



Aquece Rio Final Gymnastics Qualifier

Version 1 | (April / Abril - 2016)

Dear friends in gymnastics,



As Executive Director of the Rio 2016 Organising Committee for the Olympic and Paralympic Games, it is my pleasure to invite you to join us on our test event journey.

Test events are a vital part of an organising committee's preparations, allowing us to ensure our readiness and fine-tune the venues that will host the competitions in 2016. We also recognise that these events are very important in their own right, and our aim is to deliver technically excellent competitions.

An important commitment made by Rio 2016 is to help grow the Olympic Movement in South America, and these events will provide a fantastic stage to engage the local population in Olympic sport. It will be a great opportunity to familiarise many more people with Artistic Gymnastics, Rhythmic Gymnastics and Trampoline Gymnastics and to motivate some to take it up themselves.

The transformative power of sport is a central theme of the Rio 2016 project, with a particular emphasis on inspiring young people. With this in mind, we expect that the test event programme will provide unforgettable experiences for thousands, and will be a crucial stepping stone for some on their path to Olympic glory.

On behalf of Rio 2016, I would like to thank all the federations for the spirit of partnership they have displayed, for the confidence they have placed in us, and their help in promoting these events.

Agberto Guimarães

Executive Director of Sport and Paralympic Integration

Rio 2016 Organising Committee for the Olympic and Paralympic Games

Contents

1 General Information	3
1.1 Event information	3
1.2 Weather	4
2 Accreditation	5
2.1 Procedure for obtaining accreditation	5
2.2 Participation confirmation	6
3 General Program of Activities	6
3.1 MAG Training and Competition Schedule	6
3.2 WAG Training and Competition Schedule	8
3.3 GT Training and Competition Schedule	11
3.4 GR Training and Competition Schedule	12
4 Logistics	13
4.1 Accommodation	13
4.2 Official hotel	14
4.3 Catering	14
5 Venue	15
6 Rules and Regulations	16
6.1 Medical Control	16
6.2 Clothing and Advertising Regulations	16
6.3 Substitution, Disqualification and Withdrawal	16
6.4 Doping Control	16
7 Website	17
8 Useful Information	17
8.1 About Rio	17
09 Getting Around Rio	19
10 Contact	23
Appendix	24

1 | General Information

1.1 EVENT INFORMATION

Name of the Event	Aquece Rio Final Gymnastics Qualifier
Sport Events	Artistic Gymnastics
Venue	Rio Olympic Arena
Location	Av. Embaixador Abelardo Bueno, 3401 - Barra da Tijuca, Rio de Janeiro - RJ, 22775-040
Competition Dates	16-18 April 2016
Official Training Dates	Podium Training: 14-15 April 2016
Entry Fees	There are no entry fees
Ticketed Event	Yes

Name of the Event	Aquece Rio Final Gymnastics Qualifier
Sport Events	Trampoline Gymnastics
Venue	Rio Olympic Arena
Location	Av. Embaixador Abelardo Bueno, 3401 - Barra da Tijuca, Rio de Janeiro - RJ, 22775-040
Competition Dates	19 April 2016
Official Training Dates	Podium Training: 18-19 April 2016
Entry Fees	There are no entry fees
Ticketed Event	Yes

Name of the Event	Aquece Rio Final Gymnastics Qualifier
Sport Events	Rhythmic Gymnastics
Venue	Rio Olympic Arena
Location	Av. Embaixador Abelardo Bueno, 3401 - Barra da Tijuca, Rio de Janeiro - RJ, 22775-040
Competition Dates	21-22 April 2016
Official Training Dates	Podium Training: 20 April 2016
Entry Fees	There are no entry fees
Ticketed Event	Yes

Weather:

Temperature average: 30° C

Low Temperature: 28° C

High Temperature: 34° C

Sunshine: 10 Hours daily

Rainfall days: 1-2 days

2 | Accreditation

2.1. Procedure for obtaining accreditation

All delegations will be conducted directly from the airport to the hotel. In the days listed below transportation will be available from 13:00 pm from Windsor Hotel to the Rio Olympic Arena (ROA), to do the Accreditation process. A maximum of two delegates per federation will be accepted.

Date	Discipline	Time	Location
13 April	GA	14:00-19:30 pm	Multi purpose Room
17 April	GT	15:00-19:30 pm	Multi purpose Room
19 April	GR	15:00-19:30 pm	Multi purpose Room

Delegates shall bring:

- Passport (original and copy) of all members of the delegation;
- Music CDs (for WAG and GR);
- Proof of Insurance of all delegation members
- Image Rights forms duly signed
- Minor Permission forms duly signed
- Competition forms for GT and GR*

*GR Delegations are requested to use the FIG official Difficulty forms

To make the Accreditation process more efficient, a card will be delivered to the delegates to be presented at the following stations. Only when the process is carried out completely the Accreditations will be delivered.

Accreditation process:

1. PASSPORT	Check the original passport and their respective copy.
2. NAME CONFIRMATION	The results team will corroborate the list of participants as well as the short name of the athlete.
3. MUSIC	Submit the music CDs for WAG and GR (one CD per music). The CDs must be labeled as follows: Nation_discipline_apparatus_LAST NAME_Given name
4. INSURANCE	Submit proof of medical coverage.
5. PERMISSION FOR MINORS	All those gymnasts under 18 must submit the original permit for minors duly signed by parent or guardian.
6. IMAGE RIGHT	Delivery of the original forms of Image Right duly signed by all members of the delegation.
7. COMPETITION FORMS	Submission of Competition forms when applicable.
9. DELIVERY OF THE ACCREDITATION	Delivery of the accreditation of each member of the delegation.

Note: The BIB numbers will be delivered at the end of the Orientation Meeting.

2.2. Participation confirmation

The participating teams and gymnasts can be consulted in the FIG website:

<http://fig-gymnastics.com/site/site/miniSiteNews?id=14829>

3 | General Program of Activities

3.1 MAG TRAINING AND COMPETITION SCHEDULE

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
Tuesday 12/April			
All day	Official arrival of MAG Technical Delegate and MAG TC		GIG Airport
Wednesday 13/April			
All day	Arrival of MAG ITO & NTO		
10:00-17:00	MAG TC Meeting	FIG MAG TC	MAG Technical Committee Room
14:00-19:30	GA Accreditation	Up to 2 delegates per Federation	Multi-Purpose Room
20:30-21:30	GA Orientation Meeting	FIG, LOC, up to 2 delegates per Federation	Press Conference Room
Thursday 14/April			
7:00-8:30	MAG Training	Subdivision 2	Carioca 1 MAG
8:35-10:20	MAG Training	Subdivision 1	Warm up Hall 1 MAG
8:30-10:20	MAG ITO/NTO Briefing & Draw for CI	MAG ITO & NTO	Multi-Purpose Room
10:30-13:00	MAG Podium Training	Subdivision 1	ROA - FOP
11:00-12:30	MAG Training	Subdivision 3	Carioca 1 MAG
12:35-14:20	MAG Subdivision 2	Subdivision 2	Warm up Hall 1 MAG
14:30-17:00	MAG Podium Training	Subdivision 2	ROA - FOP
16:35-18:20	MAG Training	Subdivision 3	Warm up Hall 1 MAG
17:15-18:45	MAG Training	Subdivision 1	Carioca 1 MAG
18:30-21:00	MAG Podium Training	Subdivision 3	ROA - FOP
Friday 15/April			
08:00-09:30	MAG Training	Subdivision 2	Warm up Hall 1 MAG
09:30-12:00	MAG Training	Subdivision 1	Carioca 1 MAG
10:50-12:20	MAG Training	Subdivision 3	Warm up Hall 1 MAG
14:00-16:30	MAG Training	Subdivision 2	Carioca 1 MAG

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
16:30-18:00	MAG Training	Subdivision 1	Warm up Hall 1 MAG
16:50-19:20	MAG Training	Subdivision 3	Carioca 1 MAG
Saturday 16/April			
07:00-08:30	MAG Training	Subdivision 2	Carioca 1 MAG
8:35-10:20	MAG Training	Subdivision 1	Warm up Hall 1 MAG
9:15-10:00	MAG ITO & NTO Meeting	MAG ITO & NTO	Multi-Purpose Room
10:30-13:00	MAG Competition I	Subdivision 1	ROA - FOP
14:30-17:00	MAG Competition I	Subdivision 2	ROA - FOP
11:00-12:30	MAG Training	Subdivision 3	Carioca 1 MAG
12:35-14:20	MAG Training	Subdivision 2	Warm up Hall 1 MAG
18:30-21:00	MAG Competition I	Subdivision 3	ROA - FOP
16:35-18:20	MAG Training	Subdivision 3	Warm up Hall 1 MAG
17:15-18:45	MAG Training	Subdivision 1	Carioca 1 MAG
21:00-21:15	MAG Teams Award Ceremony	MAG Teams	ROA - FOP
Sunday 17/April			
09:00-11:00	Open training for MAG Finalists	MAG Finalists	Carioca 1 MAG
10:00-18:00	MAG TC Meeting	FIG MAG TC	MAG Technical Committee Room
13:30-16:00	Open training for MAG Non-finalists	MAG Non-finalists	Carioca 1 MAG
16:30-18:30	Open training for MAG Finalists	MAG Finalists	Carioca 1 MAG
Monday 18/April			
08:00-10:00	GA Open training for all Finalists	GA Finalists	Warm Up Hall 2 (MAG & WAG)
10:00-11:45	GA Open training for Non-finalists	GA Non-finalists	Warm Up Hall 2 (MAG & WAG)
11:15-12:15	MAG ITO & NTO Meeting and Draw for CIII	MAG ITO & NTO	Multi-Purpose Room
11:45-15:30	GA CIII Open training MAG-FX, PH WAG VT, UB	Finalists MAG-FX, PH WAG VT, UB	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
12:20-12:50	GA CIII Warm up MAG FX, PH WAG VT, UB	Finalists MAG-FX, PH WAG VT, UB	ROA - FOP
13:10-13:40	MAG Floor Final (CIII)	MAG Floor Finalists	ROA - FOP
13:40-14:10	WAG Vault Final (CIII)	WAG Vault Finalists	ROA - FOP
14:10-14:25	Award Ceremonies	MAG Floor and WAG Vault medalists	ROA - FOP
14:25-14:55	Pommel Horse Final (CIII)	Pommel Horse Finalists	ROA - FOP
14:55-15:25	Uneven Bars Final (CIII)	Uneven Bars Finalists	ROA - FOP
15:25-15:40	Award Ceremonies	Pommel Horse and Uneven Bars medalists	ROA - FOP

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
15:30-19:10	GA CIII Open training MAG SR, VT WAG BB	Finalists MAG SR, VT WAG BB	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
16:00-16:20	GA CIII Warm up MAG VT & WAG BB	Finalists MAG VT & WAG BB	ROA - FOP
16:35-16:50	GA CIII Warm up MAG SR	Finalists MAG SR	ROA - FOP
17:10-17:40	Rings Final (CIII)	Rings finalists	ROA - FOP
17:40-17:50	Award Ceremony	Rings medalists	ROA - FOP
18:00-18:30	MAG Vault Final (CIII)	MAG Vault finalists	ROA - FOP
18:30-18:40	Award Ceremony	MAG Vault medalists	ROA - FOP
18:40-19:10	Balance Beam Final (CIII)	Balance Beam finalists	ROA - FOP
19:10-19:20	Award Ceremony	Balance Beam medalists	ROA - FOP
19:10-22:00	GA CIII Open Training MAG PB, HB & WAG FX	Finalists MAG PB, HB & WAG FX	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
19:40-20:10	CIII Warm up MAG PB, HB WAG FX	Finalists MAG PB, HB WAG FX	ROA - FOP
20:30-21:00	Parallel Bars Final (CIII)	Parallel Bars finalists	ROA - FOP
21:00-21:30	WAG Floor Final (CIII)	WAG Floor finalists	ROA - FOP
21:30-22:00	Horizontal Bar Final (CIII)	Horizontal Bar finalists	ROA - FOP
22:00-22:20	Award Ceremonies	Parallel Bars, WAG Floor and Horizontal Bar medalists	ROA - FOP
Tuesday 19/April			
All day	Official departure of GA Delegations, GA Technical Delegates and GA ITO/NTO	Delegations, GA TD, GA TC, GA ITO/NTO	

* Find the complete MAG training and competition schedule in Appendix 2.

3.2 WAG TRAINING AND COMPETITION SCHEDULE

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
Wednesday 13/April			
All day	Official arrival of WAG Technical Delegate and WAG TC		GIG Airport
14:00-19:30	GA Accreditation	Up to 2 delegates per Federation	Multi-Purpose Room
20:30-21:30	GA Orientation Meeting	FIG, LOC, up to 2 delegates per Federation	Press Conference Room
Thursday 14/April			
All day	Official arrival of WAG ITO & NTO		
09:00-11:30	WAG Training	Subdivision 1	Carioca 1 WAG
09:00-10:40	WAG Training	Subdivision 3	Warm up Hall 2 WAG
10:00-14:00	WAG TC Meeting	FIG WAG TC	WAG Technical Committee Room
11:00-12:40	WAG Training	Subdivision 4	Warm up Hall 2 WAG
11:45-14:15	WAG Training	Subdivision 2	Carioca 1 WAG
15:30-18:00	WAG Training	Subdivision 3	Carioca 1 WAG
16:20-18:00	WAG Training	Subdivision 1	Warm up Hall 2 WAG
18:15-20:45	WAG Training	Subdivision 4	Carioca 1 WAG
18:15-19:55	WAG Training	Subdivision 2	Warm up Hall 2 WAG
Friday 15/April			
07:40-09:20	WAG Training	Subdivision 1	Warm up Hall 2 WAG
08:00-09:40	WAG Training	Subdivision 3	Carioca 1 WAG
08:30-09:20	WAG ITO/NTO Briefing & Draw for CI	WAG ITO & NTO	Multi-Purpose Room
10:00-11:40	WAG Training	Subdivision 4	Carioca 1 WAG
09:30-11:30	WAG Podium Training	Subdivision 1	ROA - FOP
11:10-12:50	WAG Training	Subdivision 2	Warm up Hall 2 WAG
13:00-15:00	WAG Podium Training	Subdivision 2	ROA - FOP
14:40-16:20	WAG Training	Subdivision 3	Warm up Hall 2 WAG
15:30-17:10	WAG Training	Subdivision 1	Carioca 1 WAG
16:30-18:30	WAG Podium Training	Subdivision 3	ROA - FOP
18:10-19:50	WAG Training	Subdivision 4	Warm up Hall 2 WAG
19:00-20:40	WAG Training	Subdivision 2	Carioca 1 WAG
20:00-22:00	WAG Podium Training	Subdivision 4	ROA - FOP
Saturday 16/April			
09:00-10:40	WAG Training	Subdivision 3	Warm up Hall 2 WAG
09:00-11:30	WAG Training	Subdivision 1	Carioca 1 WAG
11:00-15:00	WAG TC Meeting	FIG WAG TC	WAG Technical

