



**5<sup>th</sup> AEROBIC GYMNASTICS ASIAN  
CHAMPIONSHIPS**  
**11<sup>th</sup> – 13<sup>th</sup> December 2015**  
**Hochiminh City, Vietnam**



**DIRECTIVES**

**Event ID: 14391**

Dear AGU affiliated Federation Members,

Following the decision of the AGU Executive Committee, Vietnam Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official AGU Event.

<b>DISCIPLINE</b>	<b>AEROBIC GYMNASTICS</b>
<b>HOST FEDERATION</b>	VIETNAM GYMNASTICS FEDERATION Contact Person: Ms. NGUYEN Kim Lan / Secretary General Address: Room 306, Bldg E, Vietnam Sports Administration, No.36 Tran Phu Str, Ba Dinh Dist, Ha Noi, Vietnam. Tel/Fax: +84 43 7472078 E-mail: <a href="mailto:vngymnastics@gmail.com">vngymnastics@gmail.com</a>
<b>ORGANIZING COMMITTEE</b>	VIETNAM GYMNASTICS FEDERATION Contact Person: Ms. NGUYEN Kim Lan / Secretary General Address: Room 306, Bldg E, Vietnam Sports Administration, No.36 Tran Phu Str, Ba Dinh Dist, Ha Noi, Vietnam. Tel/Fax: +84 43 7472078 E-mail: <a href="mailto:vngymnastics@gmail.com">vngymnastics@gmail.com</a>
<b>AGU</b>	ASIAN GYMNASTICS UNION Al-Bidda Tower, 5 <sup>th</sup> Floor – Al Cornish Street, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: <a href="mailto:info@agu-gymnastics.com">info@agu-gymnastics.com</a> <a href="http://www.agu-gymnastics.com">http://www.agu-gymnastics.com</a>
<b>LOCATION</b>	Nguyen Du Sports Center, Distric 1, Hochiminh City, Vietnam
<b>DATE</b>	11 <sup>th</sup> – 13 <sup>th</sup> December 2015
<b>VENUE</b>	Competition, Training and Warm-up Hall: Nguyen Du Sports Center Address: No. 116 Nguyen Du Street, District 1, Hochiminh City, VIE
<b>APPARATUS SUPPLIER</b>	Local Organizing Committee will guarantee that the equipment chosen comply with the Rules and Regulation of Aerobic Gymnastics. 3 Gymnova floors (podium and training hall) Ref: 6630 – Aero floor one
<b>RULES AND REGULATIONS</b>	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives, see the SPECIAL RULES: <ul style="list-style-type: none"><li>• Statutes</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters</li><li>• Licences Rules</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules for Aerobic Gymnastics</li><li>• Medical Organization of the Official FIG Competitions</li><li>• Doping Control Rules</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• Advertising and Publicity Rules</li><li>• Regulations for Awards Ceremonies and subsequent decisions of the FIG Executive Committee</li></ul>

