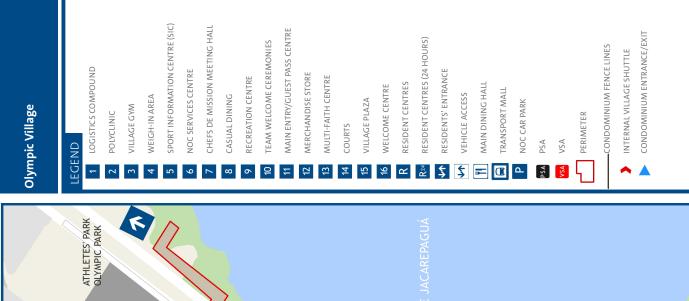


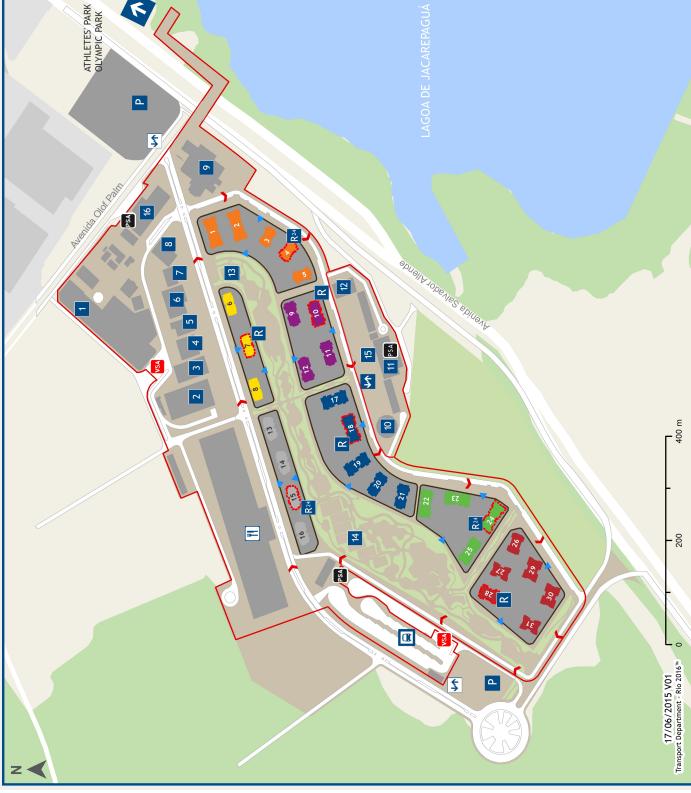
COMPETITION VENUES SECURITY PERIMETER WU WARM-UP AREA LEGEND

BRT - TRANSOLÍMPICA

- A DEODORO OLYMPIC PARK
 B OLYMPIC EQUESTRIAN CENTRE
 C OLYMPIC VILLAGE
 - WHITEWATER STADIUM
 OLYMPIC BMX CENTRE
 OLVMPIC BMX CENTRE
 MOUNTAIN BIKE CENTRE
 OLVMPIC SHOOTING CENTRE
 DEODORO STADIUM
 YOUTH ARENA
 OLYMPIC HOCKEY CENTRE
 BEODORO AQUATICS CENTRE DEODORO AQUATICS CENTRE OLYMPIC SHOOTING CENTRE







07.2015

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Rio 2016 Organising Committee for the Olympic and Paralympic Games

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