			Committee Room
11:00-12:40	WAG Training	Subdivision 4	Warm up Hall 2 WAG
11:45-14:15	WAG Training	Subdivision 2	Carioca 1 WAG
15:30-18:00	WAG Training	Subdivision 3	Carioca 1 WAG
16:20-18:00	WAG Training	Subdivision 1	Warm up Hall 2 WAG
18:15-20:45	WAG Training	Subdivision 4	Carioca 1 WAG
18:15-19:55	WAG Training	Subdivision 2	Warm up Hall 2 WAG
Sunday 17/April			
07:40-9:20	WAG Training	Subdivision 1	Warm up Hall 2 WAG
08:00-9:40	WAG Training	Subdivision 3	Carioca 1 WAG
08:45-09:15	WAG ITO & NTO Meeting	WAG ITO & NTO	Multi-Purpose Room
09:30-11:30	WAG Competition I	Subdivision 1	ROA - FOP
10:00-11:40	WAG Training	Subdivision 4	Carioca 1 WAG
11:10-12:50	WAG Training	Subdivision 2	Warm up Hall 2 WAG
13:00-15:00	WAG Competition I	Subdivision 2	ROA - FOP
14:40-16:20	WAG Training	Subdivision 3	Warm up Hall 2 WAG
15:30-17:10	WAG Training	Subdivision 1	Carioca 1 WAG
16:30-18:30	WAG Competition I	Subdivision 3	ROA - FOP
18:10-19:50	WAG Training	Subdivision 4	Warm up Hall 2 WAG
19:00-20:40	WAG Training	Subdivision 2	Carioca 1 WAG
20:00-22:00	WAG Competition I	Subdivision 4	ROA - FOP
22:00-22:15	WAG Teams Award Ceremony	WAG Teams	ROA - FOP
Monday 18/April			
08:00-10:00	GA Open training for all Finalists	GA Finalists	Warm Up Hall 2 (MAG & WAG)
10:00-11:45	GA Open training for Non-finalists	GA Non-finalists	Warm Up Hall 2 (MAG & WAG)
12:15-12:45	WAG ITO & NTO Meeting and Draw for CIII	WAG ITO & NTO	Multi-Purpose Room
11:45-15:30	GA CIII Open training MAG-FX, PH WAG VT, UB	Finalists MAG-FX, PH WAG VT, UB	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
12:20-12:50	GA CIII Warm up MAG FX, PH WAG VT, UB	Finalists MAG-FX, PH WAG VT, UB	ROA - FOP
13:10-13:40	MAG Floor Final (CIII)	MAG Floor Finalists	ROA - FOP
13:40-14:10	WAG Vault Final (CIII)	WAG Vault Finalists	ROA - FOP
14:10-14:25	Award Ceremonies	MAG Floor and WAG Vault medalists	ROA - FOP
14:25-14:55	Pommel Horse Final (CIII)	Pommel Horse Finalists	ROA - FOP
14:55-15:25	Uneven Bars Final (CIII)	Uneven Bars Finalists	ROA - FOP
15:25-15:40	Award Ceremonies	Pommel Horse and Uneven Bars medalists	ROA - FOP

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
15:30-19:10	GA CIII Open training MAG SR, VT WAG BB	Finalists MAG SR, VT WAG BB	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
16:00-16:20	GA CIII Warm up MAG VT & WAG BB	Finalists MAG VT & WAG BB	ROA - FOP
16:35-16:50	GA CIII Warm up MAG SR	Finalists MAG SR	ROA - FOP
17:10-17:40	Rings Final (CIII)	Rings finalists	ROA - FOP
17:40-17:50	Award Ceremony	Rings medalists	ROA - FOP
18:00-18:30	MAG Vault Final (CIII)	MAG Vault finalists	ROA - FOP
18:30-18:40	Award Ceremony	MAG Vault medalists	ROA - FOP
18:40-19:10	Balance Beam Final (CIII)	Balance Beam finalists	ROA - FOP
19:10-19:20	Award Ceremony	Balance Beam medalists	ROA - FOP
19:10-22:00	GA CIII Open Training MAG PB, HB & WAG FX	Finalists MAG PB, HB & WAG FX	Warm Up Hall 2 Warm Up Hall 2 (MAG & WAG)
19:40-20:10	GA CIII Warm up MAG PB, HB WAG FX	Finalists MAG PB, HB WAG FX	ROA - FOP
20:30-21:00	Parallel Bars Final (CIII)	Parallel Bars finalists	ROA - FOP
21:00-21:30	WAG Floor Final (CIII)	WAG Floor finalists	ROA - FOP
21:30-22:00	Horizontal Bar Final (CIII)	Horizontal Bar finalists	ROA - FOP
22:00-22:20	Award Ceremonies	Parallel Bars, WAG Floor and Horizontal Bar medalists	ROA - FOP
Tuesday 19/April			
All day	Official departure of GA Delegations, GA Technical Delegates and GA ITO/NTO	Delegations, GA TD, GA TC, GA ITO/NTO	

* Find the complete WAG training and competition schedule in Appendix 3.

3.3 GT TRAINING AND COMPETITION SCHEDULE

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
Saturday 16/April			
All day	Official arrival of GT Technical Delegate and GT TC		GIG Airport
Sunday 17/April			
All day	Arrival of GT ITO & NTO		
10:00-20:00	FIG GT TC Meeting	FIG GT TC	GT Technical Committee Room
15:00-19:30	GT Accreditation	Up to 2 Delegates per Federation	Multi-Purpose Room
20:30-21:30	GT Orientation Meeting	FIG, LOC, up to 2 delegates per Federation	Multi-Purpose Room
Monday 18/April			
07:20-08:00	GT Training	Group 1	Warm up Hall 1
08:00-08:40	GT Training	Group 2	Warm up Hall 1
08:00-08:40	GT Podium Training	Group 1	ROA - FOP
08:40-09:20	GT Training	Group 3	Warm up Hall 1
08:40-09:20	GT Podium Training	Group 2	ROA - FOP
09:20-10:00	GT Training	Group 4	Warm up Hall 1
09:20-10:00	GT Podium Training	Group 3	ROA - FOP
10:00-10:40	GT Open Training	All gymnasts	Warm up Hall 1
10:00-10:40	GT Podium Training	Group 4	ROA - FOP
10:00-11:00	FIG GT TC Meeting	FIG GT TC	GT Technical Committee Room
11:00-13:00	GT ITO Instruction and Draw	GT ITO	Jury of Appeal Room (TBC)
14:00-16:00	GT Training	Group 1 & Group 2	Warm up Hall 1
16:00-18:00	GT Training	Group 3 & Group 4	Warm up Hall 1
18:00-19:30	GT Open Training	All gymnasts	Warm up Hall 1
Tuesday 19/April			
08:00-09:00	GT Warm Up	Women	Warm up Hall 1
09:00-11:00	GT Podium Training	Women	ROA - FOP
10:00-11:00	GT Warm Up	Men	Warm up Hall 1
11:00-13:00	GT Podium Training	Men	ROA - FOP
12:00-13:30	GT ITO Briefing and OMEGA instruction	GT ITO	Multi-Purpose Room
13:40-15:15	GT Warm Up	Women	Warm up Hall 1
14:00-16:35	GT Women's Qualification and Final	Women	ROA - FOP
16:35-16:45	Award Ceremony	Women medalists	ROA - FOP
16:40-18:15	GT Warm Up	Men	Warm up Hall 1

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
17:00-19:35	GT Men's Qualification and Final	Men	ROA - FOP
19:35-19:45	Award Ceremony	Men medalists	ROA - FOP
19:30-21:00	GT TC Meeting	FIG GT TC	GT Technical Committee Room
Wednesday 20/April			
All day	Official departure of GT Delegations, GT Technical Delegates and GT ITO/NTO	Delegations, GT TD, GT TC, GT ITO/NTO	

* Find the detailed GT training and competition schedule in Appendix 4.

3.4 GR TRAINING AND COMPETITION SCHEDULE

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
Monday 18/April			
All day	Official arrival of GR Technical Delegate and GR TC		GIG Airport
Tuesday 19/April			
All day	Official arrival of GR ITO & NTO		
09:00-19:00	GR TC Meeting	FIG GR TC	GR Technical Committee Room
15:00-19:30	GR Accreditation	Up to 2 delegates per Federation	Multi-Purpose Room
20:30-21:30	GR Orientation Meeting	FIG, LOC, up to 2 delegates per Federation	Press Conference Room
Wednesday 20/April			
08:30-14:22	GR Individuals Training	Individuals	Training Halls 2-7
10:15-14:37	GR Individuals Training	Individuals	Warm Up Final
10:30-15:18	GR Individual Podium Training	Individuals	ROA - FOP
14:00-17:40	GR Groups Training	Groups	Training Halls 2-7
15:45-17:55	GR Groups Training	Groups	Warm Up Final
16:00-18:20	GR Group Podium Training	Groups	ROA - FOP
08:00-11:10	GR ITO & NTO Briefing	GR ITO & NTO	Multi-purpose Room
11:15-12:00	GR ITO & NTO Instruction by OMEGA	GR ITO & NTO	Multi-Purpose Room and FOP
Thursday 21/April			
07:35-11:45	GR Groups Training	Groups	Training Halls 2-7
11:00-18:55	GR Individual Training	Individuals	Training Halls 2-7
11:30-12:30	GR ITO & NTO Meeting	GR ITO & NTO	Multi-Purpose Room
12:45-15:30	GR Individuals Warm up Final (Ball, Hoop)	Individuals	Warm Up Final
13:00-15:38	GR Individuals Qualification (Ball, Hoop)	Individuals	ROA - FOP
16:15-19:00	GR Individuals Warm up Final (Clubs, Ribbon)	Individuals	Warm Up Final
16:30-19:08	GR Individuals Qualification (Clubs, Ribbon)	Individuals	ROA - FOP
20:00-21:00	GR TC Meeting	FIG GR TC	GR Technical Committee Room

DATE/ Hour	ACTIVITIES	PARTICIPANTS	PLACE
Friday 22/April			
09:00-12:00	GR Group Training	Groups	Training Halls 2-7
09:30-10:30	GR ITO & NTO Meeting	GR ITO & NTO	Multi-Purpose Room
10:45-11:25	GR Group Warm Up Final (5 Ribbons)	Groups	Warm Up Final
11:00-11:35	GR Group Qualification (5 Ribbons)	Groups	ROA - FOP
11:35-12:15	GR Group Warm Up Final (3 Clubs & 2 Hoops)	Groups	Warm Up Final
11:50-12:25	GR Group Qualification (3 Clubs & 2 Hoops)	Groups	ROA - FOP
12:35-12:45	GR Group Award Ceremony	GR Group Medalists	ROA - FOP
13:40-17:46	GR Individuals Training	Individuals	Training Halls 2-7
14:30-15:30	GR ITO & NTO Meeting	GR ITO & NTO	Multi-Purpose Room
15:45-18:01	GR Individuals Warm Up Final	Individuals	Warm Up Final
16:00-18:10	GR Final Individual All Around (CII)	Individual All Around Finalists	ROA - FOP
18:15-18:25	GR Individual All Around Award Ceremony	Individual All Around medalists	ROA - FOP
19:00-20:00	GR TC Meeting	FIG GR TC	GR Technical Committee Room
Saturday 23/April			
All day	Official departure of GR Delegations, GR Technical Delegates and GR ITO/NTO	Delegations, GR TD, GR TC, GR ITO/NTO	

* Find the detailed GR training and competition schedule in Appendix 5.

4 | Logistics

4.1 ACCOMMODATION

The Official Hotels for the “Aquece Rio Final Gymnastics Qualifier” are:

**Official Hotel for
FIG Authorities
FIG ITO - All Judges**

Blue Tree Premium ****
Av. Lucio Costa,
17.360 Recreio - RJ

**Official Hotel for
GA, GT and GR Delegations (*all delegation' members except judges*)**

Windsor Oceânico Hotel ****
Rua Martinho de Mesquita 129
Barra da Tijuca - RJ

**Official Hotel for GA, GT and GR NTOs
IBIS Hotel**

Av. Embaixador Abelardo Bueno, 1511 - Barra da Tijuca - RJ

4.2. CATERING

Arrangements (six food concessions with snacks, sandwiches, beverages, etc) will be organized at the venue for the spectators and teams to purchase lunch. Refreshment Station (water and fruit) for athletes will be offered free of charge by Rio 2016.

4.3. TRANSPORT

The official Rio 2016 Test Events will provide transportation from/to Rio de Janeiro Airport (GIG) and the Official Hotels. The transportation to/from the Hotel to the Competition or Training Venue will be with a shuttle service.

Airport Transfer includes a Meet and Greet service with English-speaking coordinators at the International Airport Arrivals to personally welcome the Delegations with a specific name board and escort them to the hotel transfer.

Hotel-Venue-Hotel Shuttle includes English-speaking coordinators at the official hotel and venue to assist with boarding, advise on timings and manage the drivers.

SERVICE	ROUTE	VEHICLE
Transfer	Airport (GIG)/Official hotels/Airport (GIG)	The different time tables are detailed in the Appendix 7 and 8
Shuttle	Official hotels / Venue / Official hotels	

5. Venue

Competition &
Warm Up Venue

Rio Olympic Arena (currently known as ROA)
Avenida Embaixador Abelardo Bueno, 3401
Barra da Tijuca, Rio de Janeiro - RJ, 22775-040

The Warm Up hall is located at the ROA



Training
Venue for all disciplines

Avenida Embaixador Abelardo Bueno, 3401
Barra da Tijuca, Rio de Janeiro - RJ, 22775-040

Additional Training
Venue only for GA

Carioca Arena 1
Olympic Park - Avenida Embaixador Abelardo Bueno
Barra da Tijuca, Rio de Janeiro



Accreditation Centre

Rio Olympic Arena (ROA) at Multi-Purpose Room (GA & GR) and Jury of Appeal Room (GT)
Avenida Embaixador Abelardo Bueno, 3401
Barra da Tijuca, Rio de Janeiro - RJ, 22775-040

6. Rules and Regulations

6.1 MEDICAL CONTROL

Rio 2016 will provide a medical service (first aid and ambulance at competition site and at all training Venues).

The Official hospital will be:

Americas Medical City - **Hospital Samaritano Barra**

Av. Jorge Curi, 550 - Barra da Tijuca - RJ

Americas Medical City - **Hospital Vitoria**

Av. Jorge Curi, 550 - Barra da Tijuca - RJ

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all athletes holding a valid FIG License as well as for all judges with an International FIG Judges Brevet valid at the time of this Test Event.

6.2. CLOTHING AND ADVERTISING REGULATIONS

For the Awards Ceremony the gymnasts shall wear the competition uniform and respect the FIG Advertising Rules.

6.3. SUBSTITUTION, DISQUALIFICATION AND WITHDRAWAL

Any change of the participants names must be communicated to FIG, which after approval will send the updated list to the local organizing committee (Sport Information Desk SID and Sport Manager SM).