<p><b>SPECIAL RULES</b></p>	<ol style="list-style-type: none"> <li><b>1. Qualifications and Finals</b> <ul style="list-style-type: none"> <li>• <b>Qualification:</b> The 5<sup>th</sup> Aerobic Asian Championships is opened for AG1, AG2 with categories: IM, IW, MP, TR, GR and Senior with categories: IM, IW, MP, TR, GR, AD, AS. Qualification for the Senior is opened for maximum two units from each Federation thus a participation of two units per category.</li> <li>• <b>Finals:</b> The finals are opened for 2 units per country only.</li> </ul> </li> <li><b>2. Prize Money</b> Prize money as mentioned under PRIZE MONEY will be paid to the top three per category</li> <li><b>3. Award Ceremonies</b> Only one award ceremony (per category) will be held based on the 5<sup>th</sup> Asian Aerobic Gymnastics Ranking List.</li> <li><b>4. Registration</b> All competitors may only be registered by their respective AGU member Federations, using the official registration forms. See also REGISTRATION DEADLINE</li> </ol>																																																				
<p><b>FEDERATION INVITED</b></p>	<p>All AGU Member Federation is Asia continent who have paid their annual membership fee for Aerobic Gymnastics as well as AGU membership fee. With an official letter of request to the AGU HQ, AUS and NZL are given the opportunity to participate but will not be entitled for the medals and no prize money.</p>																																																				
<p><b>PARTICIPATION</b></p>	<p>Categories: AG1, AG2 (IM, IW, MP, TR, GR) and Senior (IM, IW, MP, TR, GR, AD, AS)</p> <p>Participation is as below. Based on FIG International Events Rules, Art.2 &amp; 3, <b>“All gymnasts (including Age Group) must have FIG License to participate”.</b></p> <p>The Local Organizing Committee will be responsible for checking the validity of the gymnast Licenses. No gymnast will be accepted without a valid FIG License at the deadline of the Registration. The Maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="486 1370 1401 1899"> <thead> <tr> <th></th> <th>Seniors</th> <th>Age Group 1</th> <th>Age Group 2</th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>2</td> <td>2</td> <td>2</td> </tr> <tr> <td>Individual Men</td> <td>2</td> <td>2</td> <td>2</td> </tr> <tr> <td>Mixed Pairs</td> <td>2</td> <td>2</td> <td>2</td> </tr> <tr> <td>Trios</td> <td>2</td> <td>2</td> <td>2</td> </tr> <tr> <td>Groups</td> <td>2</td> <td>2</td> <td>2</td> </tr> <tr> <td>Aerobic Dance</td> <td>1</td> <td></td> <td></td> </tr> <tr> <td>Aerobic Step</td> <td>1</td> <td></td> <td></td> </tr> <tr> <td>Head of Delegation</td> <td colspan="3">1</td> </tr> <tr> <td>Team Manager</td> <td colspan="3">1</td> </tr> <tr> <td>Coaches</td> <td colspan="3">3 – 5</td> </tr> <tr> <td>Judges</td> <td colspan="3">1-2 (Minimum one Level III or above if possible)</td> </tr> <tr> <td>Doctor / Therapist</td> <td colspan="3">1 – 2</td> </tr> </tbody> </table>		Seniors	Age Group 1	Age Group 2	Individual Women	2	2	2	Individual Men	2	2	2	Mixed Pairs	2	2	2	Trios	2	2	2	Groups	2	2	2	Aerobic Dance	1			Aerobic Step	1			Head of Delegation	1			Team Manager	1			Coaches	3 – 5			Judges	1-2 (Minimum one Level III or above if possible)			Doctor / Therapist	1 – 2		
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<p><b>AGE LIMITS</b></p>	<ul style="list-style-type: none"> <li>• AG1: 12 – 14 years</li> <li>• AG2: 15 – 17 years</li> <li>• Senior (Age Limit): 18 years (born in 1997 or before)</li> </ul> <p><b>All gymnasts must have a valid FIG licence</b></p>																																																				