All modifications will be in accordance with FIG Technical Regulations.

6.4. DOPING CONTROL

Doping control tests will be conducted during the event following the specific rules established by the World Anti-Doping Agency (WADA).

7. Website

The Aquece Rio Gymnastics Qualifier official website is

<http://www.aquecerio.com/en/gymnastics>

Further details will be on the Gymnastics International Federation (FIG) website.

8. Useful Information

8.1 ABOUT RIO

Rio is a picture-postcard city, with lush green mountains, lakes, blue-green ocean and miles of white sandy beaches. It is the home of the Sugarloaf Mountain, the Maracanã stadium, Guanabara Bay and the overlooking Christ the Redeemer statue. It is no wonder it is known as the 'Marvellous City'. The friendliness of the cariocas (as Rio locals are known) can be witnessed in the streets, bars and at the beach.

The former-capital of the Brazilian empire, Rio de Janeiro is located in the state of the same name in the south-eastern strip of Brazil's Atlantic coast. It is the most visited southern hemisphere metropolis. In January 1502, the second exploratory expedition by the Portuguese, led by Captain Gaspar de Lemos, reached Guanabara Bay. The legend holds that he entered Guanabara Bay, thinking it was a river, so he named it Rio de Janeiro (River of January).

TOP TIPS

Iconic Sights: Sugarloaf Mountain, Christ the Redeemer, Maracanã, Arches of Lapa, Selaron stairs

Beaches: Ipanema, Leblon, Grumari, Copacabana

Walks: Botanical Gardens, Lagoa, Santa Teresa, Parque Nacional da Tijuca

Food and Drink: Ipanema and Leblon

Nightlife: Lapa

Nightli

AIRPORTS IN RIO DE JANEIRO

International flights to Rio de Janeiro arrive at Antônio Carlos Jobim International Airport (GIG) or 'Galeão', as it is popularly known. This is the official port of entry during the Olympic and Paralympic Games. Depending on your airline, you may connect through São Paulo which will add at least three hours to your journey, including the stopover.

Antônio Carlos Jobim International Airport (GIG)

Avenida 20 de Janeiro, Ilha do Governador

Rio de Janeiro, RJ

Phone: +55 21 3398 5050

Distance from downtown Rio: 20 kilometres

Santos Dumont Airport (SDU) - is the second airport serving Rio de Janeiro, used mainly for short and medium-haul domestic flights.

Praça Senador Salgado Filho

Rio de Janeiro, RJ

Phone: +55 21 3814 7070

Location: Guanabara Bay

Getting to and from the airports

At **Galeão International Airport**, you can use a regular **yellow taxi**, such as Aerotaxi (+55 21 3398 3163) or Aerocoop (+55 21 3398 3691), or a slightly more expensive but safer **radio taxi**, for which you pay a set fee at the airport. Radio taxi booths can be found as you exit customs. Please see the below section on taxis for more information.

Shuttle Rio (+55 21 7842 2490, www.shuttlerio.com.br/home/en) provides air-conditioned vans connecting Galeão International Airport to a number of hotels in the Southern zone and Barra da Tijuca.

At **Santos Dumont Airport**, taxi companies available include Transcoopass Rádio Táxi (www.transcoopass.com.br), Transcootour (+55 21 2590 2300) or Coopataxi (www.coopataxi.com.br).

Real Auto Bus (www.realautoonibus.com.br) provides buses to and from both airports to the centre, Southern zone of Rio and Barra.

SECURITY

Rio de Janeiro is working hard to improve its reputation as a city with a high crime rate. In recent years, police protection has improved significantly, particularly in Zona Sul (Copacabana, Ipanema, Jardim Botânico, Lagoa, Leblon, and Gávea) and Barra da Tijuca.

Today, although the likelihood of experiencing crime in Rio has diminished, it still exists. Much of the crime that occurs is opportunistic crime, meaning that criminals focus on those they consider easy or high-value targets.

Visitors to Rio can greatly minimise the risk of being targeted by petty criminals by following a few common sense rules. Please note that while the following tips may sound alarmist, they could apply to any big city in the world.

Security tips for visitors:

- Be aware of your surroundings and others when walking along the street, especially at night. Avoid dark or enclosed areas.
- Be careful when taking public transport at night. Consider taking an official taxi (yellow with blue stripes) late at night, especially when travelling to less secure or unfamiliar locations.
- Carry only enough cash for your expected purchases and a credit card. Leave your passport and other credit cards in your hotel.
- Take care when withdrawing money from a cash machine or ATM. It is best to use the machines located inside banks, buildings and shopping centers. Do not keep all your money in one bag or pocket.

- Make a copy of the photo page of your passport and carry this with you. It makes it easy to get into nightclubs and restaurants or to provide identification if you are stopped by the police.
- Do not walk around wearing expensive looking jewellery or other items. A basic watch or wedding band is okay.
- Keep cameras, phones and other gadgets in your pocket or in nondescript paper or plastic bags.
- Stay away from the favelas unless you are with a guide or are part of an organised tour.
- The city centre should be visited during working hours (but be aware of pickpocketing there) and can be empty and dangerous at night.
- Remember to be just as vigilant at the beach as elsewhere. Keep valuables out of sight and only take essentials with you.

Police officers in the street try to be helpful, but most do not speak other languages. If you need to report something stolen for insurance purposes, go directly to the tourist police.

EMERGENCIES

In case of robberies, contact the Tourist Police (open 24 hours):

DEAT - Delegacia Especial de Apoio ao Turismo:
 Rua Afrânio de Melo Franco, 159 - Leblon
 +55 21 2332 2924

Other emergency numbers:

Ambulance: 192

Fire Department: 193

Police: 190

9. Getting Around Rio

METRO


Rio's subway system links five different suburban locations to downtown Rio, and an extension is being built to connect Rio with Barra. All trains are air conditioned. You can visit the Rio 2016 Organising Committee by taking line 1 and getting off at Estácio station. Rio 2016 offices are located across the road from the station on Rua Ulysses Guimarães. A single fare costs R\$4.10. You can buy a pre-paid card at any station. Please be aware the subway system only accepts cash.

Metro Rio website: www.metrorio.com.br

Online maps: www.metrorio.com.br/VadeMetro/Mapas

BUSES

Bus fares vary according to route and bus type and are displayed on the front windscreen of the buses. A conventional bus fare is R\$3.80 and must be paid in cash when you board the bus (make sure you have small change!). There are also air-conditioned coach buses for longer distances. Please refer to the below chart for bus destinations and route numbers:

 De From	Para To																
	Copacabana	Ipanema	Leblon	Gávea	Jardim Botânico	São Conrado	Barra	Catete / Flamengo	Botafogo	Lapa	Centro	Rodoviária Novo Rio	Corcovado / Laranjeiras	Maracanã	Urca / Pão de Açúcar	Aeroporto Internacional	Aeroporto Santos Dumont
Copacabana		570 162	132 574	432 593	570 584	308 523	308 523	569 573	569 573	161	123 132	126 128	569 583	464	511	Real	128 132 415
Ipanema	161 573		132 574	432 593	570 584	308 523	308 523	569 573	569 573	161	123 132	128 486	569 583	464	511	Real	128 132 415
Leblon	511 583	511 583		432 593	512 584	308 523	308 523	161 583	161 583	161	128 172	128 173	570 583	464	511	Real	128 132
Gávea	161 583	161 583	523 593		170 592	179 524	179 524	158 161	170 592	158 161	170	170 173	569 583	–	512	–	–
Jardim Botânico	161 583	161 583	161 583	170 410		179 524	179 524	176 583	170 592	158 161	170 179	170 173	569 583	–	512	–	–
São Conrado	523 177	523 177	523 308	523 354	179 524		308 523	–	179 524	–	308 179	–	–	–	–	Real	Real
Barra	308 523	308 523	308 524	179 523	524 354			–	179 524	–	308 179	233 234	–	–	–	Real	Real
Catete / Flamengo	570 573	569 573	570 574	170 161	170 161	178 524	308 524		574 583	434 162	170 180	172 178	180 583	434 464	–	–	126 132 497
Botafogo	162 574	162 574	512 574	158 592	158 592	179 524	179 524	178 583		424 162	170 179	170 173	570	464	512	–	–
Lapa	433 162	464 162	434 161	158 161	158 161	–	–	158 161	434 162		247	–	–	–	–	–	–
Centro	121 124	123 132	128 172		170 179	308 179	308 225	–	170 179	247		128 171	180 422	238 239	107	324 326	–
Rodoviária Novo Rio	126 128	474 486	110 128		170 173	–	233 234	170	136 170	362 497	127 170		497 498	–	–	Real	Real
Laranjeiras / Trem do Corcovado	570 584	570 584	570 584	569 583	569 584	–	–	180 498	583	180 184	180 184	180 422	–	–	–	–	497
Maracanã	455 456	456 457	434 464	–	–	–	–	434	434 435	238 247	247 249	266	–	–	–	–	–
Urca / Pão de Açúcar	512	512	512	511 512	511 512	–	–	–	–	–	107	–	–	–	–	–	–

Vans and minibuses (generally small white vans with coloured stripes on the sides) are very common in Rio, but they are unsafe and not recommended.

CAR RENTAL

Renting a car is somewhat expensive in Brazil and parking can be difficult. Both airports (Antônio Carlos Jobim International and Santos Dumont) offer a variety of major companies (listed below). These companies also have facilities around the city. Insurance is highly recommended.

By law, foreigners are allowed to drive in Brazil with their valid national driving licence for up to six months after they arrive in the country. It is advisable to keep your passport with you while driving. Please note that there is a zero tolerance approach, which is rigorously enforced, to driving under the influence of alcohol.

Avis Telephone: 0800 725-2847 - Website: avis.com.br

Hertz Telephone: 2275-7440, 2275-7168 or 2275-8337 - Website: hertz.com.br

Localiza Telephone: 2275-3340 or 2275-1043 - Website: localiza.com

Unidas Telephone: 2295-3628 - Website: unidas.com

TAXIS

Rio taxis are generally reliable and fall into two categories:

YELLOW TAXIS run on a meter and can be found all over the city. Do not agree on pre-paid deals with yellow taxis, as they are illegal. See the table at the end of this section for current fare prices for yellow taxis.

RADIO TAXIS are 30 per cent more expensive but generally safer, larger and air-conditioned. They may be white, blue or red. Call one of the companies providing this kind of service and tell them where to pick you up, where to drop you off, and at what time. Some radio-taxis charge by the meter, others charge flat rates. Ask for all details first. We suggest that you ask your hotel or a local Portuguese-speaking contact you may have to assist you with this as they do not usually speak English, and they will ask a local telephone number to confirm.

Radio Taxi phone numbers:

Aerocoop: 3078-5050

Aerotaxi: 2467-7408

Central taxi: 2195-1000

Cooparioca: 2518-1818

JB taxi: 2178-4000

Accessible taxis:

Coop Taxi: 3295-9606

Taxis de Rua Yellow Taxis	Aeroporto Santos Dumont		Aeroporto Internacional		Urca / Pão de Açúcar		Maracanã		Cosme Velho / Laranjeiras		Rodoviária Novo Rio		Centro / Lapa		Botafogo		Catete / Flamengo		Barra		São Conrado		Gávea / Jardim Botânico		Leblon		Ipanema	
	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚	R\$	⌚
Copacabana	29,00	13min	57,00	28min	18,00	11min	35,00	22min	27,00	14min	35,00	19min	30,00	16min	14,00	10min	25,00	25min	54,00	32min	34,00	22min	27,00	20min	19,00	14min	15,00	9min
Ipanema	35,00	20min	55,00	26min	23,00	14min	35,00	25min	24,00	12min	35,00	25min	36,00	26min	19,00	13min	31,00	30min	47,00	26min	26,00	16min	18,00	15min	14,00	7min		
Leblon	36,00	22min	56,00	27min	25,00	18min	35,00	25min	24,00	13min	35,00	17min	36,00	26min	19,00	14min	30,00	30min	40,00	25min	21,00	12min	14,00	9min				
Gávea / Jardim Botânico	40,00	27min	60,00	31min	28,00	22min	37,00	30min	27,00	18min	36,00	22min	40,00	30min	25,00	19min	36,00	31min	37,00	25min	16,00	12min						
São Conrado	48,00	29min	68,00	34min	36,00	25min	47,00	28min	35,00	25min	47,00	25min	48,00	28min	34,00	22min	47,00	33min	29,00	20min								
Barra	75,00	32min	70,00	31min	58,00	34min	62,00	33min	55,00	27min	64,00	28min	74,00	32min	52,00	28min	64,00	35min										
Catete / Flamengo	15,00	13min	53,00	32min	24,00	20min	28,00	24min	15,00	12min	24,00	18min	16,00	15min	18,00	20min												
Botafogo	25,00	12min	51,00	24min	15,00	10min	28,00	18min	18,00	15min	28,00	15min	27,00	20min														
Centro / Lapa	12,00	6min	43,00	24min	23,00	13min	19,00	14min	19,00	20min	18,00	15min																
Rodoviária Novo Rio	19,00	20min	36,00	20min	27,00	24min	16,00	13min	24,00	20min																		
Cosme Velho / Laranjeiras Trem do Corcovado	21,00	20min	58,00	30min	20,00	13min	35,00	25min																				
Maracanã	24,00	20min	38,00	25min	34,00	25min																						
Urca / Pão de Açúcar	25,00	10min	61,00	30min																								
Aeroporto Internacional	47,00	25min																										

Preços e tempos médios partindo dos pontos centrais dos bairros e seguindo pelas principais vias. Tarifas calculadas pela bandeira 1. Após as 22h até as 6h e aos domingos e feriados é autorizado o uso da bandeira 2.

Average fare and time between central points of the districts, driving through main streets. Rates calculated by Flag 1. From 10pm to 6am on Sundays and holidays the drivers are allowed to use the Flag 2.

Companhias de Taxi . Taxi Companies	
Aerocoop	3078-5050 / 3078-5051
Aerotaxi	2467-7408
Central Taxi	2195-1000
Cooparioca	2518-1818
Coopsind	2589-4503, 2189-4503
LiberTaxi	3105-0500 / 0800 942-5533
JB Taxi	2178-4000, 2501-3026, www.jbtaxi.com.br
Taxi Meier	2596-7007
Taxi Teleurca	2542-3188, 3501-0700
Sul Taxi	3852-5181, www.sultaxi.com.br

Taxis Especiais Maior conforto e preço fixo por trajeto Special Taxis Greater comfort and point-to-point fare	
Coopatur Radiotaxi	2573-1009, 3885-1000
Coopertramo Radiotaxi	2560-2022, 2209-9292
Cootramo	3976-9944, 3976-9945
Royalcoop	2548-5897
Transcoopass	2590-6891
Transcootour	2590-2300, 2590-2220
Taxis para Cadeirantes Taxis for Handicapped	
Taxi especial para portadores de mobilidade reduzida e idosos. Serviços de passeios turísticos com intérprete. Customized transportation service for those with reduced mobility capacity and the elderly, besides tourist trips with language interpreters.	
Coop Taxi RJ Diariamente, 6h-23h Daily, 6am-11pm	☎ 3295-9606

10. Contacts

Naomi Valenzo

naomi.valenzo@rio2016.com

Gymnastics Sport Manager

Roberto Nassar

roberto.nassar@rio2016.com

GA Sport Manager

Soraya Carvalho

soraya.carvalho@cob.org.br

GT Sport Manager

Leticia Barros

leticia.barros@rio2016.com

RG Sport Manager

Melanie Klein

melanie.klein@rio2016.com

Gymnastics Service Manager

Soraya Castro

soraya.castro@rio2016.com

Accommodation

Dui Furriel

dui.furriel@rio2016.com

Arrivals and Departures

Bruno Barrote

bruno.barrote@rio2016.com

Transportation

Sara Ingram

sara.ingram@rio2016.com

Medical Services

These contacts should be used solely by National Federations in matters relating to the Aquece Rio Gymnastics Qualifier. In this respect, please do not hesitate to use it. Any other subject relating to the Rio 2016 Olympic or Paralympic Games must be directed through the relevant NOC/IPC contact.

Appendix

- 1- Test Event Schedule Overview
- 2- MAG Training and Competition Schedule (detailed)
- 3- WAG Training and Competition Schedule (detailed)
- 4- GT Training and Competition Schedule (detailed)
- 5- GR Training and Competition Schedule (detailed)
- 6- Medical and anti-doping practical information for National Delegations
- 7- Timetable Windsor Hotel-ROA/Carioca 1-Windsor Hotel)
- 8- Timetable Blue Tree Hotel-ROA-Blue Tree
- 9- Technical Forms

FEDERATION INTERNATIONALE DE GYMNASTIQUE



Aquece Rio

EVENTOS-TESTE

Medical and anti-doping practical information For National Delegations

Important reminders regarding key FIG Medical and anti-doping rules

AQUECE RIO FINAL GYMNASTICS QUALIFIER
AQUECE RIO QUALIFICATÓRIO FINAL DE GINÁSTICA”
RIO DE JANEIRO (BRA)
16 – 22 APRIL 2016

provided by the Organizing Committee

ORGANIZING COMMITTEE MEDICAL STAFF

Emergency phone contact (24/24) **Dra Nathalia Figueiredo +552171991369897**
 Dr Marcelo Patrício +5521992942588
 Sara Ingram +5521990318357

Chief Medical Officer **Dr João Grangeiro +5521981428350** grangeiro@globo.com

Other Medical Officer **Dr Leandro Cleto +5521998378222**

Head Physiotherapist or Medical Trainer **Felipe Tadiello +5511981814261**

FIG MEDICAL COMMISSION REPRESENTATIVE(S)

FIG Medical Commission Representative is Dr. Michel LEGLISE

HOSPITALS, DENTIST, PHARMACIES

We do recommend that delegations contact the Organizing Committee Medical Staff to assist and coordinate medical care.

For your information:

Hospitals:

- **Hospital Vitoria**
- **Av. Jorge Cury, 550 - Barra da Tijuca, Rio de Janeiro - RJ, 22775-001**
- (21) 3263-2000

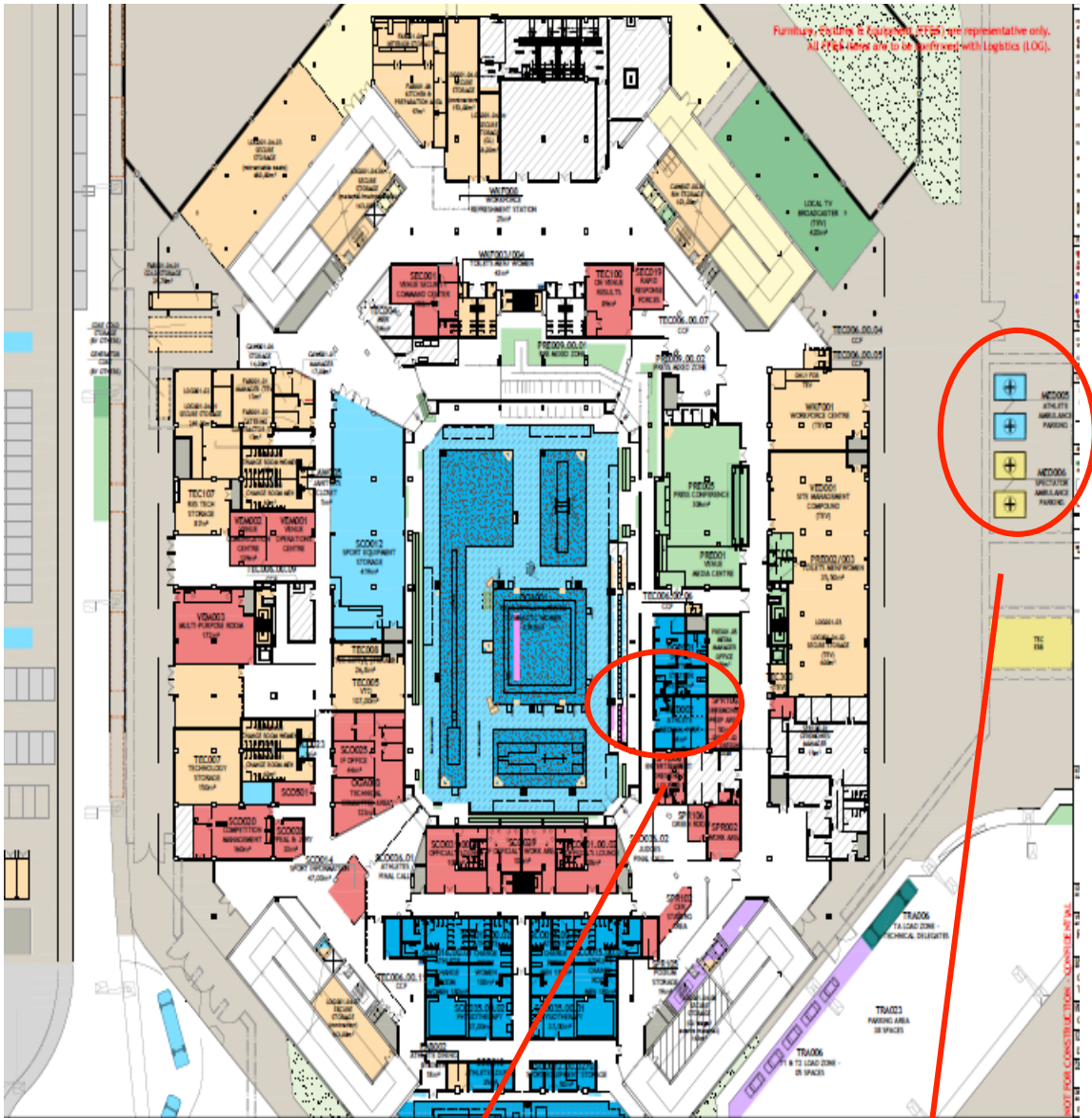
Dentist :

- **Dr. Eduardo Tinoco**
- **Av. N S Copacabana 1052, Sala 503 e 504, Copacabana, Rio de Janeiro 22060-002**
- (21) 2522-2493

Pharmacies:

- There are many pharmacies in Rio de Janeiro. The closest pharmacy to the competition venue is:
- Droga Raia
- Av Embaixador Abelardo Bueno 2894, Barra de Tijuca, Rio de Janeiro 22775-040
- (21)2499-8672
-

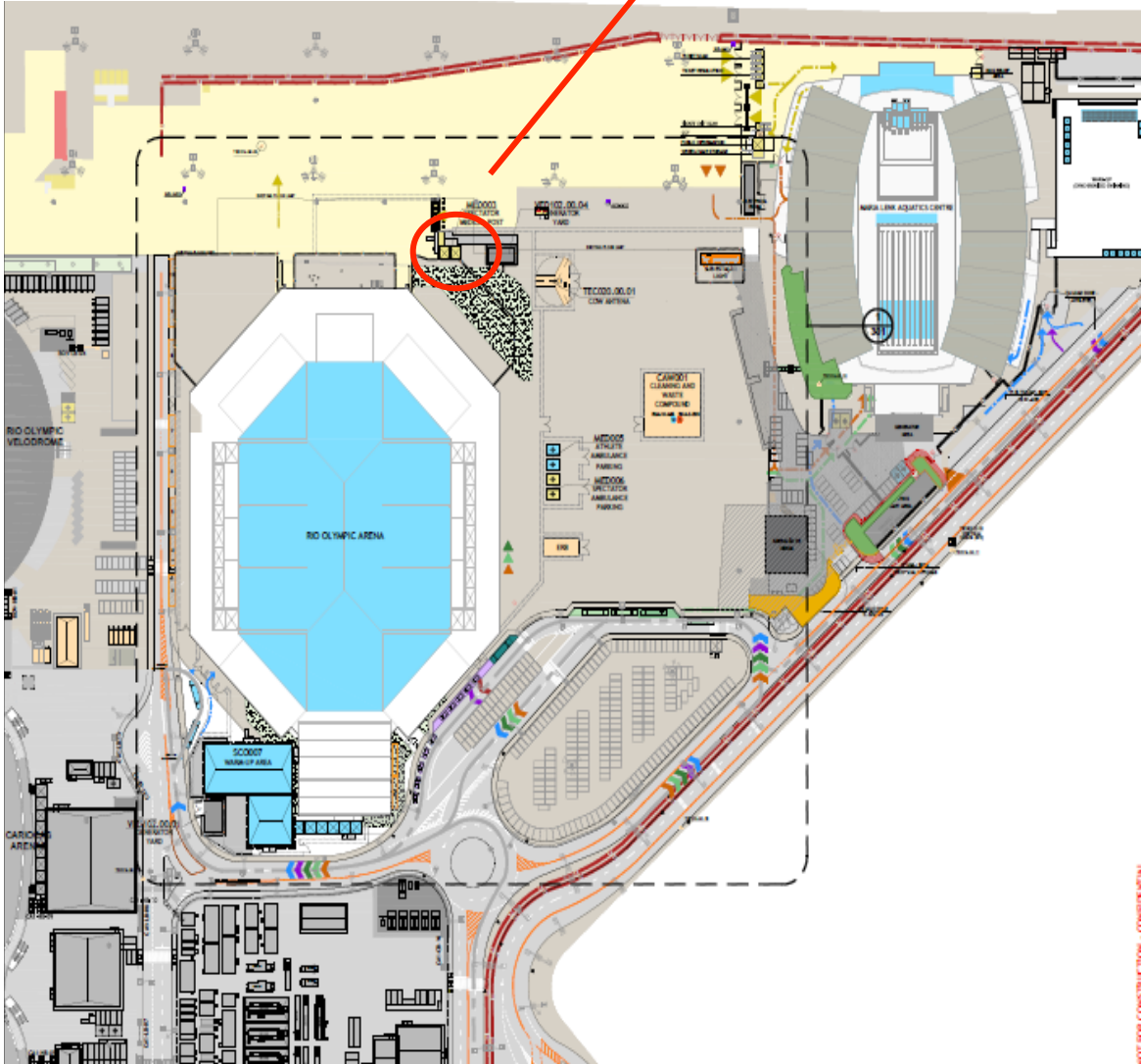
Venue Layout



ATHLETE MEDICAL POST

AMBULANCE LOCATION

SPECTATOR MEDICAL POST



DOPING CONTROL INFORMATION provided by the Organizing Committee

The doping procedure will be under the control of FIG and the sampling will be done by ABCD – Brazilian Authority of Doping Control with Rio 2016 managing everything.

The analysis will be done by the WADA accredited laboratory of LBCD – Brazilian Laboratory of Doping Control.

The results management will be done by the FIG

OVERVIEW

This manual will provide you with an overview of the medical coverage available to you and your athletes for this Event, as well as supporting processes and medical and anti-doping information. This manual should serve as your reference for procedures, documentation, schedules and contact information, floor plans, maps and directions. However, the contact personnel for this event are your best resource to assist you during the championships.

As a reminder this event is subject to the rules “Medical Organization of FIG competitions” and “FIG anti-doping rules” approved by the FIG executive Committee

GENERAL GUIDELINES

- There is a medical evaluation and treatment room or area in both the practice gym AND in the competition area under the control of the organizing committee medical staff (FIG Medical Rules Art 1.2).
- There is a separate medical evaluation and treatment area available for your delegation’s medical staff and athletes. This area will have tables for your use.
- During the competition, there will be a medical staff from the Organizing Committee on the floor with clear view and access to the athletes (FIG Medical Rules Art 1.5).
- Medical staff will be present at the venue during all practice sessions and competitions. (FIG Medical Rules Art 3.4).
- During the competition, in case of emergency only the medical staff of the Organizing Committee will respond to the injury. In the event of a serious accident, the Chief Medical Officer may allow the delegation medical staff to assist their gymnasts (FIG Medical Rules Art 5.2).
- If there is any injury, the athlete should report to the Organizing Committee medical area so that the FIG Injury report can be completed. The information gathered will be held strictly confidential (FIG Medical Rules Art 8).
- The organizing committee will provide directly or by arrangement the evaluation and treatment to any competitor or delegation member asking for care. There will be equipment and supplies available through the medical staff according to the FIG Medical Rules Art 2.1.1 and 5.3.
- Emergency medications and transport will be available at all times during practice and competition. In the event of an emergency, notify the Organizing Committee Medical Staff, event staff or building security immediately (FIG Medical Rules Art 2.2.1 and 4).

- Small quantities of basic medications will be available through the medical staff (FIG Medical Rules Art 2.2.2 and 13)
- For other medication, the medical staff may provide a courtesy prescription. It is the responsibility of the gymnast or the respective federation to purchase the medication (FIG Medical Rules Art 2.2.3 and 13).
- Please report any blood or body fluid on a gymnast of your delegation, mat or apparatus for cleaning (FIG Medical Rules Art 2.2.4).
- Medical cots: All National Federations participating in competitions are obliged to cover the expense of insurance for members of their delegations. Basic medical treatment are given for free by the Organizing Committee the rest is at expense of the National Federation according to the article 13 – “**medical costs**”
- Every National Federation must check if the professional licence of each Medical Officer is available in the country.

DOPING CONTROL (DRUG TESTING)

According to the FIG rules and WADA Code

- Doping control will occur. The testing can occur at any time during training and/or competition from the arrival until the departure time.
- Only those with special accreditation for the doping control area will be allowed.

There will be a special room for this function (FIG Medical Rules Art 1.2) and it will be reserved for the designated Doping Control Officers that are brought in by the Organizing Committee and FIG for this purpose. Only the Chief Medical Officer and the FIG Medical Commission representative will be able to be in the area during the actual testing time. Athletes are ultimately responsible for everything they drink, eat or put into their body. Bottled water will be available in doping control.