<b>REGISTRATION DEADLINES</b>	<p>Provisional, Definitive and Nominative Registrations must be made by using the official forms. These registrations will only be accepted from AGU Gymnastics Member Federations.</p> <table border="1" data-bbox="485 230 1399 338"> <tr> <td>Provisional registration</td> <td>11 Sep 2015</td> <td></td> </tr> <tr> <td>Definitive registration</td> <td>9 Oct 2015</td> <td></td> </tr> <tr> <td>Nominative</td> <td>9 Nov 2015</td> <td>4 weeks prior the event</td> </tr> </table> <p>Registration and payments made after the gymnasts drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p>	Provisional registration	11 Sep 2015		Definitive registration	9 Oct 2015		Nominative	9 Nov 2015	4 weeks prior the event
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<b>ENTRY FEES</b>	<p>The non-reimbursable cost for the entry fee is of <b>US \$50</b> per gymnast per category.</p> <p>The invited participating federations must pay for all entry fees. At the time of the Definitive Registration on <b>October 9, 2015</b>. 100% of the entry fee must be paid to the LOC. The entry fee is not refundable and all the necessary bank handling costs should be paid by the participating federations.</p>									
<b>ACCREDITATION</b>	<p>At the accreditation, the heads of delegation must present the following:</p> <ul style="list-style-type: none"> <li>- Passports of all the members of the delegation</li> <li>- Licenses for FIG competitors</li> <li>- One CD for each one routine</li> <li>- Valid Insurance</li> </ul>									
<b>ADD MUSIC LENGTH</b>	<p>AG1: All categories (1 minute 15 seconds +/- 5 seconds)  AG2: All categories (1 minute 30 seconds +/- 5 seconds)  Senior: All categories (1 minute 30 seconds +/- 5 seconds)</p>									
<b>COMPETITION FORMAT</b>	<p>The Asian Championship consists of Qualifications and Finals in all 7 categories.</p> <p>Participation in the Qualification:</p> <ul style="list-style-type: none"> <li>• 9 entries from 4 nations</li> <li>• 7-8 entries from 4 nations</li> <li>• 5-6 entries from 3 nations</li> <li>• Less than 4 entries from 2 nations</li> </ul> <ul style="list-style-type: none"> <li>- Final 8 best gymnasts.</li> <li>- Final 6 best gymnasts.</li> <li>- Final 4 best gymnasts.</li> <li>- Cancel of the respective category</li> </ul> <p>Participation in the Finals:  The top eight scores (respectively 6, 4) per category from the Qualification qualify for the Finals.</p> <ul style="list-style-type: none"> <li>- In addition, if the Organizing Member Federation has not qualified in any category, it may nominate one participation in max. 1 category of its choice.</li> <li>- Maximum participation in the finals is therefore 8+1 participants in one category and 8 in the other four categories.</li> </ul> <p>The organizing member Federation may cancel the competition in the respective category if at the time of the definitive entry, there are less than 4 countries registered in a category.  In case of such a cancelation, the organizing member Federation must reimburse, in full, payments made for accommodation. Should flights have to be cancelled due to the above, the risk is at the charge of the participating member Federations.</p>									
<b>PROVISIONAL SCHEDULE</b>	<table border="1" data-bbox="485 2029 1399 2096"> <thead> <tr> <th>DATE</th> <th>ACTIVITIES</th> </tr> </thead> <tbody> <tr> <td>9 Dec 2015</td> <td>Arrival of Delegations</td> </tr> </tbody> </table>	DATE	ACTIVITIES	9 Dec 2015	Arrival of Delegations					
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	(Wednesday)	Accreditation of the Delegations				
	10 Dec 2015 (Thursday)	Orientation Meeting Judges Meeting Training as schedule				
	11 Dec 2015 (Friday)	Qualifications both Age Groups Training Seniors				
	12 Dec 2015 (Saturday)	Final both Age Groups Qualifications Seniors				
	13 Dec 2015 (Sunday)	Final Seniors Farewell Party				
	14 Dec 2015 (Monday)	Departure of Delegations				
<b>EVENT MANAGER</b>	<p>Ms. NGUYEN Kim Lan Room 306, Bldg E, Vietnam Sports Administration, No.36 Tran Phu Str, Ba Dinh Dist, Ha Noi, Vietnam. Tel/Fax: +84 43 7472078 E-mail: <a href="mailto:vngymnastics@gmail.com">vngymnastics@gmail.com</a></p>					
<b>MEDIA</b>	<p>The person in charge for the media will be the same as event manager. Our policy is basically the e-mail communication.</p>					
<b>MEDICAL</b>	<p>During all days – official trainings and competition, official medical persons who will be in the training and competition venue will be provided by the LOC.</p>					
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Vietnam Embassy or Consulate in your country if a visa is required for your travel to Vietnam. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>October 9, 2015</b> to the LOC.</p> <p>Participating federations must pay for the visa of their delegation members.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation members as well as the city the visa application support letter must be sent to.</p>					
<b>INSURANCE</b>	<p>The LOC, the FIG and the AGU will not be held responsible for any liabilities in the case of accidents, illness, repatriation and the like.</p> <p>The FIG/AGU Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify each of the delegation member's insurance upon arrival.</p>					
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the International travel costs of their delegation members.</p> <p>The Travel Schedule (including flight schedule) Form must be returned to the LOC by <b>November 9, 2015</b>.</p>					
<b>LOCAL TRANSPORTATION</b>	<p>From TanSonNhat International Airport (Hochiminh City) to the Hotel transportation will be provided by LOC.</p> <p>Bus service will be available for the local transportation of all accredited persons (if applicable) from the official hotels to the training, warm-up, and competitions venues as well as to any other official activities and back as needed.</p>					
<b>ACCOMMODATION</b>	<p>All the rates are per person, per day, including full board.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"></td> <td style="width: 25%; text-align: center;">HOTEL Cat. 1</td> <td style="width: 25%; text-align: center;">HOTEL Cat. 2</td> </tr> </table>				HOTEL Cat. 1	HOTEL Cat. 2
	HOTEL Cat. 1	HOTEL Cat. 2				



	Beneficiary's address:	No.36 Tran Phu Str, Ba Dinh Dist, Ha Noi, Vietnam	
	Account No.	113.037.06.000000.1	
	Name of Bank:	North Asia Commercial Joint Stock Bank - Hang Bong Branch	
	Swift code:	NASCVNVX	
	Intermediary bank:	Standard Chatered Bank New York, N.A	
	Swift code:	SCBLUS33	
	Account:	3582 026815 001	
<b>DEADLINES SUMMARY</b>	Provisional Registration	11 Sep 2015	
	Definitive Registration	09 Oct 2015	
	Nominative Registration	09 Nov 2015	
	Accommodation Form	09 Nov 2015	
	Travel Schedule Form	09 Nov 2015	
	Visa Request Form	09 Oct 2015	
	Payment of the Entry	09 Oct 2015	
	Payment of the Fine for missing Judge	09 Oct 2015	
	Payment of the Accommodation costs (50%)	09 Oct 2015	
	Payment of the Accommodation costs (remaining)	09 Nov 2015	
	Payment of the Local transportation, Final Banquet	09 Nov 2015	

Sincerely yours,

August 31, 2015



Ms. Nguyen Kim Lan  
Secretary General of VGF