OTHER INFORMATION

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

	Monday 11/April		Tuesday 12/April		Wednesday 13/April		
	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	Meetings
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
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13:15							
13:30							
13:45							
14:00							
14:15			MAG Extra trainings 13:00-15:30	WAG Extra trainings 13:00-15:30	MAG Extra trainings 13:00-15:30	WAG Extra trainings 13:00-15:30	
14:30							
14:45							
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30	MAG Extra trainings 15:30-18:00	WAG Extra trainings 15:30-18:00	MAG Extra trainings 15:30-18:00	WAG Extra trainings 15:30-18:00	MAG Extra trainings 15:30-18:00	WAG Extra trainings 15:30-18:00	
16:45							
17:00							
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17:30							
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18:30							
18:45							
19:00							
19:15	MAG Extra trainings 18:00-20:30	WAG Extra trainings 18:00-20:30	MAG Extra trainings 18:00-20:30	WAG Extra trainings 18:00-20:30	MAG Extra trainings 18:00-20:30	WAG Extra trainings 18:00-20:30	
19:30							
19:45							
20:00							
20:15							
20:30							
20:45							
21:00							GA Orientation Meeting (Press Room) 20:30 - 21:30
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							

MAG TC Meeting (MAG TC Room) 10:00-17:00

GA Accreditation (Multi-purpose Room) 14:00-19:30

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Thursday 14/April										
	Carioca 1 MAG	Carioca 1 WAG	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	FOP	Meetings				
7:00										
7:15										
7:30	MAG Subdivision 2 07:00-08:30									
7:45										
8:00										
8:15										
8:30										
8:45										
9:00		WAG Subdivision 1 09:00-11:30	MAG Subdivision 1 08:35-10:20	WAG Subdivision 3 09:00-10:40			MAG ITO & NTO Briefing and Draw for CI (Multi-purpose Room) 08:30-10:20			
9:15										
9:30										
9:45										
10:00										
10:15										
10:30										
10:45										
11:00										
11:15										
11:30	MAG Subdivision 3 11:00-12:30									
11:45				WAG Subdivision 4 11:00-12:40	MAG Podium Training Subdivision 1 10:30-13:00	WAG TC Meeting (GT TC Room) 10:00-14:00				
12:00										
12:15										
12:30		WAG Subdivision 2 11:45-14:15	MAG Subdivision 2 12:35-14:20							
12:45										
13:00										
13:15										
13:30										
13:45										
14:00										
14:15										
14:30										
14:45										
15:00										
15:15										
15:30		WAG Subdivision 3 15:30-18:00	MAG Subdivision 3 16:35-18:20	WAG Subdivision 1 16:20-18:00	MAG Podium Training Subdivision 2 14:30-17:00					
15:45										
16:00										
16:15										
16:30										
16:45										
17:00										
17:15										
17:30										
17:45	MAG Subdivision 1 17:15-18:45									
18:00										
18:15										
18:30		WAG Subdivision 4 18:15-20:45		WAG Subdivision 2 18:15-19:55	MAG Podium Training Subdivision 3 18:30-21:00					
18:45										
19:00										
19:15										
19:30										
19:45										
20:00										
20:15										
20:30										
20:45										
21:00										
21:15										
21:30										
21:45										
22:00										
22:15										
22:30										

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Friday 15/April						
	Carioca 1 MAG	Carioca 1 WAG	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	FOP	Meetings
7:00						
7:15						
7:30						
7:45						
8:00						
8:15						
8:30						
8:45		WAG Subdivision 3 08:00-09:40	MAG Subdivision 2 08:00-09:30	WAG Subdivision 1 07:40-09:20		WAG ITO & NTO Briefing and Draw CI (Multi-purpose Room) 08:30-09:20
9:00						
9:15						
9:30						
9:45						
10:00						
10:15					WAG Podium Training Subdivision 1 09:30-11:30	
10:30	MAG Subdivision 1 09:30-12:00	WAG Subdivision 4 10:00-11:40				
10:45						
11:00						
11:15						
11:30			MAG Subdivision 3 10:50-12:20			
11:45						
12:00				WAG Subdivision 2 11:10-12:50		
12:15						
12:30						
12:45						
13:00						
13:15						
13:30						
13:45					WAG Podium Training Subdivision 2 13:00-15:00	
14:00						
14:15						
14:30						
14:45						
15:00	MAG Subdivision 2 14:00-16:30					
15:15				WAG Subdivision 3 14:40-16:20		
15:30						
15:45						
16:00		WAG Subdivision 1 15:30-17:10				
16:15						
16:30						
16:45						
17:00			MAG Subdivision 1 16:30-18:00		WAG Podium Training Subdivision 3 16:30-18:30	
17:15						
17:30						
17:45	MAG Subdivision 3 16:50-19:20					
18:00						
18:15						
18:30						
18:45						
19:00				WAG Subdivision 4 18:10-19:50		
19:15						
19:30		WAG Subdivision 2 19:00-20:40				
19:45						
20:00						
20:15						
20:30						
20:45					WAG Podium Training Subdivision 4 20:00-22:00	
21:00						
21:15						
21:30						
21:45						
22:00						
22:15						
22:30						

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Saturday 16/April							
	Carioca 1 MAG	Carioca 1 WAG	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	FOP	Meetings	
7:00							
7:15							
7:30	MAG Subdivision 2 07:00-08:30						
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15			MAG Subdivision 1 08:35-10:20			MAG ITO & NTO Meeting (Multi-purpose Room) 09:15-10:00	
9:30							
9:45		WAG Subdivision 1 09:00-11:30			WAG Subdivision 3 09:00-10:40		
10:00							
10:15							
10:30							
10:45							
11:00					MAG Competition 1 Subdivision 1 10:30-13:00	WAG TC Meeting (GT TC Room) 11:00-15:00	
11:15							
11:30	MAG Subdivision 3 11:00-12:30						
11:45			WAG Subdivision 4 11:00-12:40				
12:00							
12:15							
12:30		WAG Subdivision 2 11:45-14:15					
12:45							
13:00			MAG Subdivision 2 12:35-14:20				
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00							
15:15							
15:30					MAG Competition 1 Subdivision 2 14:30-17:00		
15:45							
16:00							
16:15							
16:30		WAG Subdivision 3 15:30-18:00					
16:45							
17:00			MAG Subdivision 3 16:35-18:20		WAG Subdivision 1 16:20-18:00		
17:15							
17:30							
17:45	MAG Subdivision 1 17:15-18:45						
18:00							
18:15							
18:30					MAG Competition 1 Subdivision 3 18:30-21:00		
18:45							
19:00				WAG Subdivision 2 18:15-19:55			
19:15		WAG Subdivision 4 18:15-20:45					
19:30							
19:45							
20:00							
20:15							
20:30							
20:45							
21:00					MAG Teams Award Ceremony 21:00-21:15		
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Sunday 17/April							
	Carioca 1 MAG	Carioca 1 WAG	Warm Up Hall 1 (MAG)	Warm Up Hall 2 (WAG)	FOP	Meetings	
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45		WAG Subdivision 3 08:00-09:40		WAG Subdivision 1 07:40-09:20		Meeting (Multi-purpose Room) 08:45-09:15	
9:00							
9:15							
9:30	Open training for MAG Finalists 09:00-11:00						
9:45							
10:00							
10:15							
10:30							
10:45		WAG Subdivision 4 10:00-11:40					
11:00							
11:15							
11:30							
11:45							
12:00							
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30	Open training for MAG Non-Finalists 13:30-16:00						
14:45							
15:00							
15:15							
15:30							
15:45							
16:00							
16:15		WAG Subdivision 1 15:30-17:10					
16:30							
16:45							
17:00							
17:15	Open training for MAG Finalists 16:30-18:30						
17:30							
17:45							
18:00							
18:15							
18:30							
18:45							
19:00							
19:15							
19:30							
19:45		WAG Subdivision 2 19:00-20:40					
20:00							
20:15							
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Monday 18/April							
	Carioca 1 MAG	Carioca 1 WAG	Warm Up Hall 1 (GT)	Warm Up Hall 2 (MAG & WAG)	FOP	Meetings	
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45			GT Training	GA CIII Open Training All finalists 08:00-10:00	GT Podium Training Gr 1: 08:00-08:40 Gr 2: 08:40-09:20 Gr 3: 09:20-10:00 Gr 4: 10:00-10:40		
9:00			Gr 1: 07:20-08:00 Gr 2: 08:00-08:40 Gr 3: 08:40-09:20 Gr 4: 09:20-10:00 Open: 10:00-10:40				
9:15							
9:30							
9:45							
10:00							
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00							
12:15							
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18:00							
18:15							
18:30							
18:45							
19:00							
19:15							
19:30							
19:45							
20:00							
20:15							
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Tuesday 19/April									
	ROA 7 (GR)	ROA 6 (GR)	ROA 5 (GR)	Warm Up Hall 1 (GT)	Warm Up Hall 2 (GR)	FOP	Meetings		
7:00									
7:15									
7:30									
7:45									
8:00									
8:15				GT Women's					
8:30				Warm Up					
8:45				08:00-09:00					
9:00									
9:15									
9:30									
9:45									
10:00									
10:15				GT Men's		GT Women's			
10:30				Warm Up		Podium Training			
10:45				10:00-11:00		09:00-11:00			
11:00									
11:15									
11:30									
11:45									
12:00									
12:15									
12:30									
12:45									
13:00									
13:15									
13:30									
13:45									
14:00									
14:15				GT Women's					
14:30				Warm Up					
14:45				13:40-15:15					
15:00									
15:15									
15:30									
15:45									
16:00									
16:15									
16:30									
16:45									
17:00									
17:15				GT Men's					
17:30				Warm Up					
17:45				16:40-18:15					
18:00									
18:15									
18:30									
18:45									
19:00									
19:15									
19:30									
19:45									
20:00									
20:15									
20:30									
20:45									
21:00									
21:15									
21:30									
21:45									
22:00									
22:15									
22:30									

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

Wednesday 20/April											
	ROA 7 (GR)	ROA 6 (GR)	ROA 5 (GR)	ROA 4 (GR)	ROA 3 (GR)	ROA 2 (GR)	Final Warm Up Hall (GR)	FOP	Meetings		
7:00											
7:15											
7:30											
7:45											
8:00											
8:15											
8:30	08:30-10:10										
8:45											
9:00		09:06-10:46									
9:15											
9:30											
9:45											
10:00											
10:15								10:15-10:25			
10:30			09:42-11:22								
10:45								10:51-11:01			
11:00											
11:15				10:18-11:58							
11:30											
11:45					10:54-12:34						
12:00											
12:15						11:30-13:10					
12:30	12:06-13:46										
12:45											
13:00											
13:15											
13:30											
13:45			12:42-14:22								
14:00											
14:15											
14:30											
14:45											
15:00			14:00-15:40	14:00-15:40							
15:15											
15:30					14:40-16:20	14:40-16:20					
15:45											
16:00	15:20-17:00	15:20-17:00									
16:15											
16:30											
16:45					16:00-17:40						
17:00											
17:15											
17:30											
17:45											
18:00											
18:15											
18:30											
18:45											
19:00											
19:15											
19:30											
19:45											
20:00											
20:15											
20:30											
20:45											
21:00											
21:15											
21:30											
21:45											
22:00											
22:15											
22:30											

GR ITO & NTO Briefing
(Multi-purpose Room)
08:00-11:10

GR ITO & NTO
Instruction by OMEGA
(Multi-purpose Room &
FOP)
11:15-12:00

GR Individuals
Podium Training
10:30-15:18

GR Groups
Podium Training
16:00-18:20

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

	Thursday 21/April								
	ROA 7 (GR)	ROA 6 (GR)	ROA 5 (GR)	ROA 4 (GR)	ROA 3 (GR)	ROA 2 (GR)	Final Warm Up Hall (GR)	FOP	Meetings
7:00									
7:15									
7:30									
7:45									
8:00									
8:15									
8:30									
8:45					7:35-9:35				
9:00				08:00-10:00					
9:15			08:20-10:20						
9:30	08:50-10:50	08:40-10:40				7:45-11:45			
9:45									
10:00									
10:15									
10:30									
10:45									
11:00									
11:15									
11:30									
11:45									GR ITO & NTO Meeting (Multi-purpose Room) 11:30-12:30
12:00									
12:15									
12:30									
12:45									
13:00									
13:15									
13:30									
13:45									
14:00									
14:15			11:19-18:06				12:45-15:30		
14:30	11:00-18:45			11:29-18:15				GR Individuals Qualification 13:00-15:38	
14:45		11:09-18:55			11:39-18:25	11:48-18:35			
15:00									
15:15									
15:30									
15:45									
16:00									
16:15									
16:30									
16:45									
17:00									
17:15									
17:30									
17:45									
18:00									
18:15									
18:30									
18:45									
19:00									
19:15									
19:30									
19:45									
20:00									
20:15									
20:30									GR TC Meeting (GR TC Room) 20:00-21:00
20:45									
21:00									
21:15									
21:30									
21:45									
22:00									
22:15									
22:30									

AQUECE RIO FINAL GYMNASTICS QUALIFIER

April 16-22, 2016

TEV Schedule Overview

	Friday 22/April									
	ROA 7 (GR)	ROA 6 (GR)	ROA 5 (GR)	ROA 4 (GR)	ROA 3 (GR)	ROA 2 (GR)	Final Warm Up Hall (GR)	FOP	Meetings	
7:00										
7:15										
7:30										
7:45										
8:00										
8:15										
8:30										
8:45										
9:00	09:00-11:10	09:05-10:45	09:10-10:50	09:15-10:55	09:20-11:00	09:25-11:05				
9:15										
9:30										
9:45										
10:00										
10:15										
10:30										
10:45										
11:00										
11:15		11:10-11:30	11:15-11:35	11:20-11:40	11:25-11:45	11:30-11:50	10:45-11:25	GR Group Qualification 11:00-11:35	GR ITO & NTO Meeting (Multi-purpose Room) 09:30-10:30	
11:30	11:35-11:55	11:40-12:00								11:35-12:15
11:45										
12:00										
12:15										
12:30								GR Group Award Ceremony 12:35-12:45		
12:45										
13:00										
13:15										
13:30										
13:45	13:40-15:59	13:43-16:02	13:46-16:06	13:49-17:46	13:53-17:40	13:56-17:43				
14:00										
14:15										
14:30										
14:45										
15:00										
15:15										
15:30										
15:45										
16:00										
16:15										
16:30										
16:45										
17:00										
17:15										
17:30										
17:45										
18:00										
18:15								GR CII Award Ceremony 18:15-18:25		
18:30										
18:45										
19:00										
19:15									GR TC Meeting (GR TC Room) 19:00-20:00	
19:30										
19:45										
20:00										
20:15										
20:30										
20:45										
21:00										
21:15										
21:30										
21:45										
22:00										
22:15										
22:30										

Activity: TRAINING MAG

Date: April 14, 2016







Carioca 1

Hall 1 - MAG

Sub 2

07:00-08:30







07:00 - 07:18 - General warm up

							
07:18	07:30:00	MxG6	MxG4	ROU	ESP	MxG2	FRA
07:30	07:42:00	FRA	MxG6	MxG4	ROU	ESP	MxG2
07:42	07:54:00	MxG2	FRA	MxG6	MxG4	ROU	ESP
07:54	08:06:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
08:06	08:18:00	ROU	ESP	MxG2	FRA	MxG6	MxG4
08:18	08:30:00	MxG4	ROU	ESP	MxG2	FRA	MxG6

Sub 3

11:00-12:30

11:00-11:18 - General warm up

							
11:18:00	11:30:00	MxG10	MxG8	UKR	NED	MxG3	BEL
11:30:00	11:42:00	BEL	MxG10	MxG8	UKR	NED	MxG3
11:42:00	11:54:00	MxG3	BEL	MxG10	MxG8	UKR	NED
11:54:00	11:06:00	NED	MxG3	BEL	MxG10	MxG8	UKR
11:06:00	11:18:00	UKR	NED	MxG3	BEL	MxG10	MxG8
11:18:00	11:30:00	MxG8	UKR	NED	MxG3	BEL	MxG10

Sub 1

17:15-18:45

18:00-18:18 - General warm up

							
17:33:00	17:45:00	MxG7	CAN	GER	MxG9	MxG1	MxG5
17:45:00	17:57:00	MxG5	MxG7	CAN	GER	MxG9	MxG1
17:57:00	18:09:00	MxG1	MxG5	MxG7	CAN	GER	MxG9
18:09:00	18:21:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
18:21:00	18:33:00	GER	MxG9	MxG1	MxG5	MxG7	CAN
18:33:00	18:45:00	CAN	GER	MxG9	MxG1	MxG5	MxG7

Activity: PODIUM TRAINING MAG

Date: April 14, 2016

ROA

ROA Warm up Hall - MAG

Sub 1

08:35-10:20

08:35-09:08 - General warm up

09:08	09:20:00	CAN	GER	MxG9	MxG1	MxG5	MxG7
09:20	09:32:00	MxG7	CAN	GER	MxG9	MxG1	MxG5
09:32	09:44:00	MxG5	MxG7	CAN	GER	MxG9	MxG1
09:44	09:56:00	MxG1	MxG5	MxG7	CAN	GER	MxG9
09:56	10:08:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
10:08	10:20:00	GER	MxG9	MxG1	MxG5	MxG7	CAN

Sub 2

12:35-14:20

12:35-13:08 - General warm up

13:08:00	13:20:00	MxG4	ROU	ESP	MxG2	FRA	MxG6
13:20:00	13:32:00	MxG6	MxG4	ROU	ESP	MxG2	FRA
13:32:00	13:44:00	FRA	MxG6	MxG4	ROU	ESP	MxG2
13:44:00	13:56:00	MxG2	FRA	MxG6	MxG4	ROU	ESP
13:56:00	14:08:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
14:08:00	14:20:00	ROU	ESP	MxG2	FRA	MxG6	MxG4

Sub3

16:35-18:20

16:35-17:08 - General warm up

17:08:00	17:20:00	MxG8	UKR	NED	MxG3	BEL	MxG10
17:20:00	17:32:00	MxG10	MxG8	UKR	NED	MxG3	BEL
17:32:00	17:44:00	BEL	MxG10	MxG8	UKR	NED	MxG3
17:44:00	17:56:00	MxG3	BEL	MxG10	MxG8	UKR	NED
17:56:00	18:08:00	NED	MxG3	BEL	MxG10	MxG8	UKR
18:08:00	18:20:00	UKR	NED	MxG3	BEL	MxG10	MxG8

ROA FOP - MAG

Sub1

10:30-13:00

10:30 13:00		GER	MxG9	MxG1	MxG5	MxG7	CAN
		CAN	GER	MxG9	MxG1	MxG5	MxG7
		MxG7	CAN	GER	MxG9	MxG1	MxG5
		MxG5	MxG7	CAN	GER	MxG9	MxG1
		MxG1	MxG5	MxG7	CAN	GER	MxG9
		MxG9	MxG1	MxG5	MxG7	CAN	GER

Sub2

14:30-17:00

14:30 17:00		ROU	ESP	MxG2	FRA	MxG6	MxG4
		MxG4	ROU	ESP	MxG2	FRA	MxG6
		MxG6	MxG4	ROU	ESP	MxG2	FRA
		FRA	MxG6	MxG4	ROU	ESP	MxG2
		MxG2	FRA	MxG6	MxG4	ROU	ESP
		ESP	MxG2	FRA	MxG6	MxG4	ROU

Sub 3

18:30-21:00

18:30 21:00		UKR	NED	MxG3	BEL	MxG10	MxG8
		MxG8	UKR	NED	MxG3	BEL	MxG10
		MxG10	MxG8	UKR	NED	MxG3	BEL
		BEL	MxG10	MxG8	UKR	NED	MxG3
		MxG3	BEL	MxG10	MxG8	UKR	NED
		NED	MxG3	BEL	MxG10	MxG8	UKR

Activity: TRAINING MAG

Date: April 15, 2016







ROA

ROA Warm up Hall - MAG

Sub 2

08:00-09:30

08:00-08:18 - General warm up

							
08:18	08:30:00	FRA	MxG6	MxG4	ROU	ESP	MxG2
08:30	08:42:00	MxG2	FRA	MxG6	MxG4	ROU	ESP
08:42	08:54:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
08:54	09:06:00	ROU	ESP	MxG2	FRA	MxG6	MxG4
09:06	09:18:00	MxG4	ROU	ESP	MxG2	FRA	MxG6
09:18	09:30:00	MxG6	MxG4	ROU	ESP	MxG2	FRA







CARIOCA 1

Hall 1 - MAG

Sub 1

09:30-12:00







09:30 - 10:00 - General warm up

							
10:00	10:20:00	MxG1	MxG5	MxG7	CAN	GER	MxG9
10:20	10:40:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
10:40	11:00:00	GER	MxG9	MxG1	MxG5	MxG7	CAN
11:00	11:20:00	CAN	GER	MxG9	MxG1	MxG5	MxG7
11:20	11:40:00	MxG7	CAN	GER	MxG9	MxG1	MxG5
11:40	12:00:00	MxG5	MxG7	CAN	GER	MxG9	MxG1

Sub 3

10:50-12:20







10:50-11:08 - General warm up

							
11:08:00	11:20:00	BEL	MxG10	MxG8	UKR	NED	MxG3
11:20:00	11:32:00	MxG3	BEL	MxG10	MxG8	UKR	NED
11:32:00	11:44:00	NED	MxG3	BEL	MxG10	MxG8	UKR
11:44:00	11:56:00	UKR	NED	MxG3	BEL	MxG10	MxG8
11:56:00	12:08:00	MxG8	UKR	NED	MxG3	BEL	MxG10
11:08:00	12:20:00	MxG10	MxG8	UKR	NED	MxG3	BEL

Sub 2

14:00-16:30







14:00-14:30 - General warm up

							
14:30:00	14:50:00	MxG2	FRA	MxG6	MxG4	ROU	ESP
14:50:00	15:10:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
15:10:00	15:30:00	ROU	ESP	MxG2	FRA	MxG6	MxG4
15:30:00	15:50:00	MxG4	ROU	ESP	MxG2	FRA	MxG6
15:50:00	16:10:00	MxG6	MxG4	ROU	ESP	MxG2	FRA
16:10:00	16:30:00	FRA	MxG6	MxG4	ROU	ESP	MxG2

Sub 1

16:30-18:00







16:30-16:48 - General warm up

							
16:48:00	17:00:00	MxG5	MxG7	CAN	GER	MxG9	MxG1
17:00:00	17:12:00	MxG1	MxG5	MxG7	CAN	GER	MxG9
17:12:00	17:24:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
17:24:00	17:36:00	GER	MxG9	MxG1	MxG5	MxG7	CAN
17:36:00	17:48:00	CAN	GER	MxG9	MxG1	MxG5	MxG7
17:48:00	18:00:00	MxG7	CAN	GER	MxG9	MxG1	MxG5

Sub 3

16:50-19:20

16:50-17:20 - General warm up

							
17:20:00	17:40:00	MxG3	BEL	MxG10	MxG8	UKR	NED
17:40:00	18:00:00	NED	MxG3	BEL	MxG10	MxG8	UKR
18:00:00	18:20:00	UKR	NED	MxG3	BEL	MxG10	MxG8
18:20:00	18:40:00	MxG8	UKR	NED	MxG3	BEL	MxG10
18:40:00	19:00:00	MxG10	MxG8	UKR	NED	MxG3	BEL
19:00:00	19:20:00	BEL	MxG10	MxG8	UKR	NED	MxG3

Activity: TRAINING MAG (CI)

Date: April 16, 2016







Carioca 1

Hall 1 - MAG

Sub 2

07:00-08:30


07:00 - 07:18 - General warm up

							
07:18	07:30:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
07:30	07:42:00	ROU	ESP	MxG2	FRA	MxG6	MxG4
07:42	07:54:00	MxG4	ROU	ESP	MxG2	FRA	MxG6
07:54	08:06:00	MxG6	MxG4	ROU	ESP	MxG2	FRA
08:06	08:18:00	FRA	MxG6	MxG4	ROU	ESP	MxG2
08:18	08:30:00	MxG2	FRA	MxG6	MxG4	ROU	ESP

Sub 3

11:00-12:30







10:00-10:18 - General warm up

							
11:18:00	11:30:00	NED	MxG3	BEL	MxG10	MxG8	UKR
11:30:00	11:42:00	UKR	NED	MxG3	BEL	MxG10	MxG8
11:42:00	11:54:00	MxG8	UKR	NED	MxG3	BEL	MxG10
11:54:00	11:06:00	MxG10	MxG8	UKR	NED	MxG3	BEL
11:06:00	11:18:00	BEL	MxG10	MxG8	UKR	NED	MxG3
11:18:00	11:30:00	MxG3	BEL	MxG10	MxG8	UKR	NED

Sub 1

17:15-18:45

17:15-17:33 - General warm up

							
17:33:00	17:45:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
17:45:00	17:57:00	GER	MxG9	MxG1	MxG5	MxG7	CAN
17:57:00	18:09:00	CAN	GER	MxG9	MxG1	MxG5	MxG7
18:09:00	18:21:00	MxG7	CAN	GER	MxG9	MxG1	MxG5
18:21:00	18:33:00	MxG5	MxG7	CAN	GER	MxG9	MxG1
18:33:00	18:45:00	MxG1	MxG5	MxG7	CAN	GER	MxG9

Activity: CI MAG

Date: April 16, 2016

ROA

ROA Warm up Hall - MAG

ROA FOP - MAG

Sub 1

08:35-10:20

08:35-09:08 - General warm up

09:08	09:20:00	CAN	GER	MxG9	MxG1	MxG5	MxG7
09:20	09:32:00	MxG7	CAN	GER	MxG9	MxG1	MxG5
09:32	09:44:00	MxG5	MxG7	CAN	GER	MxG9	MxG1
09:44	09:56:00	MxG1	MxG5	MxG7	CAN	GER	MxG9
09:56	10:08:00	MxG9	MxG1	MxG5	MxG7	CAN	GER
10:08	10:20:00	GER	MxG9	MxG1	MxG5	MxG7	CAN

Sub1

10:30-13:00

10:30 13:00	GER	MxG9	MxG1	MxG5	MxG7	CAN	
	CAN	GER	MxG9	MxG1	MxG5	MxG7	
	MxG7	CAN	GER	MxG9	MxG1	MxG5	
	MxG5	MxG7	CAN	GER	MxG9	MxG1	
	MxG1	MxG5	MxG7	CAN	GER	MxG9	
	MxG9	MxG1	MxG5	MxG7	CAN	GER	

Sub 2

12:35-14:20

12:35-13:08 - General warm up

13:08:00	13:20:00	MxG4	ROU	ESP	MxG2	FRA	MxG6
13:20:00	13:32:00	MxG6	MxG4	ROU	ESP	MxG2	FRA
13:32:00	13:44:00	FRA	MxG6	MxG4	ROU	ESP	MxG2
13:44:00	13:56:00	MxG2	FRA	MxG6	MxG4	ROU	ESP
13:56:00	14:08:00	ESP	MxG2	FRA	MxG6	MxG4	ROU
14:08:00	14:20:00	ROU	ESP	MxG2	FRA	MxG6	MxG4

Sub2

14:30-17:00

14:30 17:00	ROU	ESP	MxG2	FRA	MxG6	MxG4	
	MxG4	ROU	ESP	MxG2	FRA	MxG6	
	MxG6	MxG4	ROU	ESP	MxG2	FRA	
	FRA	MxG6	MxG4	ROU	ESP	MxG2	
	MxG2	FRA	MxG6	MxG4	ROU	ESP	
	ESP	MxG2	FRA	MxG6	MxG4	ROU	

Sub 3

16:35-18:20

16:35-17:08 - General warm up

17:08:00	17:20:00	MxG8	UKR	NED	MxG3	BEL	MxG10
17:20:00	17:32:00	MxG10	MxG8	UKR	NED	MxG3	BEL
17:32:00	17:44:00	BEL	MxG10	MxG8	UKR	NED	MxG3
17:44:00	17:56:00	MxG3	BEL	MxG10	MxG8	UKR	NED
17:56:00	18:08:00	NED	MxG3	BEL	MxG10	MxG8	UKR
18:08:00	18:20:00	UKR	NED	MxG3	BEL	MxG10	MxG8

Sub 3

18:30-21:00

18:30 21:00	UKR	NED	MxG3	BEL	MxG10	MxG8	
	MxG8	UKR	NED	MxG3	BEL	MxG10	
	MxG10	MxG8	UKR	NED	MxG3	BEL	
	BEL	MxG10	MxG8	UKR	NED	MxG3	
	MxG3	BEL	MxG10	MxG8	UKR	NED	
	NED	MxG3	BEL	MxG10	MxG8	UKR	

21:00 | 21:15

Award Ceremony

Activity: TRAINING FINALISTS CIII MAG







Date: April 17, 2016

Carioca 1

Hall 1 - MAG







Finalists

09:00-11:00

						
09:00 11:00	Open finalists MAG					







No finalists

11:00-13:00

						
13:30 16:00	Open no finalists MAG					

Finalists

16:30-18:30

						
16:30 18:30	Open finalists MAG					

Activity: CIII MAG/WAG

Date: April 18, 2016

ROA

ROA Warm up Hall - MAG/WAG

ROA FOP - MAG/WAG

Finalists

08:00-10:00

08:00 10:00	open for all finalists					

Non Finalists

10:00-11:45

10:00 11:45	open for NON finalists					

Finalists

11:45-15:30

11:45 15:30	CIII MAG FX, PH	CIII WAG VT & UB		

Finalists

15:30-19:10

15:30 19:10	CIII MAG SR, VT	CIII WAG BB	

Finalists

12:20-12:50

Warm up before competition			
12:20 12:50	CIII MAG FX, PH	CIII WAG VT & UB	

Finalists

CIII 13:10-15:40

Competition						
			Award Ceremony			Award Ceremony
13:10	13:40	MAG				
13:40	14:10		WAG			
14:10	14:25					
14:25	14:55				MAG	
14:55	15:25					WAG
15:25	15:40					

Finalists

16:00-16:50

Warm up before competition		
16:00 16:20	CIII MAG VT CIII WAG BB	
16:35 16:50		CIII MAG SR









ROA

ROA Warm up Hall - MAG/WAG

ROA FOP - MAG/WAG




Finalists

CIII 17:10-19:20

		Competition					
			Award Ceremony		Award Ceremony		Award Ceremony
17:10	17:40	MAG					
17:40	17:50						
18:00	18:30		MAG				
18:30	18:40						
18:40	19:10				WAG		
19:10	19:20						




Finalists

19:10-22:00

				
19:10	CIII MAG	CIII WAG		
22:00	PB, HB	FX		







Finalists

19:40-20:10

Warm up before competition				
				
19:40	CIII MAG	CIII WAG		
20:10	PB, HB	FX		

Finalists

CIII 20:30-22:20

		Competition			
					Award Ceremony
20:30	21:00	MAG			
21:00	21:30		WAG		
21:30	22:00			MAG	
22:00	22:20				  

Activity: TRAINING WAG

Date: April 14, 2016





Carioca 1

HALL 1 WAG

Sub 1

9:00-11:30


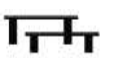


9:00-9:30 - General warm up

					
09:30:00	10:00:00	MxG5	MxG6	AUS	ROU
10:00:00	10:30:00	ROU	MxG5	MxG6	AUS
10:30:00	11:00:00	AUS	ROU	MxG5	MxG6
11:00:00	11:30:00	MxG6	AUS	ROU	MxG5

Sub 2

11:45-14:15





11:45-12:15 - General warm up

					
12:15:00	12:45:00	BRA	SUI	MxG4	MxG1
12:45:00	13:15:00	MxG1	BRA	SUI	MxG4
13:15:00	13:45:00	MxG4	MxG1	BRA	SUI
13:45:00	14:15:00	SUI	MxG4	MxG1	BRA

Sub 3

15:30-18:00





15:30-16:00 - General warm up

					
16:00:00	16:30:00	GER	KOR	MxG7	MxG8
16:30:00	17:00:00	MxG8	GER	KOR	MxG7
17:00:00	17:30:00	MxG7	MxG8	GER	KOR
17:30:00	18:00:00	KOR	MxG7	MxG8	GER

Sub 4

18:15-20:45

18:15-18:45 - General warm up

					
18:45:00	19:15:00	FRA	MxG3	BEL	MxG2
19:15:00	19:45:00	MxG2	FRA	MxG3	BEL
19:45:00	20:15:00	BEL	MxG2	FRA	MxG3
20:15:00	20:45:00	MxG3	BEL	MxG2	FRA

Activity: TRAINING WAG

Date: April 14, 2016





ROA

ROA Warm up Hall - WAG

Sub 3

9:00-10:40





9:00-9:20 - General warm up

					
09:20:00	09:40:00	MxG7	MxG8	GER	KOR
09:40:00	10:00:00	KOR	MxG7	MxG8	GER
10:00:00	10:20:00	GER	KOR	MxG7	MxG8
10:20:00	10:40:00	MxG8	GER	KOR	MxG7

Sub 4

11:00-12:40





11:00-11:20 - General warm up

					
11:20:00	11:40:00	BEL	MxG2	FRA	MxG3
11:40:00	12:00:00	MxG3	BEL	MxG2	FRA
12:00:00	12:20:00	FRA	MxG3	BEL	MxG2
12:20:00	12:40:00	MxG2	FRA	MxG3	BEL

Sub 1

16:20-18:00


16:20-16:40 - General warm up

					
16:40:00	17:00:00	AUS	ROU	MxG5	MxG6
17:00:00	17:20:00	MxG6	AUS	ROU	MxG5
17:20:00	17:40:00	MxG5	MxG6	AUS	ROU
17:40:00	18:00:00	ROU	MxG5	MxG6	AUS

Sub 2

18:15-19:55

18:15-18:35 - General warm up

					
18:35:00	18:55:00	MxG4	MxG1	BRA	SUI
18:55:00	19:15:00	SUI	MxG4	MxG1	BRA
19:15:00	19:35:00	BRA	SUI	MxG4	MxG1
19:35:00	19:55:00	MxG1	BRA	SUI	MxG4

Activity: PODIUM TRAINING WAG

Date: April 15, 2016





Carioca 1

HALL 1 WAG

Sub 3

08:00-09:40





08:00-08:20 - General warm up

					
08:20:00	08:40:00	MxG8	GER	KOR	MxG7
08:40:00	09:00:00	MxG7	MxG8	GER	KOR
09:00:00	09:20:00	KOR	MxG7	MxG8	GER
09:20:00	09:40:00	GER	KOR	MxG7	MxG8

Sub 4

10:00-11:40





10:00-10:20 - General warm up

					
10:20:00	10:40:00	MxG2	FRA	MxG3	BEL
10:40:00	11:00:00	BEL	MxG2	FRA	MxG3
11:00:00	11:20:00	MxG3	BEL	MxG2	FRA
11:20:00	11:40:00	FRA	MxG3	BEL	MxG2

Sub 1

15:30-17:10





15:30-15:50 - General warm up

					
15:50:00	16:10:00	ROU	MxG5	MxG6	AUS
16:10:00	16:30:00	AUS	ROU	MxG5	MxG6
16:30:00	16:50:00	MxG6	AUS	ROU	MxG5
16:50:00	17:10:00	MxG5	MxG6	AUS	ROU

Sub 2

19:00-20:40

19:00-19:20 - General warm up

					
19:20:00	19:40:00	MxG1	BRA	SUI	MxG4
19:40:00	20:00:00	MxG4	MxG1	BRA	SUI
20:00:00	20:20:00	SUI	MxG4	MxG1	BRA
20:20:00	20:40:00	BRA	SUI	MxG4	MxG1

Activity: PODIUM TRAINING WAG

Date: April 15, 2016

ROA

ROA Warm up Hall - WAG

ROA FOP - WAG

Sub 1

7:40-9:20

7:40-08:00 - General warm up

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
08:00:00	08:20:00	MxG6	AUS	ROU	MxG5
08:20:00	08:40:00	MxG5	MxG6	AUS	ROU
08:40:00	09:00:00	ROU	MxG5	MxG6	AUS
09:00:00	09:20:00	AUS	ROU	MxG5	MxG6

Sub1

9:30-11:30

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
09:30:00	10:00:00	AUS	ROU	MxG5	MxG6
10:00:00	10:30:00	MxG6	AUS	ROU	MxG5
10:30:00	11:00:00	MxG5	MxG6	AUS	ROU
11:00:00	11:30:00	ROU	MxG5	MxG6	AUS

Sub 2

11:10-12:50

11:10-11:30 - General warm up

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
11:30:00	11:50:00	SUI	MxG4	MxG1	BRA
11:50:00	12:10:00	BRA	SUI	MxG4	MxG1
12:10:00	12:30:00	MxG1	BRA	SUI	MxG4
12:30:00	12:50:00	MxG4	MxG1	BRA	SUI

Sub2

13:00-15:00

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
13:00:00	13:30:00	MxG4	MxG1	BRA	SUI
13:30:00	14:00:00	SUI	MxG4	MxG1	BRA
14:00:00	14:30:00	BRA	SUI	MxG4	MxG1
14:30:00	15:00:00	MxG1	BRA	SUI	MxG4

Sub 3

14:40-16:20

14:40-15:00 - General warm up

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
15:00:00	15:20:00	KOR	MxG7	MxG8	GER
15:20:00	15:40:00	GER	KOR	MxG7	MxG8
15:40:00	16:00:00	MxG8	GER	KOR	MxG7
16:00:00	16:20:00	MxG7	MxG8	GER	KOR

Sub 3

16:30-18:30

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
16:30:00	17:00:00	MxG7	MxG8	GER	KOR
17:00:00	17:30:00	KOR	MxG7	MxG8	GER
17:30:00	18:00:00	GER	KOR	MxG7	MxG8
18:00:00	18:30:00	MxG8	GER	KOR	MxG7

Sub 4

18:10-19:50

18:10-18:30 - General warm up

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
18:30:00	18:50:00	MxG3	BEL	MxG2	FRA
18:50:00	19:10:00	FRA	MxG3	BEL	MxG2
19:10:00	19:30:00	MxG2	FRA	MxG3	BEL
19:30:00	19:50:00	BEL	MxG2	FRA	MxG3

Sub 4

20:00-22:00

		🇮🇹	🇫🇷	🇦🇺	🇷🇴
20:00:00	20:30:00	BEL	MxG2	FRA	MxG3
20:30:00	21:00:00	MxG3	BEL	MxG2	FRA
21:00:00	21:30:00	FRA	MxG3	BEL	MxG2
21:30:00	22:00:00	MxG2	FRA	MxG3	BEL

Activity: TRAINING WAG

Date: April 16, 2016





Carioca 1

HALL 1 WAG

Sub 1

9:00-11:30



9:00-9:30 - General warm up

					
09:30:00	10:00:00	MxG5	MxG6	AUS	ROU
10:00:00	10:30:00	ROU	MxG5	MxG6	AUS
10:30:00	11:00:00	AUS	ROU	MxG5	MxG6
11:00:00	11:30:00	MxG6	AUS	ROU	MxG5

Sub 2

11:45-14:15

11:45-12:15 - General warm up

					
12:15:00	12:45:00	BRA	SUI	MxG4	MxG1
12:45:00	13:15:00	MxG1	BRA	SUI	MxG4
13:15:00	13:45:00	MxG4	MxG1	BRA	SUI
13:45:00	14:15:00	SUI	MxG4	MxG1	BRA

Sub 3

15:30-18:00





15:30-16:00 - General warm up

					
16:00:00	16:30:00	GER	KOR	MxG7	MxG8
16:30:00	17:00:00	MxG8	GER	KOR	MxG7
17:00:00	17:30:00	MxG7	MxG8	GER	KOR
17:30:00	18:00:00	KOR	MxG7	MxG8	GER

Sub 4

18:15-20:45

18:15-18:45 - General warm up

					
18:45:00	19:15:00	FRA	MxG3	BEL	MxG2
19:15:00	19:45:00	MxG2	FRA	MxG3	BEL
19:45:00	20:15:00	BEL	MxG2	FRA	MxG3
20:15:00	20:45:00	MxG3	BEL	MxG2	FRA

Activity: TRAINING WAG

Date: April 16, 2016





ROA

ROA Warm up Hall - WAG

Sub 3

9:00-10:40



9:00-9:20 - General warm up

					
09:20:00	09:40:00	MxG8	GER	KOR	MxG7
09:40:00	10:00:00	MxG7	MxG8	GER	KOR
10:00:00	10:20:00	KOR	MxG7	MxG8	GER
10:20:00	10:40:00	GER	KOR	MxG7	MxG8

Sub 4

11:00-12:40





11:00-11:20 - General warm up

					
11:20:00	11:40:00	MxG2	FRA	MxG3	BEL
11:40:00	12:00:00	BEL	MxG2	FRA	MxG3
12:00:00	12:20:00	MxG3	BEL	MxG2	FRA
12:20:00	12:40:00	FRA	MxG3	BEL	MxG2

Sub 1

16:20-18:00





16:20-16:40 - General warm up

					
16:40:00	17:00:00	ROU	MxG5	MxG6	AUS
17:00:00	17:20:00	AUS	ROU	MxG5	MxG6
17:20:00	17:40:00	MxG6	AUS	ROU	MxG5
17:40:00	18:00:00	MxG5	MxG6	AUS	ROU

Sub 2

18:15-19:55

18:15-18:35 - General warm up

					
18:35:00	18:55:00	MxG1	BRA	SUI	MxG4
18:55:00	19:15:00	MxG4	MxG1	BRA	SUI
19:15:00	19:35:00	SUI	MxG4	MxG1	BRA
19:35:00	19:55:00	BRA	SUI	MxG4	MxG1

Activity: TRAINING WAG - CI

Date: April 17, 2016





Carioca 1

HALL 1 WAG

Sub 3

08:00-09:40





08:00-08:20 - General warm up

					
08:20:00	08:40:00	KOR	MxG7	MxG8	GER
08:40:00	09:00:00	GER	KOR	MxG7	MxG8
09:00:00	09:20:00	MxG8	GER	KOR	MxG7
09:20:00	09:40:00	MxG7	MxG8	GER	KOR

Sub 4

10:00-11:40





10:00-10:20 - General warm up

					
10:20:00	10:40:00	MxG3	BEL	MxG2	FRA
10:40:00	11:00:00	FRA	MxG3	BEL	MxG2
11:00:00	11:20:00	MxG2	FRA	MxG3	BEL
11:20:00	11:40:00	BEL	MxG2	FRA	MxG3

Sub 1

15:30-17:10

15:30-15:50 - General warm up

					
15:50:00	16:10:00	MxG6	AUS	ROU	MxG5
16:10:00	16:30:00	MxG5	MxG6	AUS	ROU
16:30:00	16:50:00	ROU	MxG5	MxG6	AUS
16:50:00	17:10:00	AUS	ROU	MxG5	MxG6

Sub 2

19:00-20:40

19:00-19:20 - General warm up

					
19:20:00	19:40:00	SUI	MxG4	MxG1	BRA
19:40:00	20:00:00	BRA	SUI	MxG4	MxG1
20:00:00	20:20:00	MxG1	BRA	SUI	MxG4
20:20:00	20:40:00	MxG4	MxG1	BRA	SUI

Activity: CI WAG

Date: April 17, 2016

ROA

ROA Warm up Hall - WAG

ROA FOP - WAG

Sub 1

7:40-9:20

7:40-08:00 - General warm up

		⌈	⌈	⌈	■
08:00:00	08:20:00	MxG6	AUS	ROU	MxG5
08:20:00	08:40:00	MxG5	MxG6	AUS	ROU
08:40:00	09:00:00	ROU	MxG5	MxG6	AUS
09:00:00	09:20:00	AUS	ROU	MxG5	MxG6

Sub1

9:30-11:30

		⌈	⌈	⌈	■
09:30:00	10:00:00	AUS	ROU	MxG5	MxG6
10:00:00	10:30:00	MxG6	AUS	ROU	MxG5
10:30:00	11:00:00	MxG5	MxG6	AUS	ROU
11:00:00	11:30:00	ROU	MxG5	MxG6	AUS

Sub 2

11:10-12:50

11:10-11:30 - General warm up

		⌈	⌈	⌈	■
11:30:00	11:50:00	SUI	MxG4	MxG1	BRA
11:50:00	12:10:00	BRA	SUI	MxG4	MxG1
12:10:00	12:30:00	MxG1	BRA	SUI	MxG4
12:30:00	12:50:00	MxG4	MxG1	BRA	SUI

Sub2

13:00-15:00

		⌈	⌈	⌈	■
13:00:00	13:30:00	MxG4	MxG1	BRA	SUI
13:30:00	14:00:00	SUI	MxG4	MxG1	BRA
14:00:00	14:30:00	BRA	SUI	MxG4	MxG1
14:30:00	15:00:00	MxG1	BRA	SUI	MxG4

Sub 3

14:40-16:20

14:40-15:00 - General warm up

		⌈	⌈	⌈	■
15:00:00	15:20:00	KOR	MxG7	MxG8	GER
15:20:00	15:40:00	GER	KOR	MxG7	MxG8
15:40:00	16:00:00	MxG8	GER	KOR	MxG7
16:00:00	16:20:00	MxG7	MxG8	GER	KOR

Sub 3

16:30-18:30

		⌈	⌈	⌈	■
16:30:00	17:00:00	MxG7	MxG8	GER	KOR
17:00:00	17:30:00	KOR	MxG7	MxG8	GER
17:30:00	18:00:00	GER	KOR	MxG7	MxG8
18:00:00	18:30:00	MxG8	GER	KOR	MxG7

Sub 4

18:10-19:50

18:10-18:30 - General warm up

		⌈	⌈	⌈	■
18:30:00	18:50:00	MxG3	BEL	MxG2	FRA
18:50:00	19:10:00	FRA	MxG3	BEL	MxG2
19:10:00	19:30:00	MxG2	FRA	MxG3	BEL
19:30:00	19:50:00	BEL	MxG2	FRA	MxG3

Sub 4

20:00-22:00

		⌈	⌈	⌈	■
20:00:00	20:30:00	BEL	MxG2	FRA	MxG3
20:30:00	21:00:00	MxG3	BEL	MxG2	FRA
21:00:00	21:30:00	FRA	MxG3	BEL	MxG2
21:30:00	22:00:00	MxG2	FRA	MxG3	BEL

22:00 22:15 Award Ceremony



Activity: CIII MAG/WAG

Date: April 18, 2016

ROA

ROA Warm up Hall - MAG/WAG

ROA FOP - MAG/WAG

Finalists

08:00-10:00

	T	FH	W	■		
08:00 10:00	open for all finalists					

No finalists

10:00-11:45

	T	FH	W	■		
10:00 11:45	open for all <u>no</u> finalists					

Finalists

11:45-15:30

	■	A	T	FH		
11:45 15:30	CIII MAG FX, PH	CIII WAG VT & UB				

Finalists

12:20-12:50

Warm up before competition						
	■	A	T	FH		
12:20 12:50	CIII MAG FX, PH	CIII WAG VT & UB				

Finalists

CIII 13:10-15:40

Competition						
	■	T	Award Ceremony	A	FH	Award Ceremony
13:10	13:40	MAG				
13:40	14:10		WAG			
14:10	14:25		■ T			
14:25	14:55			MAG		
14:55	15:25				WAG	
15:25	15:40					A FH




ROA

ROA Warm up Hall - MAG/WAG

ROA FOP - MAG/WAG




Finalists

15:30-19:10

			
15:30 19:10	CIII MAG SR, VT	CIII WAG BB	







Finalists

16:00-16:50

Warm up before competition			
			
16:00 16:20	CIII MAG VT CIII WAG BB		
16:35 16:50		CIII MAG SR	




Finalists

CIII 17:10-19:20

Competition							
			Award Ceremony		Award Ceremony		Award Ceremony
17:10	17:40	MAG					
17:40	17:50						
18:00	18:30			MAG			
18:30	18:40						
18:40	19:10					WAG	
19:10	19:20						




Finalists

19:10-22:00

			
19:10 22:00	CIII MAG PB, HB	CIII WAG FX	






Finalists

19:40-20:10

Warm up before competition			
			
19:40 20:10	CIII MAG PB, HB	CIII WAG FX	

Finalists

CIII 20:30-22:20

Competition					
				Award Ceremony	
20:30	21:00	MAG			
21:00	21:30		WAG		
21:30	22:00			MAG	
22:00	22:20				  

18-abr	Podium Training		Training	
	FOP		Warm Up Hall	
Start	End	TR 1-2	TR 3-4	TR 5-6
07:20	08:00		Group 1	
08:00	08:40	Group 1	Group 2	
08:40	09:20	Group 2	Group 3	
09:20	10:00	Group 3	Group 4	
10:00	10:40	Group 4	Open	
14:00	16:00		Group 1	Group 2
16:00	18:00		Group 3	Group 4
18:00	19:30		Open	

19-abr	Podium Training		Training	
	FOP		Warm Up Hall	
Start	End	TR 1-2	TR 3-4	
08:00	09:00		Women's WU	
09:00	10:00	Women's PT		
10:00	11:00		Men's WU	
11:00	13:00	Men's PT		
COMPETITION				
13:40	15:15		W - Warm Up	
14:00	16:35	W - WQ/WF		
16:35	16:45	Award Ceremony		
16:40	18:15		M - Warm Up	
17:00	19:35	M - MQ/MF		
19:35	19:45	Award Ceremony		

Group 1	USA (3)	FRA (1)	UKR (3)	NZL (1)		
Group 2	UZB (2)	AUS (1)	SUI (1)	RUS (3)	KAZ (1)	
Group 3	JPN (2)	POR (3)	NED (1)	BLR (2)		
Group 4	BRA (1)	CHN (3)	GBR (1)	COL (1)	CAN (1)	GER (1)

13/04/2016

Time	From	To
13:00	Windsor	Venue
13:30	Windsor	Venue
14:00	Windsor	Venue
14:30	Windsor	Venue
15:00	Windsor	Venue
15:30	Windsor	Venue
16:00	Windsor	Venue
16:30	Windsor	Venue
17:00	Windsor	Venue
17:30	Windsor	Venue
18:00	Windsor	Venue
18:30	Windsor	Venue
19:00	Windsor	Venue
19:30	Windsor	Venue
20:00	Windsor	Venue
20:30	Windsor	Venue
21:00	Windsor	Venue
21:30	Windsor	Venue

13/04/2016

Time	From	To
13:50	Venue	Windsor
14:20	Venue	Windsor
14:50	Venue	Windsor
15:20	Venue	Windsor
15:50	Venue	Windsor
16:20	Venue	Windsor
16:50	Venue	Windsor
17:20	Venue	Windsor
17:50	Venue	Windsor
18:20	Venue	Windsor
18:50	Venue	Windsor
19:20	Venue	Windsor
19:50	Venue	Windsor
20:20	Venue	Windsor
20:50	Venue	Windsor
21:20	Venue	Windsor
21:50	Venue	Windsor
22:20	Venue	Windsor

14/04/2016

Time	From	To
6:00	Windsor	Venue
6:30	Windsor	Venue
7:00	Windsor	Venue
7:30	Windsor	Venue
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14/04/2016

Time	From	To
6:50	Venue	Windsor
7:20	Venue	Windsor
7:50	Venue	Windsor
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15/04/2016

Time	From	To
6:00	Windsor	Venue
6:30	Windsor	Venue
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15/04/2016

Time	From	To
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7:20	Venue	Windsor
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23:20	Venue	Windsor

16/04/2016

Time	From	To
6:00	Windsor	Venue
6:30	Windsor	Venue
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21:30	Windsor	Venue

16/04/2016

Time	From	To
6:50	Venue	Windsor
7:20	Venue	Windsor
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21:20	Venue	Windsor
21:50	Venue	Windsor
22:20	Venue	Windsor

17/04/2016

Time	From	To
6:30	Windsor	Venue
7:00	Windsor	Venue
7:30	Windsor	Venue
8:00	Windsor	Venue
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22:00	Windsor	Venue
22:30	Windsor	Venue
23:00	Windsor	Venue

17/04/2016

Time	From	To
7:20	Venue	Windsor
7:50	Venue	Windsor
8:20	Venue	Windsor
8:50	Venue	Windsor
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21:50	Venue	Windsor
22:20	Venue	Windsor
22:50	Venue	Windsor
23:20	Venue	Windsor
23:50	Venue	Windsor

18/04/2016

Time	From	To
6:00	Windsor	Venue
6:30	Windsor	Venue
7:00	Windsor	Venue
7:30	Windsor	Venue
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21:00	Windsor	Venue
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22:00	Windsor	Venue
22:30	Windsor	Venue
23:00	Windsor	Venue

18/04/2016

Time	From	To
6:50	Venue	Windsor
7:20	Venue	Windsor
7:50	Venue	Windsor
8:20	Venue	Windsor
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21:20	Venue	Windsor
21:50	Venue	Windsor
22:20	Venue	Windsor
22:50	Venue	Windsor
23:20	Venue	Windsor
23:50	Venue	Windsor

19/04/2016

Time	From	To
7:00	Windsor	Venue
9:00	Windsor	Venue
12:30	Windsor	Venue
15:30	Windsor	Venue
17:00	Windsor	Venue
18:30	Windsor	Venue

19/04/2016

Time	From	To
7:50	Venue	Windsor
9:50	Venue	Windsor
13:20	Venue	Windsor
16:20	Venue	Windsor
17:50	Venue	Windsor
19:20	Venue	Windsor

20/04/2016

Time	From	To
7:30	Windsor	Venue
8:00	Windsor	Venue
8:30	Windsor	Venue
9:00	Windsor	Venue
9:30	Windsor	Venue
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16:00	Windsor	Venue
16:30	Windsor	Venue
17:00	Windsor	Venue
17:30	Windsor	Venue
18:00	Windsor	Venue

20/04/2016

Time	From	To
8:20	Venue	Windsor
8:50	Venue	Windsor
9:20	Venue	Windsor
9:50	Venue	Windsor
10:20	Venue	Windsor
10:50	Venue	Windsor
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16:20	Venue	Windsor
16:50	Venue	Windsor
17:20	Venue	Windsor
17:50	Venue	Windsor
18:20	Venue	Windsor
18:50	Venue	Windsor

21/04/2016

Time	From	To
6:00	Windsor	Venue
6:30	Windsor	Venue
7:00	Windsor	Venue
7:30	Windsor	Venue
8:00	Windsor	Venue
8:30	Windsor	Venue
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17:00	Windsor	Venue
17:30	Windsor	Venue
18:00	Windsor	Venue
18:30	Windsor	Venue
19:00	Windsor	Venue

21/04/2016

Time	From	To
6:50	Venue	Windsor
7:20	Venue	Windsor
7:50	Venue	Windsor
8:20	Venue	Windsor
8:50	Venue	Windsor
9:20	Venue	Windsor
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17:50	Venue	Windsor
18:20	Venue	Windsor
18:50	Venue	Windsor
19:20	Venue	Windsor
19:50	Venue	Windsor

22/04/2016

Time	From	To
7:30	Windsor	Venue
8:00	Windsor	Venue
8:30	Windsor	Venue
9:00	Windsor	Venue
9:30	Windsor	Venue
10:00	Windsor	Venue
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16:30	Windsor	Venue
17:00	Windsor	Venue
17:30	Windsor	Venue
18:00	Windsor	Venue
18:30	Windsor	Venue

22/04/2016

Time	From	To
8:20	Venue	Windsor
8:50	Venue	Windsor
9:20	Venue	Windsor
9:50	Venue	Windsor
10:20	Venue	Windsor
10:50	Venue	Windsor
11:20	Venue	Windsor
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17:20	Venue	Windsor
17:50	Venue	Windsor
18:20	Venue	Windsor
18:50	Venue	Windsor
19:20	Venue	Windsor

Timetable IBIS

14.04.2016		
Time	From	To
7:45	Ibis	Venue

14.04.2016		
Time	From	To
21:15	Venue	Ibis

15.04.2016		
Time	From	To
7:45	Ibis	Venue

15.04.2016		
Time	From	To
22:15	Venue	Ibis

16.04.2016		
Time	From	To
8:30	Ibis	Venue

16.04.2016		
Time	From	To
21:30	Venue	Ibis

17.04.2016		
Time	From	To
8:00	Ibis	Venue

17.04.2016		
Time	From	To
22:30	Venue	Ibis

18.04.2016		
Time	From	To
10:30	Ibis	Venue
11:30	Ibis	Venue

18.04.2016		
Time	From	To
22:30	Venue	Ibis

Timetable BLUE TREE HOTEL

13.04.2016		
Time	From	To
7:45	Blue Tree	Venue
12:00	Blue Tree	Venue
15:30	Blue Tree	Venue

13.04.2016		
Time	From	To
12:00	Venue	Blue Tree
17:15	Venue	Blue Tree
21:45	Venue	Blue Tree

14.04.2016		
Time	From	To
7:45	Blue Tree	Venue
12:00	Blue Tree	Venue
15:30	Blue Tree	Venue
19:00	Blue Tree	Venue

14.04.2016		
Time	From	To
14:15	Venue	Blue Tree
17:15	Venue	Blue Tree
21:15	Venue	Blue Tree
21:15	Venue	Blue Tree
21:15	Venue	Blue Tree

15.04.2016		
Time	From	To
7:45	Blue Tree	Venue
12:00	Blue Tree	Venue
15:30	Blue Tree	Venue
19:00	Blue Tree	Venue

15.04.2016		
Time	From	To
22:15	Venue	Blue Tree
11:45	Venue	Blue Tree
15:15	Venue	Blue Tree
18:45	Venue	Blue Tree

16.04.2016		
Time	From	To
7:45	Blue Tree	Venue
12:00	Blue Tree	Venue
15:30	Blue Tree	Venue
19:00	Blue Tree	Venue

16.04.2016		
Time	From	To
21:30	Venue	Blue Tree
15:15	Venue	Blue Tree
13:30	Venue	Blue Tree
17:30	Venue	Blue Tree

17.04.2016		
Time	From	To
7:45	Blue Tree	Venue
12:00	Blue Tree	Venue
15:30	Blue Tree	Venue
19:00	Blue Tree	Venue
19:00	Blue Tree	Venue
19:15	Blue Tree	Venue
21:00	Blue Tree	Venue

17.04.2016		
Time	From	To
8:30	Venue	Blue Tree
10:00	Venue	Blue Tree
15:15	Venue	Blue Tree
18:15	Venue	Blue Tree
18:45	Venue	Blue Tree
20:15	Venue	Blue Tree
21:45	Venue	Blue Tree
22:30	Venue	Blue Tree

18.04.2016		
Time	From	To
7:00	Blue Tree	Venue
9:00	Blue Tree	Venue
10:00	Blue Tree	Venue
10:15	Blue Tree	Venue
11:15	Blue Tree	Venue
15:00	Blue Tree	Venue
17:00	Blue Tree	Venue

18.04.2016

Time	From	To
13:15	Venue	Blue Tree
16:00	Venue	Blue Tree
19:30	Venue	Blue Tree
22:30	Venue	Blue Tree